



Palm Beach County
Board of County Commissioners

Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education and Training Center



Let's Talk Bullying: The Bully, the Bullied, and the Bystander

Presented by: Christina Castellana, M.S.

Wednesday, February 5, 2025

9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

No CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/WNN3N6N>

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on February 4, 2025

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.

Description:

This comprehensive presentation on childhood bullying will explore the critical issues of bullying and cyberbullying, two harmful behaviors that significantly affect today's youth. It will define bullying and cyberbullying, and then focus on the profound emotional, psychological, and social impacts of bullying on youth. Effective strategies for preventing and addressing bullying will be outlined, with an emphasis on the collaborative roles of schools, parents, and communities in creating safer environments for youth. Attendees will gain essential knowledge and tools to address bullying amongst youth proactively and foster a culture of respect and inclusion.

Learning Objectives:

At the conclusion of the training, participants will be able to:

- 1) Define bullying and cyberbullying.
- 2) Discuss the impact of bullying and cyberbullying on youth.
- 3) Explain strategies related to bullying prevention and intervention.

Presenter:



Christina Castellana, MS, earned her bachelor's degree in Psychology at Florida State University (FSU) and master's degree in Clinical Psychology at Nova Southeastern University (NSU). She is currently obtaining her doctorate degree in Clinical Psychology from NSU. Her training experiences include working with community-based agencies, inpatient facilities, intensive outpatient programs, and residential facilities to serve children and their families in Miami, Broward, and Palm Beach counties. Christina is currently a doctoral intern with the Palm Beach County Youth Services Department, where she provides services for youth and their families in an outpatient setting, while working towards obtaining certification in Parent-Child Interaction Therapy (PCIT).

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact [Cristal Montepeque](#) at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460