



# FREE Parent Education

Group or Individual Sessions

## Parents will learn to:

- Influence children positively with effective parenting styles
- Identify children's misbehavior & behaviors that foster positive goals
- Promote healthy social & emotional development
- Discipline children with firmness and kindness
- Build self-esteem through encouragement
- Create a safe environment for children
- Communicate effectively with children
- Gain cooperation from children

## Contact Us

[pbcgov.com/youthservices/counseling](http://pbcgov.com/youthservices/counseling)

### Education & Training Center

(561)233-4460

### West Palm Beach

(561) 242-5714

### Delray Beach

(561) 276-1340

### Belle Glade

(561) 992-1233

