T-Rec News

By now you may have noticed a few changes at T-Rec, a lot of great things have been happening. We are excited for 2020 and hope you are too! Here are a few highlights of recent changes:

Several staff are on the move. Lisa Kuntzman has always had a passion for Art, so when the Arts4All FL-PBC, Visual Arts coordinator position opened up she jumped at the opportunity to take it. Lisa cannot wait to share her artistic talents with all of you. Renata Watson, Facility Manager I and Erin Kessler, Recreation Specialist II have recently joined the Community Programs section. Many of you may remember Renata from when she previously worked at T-Rec. Both Renata and Erin are eager to get to know all of our program participants as well as share their creative and fun recreation program ideas. Lastly, keep your eyes open as two full time Recreation Special II positions are filled in the coming months, one for Special Olympics and one for Community Programs.

Renovations of the Fountains Recreation building are almost complete. The bathrooms are larger and the kitchen area and floors are brand new. We cannot wait to use this newly renovated ADA accessible space for our programs.

The Gleneagles Country Club Aquatic Center is changing management. In an effort to streamline operations and make the best use of staff resources, the Aquatics Division of Palm Beach County Parks and Recreation Department is now operating the pool at T-Rec. Aquatic programs will remain the same however new staff will be coordinating and implementing the programs. Two familiar faces plan to return to the pool for the 2020 season, Alyssa Murray and Martina Bellorin.

The Community Programs section has also made some exciting changes. In order to continue to provide quality recreational experiences for as many people as possible, with limited staff resources you will notice changes to the structure of some programs. We hope you are eager to try something new, let us know how we are doing so that we can continue to improve our programs.
Facility Rental Information

The Murray, Meyer, & Rachelle Grodetsky Family Foundation Athletic Center, The Gleneagles Country Club Aquatic Center, and The Fountains Country Club Recreation Center can be reserved up to three months in advance. Reservations are made on a first-come, first-served basis with priority given to programs for people with disabilities. For rental fees and more information, call us at (561) 966-7088 or visit our website: at pbcParks.com. Security deposit may be required.

Donations: Gifts to Parks

The Palm Beach County Parks and Recreation Department has developed a Gifts to Parks donation program. We accept monetary or in-kind donations to help improve opportunities for people with disabilities to participate in quality recreation and leisure programs. Community-minded individuals and businesses who would like to support the programs and services available through Palm Beach County Therapeutic Recreation Services Section are always welcome. Donation opportunities include: Programs, Special Events, and Scholarships. Please call (561) 966-7088 to make a donation today, and contribute to the quality of life for people with disabilities!
Lottery Registration

is being conducted for all Community Programs listed on page 4. A lottery system ensures equal access to program registration.

Parents/participants have multiple days to apply, in person or online, for inclusion in the lottery. A computerized lottery is then conducted. Parents/participants are immediately notified of the results of the lottery: whether their child/children have a slot in the program or will be placed on a waiting list. Parents/participants will then have until the listed deadline to pay for their slot.

Any payment not received by the payment deadline results in forfeiture of all unpaid program slots. Forfeitures will immediately be offered to the next participant on the waiting list. Payment must be made in person or online.

Apply For the Lottery

in person or online. Payment is not accepted when submitting the lottery application.

In Person: Bring completed lottery application to Community Programs staff at the Therapeutic Recreation Gym during the lottery application period and receive a receipt of your inclusion in the lottery.

Online: Log into your PBC Parks & Recreation “WebTrac” online registration account anytime of day during the Lottery Application period (see directions in right column). If you do not have a WebTrac user name and password contact us and we will email it to you.

• Select all of the programs you wish to participate in.
• At the end of the process you will receive a confirmation receipt via email. The receipt will show the lottery programs you applied for.
• If you do not receive a confirmation receipt via email, then you have not been entered into the lottery for the program.
• If you have additional questions regarding the lottery process please contact us at (561) 966-7088.

To Pay for Programs:

Once you receive notification of selection into a program you may pay for selected programs online.
• Log into your account.
• Under My Account select Pay Old Balances (located under history & balances).

For program registration information, visit us www.pbcparks.com or call (561) 966-7088.
**Winter/Spring 2020 Lottery**

**Bring completed Lottery Application form to:** Community Programs staff at the T-Rec Complex weekdays between 9:00 am - 5:00 pm Thursday, January 2, 2020 - Thursday, January 9, 2020.

