

Palm Beach County
Youth Services Department
Residential Treatment & Family Counseling Division
Education & Training Center
PRESENTS

Lunch & Learn

Eating Disorders, Trauma, and Adolescent Self-Esteem

Presenter: Maria Bayron, M.S.



REGISTRATION LINK:

[HTTPS://
WWW.SURVEYMONKEY.COM/
R/2W37RY9](https://www.surveymonkey.com/r/2W37RY9)

*If you have trouble accessing
the survey, please copy the
link and paste it directly into
your browser*

Date & Location

THURSDAY,

MAY 22, 2025

12:00 pm—1:00 pm

**ZOOM REMOTE VIDEO
CONFERENCE**

Once registration is
confirmed, link to access the
training will be provided

Description

This training explores the clinical connection between eating disorders, trauma responses, and self-esteem challenges in adolescents. It provides practitioners a comprehensive framework for understanding and intervening in these issues. Mental health professionals will learn about the diagnosis of eating disorders, the effects of trauma, and evidence-based strategies for identifying and treating these conditions in at-risk populations. Additionally, they will gain practical tools to promote healthy self-esteem and effective coping mechanisms.



There is no cost associated with this program.