

Highlights of Behavioral Health Data and Service Priorities

For Palm Beach County, FL 2017

Behavioral Health Demonstrated Need Data

Estimated Behavioral Health Unmet Need for the Uninsured of Palm Beach County								
Age Group	Total Pop	Uninsured	% of Total Pop Uninsured	Needing Services	Received Services	% Met Need	Unmet Need	% Unmet Need
0-17	272,644	31,572	12%	7,009	4,767	68%	2,242	32%
18-24	108,492	34,426	32%	24,959	2,058	8%	22,901	92%
25-44	318,164	100,430	32%	50,617	7,704	15%	42,913	85%
45-64	363,464	68,510	19%	25,349	2,894	11%	22,455	89%
65+	303,824	4,753	2%	1,759	249	14%	1,510	86%
Total	1,366,588	239,691	18%	109,693	17,672	16%	92,021	84%

* Total # of uninsured in need of behavioral health services. Source: US Census, American Community Survey 5-year Estimates, 2010-2015

** # served through SEFBHN/FAA funds. Source: SEFBHN

Behavioral Health Service Priorities (update children's mh)

Overarching: Trauma-informed and Culturally Sensitive and Responsive Services

Children's Mental Health Services:

- Outpatient Medication Management (Access to Psychiatry)
- Case Management and Wraparound Care Coordination
- Outpatient Services
- Peer Support/Peer Mentoring
- Respite Services
- Mobile Crisis Team

Children's Substance Abuse Services:

- Outpatient Medication Management (Access to Psychiatry)
- Outpatient Services (Individual/Group Therapy)
- Peer Support/Peer Mentoring
- Residential Treatment for Substance Abuse
- Residential Treatment for Co-occurring Mental Illness and Substance Abuse

Adult Substance Abuse Services:

- Supportive Housing
- Outpatient Medication Management (Access to Psychiatry)
- Medical Detoxification for Substance Use
- Medically Assisted Treatment

- Supported Employment
- Residential Treatment for Co-occurring Mental Illness and Substance Abuse

Adult Mental Health Services:

- Case Management
- FACT Teams
- Supportive Housing
- Outpatient Medication Management (Access to Psychiatry)
- Residential Treatment for People with Mental Illness
- Residential Treatment for Co-occurring Mental Illness and Substance Abuse

Families:

- Integration of Primary Health and Behavioral Health
- Trauma-informed Services
- Early Screening for Behavioral Health and Substance Abuse
- Parent Support Groups (Educational)
- Outpatient Medication Management (Access to Psychiatry)
- Education and Awareness
 - Separate Services for Families and Youth

Administrative:

- Monitoring of Quality with Outcomes Evaluation that is Evidence-Based
- Wraparound and Trauma-Informed Services
- Alignment of Funding
- Sustained Funding
- Integration of Primary Health and Behavioral Health

Behavioral Health Needs Identified from FAA 2017 Community Survey

Q1. NEEDS: In thinking about behavioral health services which are the most critical for Palm Beach County? Needs are defined as services that people NEED AND USE. CHOOSE UP TO 3 FOR EACH AGE GROUP BY SELECTING 'TOP 3' FROM DROP DOWN BOX.

Aggregate	Birth to 17 years	18-24 years	25-59 years	60+ years
Supported Housing (Transitional Housing, Housing First, Respite Housing) (n=191)	Case Management and Care Coordination (n=44)	Residential Treatment for Co-occurring Mental Illness and Substance Use (n=57)	Supported Housing (Transitional Housing, Housing First, Respite Housing) (n=61)	Supported Housing (Transitional Housing, Housing First, Respite Housing) (n=49)
Case Management and Care Coordination (n=171)	Outpatient Services (Individual and group therapy) (n=43)	Supported Housing (Transitional Housing, Housing First, Respite Housing) (n=57)	Residential Treatment for Co-occurring Mental Illness and Substance Use (n=53)	Case Management and Care Coordination (n=47)
Residential Treatment for Co-occurring Mental Illness and Substance Use (n=169)	Peer Support/Peer Mentoring (n=41)	Medical Detoxification for Substance Use (including Medication Assisted Treatment) (n=45)	Medical Detoxification for Substance Use (including Medication Assisted Treatment) (n=50)	Medication Management (outpatient) (n=44)
		Residential Treatment for Substance Use (n=45)		

