## ADAPTED SPORTS OPEN GYM



PALM BEACH COUNTY PARKS & RECREATION —— 1972-2022——



COME OUT AND TRAIN
INDEPENDENTLY OR WITH FRIENDS
DURING OPEN GYM FOR YOUR
ADAPTED SPORT

Available Select Thursdays:
August 11, 2022
August 18, 2022
August 25, 2022



## 6:00PM-8:00PM

RESERVATIONS REQUESTED: CALL 561-966-7088





- ADAPTIVE PICKLEBALL
- BOCCIA
- ENDURANCE TRAINING
- HANDCYCLNG
- WHEELCHAIR BASKETBALL
- WHEELCHAIR LACROSSE
- WHEELCHAIR RUGBY
- STRENGTH TRAINING





Palm Beach County Board of County Commissioners Robert S. Weinroth, Mayor, Gregg K. Weiss, Vice Mayor, Maria G. Marino Dave Kerner, Maria Sachs, Melissa McKinlay, Mack Bernard

Verdenia C. Baker, County Administrator