

# YSP Scoop!



Volume 6 | Issue 2

Newsletter of the Palm Beach County  
Youth Services Department



Employees recognized at anniversary celebration.

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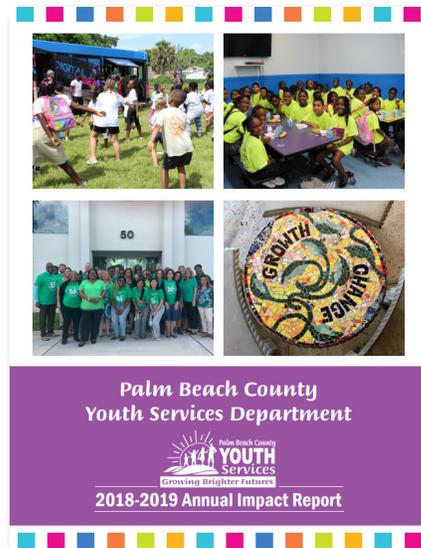
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## Youth Services Releases 2018-2019 Annual Report



The Youth Services Department has released its 2018-2019 Annual Report.

In five years, the department has made tremendous progress in the provision of direct services, funding of community based agencies, and collaboration with youth-serving partners as part of the Birth to 22: United for Brighter Futures alliance.

To view the annual report, please visit [pbcgov.com/youthservices](http://pbcgov.com/youthservices).

## A Letter From Our Director

*Every quarter we publish a newsletter highlighting the wonderful things happening within the Youth Services Department. This newsletter is no different, and takes us back to events from the beginning of the year, but as we all know January 1 looked much different than today.*

*I would be remiss if we didn't address the many changes we have made to continue serving our youth and their families while protecting our employees. Many of our employees are teleworking at least part of the time, so we can maintain distance and minimize risk of exposure. Teleworking is challenging, but Youth Services Department staff has made it work and done a remarkable job of establishing telemental health so all our clients continue to be served. In addition we have added new clients seeking counseling services. The Highridge Family Center had to close with the school closure, but we have continued to provide services to all of the residents, and I'm very pleased to report that all students have participated in virtual education. We've started our summer feeding program early and value our coordination with the Palm Beach County Library system. We're hosting many online trainings and promoting tips for parents and students.*

*The Palm Beach County Board of County Commissioners and County Administration have been very supportive of county employees emphasizing the need to continue services to our residents while reducing risks. The Youth Services Department staff has been amazing, creative, flexible and ready to serve.*

*I'm looking forward to giving elbow bumps to all our employees and all our partners serving the youth of Palm Beach County in the near future. Until then we wish everyone good health.*

- Tammy K. Fields

Youth Services Department Director

*"With the new day comes new strength and new thoughts."*

- Eleanor Roosevelt

## Youth Services COVID-19 Preparedness

To ensure the department continues to be a reliable resource for youth and families during the pandemic, Youth Services Department is taking the following COVID-19 preparedness actions;

### Outreach & Community Programming:

- Future Leaders meetings are held virtually via Zoom at 5:30 p.m. on the last Tuesday of each month.
- The Youth Summit planned for April has been postponed, the new date is pending.
- Summer Food Service Program, in partnership with the Palm Beach County Library System, began pre-summer feeding at eight sites throughout Palm Beach County. Sites distribute seven days' worth of meals to each eligible child.
- The Birth to 22 Business Breakfast has been rescheduled for September 18, 2020.
- Notice of Funding Opportunity (NOFO) For Community Based Agencies has been canceled.

### Residential Treatment & Family Counseling:

- Highridge Family Center is currently closed for residential treatment. Residential programming is expected to return when Palm Beach County Schools resume. telemental health therapy sessions are ongoing at this time.
- The Youth and Family Counseling (YFC) school based counseling services is suspended until Palm Beach County Schools resume classes. YFC continues to service clients via telemental health.

- The Education & Training Center suspended all in-person didactic trainings. Trainings are now offered remotely. Psychological evaluation services are suspended until further notice. Therapy appointments will continue by telemental health.

- The Family Violence Intervention Program (FVIP) attendance to court hearings has been suspended. FVIP continues to service clients via telemental health. Anyone wishing to speak with their FVIP Court Case Advisor or the Program Coordinator may contact them directly.

### Finance, Contracting & Administrative Services:

- Finance, Payroll and Payables team is continuing to pay vendor invoices timely, process employee payroll and continue processing Community Based Agency (CBA) contract claims related to community programs funded by the county.
- Contracts and Grants team is continuing contract negotiations for the upcoming fiscal year and potential summer programming.
- Communications team is posting department updates to our social media platforms and developing internal communications.