Behavioral Health Funding Priorities Identified at the FAA 2017 Public Forum

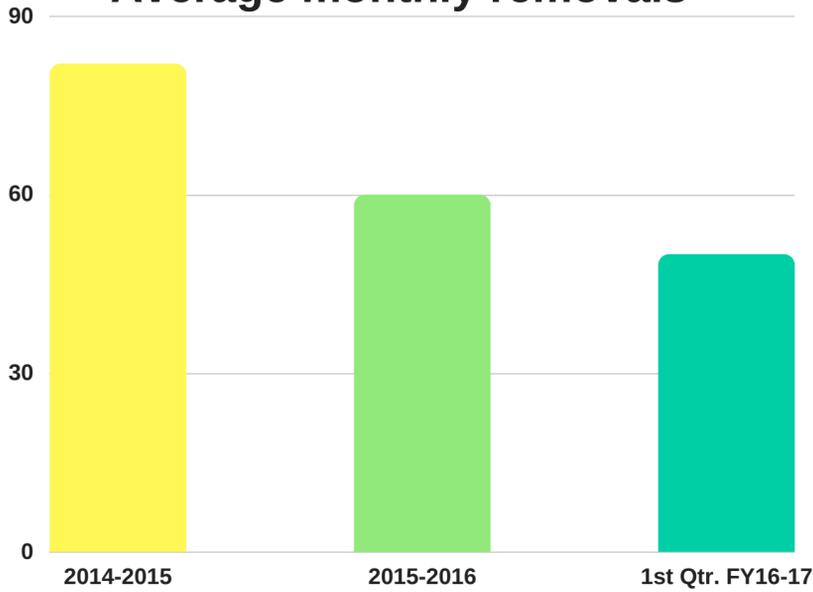
With limited funding, what are the service priorities for behavioral health in the county?

Service Priorities	Public Forum Comments
Service Needs	Affordable, high quality, culturally sensitive mental health counseling services, community-supported services (transportation, housing, employment, peer to peer activities, connection to food systems), psychiatric services and outpatient services to people of all ages regardless of insurance, Medicaid, etc.; resource – Health Care District
	Affordable, high quality, culturally sensitive short term and long term housing needs
	Accessibility to publicly-funded detox beds
	Early identification and intervention
	Peer support and leveraging resources of individuals with lived experience
	Centralized access point – one place where all calls can be directed to in order to refer to services
	Supported employment for those with mental health issues and dual diagnoses
	Medication (financial) assistance
	Expanded after-care services; many supportive and additional services stop at two years post completion
	Need for navigation services for individuals and families
System Improvements	A better system of care and a more systematic approach within the community
	Benchmarking and learning from what others have done
	Engaging the users of services as part of the planning process
	Better access or greater utilization of ARNPs within their prescribing capabilities
	Recognizing the role for formal and informal leaders within the community and providing training to them
	Trauma-informed care
	Aggressive education campaign, so people know what behavioral health looks like, to reduce stigma
	Prioritizing/supporting evidence-based programs that have proven outcomes particularly around substance abuse and mental health
	Mental health first aid training and restorative practices for clergy, first responders, physicians, residents, etc.
	More education about eating disorders amongst providers and the community at large
Aggressive social awareness campaign to encourage less stigma amongst school-age children in regards to asking for help and assistance with treatment	