**Notification of Lottery Results:** Friday, January 10, 2020.

**Payments due by:** Thursday, January 16, 2020, by 5:00 pm. Payments will be accepted ONLY after the lottery is conducted. Payments not received by the deadline will result in forfeiture of any unpaid program slots.

You are responsible for verifying your receipt for accuracy. Any errors need to be reported before the registration period ends. Lottery registration and changes to lottery forms must be made in person or online, no changes will be accepted over the phone.

*All participants must complete a full registration form with signed waiver one time per year or when personal information changes. Forms should be completed each fall or when new participants join a program. (PLEASE PRINT ALL INFORMATION)*

**DATE:** ________________________________________

**Participant’s NAME:** ____________________________

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<th>Last</th>
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<th>Middle</th>
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</table>

**PHONE:** ____________________________________________________________________

**EMAIL ADDRESS:** ____________________________________________________________________

**On the list below, please select all programs you wish to participate in.** A Lottery will be conducted only for the programs listed below (separate registration is conducted for Aquatic programs, Gentle Yoga, Paralympic Sports, and Arts4All Florida - Palm Beach County).

**Community Programs Section – Winter/Spring Programs 2020**

(Select only one meeting site for Leisure Spectrum & Sports Unlimited)

- Campout
- Game Night
- Leisure Spectrum: Palm Beach Gardens/Jupiter
- Leisure Spectrum: Lake Worth/Wellington
- Sports Unlimited: Palm Beach Gardens/Jupiter
- Sports Unlimited: Lake Worth/Wellington
- Special Olympics Sailing: Okeeheelee Park
- Super Sports Fan: Miami Heat game
- Super Sports Fan: Florida Panther game
- What’s Cooking: Session I
- What’s Cooking: Session II

*Cancellation/Refund Policy: For a program refund, provide cancellation requests 3 business days prior to
Program Information for Community Programs and A4A FL - PBC

Minimum eligibility Requirements:
- Ability to follow basic instructions;
- Independent bathroom skills;
- Ability to function in a group structure;
- Ability to safely and actively participate in group activities within ratios.

Reasonable accommodations are assessed and made on an individual and case by case basis. Programs are designed to promote independence, caregivers are asked to drop participant(s) off at program start time and return for pick-up.

Late Pick-up Policy:
Participants are expected to be picked up immediately at the end of a program. Participants picked up late will be given a verbal warning for the first offense. For additional offenses, starting at the pick-up time participants picked up after that time will be charged $5.00 for every 15 minutes, according to staff watch. The fine must be paid prior to attending the next activity/class.

Cancellation/Refund Policy:
For a class refund, please provide cancellation requests 3 business days prior to first day of class. Refunds will not be issued after a class has begun. Program refund will automatically be issued if a class or activity is cancelled.

Developmental Disabilities: Teens and Adults

*See page 3 for Lottery application dates and payment deadline.

What’s Cooking - Session I
Ages: 18 and older
Day: Tuesdays
Program Dates: January 28 - February 25
Time: 11:30 am - 1:30 pm
Location: CMAA T-Rec Complex
Maximum Enrollment: 8
Participant/Staff Ratio: 4:1
Registration: Lottery
Fee: $40 (5 classes)
Contact: Erin Kessler (561) 966-7022
Description: Join this day-time class and explore how to prepare, cook, and enjoy the meals that you love.

What’s Cooking - Session II
Ages: 18 and older
Day: Wednesdays
Program Dates: April 15 - May 13
Time: 6:00 pm - 8:00 pm
Location: CMAA T-Rec Complex
Maximum Enrollment: 8
Participant/Staff Ratio: 4:1
Registration: Lottery
Fee: $40 (5 classes)
Contact: Erin Kessler (561) 966-7022
Description: Join this second session and explore how to prepare, cook, and enjoy the meals you love.

Super Sports Fan Hockey & Basketball Games
Ages: 18 and older
Location: Meet at CMAA T-Rec Complex
Maximum Enrollment: 10
Participant/Staff Ratio: 5:1
Registration: Lottery
Contact: Erin Kessler (561) 966-7022

Florida Panthers Hockey
Day: Saturday
Program Dates: March 14
Time: 4:30 pm - 11:30 pm
Location: BB&T Arena
Fee: $55
Contact: Erin Kessler (561) 966-7022
Description: Watch as the Florida Panthers take on the New Jersey Devils.

Miami Heat Basketball Day: Saturday
Program Dates: March 28
Time: 5:30 pm - 11:30 pm
Location: American Airlines Arena
Fee: $90
Contact: Erin Kessler (561) 966-7022
Description: Watch as the Miami Heat take on the Phoenix Suns!