### Growing Brighter Futures Action Team

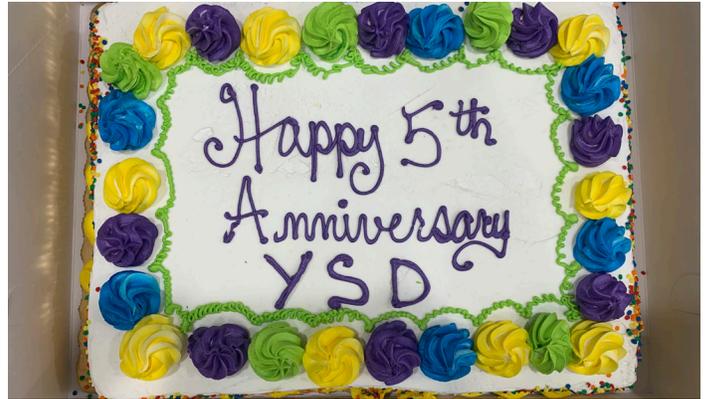
- The team came to a consensus to pause their current public relations campaign and move forward by providing mindfulness trainings, strategies, and offering other tips to the community by utilizing the Youth Services Department's existing social media platforms.

## PBC Kicks Asphalt Employee 5K



Youth Services Department was represented at the annual Palm Beach County Kicks Asphalt 5K on January 11 by Jeff Sinclair, Giselle Badillo, Barbara Wheeler, and Shayna Ginsburg. Erin Baker and her family also participated in the 5K.

## Youth Services Celebrates Five Years



Youth Services Department celebrated its fifth anniversary during an employee recognition celebration on January 6 at the Highridge Family Center.

Director Tammy K. Fields thanked employees for their compassionate services to the youth of Palm Beach County and acknowledged the Palm Beach County Board of County Commissioners and County Administration for their foresight in creating a department dedicated to the needs of the youth.

Event attendees enjoyed games and refreshments. Among those in attendance were Assistant County Administrators Dorritt M. Miller and Nancy Bolton, and Senior Assistant

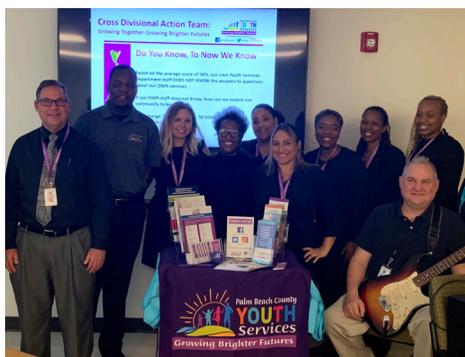
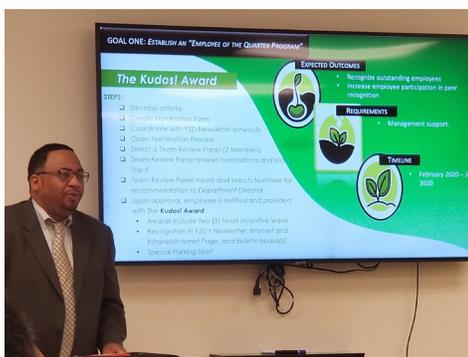
County Attorney Helene Hvizd.

The Youth Services Department is growing brighter futures by providing quality service, education, and access to resources and opportunities through a common agenda with community partners, while emphasizing equity, openness, and respect.

The department aims to empower youth and families to realize their full potential and be the driving force of a thriving community.



# Cross-Division Action Teams



The cross-division action teams delivered presentations to the leadership team on January 8. Each of the three teams successfully presented their goals, metrics, and strategies and received feedback to help guide the strategic plans forward.

Since the kick-off in October, the cross-division action teams have held bi-weekly forums which allow team members to work with their co-chairs to develop ideas and solutions to improve overall organizational performance.