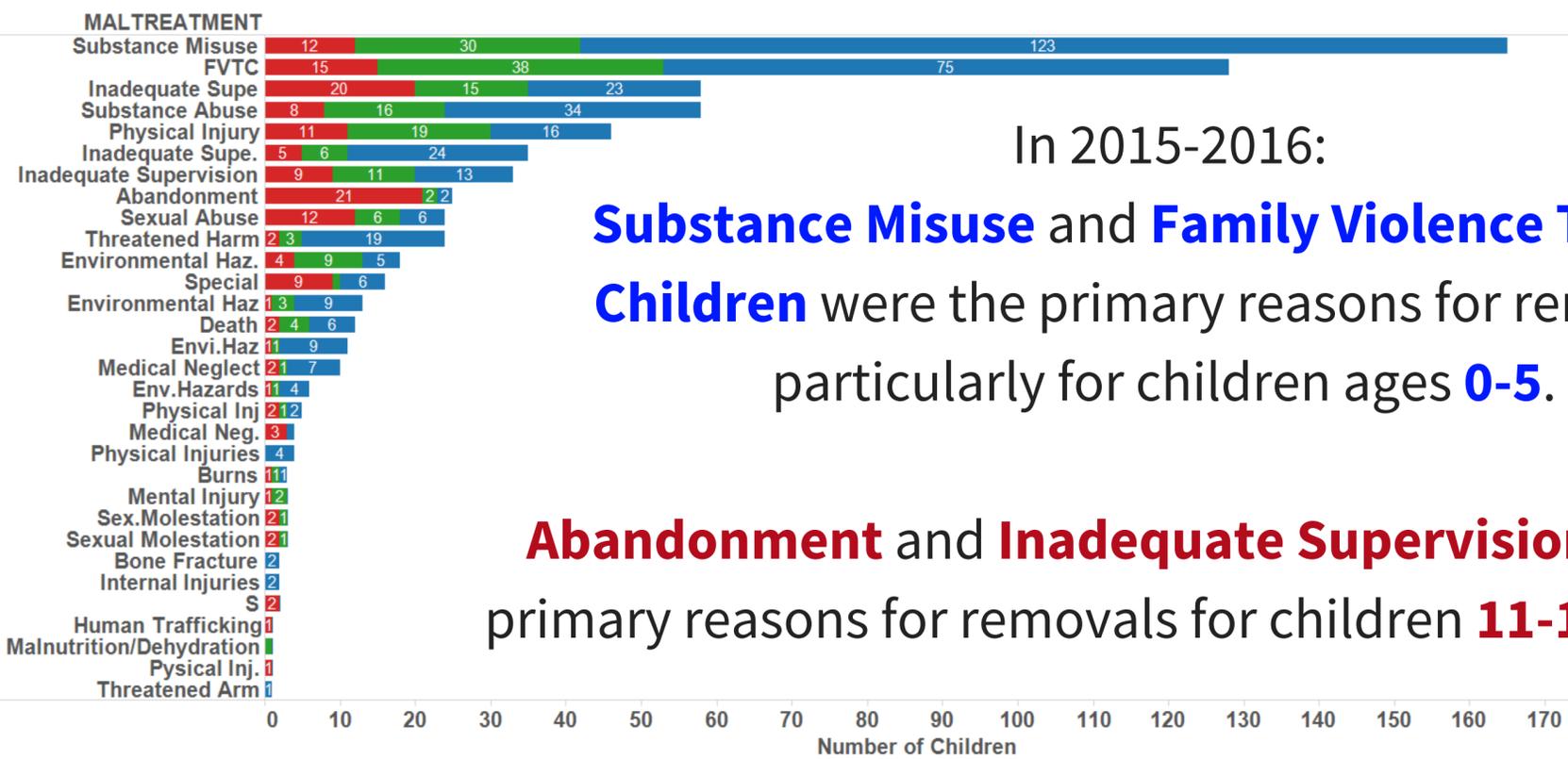
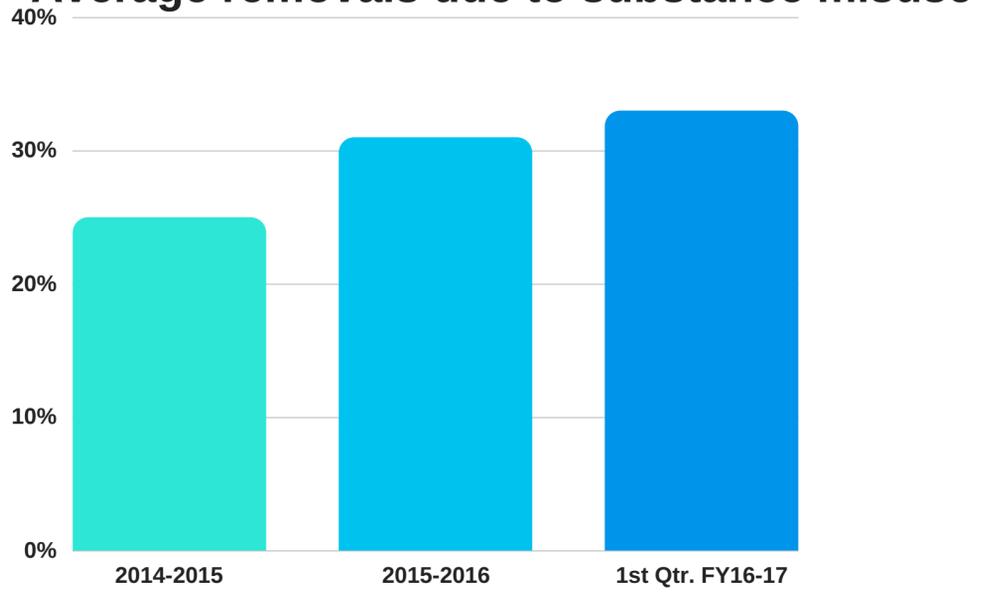
CHILD WELFARE IN PALM BEACH COUNTY

While the total *number* of removals in Palm Beach County has **decreased** between FY14-15 and FY15-16, the *percentage* of removals due to substance misuse has **increased** during the same time period.

Average monthly removals



Average removals due to substance misuse

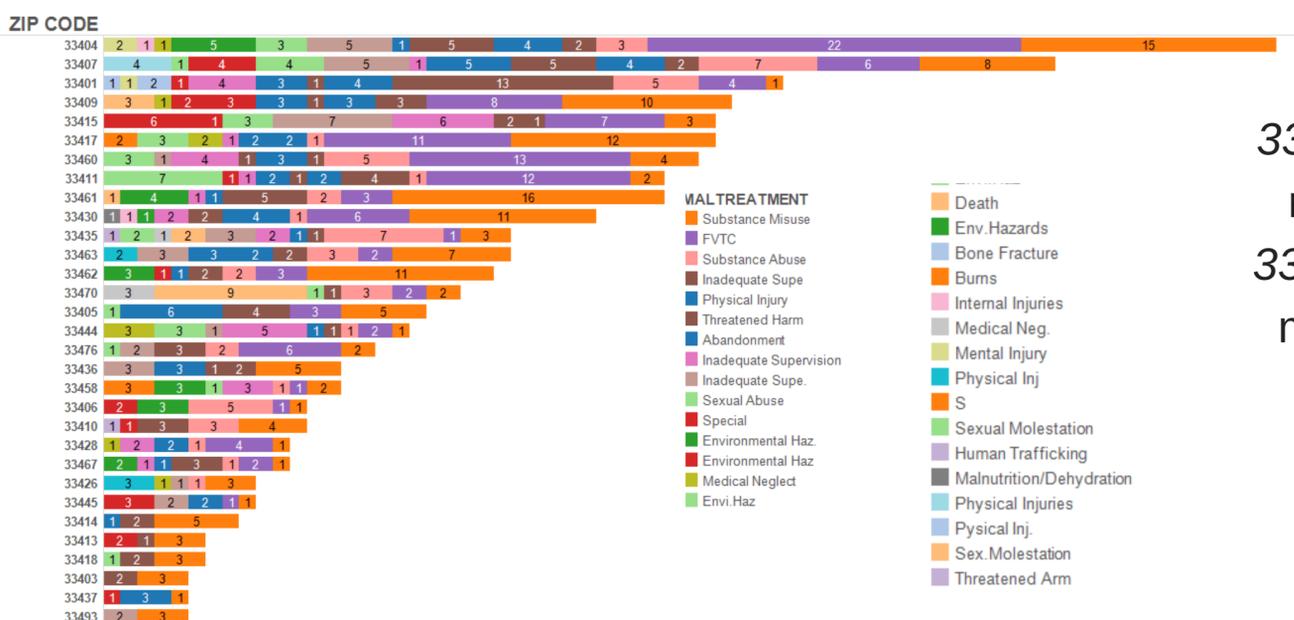


In 2015-2016:

Substance Misuse and **Family Violence Toward Children** were the primary reasons for removals, particularly for children ages **0-5**.

Abandonment and **Inadequate Supervision** were the primary reasons for removals for children **11-18** years old.

