



Palm Beach County  
Board of County Commissioners

Palm Beach County  
Youth Services Department  
Residential Treatment and Family Counseling Division  
Education & Training Center



# Your Brain on Poverty: Psychological Effects of Living With Financial Scarcity

**Presented by Amanda Terrell, Psy.D.**

**Wednesday, June 25, 2025**

**9:30 am - 11:30 am**

**\*Location: Zoom Remote Video Conference\***

Once registration is confirmed, link to access the training will be provided

## **Registration Fee:**

There is no cost associated with this presentation

## **Continuing Education:**

2 CE credits will be offered

## **Registration Link:**

<https://www.surveymonkey.com/r/MLNN6YR>

*If you have trouble accessing the survey, please copy the link and paste it directly into your browser.*

**Registration closes at 3:00 pm on June 24, 2025**

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.



This training is an equity, diversity, and inclusion topic

## Description:

This interactive training is for intermediate level clinicians and service providers. The presentation will offer comprehensive approach to understanding poverty. Participants will review poverty research, identify systems that maintain poverty, and discuss how poverty influences an individual's mental health and neurological functioning. The presentation will also highlight resilience and strengths in low-income families.

## Learning Objectives:

After completion of this presentation, participants will be able to name the following:

1. Identify the impact of poverty on behavior, health, and decision-making.
2. Discuss recent research findings related to the relationship between poverty and mental health.
3. Describe the concrete experience of people in poverty and identify societal biases that may impact treatment.

## Presenter:



**Amanda Terrell, Psy.D.** is a licensed psychologist specializing in work with families and adolescents. Dr. Terrell's experience includes family therapy, clinical supervision, community mental health, residential treatment for adolescents, acute inpatient populations, psychological evaluation and trauma-informed program implementation. She currently serves as the Chief of Residential Clinical Services at Highridge Family Center, a trauma informed residential program certified by the Sanctuary Institute. Highridge is a short-term residential facility and part of the Residential Treatment and Family Counseling Division of Palm Beach County, Youth Services Department. Dr. Terrell is responsible for clinical services and operations at the 60-bed residential facility serving youth ages 11 to 16 in Palm Beach County. Before assuming her role as clinical director, she was the trauma-informed care coordinator for the facility, spearheading efforts to obtain certification in the Sanctuary Model. Dr. Terrell also provides clinical supervision to graduate trainees. She obtained her doctoral degree from Pacific University in Hillsboro, Oregon. Her pre-doctoral internship was completed at Palm Beach County, Youth Affairs Division, and she completed her post-doctoral fellowship at Jackson Memorial Hospital/University of Miami Miller School of Medicine.

---

---

**Disclaimer:** The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

---

### **Continuing Education Information:**

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2027).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

**All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.**

---

**Space is Limited:** Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

**What to Bring:** A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

**Accommodations for the differently abled:** Individuals needing special accommodations, please contact [Cristal Montepeque](#) at (561) 233-4460.

**Registration contact person:** Cristal Montepeque at (561) 233-4460 or [CMontepeque@pbcgov.org](mailto:CMontepeque@pbcgov.org)

---

**For information about other Education & Training Center trainings/workshops and clinical services please visit our website at**

[www.pbcgov.com/youthservices/EducationCenter](http://www.pbcgov.com/youthservices/EducationCenter)

or call (561) 233-4460