

Division of Senior Services

Congregate Meal Locations

Belle Glade

- West County Senior Center
561-992-1048

Greenacres

- Greenacres Leisure Services
- Jewish Community Center
(Kosher)

Lake Worth

- Mid-County Senior Center
561-357-7100
- Riverview Apartments

Pahokee

- Pahokee Wellness Center
- Royal Palm Lakes Apartments

Palm Beach Gardens

- North County Senior Center
561-694-5435

Riviera Beach

- Lindsay Davis, Sr. Community
Center
- Villa Franciscan Residence

Royal Palm Beach

- Kevin Harvin Center

South Bay

- Tanner Park Community
Center

West Palm Beach

- Christian Manor
- Mangonia Residence
- Pleasant City Community
Center
- St. Andrews Residence
- Southridge Housing (Hispanic)
- Windsor Park Apartments
(Hispanic)

Call 355-4746 or 355-4755 for more
information.



**Palm Beach County
Board of County Commissioners**

Division of Senior Services (DOSS) is funded by the Palm Beach County Board of County Commissioners, the Area Agency on Aging, Palm Beach/Treasure Coast, Inc. (AAA) and Florida Department of Elder Affairs (DOEA) for individuals who are age 60 and older.



**Palm Beach County Department of
Community Services**

Division of Senior Services



NUTRITION PROGRAM

Administration Office

**810 Datura Street
Suite 300
West Palm Beach, FL 33401**

**Phone: (561) 355-4746
Fax: (561) 355-3222**

Division of Senior Services

Mission

Division of Senior Services (DOSS) mission is to provide accessible and high-quality services to help seniors sixty (60) and older attain optimal independence and promote quality of life for seniors and their caregivers.

Goal

DOSS goal is to administer to seniors a comprehensive continuum of programs that provides social and emotional well-being; to encourage independence; and to support seniors and their caregivers within the community with dignity and choice.

Nutrition Program

DOSS's Nutrition Program provides well-balanced, diversified meals, fosters social interaction, and provides access to nutrition education and counseling to seniors age sixty (60) and older. This program serves a hot nutritious meal, fulfilling federal guidelines. Cultural diversity is considered in menu development. This program links senior citizens to socialization activities and nutrition education through a Licensed Nutritionist. There is no charge for the meals, but donations are accepted.

Home Delivered Meals

One nutritionally balanced home delivered meal per day plus breakfast is available as needed for frail homebound seniors. Meals are delivered to seniors age sixty (60) and older who are unable to prepare their own meals, cannot shop for food, and do not have anyone to prepare meals or shop for them.



Congregate Meals

To meet the nutritional needs of the elderly, DOSS has established twenty five (25) Senior Meal Sites, including seven (7) located in Adult Day Care Centers. They provide a complete senior meal that includes a substantial lunch and nutrition services to several groups in underserved areas. Seniors age sixty (60) and older are encouraged to dine together in a social atmosphere. Meals are served Monday through Friday. Reservations must be made at least one (1) working day in advance. Transportation may be available through Palm Tran Connection. For additional information, please call **355-4746** or **355-4755**.

Funding

The Congregate Meals Program is funded under the Federal Older Americans' Act along with funds provided by the Board of County Commissioners of Palm Beach County. The services offered by the program are mandated by the Federal Act. They include the provision of recreation, education, socialization, allocation of hot balanced meals, and transportation to the Congregate Meal Site, if available.



Volunteers

The Congregate Meals Program could not function without the assistance that many participants offer. Programming, table setting, serving, cleaning up, and record keeping duties are shared by persons who are willing to volunteer. Your offer to help would be gratefully received.

DOSS has been designated as a lead agency to administer programs for the elderly by the Area Agency on Aging, Palm Beach/Treasure Coast, Inc. (AAA)