You must meet ALL of the following requirements to be eligible to participate in the Camp Out and/or the Super Sports Fan programs:
- Within the past 18 months you must have participated in one of the following programs: Sports Unlimited, Leisure Spectrum, Summer Leisure, or Adapted Sailing.
- Attended the program at least 75% of the time.
- Have no documented behavior incidents.
Developmental Disabilities: Teens and Adults

Special Olympics Sailing
Ages: 12 and older
Day: Sundays
Program Dates: February 2 - March 15
Regatta: March 21
Time: Scheduled times between 10:00 am - 4:00 pm
Location: Okeeheelee Park, WPB
Maximum Enrollment: 12
Participant/Staff Ratio: 3:1
Registration: Lottery
Contact: Diana Holm (561) 966-7020 or dholm@pbcgov.org
Description: Come Learn to Sail! Join us as we sail around the lake for about an hour during your scheduled time slot. Our sailboats are specifically designed to be user friendly in all types of conditions and for all abilities.

Leisure Spectrum
Ages: 18 and older
Day: Thursdays
Program Dates: January 23 - April 9
Time: 6:00 pm - 8:00 pm
Location: Palm Beach Gardens/ Jupiter or Lake Worth/Wellington
Maximum Enrollment: 16 per site
Participant/Staff Ratio: 8:1
Registration: Lottery
Fee: $85
Contact: Erin Kessler (561) 966-7022
Description: Spend your evenings building social skills while participating with friends in a variety of fun activities. Get to know the exciting things Palm Beach County has to offer, including arts, sports, and social events!

Sports Unlimited
*note new day of week
Ages: 13 and older
Day: Wednesdays
Program Dates: February 12 - April 1
Time: 6:00 pm - 7:30 pm
Location: Palm Beach Gardens/ Jupiter or Lake Worth/Wellington
Maximum Enrollment: 20 per site
Participant/Staff Ratio: 10:1
Registration: Lottery
Fee: $45
Contact: Diana Holm (561) 966-7020
Description: Come be a part of fun, action packed games with your peers. We will play a variety of recreational activities designed to enhance sports skills and interest in physical activity.

Camp Out
Ages: 18 and older
Day: Friday to Saturday, overnight
Program Date: April 24 - 25
Time: Depart Friday evening, return Saturday afternoon. Exact times TBA.
Location: Everglades Youth Conservation Camp. Meet at CMAA T-Rec Complex.
Maximum Enrollment: 20
Participant/Staff Ratio: 5:1
Registration: Lottery
Fee: $75
Contact: Erin Kessler (561) 966-7022
Description: Join your peers for an exciting overnight adventure.

T-Rec Game Night
Ages: 18 and older
Day: Friday
Program Date: January 24
Time: 6:00 pm - 8:00 pm
Location: CMAA T-Rec Complex
Maximum Enrollment: 30
Participant/Staff Ratio: 10:1
Registration: Lottery
Fee: $10
Contact: Diana Holm (561) 966-7020
Description: A Friday night of fun with friends socializing and playing a variety of traditional, life-sized and interactive games!
**Gentle Yoga**

**Ages:** Adults/Seniors all abilities  
**Days:** Tuesday, Thursday  
**Program Dates:** On-going  
**Times:** 10:00 am - 11:15 pm  
**Location:** CMAA T-Rec Complex  
**Registration:** On-going  
**Fee:** $9/class or $50/pass of 8 classes (passes expire 3 months from date of purchase).  
**Description:** A great way to stay active, stretch muscles, reduce stress in a class modified for each individual. Participate by sitting on a yoga mat or in a chair. Recommended for all abilities.

**Learn-to-Swim**

**Ages:** 3 and over  
**Dates:** April - September  
**Days and Times:** Classes are offered two days a week, 20 minutes per class; times available are limited, enroll early.  
- **Monday and Wednesday:** 10:30 am – 12:30 pm  
- **Tuesday and Thursday:** 1:00 pm – 5:30 pm  
**Participant/Staff Ratio:** 1:1, private instruction  
**Registration:** TBA  
**Fee:** $60/6 class session (*fees cannot be refunded after classes begin, DPC vouchers are non-refundable and non-transferable)  
**Class Information:** Lessons are for individuals with physical and developmental disabilities (siblings can participate if sessions do not reach capacity). Program emphasizes water safety and foundational swimming concepts. Skills are adapted for each participant’s ability. Success in the program will depend on consistency of participation, swimming outside of class time, and whether the participant is developmentally ready to swim.  
**Class Levels:**  
- Pre-school  
- Learn-to-Swim

**Swimming Lesson Class Attendance Policy:** Days are not made up for missed classes (two make-up dates are provided at the end of each session for weather cancellations and excused absences).

