



Palm Beach County
Board of County Commissioners

Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education and Training Center



Family Therapy Activity Library

Presented by Brittany Grimshaw, Psy.D.

Wednesday, February 19, 2025

9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

2 CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/56GLJYB>

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on February 18, 2025

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.

Description:

A library is a collection of materials available to educate and inform audiences with the goal of advancing society as a whole (Chicago ALA, 2010). In this presentation, professionals who provide services to youth and families will build their library of hands-on activities that can support the achievement of identified therapeutic goals. Attendees can grow their family therapy activity library during this interactive presentation, providing professionals with additional tools to facilitate clinician and client success!

Learning Objectives:

After completion of this presentation, participants will be able to name the following:

- 1) Discuss common therapy goals addressed in family treatment.
- 2) Explore activities that facilitate accomplishment of identified goals in the therapy setting.
- 3) Access & share resources to build your family therapy activity library.

Presenter:



Brittany Grimshaw, PsyD, earned her bachelor's degree in Psychology at Texas A&M University and her master's and doctoral degree in Clinical Psychology from Nova Southeastern University (NSU). Her training experiences have included working with several community based agencies to serve children and their families in Miami, Broward, and Palm Beach counties.

Dr. Brittany is currently a postdoctoral fellow with the Palm Beach County Youth Services Department, where she provides psychological services for youth and their families in South Florida outpatient and residential treatment settings, while working towards obtaining certification in Parent-Child Interaction Therapy (PCIT) and Gottman Method Couples Therapy – Level 1.

Dr. Brittany has facilitated interactive training for youth, parents, teachers, and other professionals tailored to their present needs. She enjoys collaborating with community-based agencies to provide trauma-informed mental health training to promote empowerment through enhanced access to psychoeducational resources.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Continuing Education Information:

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2027).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact [Cristal Montepeque](mailto:Cristal.Montepeque@pbcgov.org) at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460