



Palm Beach County
Board of County Commissioners



Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education & Training Center



Strategic Family Therapy

Presented by Kelly Everson, Psy.D.

Wednesday, August 26, 2026

9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

2 CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/NGCJNRY>

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on August 25, 2026

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.

Description:

The family therapy didactics are a three part series, beginning with Genogram Assessment, followed by Structural Family Therapy and Strategic Family Therapy. In the intermediate level presentation, Strategic Family Therapy, participants will learn the history and background of the development of strategic family therapy and how this differed at the time from structural therapy. Theory will be detailed so that interventions can be taught to participants as well. Practice will be done using video demonstrations and in vivo role plays with participants. Finally, participants will spend time identifying how the two models of care differ and share similarities.

Learning Objectives:

At the conclusion of the training, participants will be able to:

- 1) Identify etiological causes of family organization dysfunction from the Strategic perspective multiple of treatment.
- 2) Discuss key features, goals, and interventions of strategic family therapy methods.
- 3) Identify commonalities and differences of empirically based family therapy methods using a case study.

Presenter:



Kelly Everson, Psy.D. is co-owner and Florida Licensed Psychologist at Palm Beach Behavioral Health and Wellness. Additionally, Dr. Everson serves as the Training Director for PBBHW's psychology training programs. Dr. Everson specializes in psychotherapy and assessment of children, adolescents and families. Dr. Everson is experienced in group therapy with adolescents and parents, individual therapy with children, adolescents and adults, and family therapy. Dr. Everson leads the Autism Spectrum Clinic at PBBHW and primarily works with children, adolescents and adults diagnosed with ASD. She has worked with this population since 2006 and feels renewed every time she sees change in her clients- particularly when they have social victories! In addition to ASD, Dr. Everson has worked with a variety of presenting problems, including Attention-Deficit/Hyperactivity Disorder (ADHD), mood disorders, peer pressure and bullying. Dr. Everson received her bachelor's degree in biology and psychology from the University of Wisconsin in Madison and continued her education at the Illinois School of Professional Psychology in Chicago, earning a Master's and Doctorate in Clinical Psychology with a specialization in Family Psychology.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Continuing Education Information:

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2027).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact [Cristal Montepeque](#) at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460