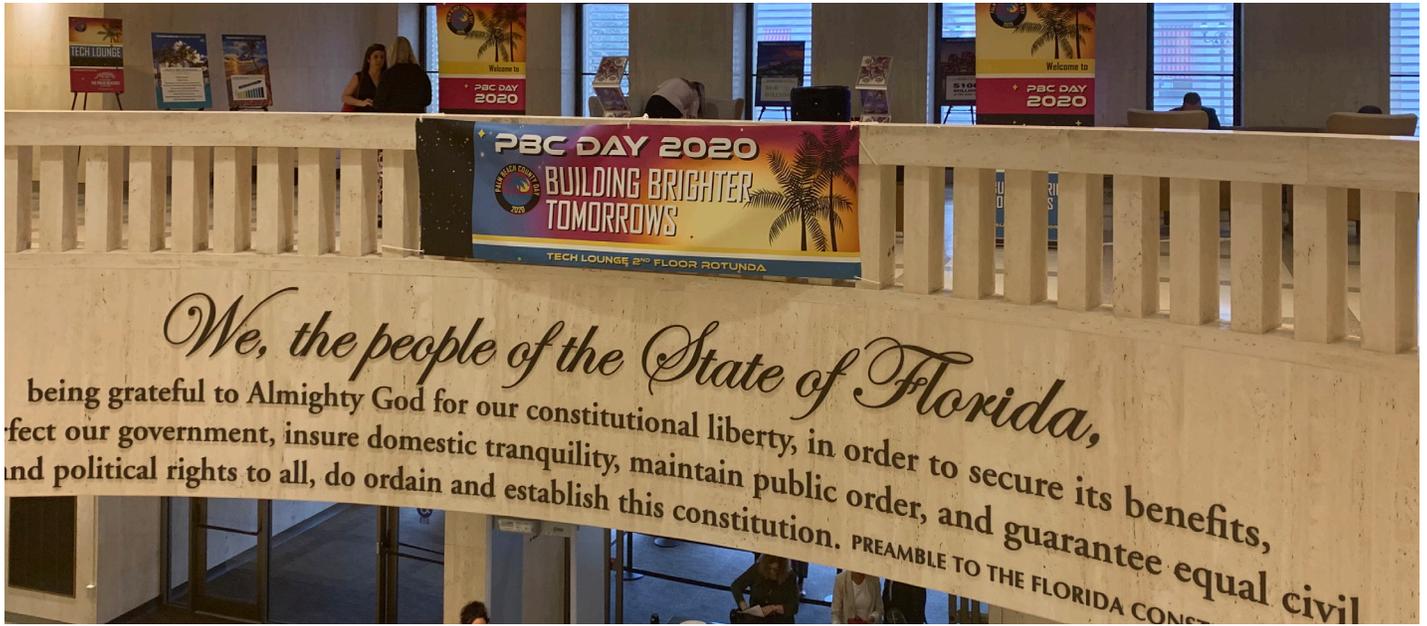
# Boys & Girls Clubs Youth of the Year



Boys & Girls Clubs of Palm Beach County held their 2020 Youth of the Year Dinner at Eau Palm Beach Resort & Spa on February 28. Among the judges for the Youth of the Year was Youth Services Director Tammy K. Fields. Boys & Girls Clubs of Palm Beach County members nominated for this distinguished award demonstrate exceptional contri-

butions to family, their school, community and their Boys & Girls Club, as well as overcoming personal challenges and obstacles. Youth of the Year nominees inspire fellow members to excel in academics and lead healthy lifestyles. Congratulations to Youth of the Year Alivia Latimore, Florence De George Boys & Girls Club member.

## PBC Day 2020



Tammy K. Fields joined Palm Beach County leaders in Tallahassee, Florida for PBC Day 2020 advocating for youth related issues, particularly access to mental health services to youth and families.

## CBA Quarterly Meeting



Outreach and Community Programming's Community Based Agency quarterly meeting was held on January 16 at Mounts Auditorium, men took a stand against human trafficking by reciting the HEMAD pledge. The pledge was

recited in support of the presentation "Human Trafficking Prevention" given by Dawn Marie, human trafficking prevention activist.

# South Florida Fair "Play Ball, Play Fair"



The department was well represented by our booth volunteers at this year's South Florida Fair! Fair goers had the opportunity to spin an information wheel to win a prize and learn about the services we provide to the youth and families in Palm Beach County. Opening day included a

visit from County Administrator Verdenia C. Baker, Deputy County Administrator Jon Van Arnam, and Assistant County Administrator Dorritt M. Miller.

# National High School Ethics Bowl

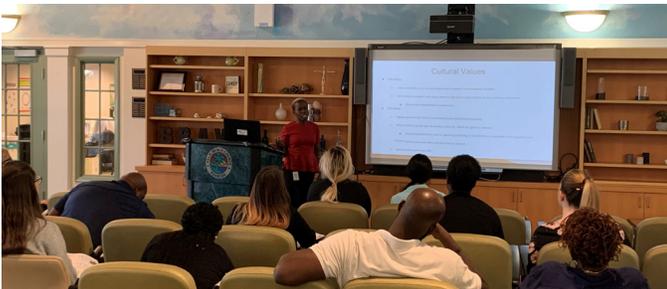


Department Director Tammy K. Fields was a Judge at the National High School Ethics Bowl on Saturday, January 18 held at Florida Atlantic University.

The National High School Ethics Bowl

promotes respectful, supportive, and rigorous discussion of ethics among thousands of high school students nationwide.

## Education & Training Presentations



This quarter, the Education and Training Center held several presentations to staff, mental health professionals and community partners.

- Shayna Ginsburg, PsyD. presented “Motivational Interviewing” to the Department of Juvenile Justice, Juvenile Probation Officers on January 23 at Children’s Home Society.
- Dr. Kelly Everson of Palm Beach Behavioral Health and Wellness presented “Early Development & Attachment” at Highridge Family Center. Dr. Everson is a former intern and postdoctoral fellow, and returns each year to share her knowledge on various topics.
- Doctoral Intern, Drema Carpenter, M.S. presented “Addressing Marital Conflict in the Context of Family Therapy” on February 26 at Highridge Family Center.
- Danniella Jones, Psy.D. presented “Trauma 101” to a group of Palm Beach County Guardian ad Litem (GAL) on February 27. During the presentation, GALs learned about different types of trauma, how trauma impacts developing children and adolescents, and ways to provide trauma-informed services to youth and families in their care.
- Dani Dominguez from YES Institute presented “Providing Affirming Gender and Orientation Care” on March 4 at Highridge Family Center. Explaining the distinction between body, gender, and orientation; identify practical tools to ensure affirming and quality care to all gender and orientation diverse clients and families; and summarize the impact of stigma based on personal narratives.
- Doctoral Intern, Ariana Mitchell, M.S. and Courtney Molina M.A., engaged in community outreach at the Greenacres Branch Library. Their presentation focused on managing anxiety and depression among the older adult population.
- Doctoral Intern, Marie Valsaint, M.A. presented “Best Practices for Working with the Haitian Population” on March 11 at Highridge Family Center to a group of clinicians and counselors. Her training explored the historical context of Haiti, identified barriers to mental health in the Haitian community, and described techniques to effectively engage and provide services to Haitian families.

