

## Division of Senior Services

### Locations

#### Central Office

810 Datura Street, Suite 300  
West Palm Beach, FL 33401  
Tel: (561) 355-4746

#### North Office

5217 Northlake Blvd.  
Palm Beach Gardens, FL 33418  
Tel: (561) 694-5435

#### South Office

3680 Lake Worth Road  
Lake Worth, FL 33461  
Tel: (561) 357-7100

#### West Office

2916 State Road #15  
Belle Glade, FL 33430  
Tel: (561) 996-4808



## Palm Beach County Board of County Commissioners

County Administrator  
Verdenia C. Baker

Palm Beach County Division of Senior Services (DOSS) has a long standing commitment to its mission which is to provide accessible and quality services to help older adults attain optimal independence and promote quality of life for older adults and their caregivers.

DOSS has years of experience working with the older adults and caregivers within the community. DOSS is the designated **Lead Agency** to administer programs for older adults; including Adult Protection Services Abuse, Neglect and Exploitation Cases.

DOSS programs are a comprehensive continuum of care for older adults and their caregivers. DOSS consists of Case Managers, Outreach Workers, Nutrition Coordinator, Meal Site and Senior Community Center Managers and Adult Day Care staff.

Case Management staff possesses a Masters or Bachelors Degree and years of experience in the senior service field. Case Management staff is multi-lingual in Creole, Spanish and English.

DOSS is conveniently located with offices, West Palm Beach, Palm Beach Gardens, Lake Worth and Belle Glade.

## Palm Beach County Department of Community

# Division of Senior Services



### Administration Office

810 Datura Street  
Suite 300  
West Palm Beach, FL  
33401

Phone: (561) 355-4746

## Division of Senior Services

Division of Senior Services (DOSS) provides accessible services to help older adults and their caregivers attain optimal independence and promote quality of life.

DOSS administers to older adults and their caregivers a comprehensive range of programs that provides social and emotional well-being; encourage independence; and support older adults and their caregivers within the community with dignity and choice.

### PROGRAMS

DOSS provides information and assistance to aid older adults and their caregivers through the following programs:

### NUTRITION PROGRAM

#### Congregate Meals

DOSS provides nutritional, well-balanced meals, fosters social interaction and provides access to nutrition education and counseling to older adults. Congregate meals are served Monday to Friday at numerous Senior Meal Sites.

#### Home-Delivered Meals

Nutritionally balanced meals delivered to older adults who are unable to prepare their own meals and/or cannot shop or have anyone to shop or prepare meals for them.

### CASE MANAGEMENT

DOSS provides professional case management services. Home visits are conducted to review existing services and arrange additional in home assistance, if needed. Case Managers assure full coordination and linkage of essential services.

Case Managers assist families and caregivers to resolve the emotional, financial and physical demands of caring for their loved ones. Case Managers assist with applications for other needed services available in the community.

Most homebound older adults in need of long-term care services prefer to obtain help within their home. Experienced staff provides in-home assessments to determine each senior's individual needs; coordinates and manages in home services:

- **Companionship**
- **Nutritional Counseling**
- **Respite Care**
- **Chore**
- **Homemaker**
- **Personal Care**
- **Home Delivered Meals**
- **Emergency Alert Response**
- **Specialized Medical Services/Supplies**
- **Caregiver Training/Support**
- **Case Aide**
- **Companionship**

### DOSS OFFERS A PRIVATE-PAY OPTION



Revised 4/16

### ADULT DAY CARE CENTERS

Adult Day Care emphasizes social and recreational activities in a group setting, with health monitoring. Older Adults attending Adult Day Care are provided supervision for safety and activities of daily living.

Adult Day Care Centers are located in two (2) convenient locations:  
**Palm Beach Gardens**  
**South Lake Worth**

### SENIOR CENTERS

Senior Centers have a wide variety of classes, programs and activities to promote healthy and independent living for older adults. In addition to classes, activities and programs, seniors are welcome to drop in for coffee, cards and conversation.

No membership or fee is required. There is a minimal fee for some classes.

Participants complete a confidential registration form with contact information.

The Centers are open 8:00 a.m. to 5:00 p.m. Monday through Friday **with hot lunch served daily**. Social events, dance classes, computers, exercise classes, trips and more! A Newsletter published details activities.

### ADDITIONAL PROGRAMS

Emergency Home Energy Assistance for the Elderly Program (EHEAP)  
Outreach  
Volunteerism

