



Palm Beach County  
Board of County Commissioners

Palm Beach County  
Youth Services Department  
Residential Treatment and Family Counseling Division  
Education & Training Center



# Understanding and Identifying Human Trafficking

Presented by Kelly Dambra, M.A., LMHC and  
Christel Brydegaard, M.S., LMHC

Wednesday, February 4, 2026

9:30 am - 11:30 am

**\*Location: Zoom Remote Video Conference\***

Once registration is confirmed, link to access the training will be provided

## Registration Fee:

There is no cost associated with this presentation

## Continuing Education:

2 CE credits will be offered

## Registration Link:

<https://www.surveymonkey.com/r/HG9K8WY>

*If you have trouble accessing the survey, please copy the link and paste it directly into your browser.*

Registration closes at 3:00 pm on February 3, 2026

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.

## Description:

This presentation reviews the basics of human trafficking including definitions of the different types of trafficking and various forms of abuse. Presentation will address risk factors and victim vulnerabilities. Attendees will gain an understanding of how to identify victims of human trafficking by reviewing warning signs and appropriate questions to ask to potential victims. Case examples will be reviewed and explored to assist providers in understanding how to apply what is taught in training into their clinical practice. Attendees will review the barriers to victims reporting, potential trauma reactions victims may experience and relevant treatment options.

## Learning Objectives:

At the conclusion of the training, participants will be able to:

1. Define Human Trafficking & it's prevalence within Florida
2. Recognize the dynamics of HT & impact on victims
3. Establish Effective treatment options and safety planning in clinical practice

## Presenters:



Kelly Dambra received her undergraduate degree in psychology (minor in criminal justice) from Nova Southeastern University and her Master's degree in Clinical Psychology from the University of Central Florida. She has spent the last 7 years treating trauma victims of all violent crimes at Palm Beach County Victim Services and Rape Crisis Center. Along with individual therapy sessions, Kelly also leads the domestic violence support groups and FTOP Women's Group.



Christel Bryson is a licensed mental health therapist holds a Bachelor's in Psychology with a minor in Sociology from Florida Atlantic University and a Master's in Clinical Mental Health Counseling from Nova Southeastern University. She's a licensed therapist with extensive trauma therapy experience who has also work with neglected and abused teens in Florida's foster care system. Christel has been with PBC Victim Services and Rape Crisis Center since November 2019, providing therapy for trauma victims of violent crimes and leading support groups for survivors of domestic violence and sexual assault.

**Disclaimer:** The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

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### **Continuing Education Information:**

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2027).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

**All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

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**Space is Limited:** Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

**What to Bring:** A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

**Accommodations for the differently abled:** Individuals needing special accommodations, please contact [Cristal Montepeque](mailto:Cristal.Montepeque@pbcgov.org) at (561) 233-4460.

**Registration contact person:** Cristal Montepeque at (561) 233-4460 or [CMontepeque@pbcgov.org](mailto:CMontepeque@pbcgov.org)

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**[www.pbcgov.com/youthservices/EducationCenter](http://www.pbcgov.com/youthservices/EducationCenter)**

**or call (561) 233-4460**