## CBA Spotlight: Prime Time



Children Empowerment Center's Teen Advisory Council (TAC) pictured here with Prime Time's Middle School Professional Development Specialist Spalding sharing the excitement for receiving an incentive for successfully forming and implementing a TAC in their out-of-school time program



### 1. What is your mission?

Prime Time Palm Beach County, Inc. aims to help children and youth succeed by strengthening and expanding quality in the out-of-school time field.

### 2. What does your organization do?

Prime Time Palm Beach County, Inc. is a nonprofit organization that provides resources and supports for out-of-school time professionals to develop programs that inspire children to be their best and allow them to thrive socially and academically. Prime Time's integrated model of services is one of the strongest, most comprehensive and well-respected systems for measuring and improving out-of-school time program quality in the nation.

### 3. What key programs does your organization offer?

Prime Time offers services and supports to increase the quality of after school programs through the Palm Beach County Quality Improvement System (QIS).

Prime Time quality advisors guide participating programs through a self-assessment process and development of an improvement plan over the course of several years. While assisting all staff at the program to become aware of opportunities that can help to improve the overall quality of the program, they also educate and encourage the staff to utilize Prime Time and community resources, such as Prime Time's professional development trainings, events, scholarships, incentives and more.

Of the 148 programs that were participants of the Palm Beach County QIS in 2018-2019, 113 programs increased their quality assessment score or maintained it above a 4.1 or higher on a 5.0 scale.

According to Prime Time's 10-year Validation Study of Prime Time's Integrated Quality Improvement System, out-of-school time (OST) programs receiving Prime Time's services improved from year to year. The number of years in the QIS (i.e., years of exposure to services) significantly predicts program quality, with

more years associated with higher quality.

### 4. How does your agency benefit the community?

Prime Time makes available hands-on enrichment programming, also known as expanded learning opportunities, to eligible OST programs, year-round.

In 2018-2018, more than 30,000 children participated in activities that explored the focus areas: supporting school-day academic learning, caring for the whole child, discovering arts and culture, leadership and career pathways and exploring technology.

During 2018-2019, more than 3,000 OST practitioners attended Prime Time's professional development trainings to help improve their skills and create engaging and interactive environments that are enriched with positive support.

### 5. What is your agency's focus for 2020?

Due to the changes in our field because of COVID-19, Prime Time is creating on-line versions of its teen-focused professional development trainings, coaching practitioners virtually, placing more and frequent content to the Zone, a Facebook group exclusively for middle school programs and practitioners, and is exploring how to advise the youth councils in a virtual environment to keep up their momentum and engagement with the members.

### 6. How do the funds received from Palm Beach County enhance the services your agency provides?

Through generous funding from the Palm Beach County Youth Services Department, Prime Time supports OST time professionals to better serve middle school-age youth by offering coaching, feedback, trainings, incentives and more.

Practitioners at the sites receive training and support to create Teen Advisory Councils (TAC) that are comprised of youth who take on genuine leadership roles to help their organizations, schools or community groups achieve its mission.

Teen Advisory Councils give young people tremendous, meaningful leadership experiences and the opportunity to learn about how an organization operates, second, it can improve a program by making it more youth-driven, which may lead to improved attendance. At the end of 2018, these five out-of-school time programs continued to maintain active Teen Advisory Councils:

- Milagro Teen Center
- Achievement Centers for Children and Families at

Village Academy

- For the Children Youth Empowerment Center
- City of Greenacres – Cool Zone
- City of West Palm Beach – Vedado Park Community Center

For more information about Prime Time, please visit [www.primetimepb.org](http://www.primetimepb.org).

At the close of Prime Time’s Engaging Teens professional development training, practitioners were asked what they learned, here are some of their responses:

- *“I learned how to create SMART goals and words of positive encouragement.” – Middle School OST Practitioner*

- *“I learned how to empower teens.” – Middle School OST Practitioner*

- *“I was inspired to continue building youth in all aspects for youth voice and actions with us.” – Middle School OST Practitioner*

- *“I learned to avoid adultism with the youth and to give more voice and respect.” – Middle School OST Practitioner*

## Let Freedom Ring



On January 20, in support of the Dr. Martin Luther King Jr. National Day of Service and “Let Freedom Ring,” Dave Aronberg, State Attorney, Dr. Elvis Epps, Principal Lake Worth Community High School, Ike Powell III, My Brothers Keeper Network Task Force Leader and others attended

the Human Trafficking Awareness Event at LaMasseria in Palm Beach Gardens. More than 20 men took the HEMAD pledge to educate men on the importance of ending human trafficking. HEMAD is a movement that continues throughout the year.

