



Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education and Training Center



Addressing Religion and Spirituality in Clinical Practice

**Presented by:
Gabriella Hill, M.A.**

Wednesday, February 17, 2021
9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

No CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/DBJK5Q8>

(If you have trouble accessing the survey, please copy the link and paste it directly into your browser)

Registration closes at 3:00 pm on February 16, 2021

Description:

This presentation is a beginner level presentation explaining how to address and integrate religion and spirituality when providing clinical services to individuals or families. The presenter will define religion and spirituality and highlight positive and negative effects on mental health based on the literature. Furthermore, the ethical considerations pertaining to spiritual integration will be explored. Lastly, the presenter will identify clinical principles, interventions, and treatments that may be utilized. Case examples will be discussed to highlight appropriate implementation.

Learning Objectives:

1. Identify positive and negative effects of religion and spirituality on mental health
2. Explain the ethical considerations for addressing or integrating spirituality
3. Select appropriate interventions and treatments

Presenter:



Gabriella Hill, M.A is a doctoral level psychology student at Regent University, where she obtained her Master's Degree. During her studies, she has had clinical placements at various settings, such as private practice, university-based counseling center, and community mental health agencies. Throughout these placements, she has provided psychological services to children, adolescents, and their families, which focuses on individual and familial strengths, resources, and resiliency. Additionally, her coursework and clinical experience has highlighted the importance of reflecting on one's own religious or spiritual beliefs, as well as conducting spiritually integrated care, when appropriate. Ms. Hill is currently completing her doctoral internship at the Palm Beach County Youth Services Department, and plans to continue to address diversity factors and provide trauma-informed care to youth and their families throughout her career.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact [Cristal Montepeque](#) at (561) 233-4460.

Registration contact person: Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460

Zoom Instructions

If you have never used Zoom before, you will need to click on the attendee link (below). Once you click join you will be prompted to download and install Zoom. You may also download the Zoom app on a computer or mobile device.

Please register for the webinar and make sure that software is working prior to Wednesday's 9:30 webinar.

How to Ask Questions During Zoom:

1. Click the Chat icon in the top toolbar.
2. Use the "Send to" drop-down menu to select the recipients of the message.
 - **Everyone** – All participants will see the message in their Chat pane.
 - **Organizer(s) only** – All organizers will see the message in their Chat pane.
 - **Individual attendee** – Only the selected organizer or attendee will receive the private message.
3. Type your message in the text field, then click **Send**.

Please click the link below for more help:

<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>