

Palm Beach County Youth Services Department Residential Treatment and Family Counseling Division Education and Training Center



Addressing Religion and Spirituality in Clinical Practice

Presented by Gabriella Hill, Psy.D.

Wednesday, December 1, 2021

9:30 am - 11:30 am

Location: Zoom Remote Video Conference

Once registration is confirmed, link to access the training will be provided

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

2 CE credits will be offered

Registration Link:

https://www.surveymonkey.com/r/GHILL

If you have trouble accessing the survey, please copy the link and paste it directly into your browser.

Registration closes at 3:00 pm on November 30, 2021

Description:

This presentation is an intermediate level presentation explaining how to address and integrate religion and spirituality when providing clinical services to individuals or families. The presenter will define religion and spirituality and highlight positive and negative effects on mental health based on the literature. Furthermore, the ethical considerations pertaining to spiritual integration will be explored. Lastly, the presenter will identify clinical principles, interventions, and treatments that may be utilized. Case examples will be discussed to highlight appropriate implementation.

Learning Objectives:

- 1. Identity positive and negative effects of religion and spirituality on mental health
- 2. Explain the ethical considerations for addressing or integrating spirituality
- 3. Select appropriate interventions and treatments

Presenter:



Gabriella Hill, Psy.D. obtained both her Master's Degree and Doctorate Degree in Clinical Psychology from Regent University in Virginia. During her studies, she has had clinical placements at various settings, such as private practice, university-based counseling center, and community mental health agencies. Throughout these placements, she has provided psychological services to children, adolescents, and their families, which focuses on individual and familial strengths, resources, and resiliency. Additionally, her coursework and clinical experience has highlighted the importance of reflecting on one's own religious or spiritual beliefs, as well as conducting spiritually integrated care, when appropriate. Dr. Hill is currently completing her postdoctoral fellowship at the Palm Beach County Youth Services Department's Education & Training Center, where she also completed her doctoral internship, and plans to continue to address diversity factors and provide trauma-informed care to youth and their families throughout her career. Dr. Hill is also in the process of working toward certification as a PCIT Therapist.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are

additional resources available not referred to in this program. There is no commercial support for this program.

Continuing Education Information:

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2023).

Youth Services Department, Palm Beach County is approved to provide continuing education to RN's, ARNP's, LPN's and CNA's by the Florida Board of Nursing (Provider # 50-533, expires October 31, 2022).

In order to receive Continuing Education credits, you must complete an electronic evaluation form. A link to the form will be provided to you at the conclusion of the training. You must include your name and license number. Certificates will be emailed once receipt of your evaluation form has been confirmed.

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Space is Limited: Registration is accepted on a first-come, first-served basis. Only the first 200 registrants will be able to access the training link.

What to Bring: A pen and paper for taking notes. You may wish to use your personal headsets/earbuds for enhanced audio quality.

Accommodations for the differently abled: Individuals needing special accommodations, please contact <u>Jose Garcia</u> at (561) 233-4460.

Registration contact person: Jose Garcia at (561) 233-4460 or JMGarcia@pbcgov.org

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460

Zoom Instructions

If you have never used Zoom before, you will need to click on the attendee link (below). Once you click join you will be prompted to download and install Zoom. You may also download the Zoom app on a computer or mobile device.

Please register for the webinar and make sure that software is working prior to Wednesday's 9:30 webinar.

How to Ask Questions During Zoom:

- 1. Click the Chat icon in the top toolbar.
- 2. Use the "Send to" drop-down menu to select the recipients of the message.
 - **Everyone** All participants will see the message in their Chat pane.
 - Organizer(s) only All organizers will see the message in their Chat pane.
 - **Individual attendee** Only the selected organizer or attendee will receive the private message.
- 3. Type your message in the text field, then click **Send.**

Please click the link below for more help:

https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting