



# Butterfly Garden Plants

What follows are notes about the care of plants the butterfly gardener's propagate for our garden. These plants can often be found for sale to the general public through the Friends of Daggerwing Nature Center.

## Table of Contents

- Page 2. Bahama Cassia
- Page 3. Beach Verbena
- Page 4. Blue Porterweed
- Page 5. Butterfly Pea Plant
- Page 6. Candle Bush
- Page 7. Climbing Aster
- Page 8. Corkystem Passion Vine
- Page 9. Turkey Tangle Frogfruit/Fogfruit
- Page 10. Golden Dewdrop
- Page 11. Lantana
- Page 12. Milkweed
- Page 13. Parsley and Dill
- Page 14. Pink Swamp Milkweed
- Page 15. Privet Cassia
- Page 16. Scorpion Tail
- Page 17. Seashore Ageratum
- Page 18. Southern River Sage
- Page 19. Tropical Sage
- Page 20. White Plumbago
- Page 21. Yellow Alder

## Bahama Cassia

*Senna mexicana*

### General Facts:

- Native
- Grows about 4ft in height
- Popular nectar source for butterflies



-Host plant to Cloudless Sulphur and Orange-barred Sulphur



### Recommended Care:

- Full sun to light shade
- Medium Moisture
- Moderate drought tolerance



## **Beach Verbena**

*Glandularia maritima*



**General Facts:** It is a native nectar plant and an endangered species in Florida. It grows prostrate along the ground and is excellent for ground cover. It requires medium moisture and does very well in full sun. It is very hardy and its rich green foliage is evergreen. This plant attracts many different pollinators.

## **Blue Porterweed**

*Stachytarpheta sp.*

### **General Facts:**

- Non-Native
- Blooms year around
- Height 1-3ft; spreads 3ft; Grows quickly
- Extremely** popular nectar source for a wide range of butterflies

### **Recommended Care:**

- Full sun to partial shade
- Medium moisture
- Minimal care necessary



## **Butterfly Pea Plant**

*Clitoria ternatea*

### **General Facts:**

- Fast growing climbing plant
- Lattice, trellis, arbor recommended
- Flowers are EDIBLE
- Full or partial sun & drought tolerant



Native; Host plant for Long-tailed Skipper



## Candle Bush

*Senna alata*

### General Facts:

- Tropical perennial
- Grows 4-6ft.
- Non-Native
- Medicinal uses in treating fungal infections
- Host plant to Cloudless Sulphur and Orange-barred Sulphur

### Recommended Care:

- Full sun
- Minimal upkeep
- Drought Tolerant



## Climbing Aster

*Symphyotrichum carolinianum*



Native; Host plant for Pearl Crescent



**General Facts:** Perennial, up to 4 feet tall, partial shade, medium moisture, blooms late in summer and fall.



## Corkystem Passion Vine

*Passiflora suberosa*

**General Facts:** This is a perennial herbaceous vine with corky lower stems, tendrils, and small yellowish flowers. It blooms throughout the year and can be grown in full to partial sun. Trellis or association with a fence or railing will offer support as the vine grows. It needs medium water. It is a native host plant for Zebra Longwing, Gulf Fritillary, and Julia butterflies.



Gulf Fritillary



Zebra Longwing



Julia

## Turkey Tangle Frogfruit/Fogfruit

*Phyla nodiflora*



Native; Host plant for Cassius Blue & White Peacock



**General Facts:** Perennial herb, ground cover, full or partial sun, less than 6 inches in height, blooms year round. Medium moisture.



## **Golden Dewdrop**

*Duranta erecta*



Native; Nectar plant for many butterflies

**General Facts:** The Golden Dewdrop is a large, sprawling bush or small tree that in Central Florida tops off at about 8 feet (it can get larger in S. Florida). It can grow in full sun, but it can tolerate some shade. It needs well drained soil. Once established it is somewhat drought tolerant, but probably would grow better with weekly watering during dry periods. It takes regular fertilizing.

## **Lantana**

*Lantana involucrata*



Native; Nectar plant for many butterflies



**General Facts:** Partial shade to full sun, 2 to 4 feet high, can bloom year round if moisture levels are kept at least at a medium level.

## Milkweed

*Asclepius sp.*



Non-Native; Host plant for Monarch & Queen



**General Facts:** Full sun & well drained soil, spreads easily, produces flowers year round, can reach 3-4 feet, very easy to maintain.

## Parsley & Dill

*Petroselinum crispum & Anethum graveolens*



**General Facts:** Plant in shade, direct sun is not recommended.  
Plants do well when placed in pots and watered frequently.  
These are common herb plants.



Naturalized; Host plants for Black Swallowtail

## Pink Swamp Milkweed

*Asclepius incarnata*



Native; Host plant for Monarch & Queen



**General Facts:** Full sun & well drained soil

- MUST have for butterfly garden
- Host plant for **Monarch & Queen** butterflies
- Spreads easily
- May reach 3-4 feet

## **Privet Cassia**

*Cassia ligustrina*

### **General facts:**

- Native
- Grows 4-8 ft high
- Popular to birds, bees, and butterflies
- Host plant to Cloudless Sulphur and Orange-barred Sulphur



### **Recommended Care:**

- Sun to partial shade
- Water regularly
- Do not overwater



## Scorpion Tail

*Heliotropium angiospermum*



Native; Nectar plant

**General Facts:** Place in full to partial sun and it can reach 6 feet. Plant requires adequate moisture to become established. It blooms year round and is very hardy.



## **Seashore Ageratum**

*Ageratum littorale*



Native; Nectar plant for many Butterflies



**General Facts:** Plant in full sun, water medium, frequently fertilize, and try to plant near to and with other similar tolerant plants. Great ground cover, requires pruning throughout the year to maintain optimal condition. May reach a foot in height.

## **Southern River Sage**

*Salvia misella*

### **General Facts:**

- Native low growing ground cover plant
- Prefers **shade to partial sun and moist** environments
- Will only grow to be 6-8 inches high
- Hard to find in nurseries
- Nectar source for many butterflies



## Tropical Sage

*Salvia coccinea*



Native; Nectar plant for many butterflies

**General Facts:** Plant in partial sun to full sun. Needs medium moisture and reseeds readily once established. It may reach 5 to 6 feet high. This is a must for a butterfly garden.

## White Plumbago

*Plumbago scandens*

### General Facts:

- Native
- 3ft-10ft height & spread; Fast growing
- Withstands light frosts
- All parts of plant are poisonous**
- Host plant for Cassius Blue



### Recommended Care:

- Full sun to partial shade
- Moderately drought tolerant
- Moderate pruning advised



## **Yellow Alder**

*Turnera ulmifolia*



**General Facts:** Yellow Alder is a non-native plant that attracts many nectar feeders, especially butterflies. It is a perennial, dense, compact shrub that reaches 2½ feet in height. It should be planted in full to partial sun. Once established, it will bloom year round. Those in the full sun branch more and stay fuller than those in partial shade. Clear yellow flowers are produced daily, each lasting several hours before closing at night. New flowers open the next morning. Leaves stay dark green with little or no fertilizer. Requires medium water and is very hardy.