## Youth Mental Health Certification



Elise Powell, LMHC, Youth and Family Counseling, South County and John Harre, BSW, Residential Youth Counselor, Highridge Family Center completed a three-day Youth Mental Health First Aid (YMHFA)

County personnel and other community providers on the evidenced-based YMHFA curriculum.

Youth Mental Health First Aid (YMHFA) is evidenced-based, designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) experiencing a mental health, addiction challenge or is in crisis.

The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

instructor certification program and join Tanya L. Tibby, LCSW, Chief Community Based Clinical Services as certified YMHFA Instructors.

The three certified YMHFA Instructors will represent Palm Beach County Youth Services Department's Residential Treatment and Family Counseling Division in the commitment to train all School District of Palm Beach

## Mentoring Summit



Ike Powell III, Senior Program Specialist, attended the 2020 National Mentoring Summit in Washington D.C., January 29-31. U.S. Representative Sheila Jackson-Lee, of Houston, Texas delivered the summit's opening address during Capitol Hill Day.

Throughout Capitol Hill Day, Ike joined fellow community partners in meetings to share mentoring success stories and advocate for mentoring with our local congressional representatives. Additionally, he had the opportunity to

meet with staff at the offices of U.S. Representatives Alcee Hastings, Brian Mast and Lois Frankel, and U.S. Senators Marco Rubio and Rick Scott.

The theme for this year's summit, "Building Relationships, Advancing the Movement," inspired workshop sessions highlighting six specific areas of mentoring interest. Individual sessions focused on program models, collaborations, research, and innovations in mentoring.

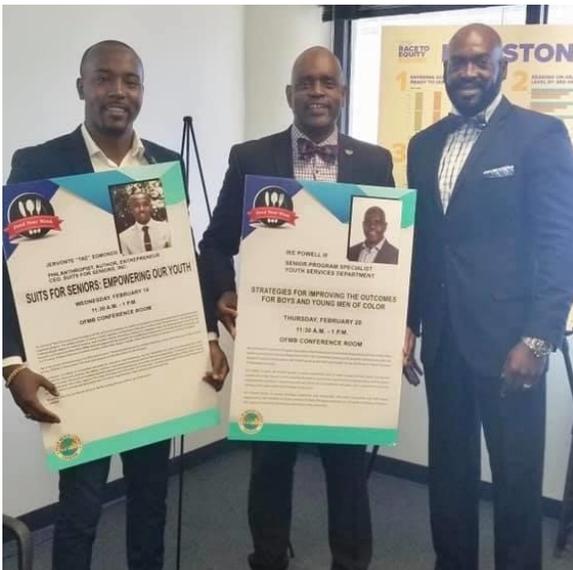
# Alpert Jewish Family Service Center Presentation



Tammy K. Fields, Department Director had the opportunity to present to several staff at the Alpert Jewish Family Service about the Palm Beach County Youth Services

Department and its various programs. Also in attendance was Marc Hopin, CEO, Alpert Jewish Family Service.

## Feed Your Mind: Improve Outcomes BYMOC



In observance of Black History Month, the county’s Office of Financial Management & Budget Department, Strategic Planning & Performance Management Division, hosted a Lunch and Learn: Feed Your Mind session entitled “Strategies for Improving Outcomes for Boys and Young Men of Color (BYMOC).” Ike Powell III, Senior Program Specialist and My Brother’s Keeper Network Task Force Leader, and Jervonte Edmonds, CEO of Suits for Seniors

spoke candidly on the disparities associated with BYMOC, along with highlighting specific needs, goals and strategies to address improvement. In addition, Talmedge Hayes, Printer II with the county’s Graphics Division shared his riveting message of how he returned to society and the workplace after being incarcerated for 27 years. Hayes spoke passionately about his commitment to educating boys of color on how they can avoid life’s pitfalls.

## SCSP Radio Interview



On February 12, Geeta Loach-Jacobson, Outreach and Community Programming Division Director and Jacqueline Burke, Program Coordinator were interviewed by DJ Gillian Smart at Supa Jamz 103.7FM.

Scholarship Program and the history of Birth to 22, along with its partnerships and the six action areas identified for Palm Beach County including: community stressors; health and wellness; educational supports; economic access; parenting and role model and social emotional learning.

The interview focused on the Department's Summer Camp

## Pink Shirt Day



On February 26, Education & Training Center employees dressed for Pink Shirt Day to support anti-bullying efforts. Jeannie Hoban, LCSW from Youth and Family Counseling -

South County also wore pink and encouraged students at SouthTech Prep to take an anti-bullying pledge and post ways to be kind.