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**Adapted Swimming Lessons 2020**

**Times and dates for Aquatic programs are subject to change. Call the Gleneagles Country Club Aquatic Center at (561) 966-7080 to register or for more information.**

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**DPC Vouchers** may be available on a limited basis for qualified families through the **Drowning Prevention Coalition** of Palm Beach County. To determine whether your child qualifies, you must take a survey at [www.discover.pbcgov.org/drowningprevention](http://www.discover.pbcgov.org/drowningprevention). Vouchers can be used to pay a portion of the swimming lesson fee.
**The Gleneagles Country Club Aquatic Center**

Times and dates for Aquatic programs are subject to change. Call the Gleneagles Country Club Aquatic Center at (561) 966-7080 to register or for more information.

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**Pool Hours:**
Monday, Wednesday, Friday: 9:00 am - 1:00 pm  
Tuesday, Thursday: 1:00 pm - 6:00 pm  
**Weekend Pool Hours:**  
Open select weekend dates from 10:00 am - 2:00 pm. Call for schedule or visit our website.

**Pool Admission:**
Adults 13 & older: $3.50 + tax  
Youth ages 3 - 12: $3.00 + tax  
Disabled: $3.00 + tax  
2 & younger free (with paid adult admission)

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**Gleneagles Country Club Aquatic Center**
**is open seasonally:**  
April 1 - September 30, 2020  
**Closed:** Memorial Day, Independence Day, Labor Day and for severe weather.

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**Pool Passes**
Save money...buy a seasonal pass.  
**Adults:** $52.50 + tax for 20 admissions  
**Youth and Disabled:** $45.00 + tax for 20 admissions  
Admission passes are good for one person only and are valid at all Palm Beach County pools.  
Prices are subject to change.  
All persons who are not toilet trained are required to wear a swim diaper.

**For additional information** call the pool at (561) 966-7080.

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**Adapted Scuba**

**Scuba Experiences with Diveheart**
Program is offered in partnership with the Diveheart Foundation, an adapted scuba organization. Scuba diving provides multiple benefits including an opportunity to briefly escape gravity and experience weightlessness. Program is Free for individuals age 8 and older with a disability.

**For registration and additional information please contact:**  
Wilhelmina.Stanton@diveheart.org

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**Aqua Motion**
**Ages:** Adults  
**Days:** Monday, Wednesday, Friday  
**Program Dates:** April 1 - September 30  
**Time:** 9:00 am - 9:55 am  
**Location:** Gleneagles Country Club Aquatic Center at the CMAA Therapeutic Recreation Complex  
**Registration:** On-going  
**Fee:** $8/class or $45/pass of 8 classes  
**Description:** Let’s get moving! A low impact class which includes a variety of water exercises, a light cardio workout and stretching. An easy way to add moderate exercise to your daily routine.

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Above: Program participants learning adapted scuba diving skills in a controlled environment with Diveheart.
Participant Registration Form
(Required for all participants)

Palm Beach County Parks and Recreation Department
Therapeutic Recreation/Arts4All Florida-PBC
2728 Lake Worth Road, Lake Worth, Florida 33461
(561) 966-7015 Administration ~ (561) 966-7088 Gym
www.pbcparks.com

*Cancellation/Refund Policy: For a program refund, provide cancellation requests 3 business days prior to program start date. Refunds will not be issued after a program has begun. Refunds will automatically be issued if a program is cancelled.

(PLEASE PRINT ALL INFORMATION)

PROGRAM(S): ___________________________________________ DATE: ____________________

PARTICIPANT'S NAME: ____________________________________________

                        Last            First            Middle

ADDRESS: ______________________________________________________

Apt#                  City                      State                  Zip

PARTICIPANT PHONE(S): Home: ________________________ CELL: ________________________

PARTICIPANT SHIRT SIZE: ________________________

EMAIL ADDRESS: __________________________________________________________

SEX:  ☐ Female  ☐ Male  AGE: __________  DATE OF BIRTH: ____________________

PRIMARY DISABILITY: ________________________  OTHER DISABILITIES: ________________________

EMERGENCY CONTACT: (Please Give Two Choices)

Name (Primary Guardian)                                      Relationship  Phone: Home  Cell  Other

Name                                      Relationship  Phone: Home  Cell  Other

PHOTO RELEASE AUTHORIZATION:  ☐ No  ☐ Yes  Permission is hereby granted for participant to appear in still or motion pictures using participants’ name for educational, promotional, or other purposes only.

AUTHORIZATION FOR TRANSPORTATION:  ☐ No  ☐ Yes  Permission is hereby granted for participant to be transported by a bus or van to an approved field trip location.

MEDICAL TRANSPORTATION/RELEASE AND INDEMNIFICATION STATEMENT:
In consideration for myself or my child to participate in the above program(s), I, the participant, parent or legal guardian of participant agree to protect, defend, reimburse, indemnify and hold Arts4All Florida – Palm Beach County and Palm Beach County, its agents, designees, employees, and elected officials free and harmless at all times from and against all claims, liability, expenses, losses, costs, fines, damages or causes of action of every kind and character, including attorney's fees and costs, whether at trial or appellate levels or otherwise, arising during, as a result of, or in connection with my or my child's participation in this program. I hereby assume the risk of participation in this program and in consideration for myself or my child's participation in the program, I agree to hold Arts4All Florida – Palm Beach County and Palm Beach County, its agents, designees, employees, and elected officials free and harmless at all times from and against all claims, liability, expenses, losses, costs, fines, damages or causes of action of every kind and character, including attorney's fees and costs, whether at trial or appellate levels or otherwise, due to their acts, errors or omissions resulting in bodily injury, including death, or damage to my or my child's property incident to or in connection with my or my child's participation in this program or with my or my child's transportation to a field trip and for medical treatment. I, participant, parent or legal guardian of participant, authorizes the transportation of participant for medical treatment. I further understand that I shall be responsible for any and all costs associated with the transportation of myself or my child for medical treatment. Permission is hereby granted for myself or my child to participate in Arts4All Florida – Palm Beach County and Palm Beach County Parks and Recreation Department programs including community outings, and authorization is hereby given for emergency medical care of said participant.
I have read the above and understand it and hereby agree that I will not hold Arts4All Florida – Palm Beach County and Palm Beach County liable for any injuries that may occur as a result of participation in the recreation activities provided by Arts4All Florida – Palm Beach County and Palm Beach County.

______________________________    _______________________
SIGNATURE Mandatory (PARENT/GUARDIAN if under 18)  DATE
AUTHORIZATION FOR RELEASE: I give permission for my child to be released to the following person for transportation home from a program sponsored by Arts4All Florida – Palm Beach County and Palm Beach County Parks & Recreation Department.

Name                                                                 | Relationship | Name                                                                 | Relationship |
---                                                                 | ---           | ---                                                                 | ---           |

**Medications**

<table>
<thead>
<tr>
<th>NAME</th>
<th>DOSAGE</th>
<th>TIMES</th>
<th>PURPOSE</th>
<th>SIDE EFFECTS</th>
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**Participant Information**

- Participant is fully ambulatory [ ] Yes [ ] No
- Participant walks at a slow pace [ ] Yes [ ] No
- Participant uses a wheelchair [ ] Yes [ ] No
- Participant is visually impaired [ ] Yes [ ] No
- Participant is hearing impaired [ ] Yes [ ] No
- Participant is understandable when speaking [ ] Yes [ ] No
- Participant tends to wander off [ ] Yes [ ] No
- Participant acts aggressively [ ] Yes [ ] No
- Participant acts shy/withdrawn [ ] Yes [ ] No
- Participant follows a special diet [ ] Yes [ ] No

- Participant has seizures [ ] Yes [ ] No
  If yes, then Type of seizures: ________________________________
  Frequency: __________________ Date of last seizure: __________

- Participant has allergies [ ] Yes [ ] No
  If yes, List allergies and reactions: __________________________
  ____________________________________________________________
  ____________________________________________________________

- Participant has food restrictions/special diet (please explain):
  ____________________________________________________________
  ____________________________________________________________
  ____________________________________________________________

- Describe impairments/modifications from checklist:
  ____________________________________________________________
  ____________________________________________________________
  ____________________________________________________________

- Other information you feel we should know:
  ____________________________________________________________
  ____________________________________________________________
  ____________________________________________________________
  ____________________________________________________________
  ____________________________________________________________

**Accepted payment types:** Visa, MasterCard, Discover, Cash, Check

**Paying by check?** Make check(s) payable to: (separate payments required for PBC-BOCC & A4A FL-PBC)

Palm Beach County Board of County Commissioners (PBC-BOCC):
  Community Programs

Arts4All FL-PBC (A4A FL-PBC):
  Arts4All Florida-Palm Beach County Programs (Visual & Performing Arts)
Paralympic Sports

