



Palm Beach County  
Board of County Commissioners

Palm Beach County  
Youth Services Department  
Residential Treatment and Family Counseling Division  
Education & Training Center



# The Impact of Parental Incarceration on Families

**Presented by Rachelle Sosu, Psy.D.**

**Wednesday, March 4, 2026**

**9:30 am - 11:30 am**

**\*Location: Zoom Remote Video Conference\***

Once registration is confirmed, link to access the training will be provided

## **Registration Fee:**

There is no cost associated with this presentation

## **Continuing Education:**

2 CE credits will be offered

## **Registration Link:**

<https://www.surveymonkey.com/r/T6MN626>

*If you have trouble accessing the survey, please copy the link and paste it directly into your browser.*

**Registration closes at 3:00 pm on March 3, 2026**

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.

## Description:

Parental incarceration directly affects about 1 in 25 American children. The separation from a parent can have lasting effects on the family, including a break in secure attachment between parent and child, increased mental health risks for family members, and increased financial and physical stress. This presentation aims to identify the impact of parental incarceration on youth and families and provide family therapy interventions to reduce the impact.

## Learning Objectives:

After completion of this presentation, participants will be able to name the following:

- 1) Identify the emotional, behavioral, and social impact of parental incarceration on youth and families.
- 2) Explain how interventions at the various levels of the ecological systems model can increase resilience in individuals and families.
- 3) Describe interventions for serving families impacted by parental incarceration.

## Presenter:



**Rachelle Sosu, Psy.D.** is a Florida licensed clinical psychologist (PY10888) who specializes in conducting psychological evaluations and providing treatment to youth and families experiencing anxiety, mood, and behavioral problems. Dr. Sosu completed her doctorate in clinical psychology at Nova Southeastern University and her internship and postdoctoral fellowship at the Youth Services Department (YSD). She currently serves as a clinical supervisor to doctoral and postdoctoral trainees at the Youth Services Education & Training Center while also providing family therapy, parent education, and Parent-Child Interaction Therapy (PCIT) to families with a variety of presenting concerns, including coping with parental incarceration.

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**Disclaimer:** The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

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**Continuing Education Information:**

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2027).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

**All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

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**Space is Limited:** Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

**What to Bring:** A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

**Accommodations for the differently abled:** Individuals needing special accommodations, please contact [Cristal Montepeque](#) at (561) 233-4460.

**Registration contact person:** Cristal Montepeque at (561) 233-4460 or [CMontepeque@pbcgov.org](mailto:CMontepeque@pbcgov.org)

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[www.pbcgov.com/youthservices/EducationCenter](http://www.pbcgov.com/youthservices/EducationCenter)

or call (561) 233-4460