Measure Names
 ■ # Children 0-5 Years
 ■ # Children 06-10 Years
 ■ # Children 11-18 Years

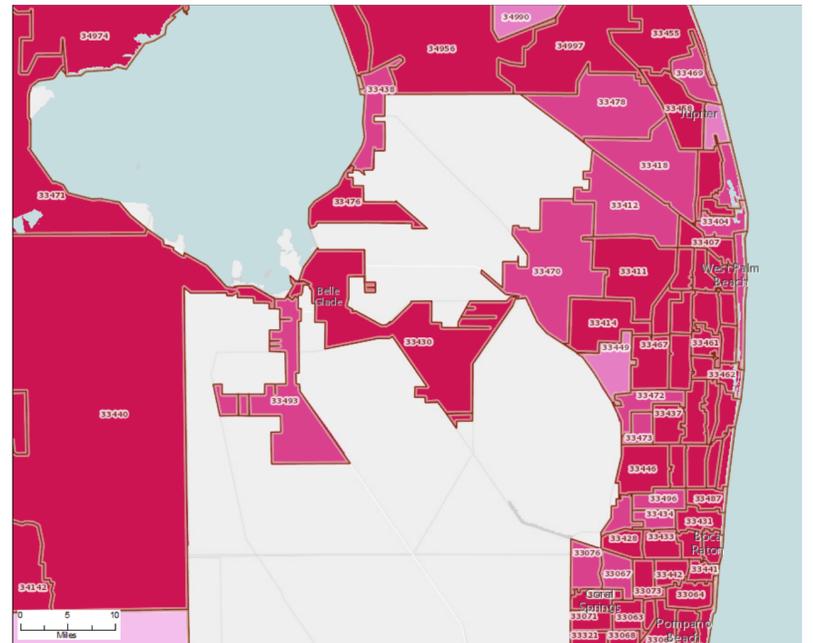
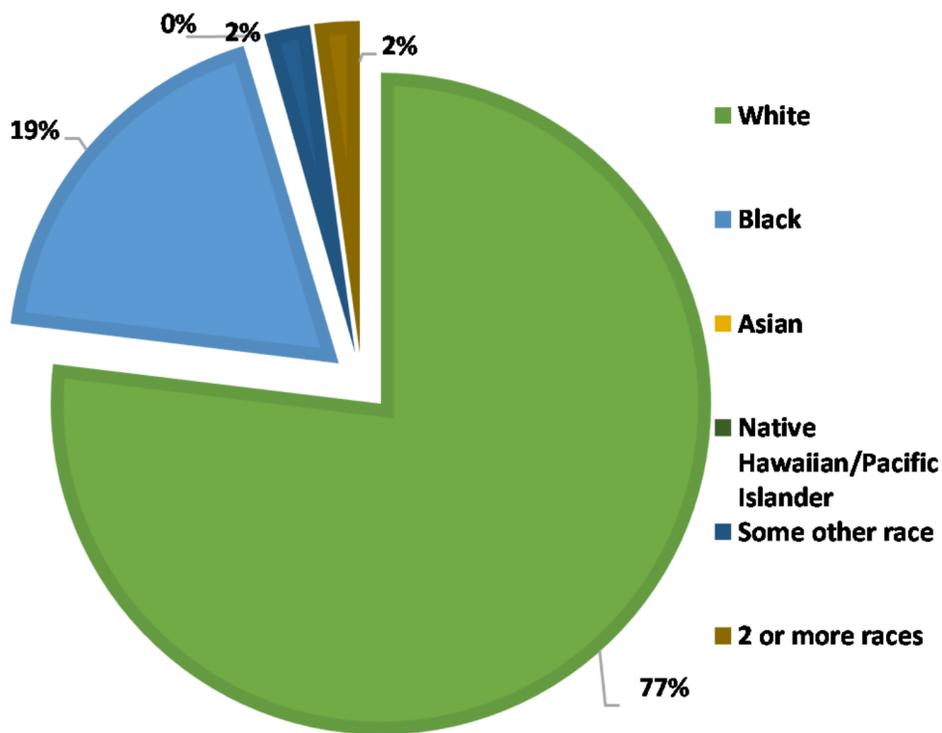


33404 and 33407 are the zip codes most affected by child removals; 33461, 33404, and 33417 are those most affected by removals due to substance misuse

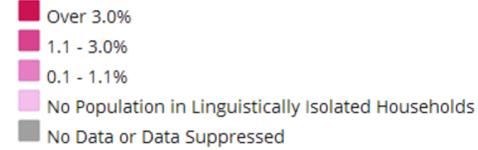
OVERVIEW OF PALM BEACH COUNTY

The 2015 estimate for the total population of Palm Beach County was **1,378,806**