Year-round sports training and competition offered for persons with physical disabilities:

- Boccia
- Goalball (visual impairments)
- Handcycling
- Swimming (April - September)
- Javelin
- Wheelchair Basketball
- Wheelchair Rugby

Adapted Sports Open Gym

Tuesdays & Thursdays
1:00 pm - 4:00 pm when the gym is available.
Stop by to train, practice, or just to have fun! Limited sports equipment available for use.
Call ahead to confirm (561) 966-7088

Adapted Sports Program Membership Fee

$25 per player per year
*This fee does not apply to new participants, open gym participants, and new and developing programs.

Check out the newly updated Wheelchair Course located in John Prince Park!

The wheelchair course is located near the John Prince Park Administration building.

GOALBALL

The 2019 South Florida Goalball Mixer was a great success! TR would like to thank all of the athletes who came out to participate as well as the staff and volunteers who helped make this event possible.

INTRODUCTORY CLINIC

* Coming Soon *
Stay tuned for more information regarding Paralympic Swim Clinics this summer at the Gleneagles Country Club Aquatic Center. Clinics are open to youth & adults with physical disabilities.

Paralympic Swim Clinic.

To volunteer for adapted sports or special events contact Diana Holm at (561) 966-7020 or email Dholm@pbcgov.org

Ask about our Handcycle Loan Program!

To volunteer for adapted sports or special events contact Diana Holm at (561) 966-7020 or email Dholm@pbcgov.org

T-Rec Today - Winter/Spring 2020
Special Olympics Florida - Palm Beach County provides sports training, competitions and sport skill development activities for children and adults with intellectual disabilities.

Visit us at www.SpecialOlympicsPalmBeach.org

Sports Training & Competition

Special Olympics sports training and competition provides opportunities to achieve physical fitness, self-esteem, and the life skills necessary to be productive, respected, and contributing members of our community.

Sports Training Offered

Year-round sports training and competition offered for persons with intellectual disabilities 8 years old and older:

- Athletics - Track & Field
- Basketball
- Bocce
- Bowling
- Cheerleading
- Croquet
- Cycling
- Equestrian
- Flag Football
- Golf
- Gymnastics
- Ice Skating
- Little ELITES
- MATP
- Power Lifting
- Sailing
- Soccer
- Softball
- Stand Up Paddle
- Surfing
- Swimming
- Tennis
- Unified Champion Schools
- Volleyball

Dylan flies around the track at County Summer Games.

Brandon speeds around the turn at the Area Cycling Event.

Athlete & Coach Info: (561) 966-7018 Rmgilber@pbcgov.org

Volunteer info: (561) 966-7017

Support Special Olympics: (561) 966-7019 Rfleming@pbcgov.org

2020 Fall Athletic Competitions

January 18
County Equestrian
Vinceremos Therapeutic Riding Center
Wellington

February 22
County Tennis
Fountains Country Club
Lake Worth

February 22
Area Equestrian
Global Dressage Facility
Wellington

March 7
County Summer Games
John I. Leonard High School
Greenacres

March 14
Regional Cheer & Tennis - Match Play
University of Miami
Coral Gables

March 20 - 21
State Equestrian
The Grand Oaks
Weirsdale

March 21
Area Tennis Skills
Fountains Country Club
Lake Worth

April 4
Regional Soccer
TBD

April 4
Area Summer Games
Athletics, Bocce, Cycling, Volleyball
William T. Dwyer High School
Palm Beach Gardens

May 8 - 9
State Tennis
USTA National Training Center
Orlando

May 15 - 17
State Summer Games
ESPN Wide World of Sports
Orlando
Healthy Athletes

Promoting overall health and fitness for Special Olympics athletes.

Jaden, former Young Athlete, shows off his tennis skills at County Summer Games.

Josh wearing his Healthy Athletes sports goggles that he received at State Games.

Athlete Leaders, Bailey, Melody, Matt, Mike, Colin, Ayla, Amanda and Kai await the Duck Drop at the Palm Beach Duck Dash.

Starting off the Palm Beach Duck Dash with the traditional Duck Call are athletes Michelle, Margie Lee, Brad, Michael, Jackie, and Brandon.

Young Athletes Program

A fun and exciting sports play program for children with intellectual disabilities ages 2-7.