## Sacramento County Leadership



As part of a joint session arranged by County Administration, Department Director Tammy K. Fields discussed Palm Beach County Youth Services Department's programs with the Sacramento County Executive and Leadership Team on February 6.

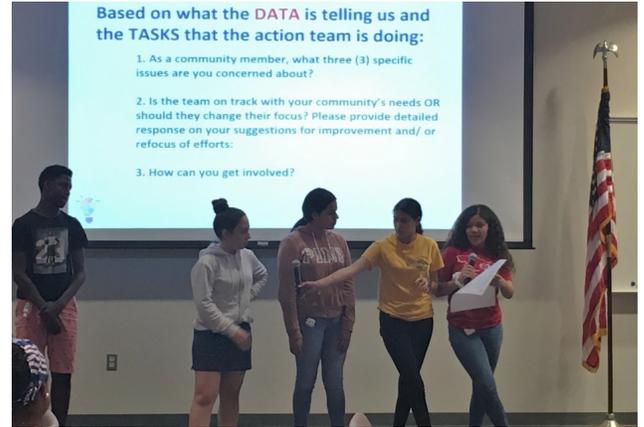
## Birth to 22: Community Conversations



The voices of youth and the adults who care about them are vital to implementing the Youth Master Plan and ensuring a difference is made in our community. The Palm Beach County Youth Services Department Outreach and Community Programming Division recently held three community conversations at Palm Beach State College campuses in Belle Glade, Loxahatchee, and Palm Beach Gardens.

The community conversations were open to the public and structured to support community input while providing information about relevant data regarding children outcomes and services.

Six themes consistently emerged from the 2016 community conversations as challenge areas for youth and families.



These became six action areas with 16 work-groups working diligently to start addressing gaps and building bridges with other agencies to provide services, represent these themes. Community conversations continue to take place throughout the county aimed at youth, parents, and youth supports.

Community conversations have been consistently constructive, keeping the work-groups abreast of their successes and continued areas of concern to ensuring that the trains of change are on the right track.

“We are extremely appreciative and thankful for our partner Palm Beach State College for sponsoring and hosting these events on their campuses,” said Ike Powell.

## Wellness Promotion Task Force Presentation



On February 27, Department Director Tammy K. Fields and CEO of the Children’s Services Council of Palm Beach County Lisa Williams-Taylor presented on the Birth to



22 alliance at the School District of Palm Beach County’s Wellness Promotion Task Force meeting.

## Women United Read Across America



Chilondra Sheppard, Grant Compliance Specialist II, joined Women United - United Way of Palm Beach County for their Read Across America event held at Urban Youth Impact on

March 4. The volunteers read “Green Eggs and Ham” by Dr. Seuss to students in grades K-3rd. The aim of the event is to promote literacy through a fun educational experience.

## United Way Recognition



On March 2, Tammy K. Fields, Department Director and Erin Baker, Communications Specialist attended the United

Way of Palm Beach County Campaign Recognition event held at the Airport Hilton in West Palm Beach.

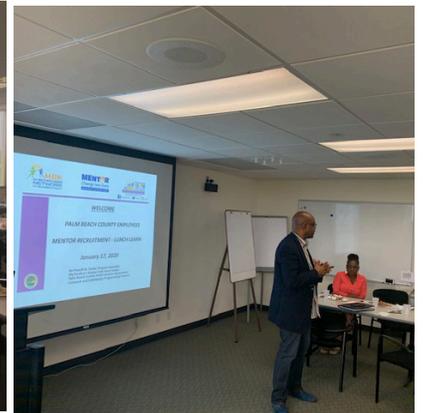
## Guys Talk



My Brother’s Keeper (MBK) Network Task Force Leader Ike Powell III participated in “Guys Talk” a powerful monthly male youth discussion sponsored by KOP Mentoring Network and hosted by Milagro Center on February 22. The

event included youth from the Delray Beach and Boynton Beach areas and local leaders including Chief Javaro Sims, Delray Beach Police Department other MBK partners.

## MBK Mentoring Lunch & Learn



On January 17, My Brother’s Keeper (MBK) Network in partnership with United Way of Palm Beach County Mentor Center Network held a Mentor Recruitment Lunch and Learn event for county employees. The event was attended by 24 county employees representing 14 departments. Additionally, four mentoring agencies were in attendance

and provided information on mentoring opportunities. Ike Powell III, MBK Task Force Leader, and Gary Graham, Senior Director for United Way Mentor Center facilitated the event along with the support of community mentoring agencies.

## Go to High School, Go to College



On February 1, the Go to High School, Go to College event was held in collaboration with My Brother’s Keeper (MBK) Network partners Alpha Phi Alpha Fraternity Inc., Boynton Beach Community High School (BBCHS), and Florida Atlantic University (FAU). BBCHS Principal, Dr. Anthony

Lockhart along with 15 young men and chaperones, Ike Powell, MBK Task Force Leader and local Alumni as well as FAU undergraduate brothers of Alpha Phi Alpha Fraternity, Inc. participated in the event.