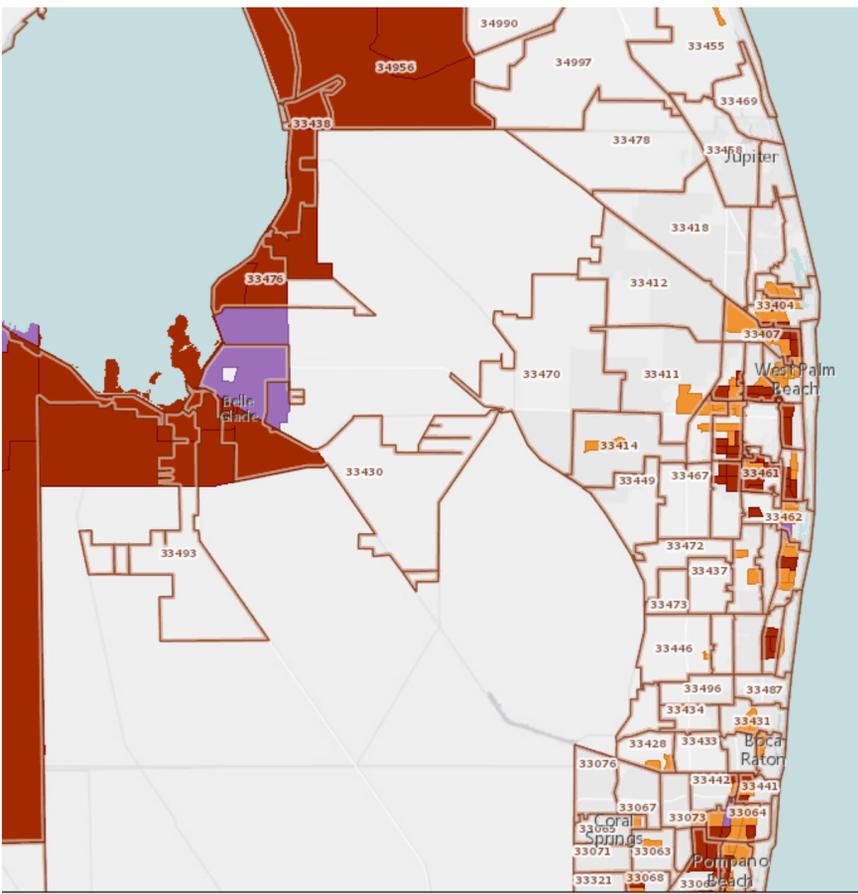
20% of the population is *Hispanic*



Population in Linguistically Isolated Households, Percent by ZCTA, ACS 2011-15



Vulnerable Populations Footprint



Two key social determinants, poverty and education, have a significant impact on health outcomes. This map displays where vulnerable populations live by identifying where high concentrations of the population **living in poverty** and population living **without a high school diploma overlap**.

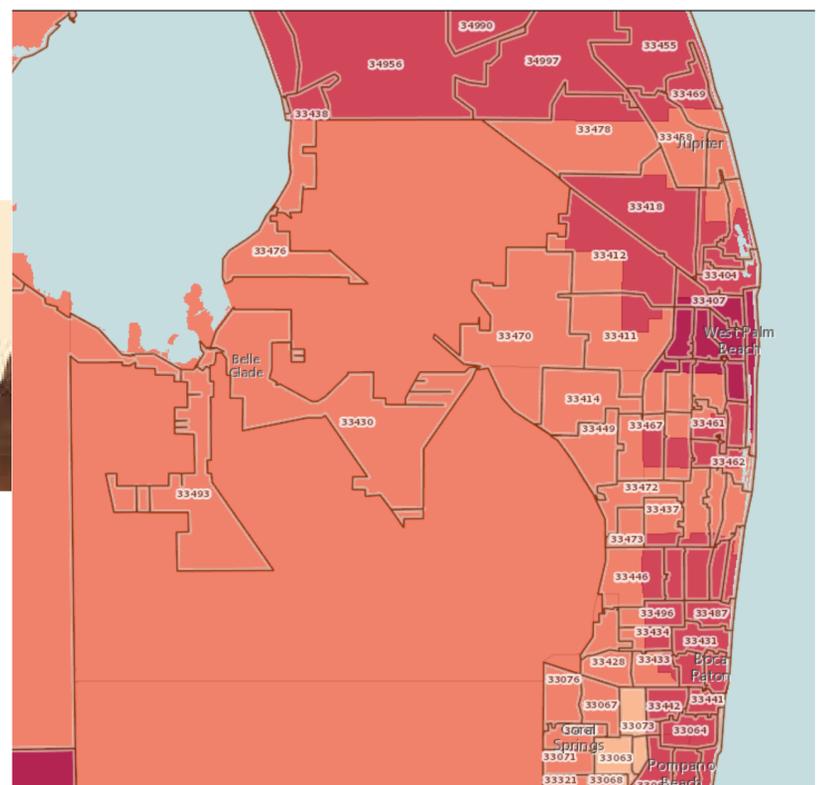
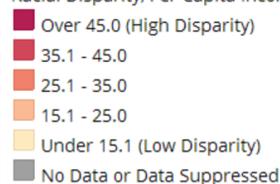
The orange shading shows areas where the percentage of population living at-or-below 100% of the Federal Poverty Level (FPL) exceeds the set threshold.

