

* CAT ENRICHMENT PROJECTS *

KITTY SACHETS

Materials Needed

- *Cotton fabric (old sheets or button down shirts work well)
- *Fabric ribbon
- *Cotton balls
- *Loose catnip
- *Scissors

Directions

1. Cut fabric into 6" x 6" squares.
2. Place fabric square upside-down. Roll a cotton ball in catnip and place it in the center of the square
3. Gather fabric around the cotton ball to form a little sachet. Tie a ribbon around sachet, under the cotton ball to seal. *Double knot a bow
4. Snip off any extra ribbon.
5. Repeat steps 1-3 to make three more sachets.

PILL BOTTLE TOY

Materials Needed

- *Medicine bottle
- *Dry beans or rice

Directions

1. Remove all pills from a medicine bottle and scrub it well with soap and water.
2. Place some dry beans or rice inside. Seal it with the lid and give it to your cat!

TOY BOXES

Materials Needed

- *Empty box(es): cereal, pizza, tissue, etc.
- *Kibble or treats
- *Sharp knife or scissors

Directions

1. Using a knife/scissors, cut holes on top of the box.
2. Place the kibble or treats inside & give it to your cat!

T-SHIRT BON BONS

Materials Needed

- *2 or 3 T-shirts
- *Scissors
- *Ruler
- *Cutting mat and rotary cutter (preferred, but optional)

Directions

1. Cut apart each shirt up each side and by its seams. *Cut into 3" x 10" rectangles.
2. Make a pile of 6 strips.
3. Slightly stretch each strip so it rolls up onto itself.
4. Tie into a knot. Pull ends tightly.
5. Trim the ends & give it to your cat!



DIY CAT PUZZLE

Materials Needed

- *Disposable plastic storage container with lid (a sandwich size or slightly larger or deeper.
- *Pen or marker
- *Exacto knife or scissors
- *Cat toys
- *Treats (optional)

Directions

1. With a pen/marker, mark out three holes in the lid. *Holes should be no more than 2 inches in diameter.
2. Cut out holes. *Make sure to trim away any rough edges.
3. Throw a few small cat toys into the container and place the lid on it.
4. Let your cat figure out how to get its little toys out! For an added surprise, you can throw in a few cat treats as well.

REACH FEEDER

Materials Needed

- *3-4 toilet paper rolls
- *Shoe box with lid or soft drink box
- *Pencil/pen
- *Sharp knife or scissors
- *Kibble or treats



Directions

1. Using a pen/pencil, trace the end of the toilet paper rolls on top of the lid. Repeat in different locations on the lid (1 outline for each roll).
2. Using your knife, cut the holes out on the lid. Make sure to cut along the traced lines. If the hole is too big, the roll will not be sturdy.
3. Slide rolls into each of the holes. Place kibble or treats into each roll and give it to your cat!

SLOW FEEDER

Materials Needed

- *Toilet paper or paper towel roll
- *Kibble or treats
- *Sharp knife or scissors



Directions

1. Using a knife/scissors, cut holes on the side of the tube, making sure they are large enough for the kibble or treats to pass through.
2. Place the food inside the tube.
3. Tape or fold the ends & give it to your cat!

TRASH TO TREASURE

Materials Needed

- *Milk caps, wine corks, shower curtain rings, carpet remnants, and more.
- *Kibble or treats
- *Sharp knife or scissors

Directions

1. Milk caps/wine corks – just give to the kitten to bat around!
2. Shower curtain rings can be placed loose in a cage or hooked onto other objects for enjoyment.
3. Carpet remnants are cheap & highly desired by cats since they satisfy their need to scratch. *You can hang small carpet squares from shower curtain rings as well.

TREE STUMP SCRATCH PAD

Materials Needed

- *Cardboard
- *Tape
- *Sharp knife or scissors
- *Rope or twine (optional)
- *Hot glue gun & glue (optional)



Directions

1. Cut cardboard across the grain in 3.5-inch-wide strips.
2. Roll the strips lengthwise using clear tape to secure your rolled cardboard into a circle-like stump.
3. Keep adding strips and tape until the stump is at least 18 inches across.
4. Glue cork on the outside to make it look like bark (or use real bark).
5. If desired, tie natural fiber twine or rope around the entire stump. *Secure the twine/rope with dots of hot glue.