*“It takes a dream to get started, desire to keep going and determination to finish.”*

*- Eddie Harris Jr.*



On January 7, Commissioner Gregg K. Weiss sponsored and presented the Youth Services Department and United Way of Palm Beach County with a proclamations declaring January 2020 as Mentoring Month.



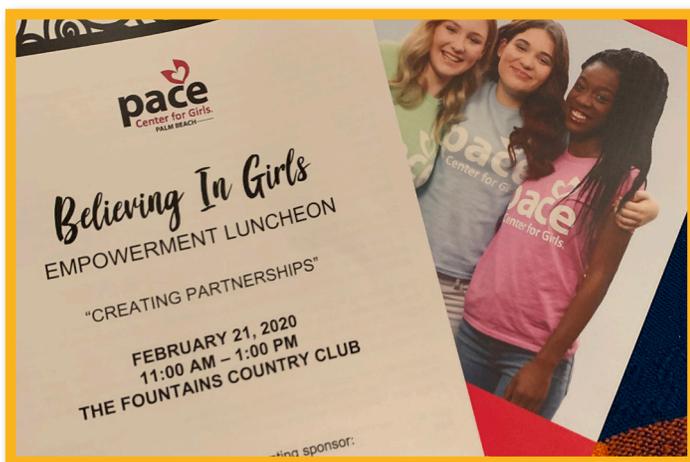
Highridge Family Center's Youth Counselor John Harre represented the department during the Community Fiesta Day event in Lake Worth. John provided attendees with information about the department and its services.



Filise Jules represented Youth Services at the Plumosa School of the Art's Family Resource Fair on February 20. Filise provided information about various programs and services offered by our department.



Tammy K. Fields, Department Director and Brian Thornton, Juvenile Residence Technician attended the Sons of Mystro performance at Palm Beach State College - Belle Glade Campus on February 21.



Assistant County Administrator Dorritt M. Miller, Department Director Tammy K. Fields, and Outreach and Community Programming Division Director Geeta Loach-Jacobson attended the Pace Center for Girls "Believing In Girls" Empowerment luncheon on February 21.



Department Director Tammy K. Fields attended the Families First of Palm Beach County Donor Recognition Breakfast at Quantum Foundation. Families First is celebrated 30-years of advancing the well-being of children and families through prevention, intervention, education and advocacy.

## Employee Spotlight: Ike Powell III



At YSD, we view our employees as one of our greatest strengths. This quarter, we're featuring Ike Powell III, Senior Program Specialist at the Youth Services Department. As part of the Outreach and Community Programming (OCP) Division, Ike Provides leadership, oversight, plans, monitors and evaluates programs with provider agencies to ensure their knowledge and understanding of County contract requirements; monitors service contracts for compliance with local/state/federal grant sources; ensures accountability of contractual partners through the implementation of sound fiscal and performance monitoring. "In this role, I supervise two Grant Compliance Specialists and multiple Student Interns. Additionally, I represent Youth Services on various committees including Birth to 22, Achieve, CareerSource Youth and Young Adult Outreach Advisory Committee, special initiatives with other county departments, and I serve as Task Force Leader for the My Brother's Keeper Network of Palm Beach County," said Ike.

Recently, Ike Powell III was interviewed for an article developed by United Way of Palm Beach County.

"It doesn't require a toolbox of tricks to be a good mentor. What is required, most of all, is the ability to consistently show up, listen and pay attention," said Ike.

[Click here](#) to read the article featured by The Palm Beach Post to learn more about what inspired Ike to become a leading mentor for the past two decades and the many benefits of mentoring a child or teen in Palm Beach County.

**1. Where is your hometown?**

My home town is Chicago, Illinois.

**2. What was your first job?**

My first job was Equipment Engineer for General Telephone & Equipment Telecommunications corporation in Bloomington, Illinois.

**3. What are the three most important skills you need for your job?**

The three most important skills needed for my job are strategic leadership, communication (verbal, written, listening), and emotional intelligence.

**4. What is your favorite thing about your job at YSD?**

I enjoy interacting with the YSD stakeholders including other county leaders and departments, agencies, partners, community and youth. Additionally, I enjoy doing what I call the "4C's," convening agencies/ individuals to connect and ultimately collaborate to collectively impact youth.

**5. Is there a memorable moment that you would like to share in relation to your work here, at YSD?**

One very memorable moment at YSD manifested through my efforts of leading the planning and execution of the 2019 Race to Equity Summit.

**6. What hobbies and interests do you have outside of work?**

My hobbies and interests outside of work include collecting various forms of art (paintings, limited edition prints, giclee's, African textiles, sculptures, wood carvings, and hand crafted jewelry).

**7. What is the most important lesson you've learned in the last year?**

The importance of intentional self-care and maintaining a balanced life.

**8. Where would you like to go on a dream vacation?**

For my dream vacation, I would like to go on a safari in Africa.

**9. What is your favorite quote?**

My favorite quote - *"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."* — Dr. Martin Luther King Jr.

