Lake Lytal Family Aquatic Center 2025 SWIM LESSON SCHEDULE

Session	Registration Opens	Session Dates	Session Days
Spring Sessions			
1A	Sat, Mar 1	Mar 4 - Mar 27	Tue & Thu
1A	Sat, Mar 1	Mar 5 - Mar 28	Wed & Fri
2A	Sat, Mar 29	Apr 1 - Apr 24	Tue & Thu
2A	Sat, Mar 29	Apr 2 - Apr 25	Wed & Fri
3A	Sat, Apr 26	Apr 29 - May 23	Tue & Thu
3A	Sat, Apr 26	Apr 30 - May 24	Wed & Fri
Summer Sessions			
1B	Sat, May 31	Jun 3 - Jun 13	Tue - Fri
2B	Sat, Jun 14	Jun 17 - Jun 27	Tue - Fri
July 4 Week - No Classes			
3B	Sat, Jul 5	Jul 8 - Jul 18	Tue - Fri
4B	Sat, Jul 19	Jul 22 - Aug 1	Tue - Fri
Fall Sessions			
1C	Sat, Aug 9	Aug 12 - Sep 5	Tue & Thu
1C	Sat, Aug 9	Aug 13 - Sep 6	Wed & Fri
Pogistrations open at 9am in person and 9am online on the			

Registrations open at 8am in person and 8am online on the listed registration date. DPC voucher recipients must register for classes in person.

Please visit www.pbcsplash.com in the "Online Services" tab on the top of the page to register online, or to see the online registration instructions on the facilities webpage. (Select the facility you are interested in)

We accept Cash, Check, Visa/MasterCard/Discover or Drowning Prevention Coalition (DPC) Swim Vouchers.

For more information about Swim Vouchers, please call the Drowning Prevention Coalition of Palm Beach County at 561-616-7068 or visit their website at <u>https://discover.pbcgov.org/drowningprevention</u>

Please make checks payable to the Board of County Commissioners or BOCC and include your drivers license # on the check.

Classes are currently held in groups and space is limited. Private lessons are available at a cost of \$130.00 per child (Age 3+), per session but are dependent on <u>staff availability</u>. Private lesson sessions are 4 x 40 min lessons for 1 week, or 8 x 20 min lessons for 2 weeks, Tue-Fri, AM or PM.

Lake Lytal Family Aquatic Center 2025 SWIM LESSON SCHEDULE INFORMATION

SESSIONS AND TIMES: Spring Session: PM Sessions Summer Session: AM & PM Sessions Fall Session: PM Sessions

AGES: 6 Months - Adults

DURATION: 8 x 30 min classes, Tues/Thurs or Wed/Fri for 4 weeks; Tue - Fri for 2 weeks

COST: \$60.00 per child, per session

LEVELS OFFERED (where available):

Parent & Tot (6 mos-2 yrs): This class is designed to introduce your infant to the water environment. A parent or guardian is required to accompany the infant in the water and participate in this class.

Pre-Level 1 (3-5 yrs) and Level 1 (6-12 yrs): Participants will learn to float, blow bubbles, become water friendly, and learn the basics of front & back crawl.

Pre-Level 2 (3-5 yrs) and Level 2 (6-12 yrs): Participants will begin to combine arm and leg actions for front & back crawl, and be introduced to deep water.

Level 3 (6-12 yrs): Participants will learn elementary backstroke, how to tread water, deep water exploration, and will be introduced to water safety skills.

Level 4 (6-12 yrs): Participants will focus on additional stroke techniques, such as breast-stroke and side stroke, and begin to build their endurance.

Adult (13+): This class is designed to accommodate different skill levels of participants. The class can cover anything from technique to just being comfortable in the water.

THINGS TO KNOW:

If classes are canceled due to bad weather, make ups may be offered based on schedule availability. Class notifications will be sent via text message.

Classes are non-refundable. In case of emergency, participants are permitted to transfer once to another session. Session must be within the same season (Spring or Summer).

Participants are required to wear bathing suits and bring their own towels. Caps and googles are optional.

Lake Lytal Aquatic Center: 561-233-1426

3645 Lake Lytal Park Drive

West Palm Beach, FL 33406