This program helps athletes to develop physically and socially through fun physical activities and sports play.

Call for details.

Parents, if you would like to see a Young Athletes program at your child’s school, ask your teacher to call us.

Teachers

- Offer Young Athletes at your school or facility!
- We’ll help with training, free equipment and support.

Young Athletes and Athlete Leadership:
Call (561) 966-7019

Athlete Leadership

Promoting involvement, empowerment and leadership opportunities for Special Olympics athletes.
Arts4All Florida - Palm Beach County’s mission is to create a society where people with disabilities can learn through, participate in, and enjoy the arts.

### Visual Arts Programs

To sign-up, call Lisa Kuntzman (561) 966-7026

<table>
<thead>
<tr>
<th>Program</th>
<th>Age Requirement</th>
<th>Day(s)</th>
<th>Program Dates</th>
<th>Time</th>
<th>Location</th>
<th>Maximum Enrollment</th>
<th>Registration</th>
<th>Fee</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td><strong>Literary Art</strong></td>
<td>Ages: 16 and older</td>
<td>Thursdays</td>
<td>Jan. 9 - Feb. 13</td>
<td>5:00 pm - 7:00 pm</td>
<td>CMAA T-Rec Complex</td>
<td>8</td>
<td>Until full</td>
<td>$40</td>
<td>Together we will read an adapted version of &quot;20,000 Leagues Under the Sea&quot; followed by a weekly art project reflecting the book. Supplies &amp; book provided. All reading abilities welcome!</td>
</tr>
<tr>
<td><strong>Photography</strong></td>
<td>Ages: 16 and older</td>
<td>Tuesdays and Thursdays</td>
<td>Feb. 25 &amp; 27 and Mar. 3 &amp; 5</td>
<td>3:00 pm - 5:00 pm</td>
<td>CMAA T-Rec Complex</td>
<td>6</td>
<td>Open until February 18</td>
<td>$50</td>
<td>Learn a new perspective on photography and explore your creative side! No experience needed.</td>
</tr>
<tr>
<td><strong>Jewelry and Pretty Things!</strong></td>
<td>Ages: 16 and older</td>
<td>Fridays</td>
<td>Feb. 28 - March 20</td>
<td>5:30 pm - 7:00 pm</td>
<td>CMAA T-Rec Complex</td>
<td>10</td>
<td>Until full</td>
<td>$50</td>
<td>Create beautiful jewelry, wearable art and more. Put a little bling in your life!</td>
</tr>
<tr>
<td><strong>The Norton Museum of Art Tour &amp; Workshop</strong></td>
<td>Ages: 16 and older</td>
<td>Saturdays</td>
<td>April 25</td>
<td>10:00 am - 12:00 pm</td>
<td>The Norton Museum of Art</td>
<td>10</td>
<td>Open until April 16</td>
<td>Free</td>
<td>Take a fascinating tour of a Museum exhibit then head to the studio and create an art piece reflecting that art. One family member per participant may attend.</td>
</tr>
<tr>
<td><strong>Expressive Art ... Painting, Collage and more</strong></td>
<td>Ages: 16 and older</td>
<td>Saturdays</td>
<td>March 14 - April 18 (no class April 4)</td>
<td>10:00 am - 11:30 am</td>
<td>CMAA T-Rec Complex</td>
<td>10</td>
<td>Until full</td>
<td>$50</td>
<td>Come Express Yourself through art and your creativity with Painting, Collage, and more!</td>
</tr>
</tbody>
</table>

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**Arts4All Florida - Palm Beach County programs are inclusive. Please refer to page 5 for program policies.**
Performing Arts Programs

To sign up, call Erica Vonderharr (561) 966-7024

Write to Play
Ages: 16 and older
Day: Tuesdays
Program Dates: January 14 - March 10 (no class January 28)
Time: 5:00 pm - 6:30 pm
Location: CMAA T-Rec Complex
Maximum Enrollment: 10
Registration: Until full
Fee: $60
Instructors: Ali Evans
Description: We all have the write to play! Join us for this fun class where we write our own original play! Maybe being behind the scenes is more your thing - this is a great class for you! No writing skills needed, just an imagination! We will perform our play for an intimate group of family and friends.

Drama Club
Ages: 16 and older
Day: Tuesdays
Program Dates: March 17 - April 21
Times: 5:00 pm - 6:30 pm
Location: CMAA T-Rec Complex
Maximum Enrollment: 10
Registration: until filled
Fee: $60
Instructor: Kat Kenny
Acting exercises, theatre games and some improv for theatre enthusiasts in this skills class! This class does not culminate in a performance.

