



Palm Beach County
Board of County Commissioners

Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education and Training Center



Advanced Motivational Interviewing Techniques

Presented by Ralph Fretz, Ph.D., ABPP

Wednesday, June 8, 2022

9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

2 CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/WZ83Z6G>

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on June 7, 2022

Description:

The intermediate-level presentation will focus on an in-depth discussion of the techniques of Motivational Interviewing. The techniques of Open-ended questions, Affirmations, Reflections and Summaries, along with other Motivational Interviewing techniques, will be described and highlighted. Through the use of videos and didactics, effective and ineffective interviewing techniques will be described, and strategies for how to identify and elicit change talk will be presented.

Learning Objectives:

1. Identify effective vs. ineffective use of interviewing techniques
2. Describe in detail the primary skills related to eliciting change talk
3. Demonstrate ways to manage resistance through the use of Motivational Interviewing techniques

Presenter:



Dr. Ralph Fretz is a Florida and New Jersey Licensed Psychologist with a Ph.D. in Marital and Family Therapy from the Seton Hall University School of Professional Psychology. Dr. Fretz is Board-Certified in Couple and Family Psychology from the American Board of Professional Psychology. In addition to other trainings over his 40+ years in the mental health field, Dr. Fretz completed training to become a certified Motivational Interviewing trainer. Dr. Fretz currently works as a Psychologist at Highridge Family Center, where he supervises doctoral trainees and serves as the Sanctuary Coordinator in the Youth Services Department's efforts toward certification in the Sanctuary Model of Trauma-Informed Care.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Continuing Education Information:

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2023).

Youth Services Department, Palm Beach County is approved to provide continuing education to RN's, ARNP's, LPN's and CNA's by the Florida Board of Nursing (Provider # 50-533, expires October 31, 2022).

In order to receive Continuing Education credits, you must complete an electronic evaluation form. A link to the form will be provided to you at the conclusion of the training. You must include your name and license number. Certificates will be emailed once receipt of your evaluation form has been confirmed.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact [Cristal Montepeque](#) at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460

Zoom Instructions

If you have never used Zoom before, you will need to click on the attendee link (below). Once you click join you will be prompted to download and install Zoom. You may also download the Zoom app on a computer or mobile device.

Please register for the webinar and make sure that software is working prior to Wednesday's 9:30 webinar.

How to Ask Questions During Zoom:

1. Click the Chat icon in the top toolbar.
2. Use the "Send to" drop-down menu to select the recipients of the message.
 - **Everyone** – All participants will see the message in their Chat pane.
 - **Organizer(s) only** – All organizers will see the message in their Chat pane.
 - **Individual attendee** – Only the selected organizer or attendee will receive the private message.
3. Type your message in the text field, then click **Send**.

Please click the link below for more help:

<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>