



# 2021 SUMMER FOOD SERVICE PROGRAM

## COLD & BOXED LUNCH MENU and COVID-19 GRAB -N-GO

R5.17.21



**ALL 8 oz. MILK SERVINGS ARE IN INDIVIDUAL 1/2 PINT CARTONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1/2 SANDWICHES</b>	<b>DELI SALAD SOFT BUNS</b>	<b>1/2 SUBMARINE</b>	<b>ENTRÉE SALADS</b>	<b>FLATBREAD FRIDAYS</b>
<p><b>MONDAY</b> 1% Milk</p> <p><b><u>1/2 Turkey Sandwich</u></b> Turkey Breast 3 oz. Mayo &amp; Mustard Packet 1 ea on 1 slice WW Bread 1.3 oz / 38 gr.  Carrot/Celery Slims &amp; Ranch 1/2 cup  Applesauce 2 oz. / 1/4 cup</p>	<p><b>TUESDAY</b> 1% Milk</p> <p><b><u>Tuna Salad Soft Bun</u></b> USDA Tuna Fish Salad 3 oz on WW Bun 2.1 oz. / 1 ea.  Cabbage, Cucumber &amp; Tomato Salad w/ French 1/2 cup  Peaches 2 oz. / 1/4 cup</p>	<p><b>WEDNESDAY</b> 1% Milk</p> <p><b><u>1/2 Salami Sub</u></b> <b>*Turkey for Non-Pork</b> Beef Salami* 3 oz. &amp; Cheese 1 oz. 1/2 - 8" WW Sub Roll 5 oz. / 142 gr. Mayo &amp; Mustard Packet 1 ea.  Lettuce &amp; Tomato 1/2 c Italian Dressing Packet 1 ea.  Pears 2 oz. / 1/4 cup</p>	<p><b>THURSDAY</b> 1% Milk</p> <p><b><u>Caesar Chicken</u></b> Diced Chicken 2 oz Baked in Caesar Dressing Shredded Parmesan Cheese 1 oz. on Salad Greens 1/2 c w/ IW Dinner Roll 57 gr. / 1 ea.  Homestyle Potato Salad 1/2 cup  Fruit Cocktail 2 oz. / 1/4 cup</p>	<p><b>FRIDAY</b> 1% Chocolate Milk</p> <p><b><u>Italian Flatbread</u></b> Shredded Mozzarella 1 oz Diced Marinara Chicken 2 oz on Flatbread 57 gr. / 1 ea.  Broccoli/Cauliflower Florets w/ Ranch 1/2 cup  Pineapple Tidbits 2 oz. 1/4 cup</p>
<p><b>MONDAY</b> 1% Milk</p> <p><b><u>Turkey &amp; Cheese Roll-Up</u></b> Turkey Breast 2 oz. &amp; Cheese 1 oz. in WW Tortilla 31 gr. / 1 ea.  Carrot/Celery Slims &amp; Ranch 1/2 cup  Applesauce 2 oz. 1/4 cup</p>	<p><b>TUESDAY</b> 1% Milk</p> <p><b><u>Egg Salad Soft Bun</u></b> USDA Egg Salad 3 oz on WW Bun 2.1 oz. / 1 ea.  Cabbage, Cucumber &amp; Tomato Salad w/ French 1/2 cup  Peaches 2 oz. / 1/4 cup</p>	<p><b>WEDNESDAY</b> 1% Milk</p> <p><b><u>1/2 Bologna Sub</u></b> Beef Bologna 3 oz. &amp; Cheese 1 oz. 1/2 - 8" WW Sub Roll 5 oz. / 142 gr. Mayo &amp; Mustard Packet 1 ea.  Lettuce &amp; Tomato 1/2 c Italian Dressing Packet 1 ea.  Pears 2 oz. / 1/4 cup</p>	<p><b>THURSDAY</b> 1% Milk</p> <p><b><u>Ranchers Chicken</u></b> Diced Chicken 2 oz Baked in Ranch Dressing Shredded Cheddar Cheese 1 oz on Salad Greens 1/2 c w/ IW Dinner Roll 57 gr. / 1 ea.  Homestyle Potato Salad 1/2 cup  Fruit Cocktail 2 oz. / 1/4 cup</p>	<p><b>FRIDAY</b> 1% Chocolate Milk</p> <p><b><u>Hawaiian Flatbread</u></b> Shredded Mozzarella 1 oz Diced Sweet &amp; Sour Chicken 2 oz on Flatbread 57 gr. / 1 ea.  Broccoli/Cauliflower Florets w/ Ranch 1/2 cup  Pineapple Tidbits 2 oz. 1/4 cup</p>
<p><b>MONDAY</b> 1% Milk</p> <p><b><u>1/2 Cheese Sandwich</u></b> Cheese Slices 3 oz. Mayo &amp; Mustard Packet 1 ea on 1 slice WW Bread 1.3 oz / 38 gr.  Carrot/Celery Slims &amp; Ranch 1/2 cup  Applesauce 2 oz. / 1/4 cup</p>	<p><b>TUESDAY</b> 1% Milk</p> <p><b><u>Chicken Salad Soft Bun</u></b> USDA Chicken Salad 3 oz on WW Bun 2.1 oz. / 1 ea.  Cabbage, Cucumber &amp; Tomato Salad w/ French 1/2 cup  Peaches 2 oz. / 1/4 cup</p>	<p><b>WEDNESDAY</b> 1% Milk</p> <p><b><u>1/2 Pepperoni Sub</u></b> Beef Pepperoni 3 oz. &amp; Cheese 1 oz. 1/2 - 8" WW Sub Roll 5 oz. / 142 gr. Mayo &amp; Mustard Packet 1 ea.  Lettuce &amp; Tomato 1/2 c Italian Dressing Packet 1 ea.  Pears 2 oz. / 1/4 cup</p>	<p><b>THURSDAY</b> 1% Milk</p> <p><b><u>Farmers BBQ Chicken</u></b> Diced Chicken 2 oz Baked in BBQ Sauce Shredded Cheddar Cheese 1 oz. on Salad Greens 1/2 c w/ IW Dinner Roll 57 gr. / 1 ea.  Homestyle Potato Salad 1/2 cup  Fruit Cocktail 2 oz. / 1/4 cup</p>	<p><b>FRIDAY</b> 1% Chocolate Milk</p> <p><b><u>Buffalo Chicken Flatbread</u></b> Shredded Mozzarella 1 oz Diced Buffalo Chicken 2 oz on Flatbread 57 gr. / 1 ea.  Broccoli/Cauliflower Florets w/ Ranch 1/2 cup  Pineapple Tidbits 2 oz. 1/4 cup</p>