



Palm Beach County
Board of County Commissioners

Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education & Training Center



Corporal Punishment

Presented by Allie Picardi, Psy.D.

Wednesday, December 3, 2025

9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

2 CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/JY75D57>

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on December 2, 2025

In order to receive a certificate you must be present for the entire training. Zoom monitors attendance from the time each participant logs in and out of the training. Exceptions will not be granted.

Description:

This presentation aims to define and discuss corporal punishment by exploring the history and controversy related to corporal punishment. Current policies and opinions about using corporal punishment will be explored. The research surrounding corporal punishment will be reported, as well as parents' reported reasons for using corporal punishment. Attendees will learn and discuss the difference between corporal punishment and abuse, as well as learn how to make an abuse report if needed. Treatment interventions, including alternative discipline techniques, geared toward parents and caregivers who use corporal punishment, and individuals who work with these families, will also be discussed.

Learning Objectives:

1. Define corporal punishment.
2. Explore history, current policies, and controversy related to corporal punishment.
3. Discuss treatment interventions and implications.

Presenter:



Allie Picardi, Psy.D. graduated from Florida Gulf Coast University with her Bachelor of Arts in Psychology in 2017, followed by a Master's Degree in Clinical Psychology from Nova Southeastern University in 2020 and a Doctoral Degree in Clinical Psychology from Nova Southeastern University in 2023. Allie is a licensed psychologist at the Psychological Wellness Center, where she provides individual therapy, parent education and coaching, and family therapy for youth, adolescents, young adults, and their families. She also conducts both abbreviated and comprehensive neuropsychological testing across the lifespan. Allie is dedicated to delivering compassionate, trauma-informed care that fosters growth, healing, and resilience.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Continuing Education Information:

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2027).

In order to receive Continuing Education credits, you must complete an electronic form at the conclusion of the training verifying your name and professional license number. Certificates will be emailed once your information has been confirmed.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact [Cristal Montepeque](#) at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460