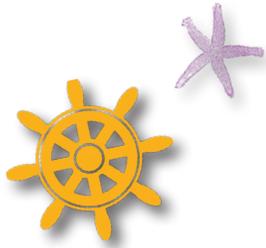
**10. Who or what inspires you?**

I am inspired by reading and studying the word (Holy Bible).

**11. Is there something about you that your fellow coworkers would be surprised to know?**

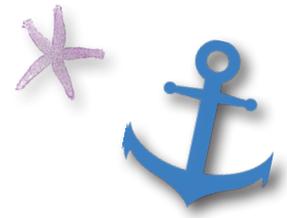
I worked and traveled extensively in North and Central America, South America, the Caribbean Islands, and Europe for nearly twenty-years, engineering and providing technical solutions for multinational telecommunications and information systems corporations.

# Welcome Aboard!



Join us in welcoming our newest team members!

The following Youth Services employees were hired between Jan. 1 and Mar. 30.



Employee	Position	Division
Antrina Burris	Residential Youth Counselor	RTFC
Dalton Greene	Residential Youth Counselor	RTFC
Javaris Neely	Juvenile Residence Technician	RTFC
Rebakah Wilson	On-Call Paraprofessional	RTFC
Keanna Davis	Student Clerical	RTFC
Daniella Jones	Psychologist	RTFC
Valerie Messineo	Sr. Program Specialist	OCP
Megan Mosier	Therapist	RTFC
Taccara Bassett	On-Call Paraprofessional	RTFC
Tyrell Hall	Financial Analyst II	FCA
Luciene Ambo	On-Call Paraprofessional	RTFC
Danielle Tuanda	Seasonal Paraprofessional	Admin
Jeannie Hoban	Licensed Clinical Social Worker	RTFC

## CareerSource Interns

Student	Position	Organization
Nyomi Hinch	Intern	CareerSource Palm Beach County

## Promotions



**Kimberly Perez**  
 Youth Services Coordinator  
 RTFC

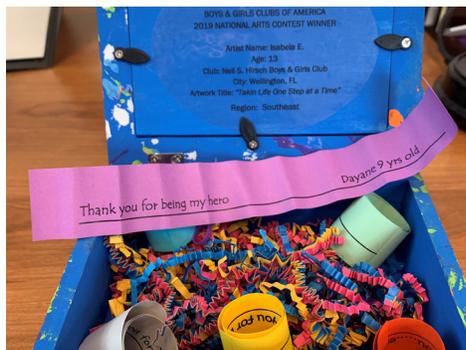
# Wellness & Awareness Body, Mind, and Spirit

Welcome to Youth Services Department's wellness and awareness corner, *Body, Mind, and Spirit!* This effort comes to you from the cross-division action team *We Plant Seeds of Success that Grow*. Regardless of your lifestyle, this space will feature topics related to personal wellness and awareness.

This quarter, summer is on our mind. Whether planning to take a vacation or indulge in a staycation make sure to bring along a book to improve your overall health. Reading can reduce stress levels by 68% and is proven to boost happiness and life satisfaction. Youth Services staff has compiled a list of books to consider. Happy reading!

1. Becoming – Michelle Obama
2. Consecration to St. Joseph – Donald H. Calloway, MIC
3. Quiet Strength – Tony Dungy
4. I Declare War: 4 Keys to Winning the Battle With Yourself - Levi Lusko
5. The Five Love Languages – Gary Chapman
6. Where the Crawdads Sing – Delia Owens
7. The Illness Lesson – Claire Beams
8. The Wounded Healer – Henri Nouwen
9. It's not Supposed To Be This Way – Lysa Terkeurst
10. The Dark Night of the Soul by: John of the Cross (Translation by Mirabai Starr)

## YSD Receives Heartfelt Thank you



Youth Services Department received a precious gift from the youth at the Boys & Girls Clubs of Palm Beach County. "We don't do our work for the thank yous but these heartfelt tokens of appreciation warm our hearts," said Tammy K. Fields.

## Congratulations



Congratulations to Dr. Twila Taylor and Tanya Tibby, LCSW on becoming Community Champions during the 2019 Palm Beach County United Way campaign. Thank you for your commitment to strengthening and improving our community.

## Share Feedback and Stories!

Do you have feedback on our newsletter or have an awesome story to share? We'd love to hear from you!

Contact Youth Services  
Department Communications  
Specialist Erin Baker  
at [ebaker@pbcgov.org](mailto:ebaker@pbcgov.org).

## Connect with Us!

Like us on Facebook and follow us on Twitter and Instagram for more exciting updates!



pbcyouthservices



PBCYSD



PBCYSD

### Youth Services Department Director

Tammy K. Fields

### Director of Finance, Contracting and Administrative Services

Michelle Liska

### Director of Outreach and Community Programming

Geeta Loach-Jacobson

### Director of Residential Treatment and Family Counseling

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*Editor-in-Chief*

Erin Baker



Palm Beach County  
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