

Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated: 7/22/24

Program Disclosures

<p>Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution’s affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?</p>	<p><input type="checkbox"/> Yes</p> <p><input checked="" type="checkbox"/> No</p>
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If yes, provide website link (or content from brochure) where this specific information is presented:

The Doctoral Internship at the Youth Services Department is offered through the Residential Treatment and Family Counseling Division, whose mission is to provide free, accessible, trauma-informed mental health services and educational programs to youth and families in Palm Beach County to support healthy development and promote overall wellbeing. The Division is committed to fostering healthy individual and family functioning in families where youth have been exposed to various forms of danger, harm, or loss. Without adequate protective factors, these youth are often at higher risk of entering the juvenile justice system, dropping out of school, getting involved with gangs, running away from home, substance use, and entering the child protective system. This goal is accomplished through family, group, and individual therapy (ages 18-22), parent-child interaction therapy (ages 2-7), psychoeducation, parent training, psychological evaluation, consultative services, and community outreach offered across community-based, office, and residential settings. Services are provided free to Palm Beach County residents. Each intern completes a six month residential rotation and a six month outpatient rotation, which together provide a range of clinical and didactic experiences that will support interns in the development of basic knowledge, clinical skills, and professional identity. By the end of the internship year, interns are prepared with the knowledge, awareness, and skills of a practitioner specializing in youth and families. Our interns are well prepared for professional careers working with children and their families in a residential or outpatient setting who present with a wide range of concerns.

The internship offers 4 one-year, full-time placements. Interns complete 2000 hours during the course of a year. The minimum requirements include 500 hours of direct clinical contact, 100 hours of individual supervision by a licensed psychologist, 100 hours of group or additional individual supervision, and 100 hours of didactic training. Two hours of weekly individual supervision are provided by licensed psychologists. A minimum of two hours of weekly group supervision are also provided. Interns typically spend at least 30 percent of their time in direct clinical contact. Interns integrate theoretical, clinical, and professional issues in psychology into the service delivery model at the rotation sites within the Youth Services Department’s Residential Treatment and Family Counseling (RTFC) Division.

Highridge Family Center – Residential Rotation

Psychology interns complete a six month rotation at Highridge Family Center. Interns, under the supervision of a licensed psychologist, are responsible for providing family, group, individual, and milieu therapy to residents of Highridge, working in the same capacity as the other dorms’ therapists. Additionally, the intern participates in weekly multidisciplinary treatment team meetings, case conferences, multi-family groups, and staff consultations.

Education & Training - Outpatient Rotation

Psychology Interns complete a six-month outpatient rotation. Interns are responsible for providing short-term (3-4 months) family therapy, individual therapy (only ages 18-22), intake assessments, provisional diagnosis, treatment planning and implementation, consultation, and case management. Parent-Child Interaction Therapy (PCIT; ages 2-8) may also be provided under the direction of a Certified PCIT Therapist. Interns complete psychological evaluations, provide parent education/support/training, and conduct outreach activities, including presentations to staff, schools, and community agencies.

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

To be considered for the Youth Services Department internship program, applicants must be a doctoral candidate in an accredited clinical or counseling psychology program with at least three years of graduate education in psychology by the start of internship. A minimum of 1000 hours of training must be completed prior to internship, which may include practica as well as other clinical or work-related experience. A minimum of 400 intervention hours and 100 assessment hours are required by the start of internship.

The Youth Services Department Internship Program will base its selection process on the entire application package. Preference is given to applicants whose credentials include extensive experience working with children, adolescents, and families; training and/or classes in family and systemic theory; extensive psychological/psychoeducational testing experience; and experience in both outpatient and residential settings. Individuals with Spanish or Haitian Creole bilingual skills are strongly encouraged to apply because we seek to recruit diverse interns in order to better meet the needs of our diverse client population.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours		Y	Amount: 400
Total Direct Contact Assessment Hours		Y	Amount: 100

Describe any other required minimum criteria used to screen applicants:

To be considered for the Youth Services Department internship program, applicants must meet the following requirements:

- Must be a doctoral candidate in an APA- or CPA-accredited clinical or counseling psychology program.
- At least three years of graduate education in psychology must be completed by the start of internship.
- A minimum of 1000 hours of training must be completed prior to internship, which may include practica as well as other clinical or work experience.
- A minimum of 400 intervention hours and 100 assessment hours by the start of internship.
 - If the applicant expects to earn additional direct service hours after the application is submitted, this information should be specifically broken down by intervention and

assessment and noted on the AAPI in the section asking for anticipated hours prior to internship

- Comprehensive Exams must be passed prior to applying for internship.
- Dissertation proposal must be completed prior to the start of internship.

Before the start of the internship, Youth Services Department interns must complete a Level 2 background check with fingerprints. Disqualifying offenses are listed in the Florida statues under Chapter 435.04(2). The following is a link to this statute for reference: [Statutes & Constitution: View Statutes: Online Sunshine \(state.fl.us\)](#).

Financial and Other Benefit Support for Upcoming Training Year¹

Annual Stipend/Salary for Full-time Interns	\$30,000	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern? No; however, a health insurance stipend of \$500 will be awarded to the intern after 6 months of service. Interns are responsible for obtaining their own liability insurance.	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
If access to medical insurance is provided:	N/A	
Trainee contribution to cost required?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of family member(s) available?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of legally married partner available?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Coverage of domestic partner available?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	N/A	
Hours of Annual Paid Sick Leave	N/A	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? Yes; the contract will be modified to extend the internship so they may accrue the necessary hours required to complete the program.	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Other Benefits (please describe): Professional development leave to attend conferences or presentations may be granted. Time off for dissertation defense may be granted.		

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2020-2023	
Total # of interns who were in the 3 cohorts	12	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	N/A	
	PD	EP
Academic teaching	PD =	EP =

¹ Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Community mental health center	PD = 6	EP = 1
Consortium	PD =	EP =
University Counseling Center	PD =	EP =
Hospital/Medical Center	PD = 2	EP =
Veterans Affairs Health Care System	PD =	EP =
Psychiatric facility	PD =	EP =
Correctional facility	PD =	EP =
Health maintenance organization	PD =	EP =
School district/system	PD =	EP =
Independent practice setting	PD = 1	EP = 1
Other	PD = 1	EP =

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.