



Palm Beach County  
Board of County Commissioners

Palm Beach County  
Youth Services Department  
Residential Treatment and Family Counseling Division  
Education & Training Center



# Bullying Prevention & Awareness

**Presented by Jillian Hersman, M.S.**

**Wednesday, January 21, 2026**

**9:30 am - 11:30 am**

**\*Location: Zoom Remote Video Conference\*\***

Once registration is confirmed, link to access the training will be provided

**Registration Fee:**

There is no cost associated with this presentation

**Continuing Education:**

2 CE credits will be offered

**Registration Link:**

<https://www.surveymonkey.com/r/3RBLDGW>

*If you have trouble accessing the survey, please copy the link and paste it directly into your browser.*

**Registration closes at 3:00 pm on January 20, 2026**

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.

# Description:

This presentation will offer an overview of bullying, early warning signs, the impact of bullying, and the different types of bullying seen across ages and settings. The presentation will also review the impact bullying can have on individuals and communities, as well as practical ways everyone can help create safer, more supportive environments.

## Learning Objectives:

1. Define bullying and identify different types of bullying
2. Discuss warning signs and impact of bullying
3. Identify ways to help in the community

## Presenter:



**Jillian Hersman, M.S.**, earned her bachelor's degree in Psychology from the University of Florida and her master's degree in Clinical Psychology from Nova Southeastern University (NSU), where she is currently pursuing her Doctorate of Psychology. Her clinical training has involved working with several community-based agencies serving children and families across Miami-Dade, Broward, and Palm Beach Counties.

Jillian is currently completing her doctoral internship with the Palm Beach County Youth Services Department, where she provides therapy services, conducts psychological evaluations, and delivers outreach training for youth and their families. She is particularly passionate about providing trauma-focused interventions for children and adolescents.

---

**Disclaimer:** The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

---

**Continuing Education Information:**

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2027).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

**All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

---

**Space is Limited:** Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

**What to Bring:** A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

**Accommodations for the differently abled:** Individuals needing special accommodations, please contact [Cristal Montepeque](#) at (561) 233-4460.

**Registration contact person:** Cristal Montepeque at (561) 233-4460 or [CMontepeque@pbcgov.org](mailto:CMontepeque@pbcgov.org)

---

**For information about other Education & Training Center trainings/workshops and clinical services please visit our website at**

[www.pbcgov.com/youthservices/EducationCenter](http://www.pbcgov.com/youthservices/EducationCenter)

or call (561) 233-4460