Let’s stay in touch!  
Facebook: /a4apbc  
Visit us at www.a4apbc.com

Drama Residency with Ronnie and Hayden!
This in-school Drama Residency is for students who are Deaf and Hard of Hearing. Ronnie and Hayden, are professional Deaf performers who will be instructing a drama residency at Indian Pines Elementary School this Spring! CJ will also conduct workshops at local middle and high schools. Ronnie and Hayden use acting, dance and drama to teach self-reliance, self-advocacy, and self-confidence while also stressing the importance of education and reading.

A Day at the Theatre
Various dates thru May.
Let’s go to the theatre together!
We will experience music, dance, and theatrical performances!
Join our mailing list or follow us on Facebook for updates.

DanceStops
Ages: 16 and older
Day: Mondays
Program Date: February 24 - April 27 (no class March 23)
Time: 6:00 pm - 7:30 pm
Location: CMAA T-Rec Complex
Maximum Enrollment: 12
Fee: $60
Registration: Until full
Instructor: Samira Mohammed
Description: Get your groove on with this fun and dynamic dance class!

Achievement, Success, & Well-being—IT STARTS IN PARKS

T-Rec Today - Winter/Spring 2020 15
CMAA Therapeutic Recreation
2728 Lake Worth Road
Lake Worth, Florida 33461

Palm Beach County Board
of County Commissioners
Dave Kerner, Mayor
Robert S. Weinroth, Vice Mayor
Hal R. Valeche
Gregg K. Weiss
Mary Lou Berger
Melissa McKinlay
Mack Bernard

County Administrator
Verdenia C. Baker

Assistant County Administrator
Dorritt M. Miller

Parks & Recreation Department
Eric Call, Director
Jennifer Cirillo, Assistant Director

Achievement, Success,
& Well-being—IT STARTS IN
PARKS

Look what’s POPPING Up in
Arts4All Florida - Palm Beach County

NEW Visual Arts Programs - including one for Youth

<table>
<thead>
<tr>
<th>ArtPop</th>
<th><em>NEW</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages: 16 and older</td>
<td></td>
</tr>
<tr>
<td>Day: Monday</td>
<td></td>
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<tr>
<td>Program Date:</td>
<td></td>
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<tr>
<td>Program Date:</td>
<td>January 13</td>
</tr>
<tr>
<td>Time: 5:30 pm - 7:00 pm</td>
<td></td>
</tr>
<tr>
<td>Location:</td>
<td>CMAA T-Rec Complex</td>
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<tr>
<td>Maximum Enrollment:</td>
<td>12</td>
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<tr>
<td>Registration:</td>
<td>Until full</td>
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<tr>
<td>Fee: $10</td>
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<tr>
<td>Description:</td>
<td>Similar to the Workshops with Lisa and Erica! This is a single session program featuring a variety of art “in high demand”, something new to try, or fun art projects with a seasonal/holiday theme. You never know when one will POP up!</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ArtPop Jr</th>
<th><em>NEW</em></th>
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</thead>
<tbody>
<tr>
<td>Ages: 8 - 15</td>
<td></td>
</tr>
<tr>
<td>Day: Tuesday</td>
<td></td>
</tr>
<tr>
<td>Program Date:</td>
<td>Wednesday</td>
</tr>
<tr>
<td>Program Date:</td>
<td>January 14</td>
</tr>
<tr>
<td>Time: 6:30 pm - 7:45 pm</td>
<td></td>
</tr>
<tr>
<td>Location:</td>
<td>CMAA T-Rec Complex</td>
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<tr>
<td>Maximum Enrollment:</td>
<td>10</td>
</tr>
<tr>
<td>Registration:</td>
<td>Until full</td>
</tr>
<tr>
<td>Fee: $10</td>
<td></td>
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<tr>
<td>Description:</td>
<td>Single session program for children &amp; teens featuring a variety of fun art projects, something new to try, or fun with a seasonal/holiday theme. Parent/guardian must accompany &amp; assist their child. Watch for the next one to POP up!</td>
</tr>
</tbody>
</table>

Storm Troopers on Exhibit at the Duncan Theatre @ PBSC for our 2019 Showcase on December 7 along with other artwork and performances. Look for Spray Art class on Saturdays in May

Come on out to Lucerne Ave on 2/22 to visit Matt L., Erica and Lisa as they paint in chalk an original artwork by Matt during the 2020 Lake Worth Street Painting Festival.