



Palm Beach County  
Board of County Commissioners



Palm Beach County  
Youth Services Department  
Residential Treatment and Family Counseling Division  
Education and Training Center



# Creating a Safe Space for Everyone: LGBTQ+ Informed Individual and Family Therapy

**Presented by Emily Deming, Ph.D.**

**Wednesday, June 4, 2025**

**9:30 am - 11:30 am**

**\*Location: Zoom Remote Video Conference\***

Once registration is confirmed, link to access the training will be provided

## **Registration Fee:**

There is no cost associated with this presentation

## **Continuing Education:**

2 CE credits will be offered

## **Registration Link:**

<https://www.surveymonkey.com/r/H5GCYVW>

*If you have trouble accessing the survey, please copy the link and paste it directly into your browser.*

**Registration closes at 3:00 pm on June 3, 2025**

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.



This training is an equity, diversity, and inclusion topic

## Description:

Creating safe and inclusive therapy environments for LGBTQ+ individuals and families can be difficult when you feel as if you are behind on the vocabulary or not a member of the LGBTQ+ community. It can be difficult to create a space for conversation, healing, or even support when appropriate language, terminology, and skills are not used. This beginner-level presentation will review the language and vocabulary most commonly used within the LGBTQ+ community, identify the impact of LGBTQ+ history, and discuss skills that can be used to create safe and inclusive therapy environments for LGBTQ+ individuals and their families. Through videos and discussions participants will also utilize appropriate vocabulary and terminology used for the LGBTQ+ community.

## Learning Objectives:

After completion of this presentation, participants will be able to name the following:

1. Identify and utilize appropriate LGBTQ+ terminology
2. Describe the impact of LGBTQ+ history on past and current therapeutic techniques
3. Discuss individual and family therapeutic skills used to create safe and inclusive environments

## Presenter:



**Dr. Emily Deming** is a licensed psychologist and the Director of Community Engagement for Customized Behavioral Healthcare. She earned her master's and doctoral degrees in Clinical Child Psychology from West Virginia University. Dr. Deming completed her doctoral internship and post-doctoral fellowship with the Palm Beach County Youth Services Department. She is a certified Parent-Child Interaction Therapy (PCIT) therapist and a certified PCIT Within Agency Trainer. Dr. Deming provides individual, family, and group therapy services and is actively involved in consultation and community outreach. She specializes in working with LGBTQ+ parents and parents of LGBTQ+ children, helping them navigate stress, be inclusive and affirming, and address other related concerns. Dr. Deming believes that therapy should be a safe space for growth and a means to break free from old patterns and habits. She is passionate about creating a therapeutic environment that is welcoming and supportive, particularly for individuals and families who have been marginalized or discouraged from seeking help due to their identity.

**Disclaimer:** The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

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**Continuing Education Information:**

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2027).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

**All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

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**Space is Limited:** Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

**What to Bring:** A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

**Accommodations for the differently abled:** Individuals needing special accommodations, please contact [Cristal Montepeque](#) at (561) 233-4460.

**Registration contact person:** Cristal Montepeque at (561) 233-4460 or [CMontepeque@pbcgov.org](mailto:CMontepeque@pbcgov.org)

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**[www.pbcgov.com/youthservices/EducationCenter](http://www.pbcgov.com/youthservices/EducationCenter)**

**or call (561) 233-4460**