The purple shading shows areas where the percentage of the population with no high school diploma exceeds the set threshold. Educational attainment is determined for all non-institutionalized persons age 25 and older.

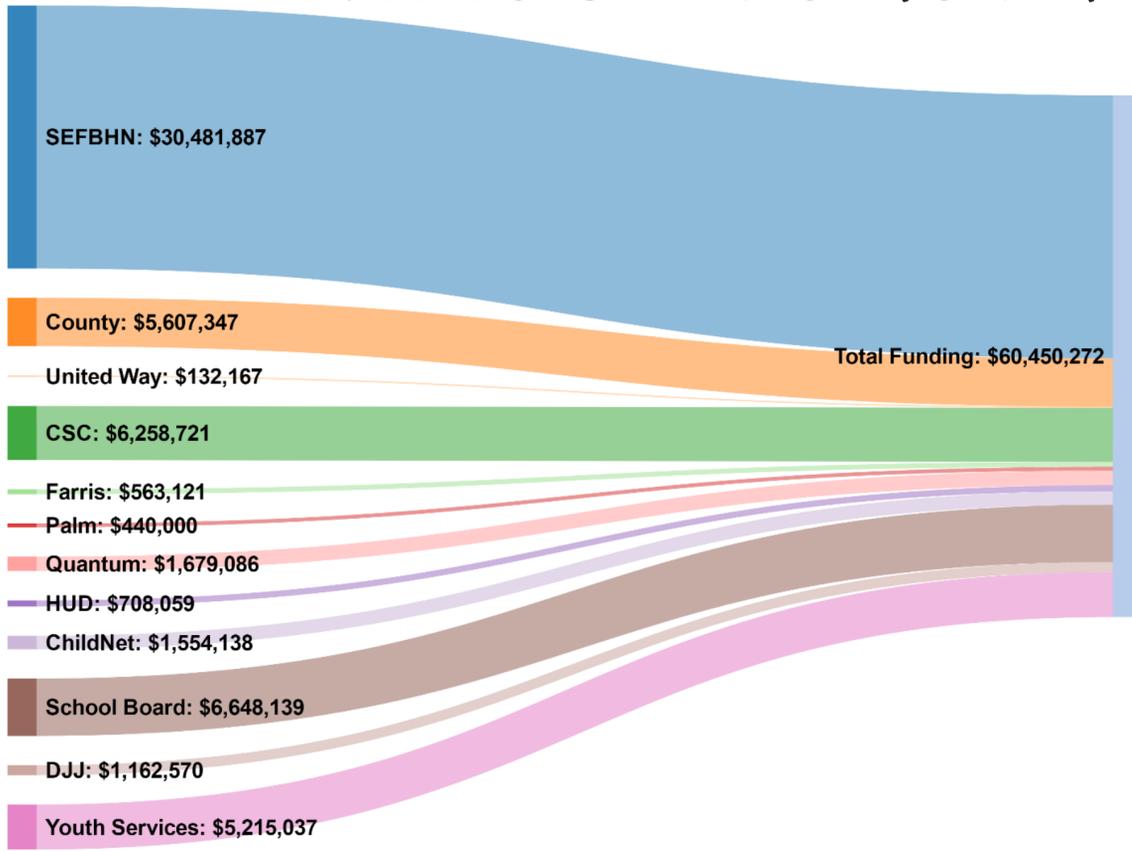
Source: US Census Bureau 2011-2015 American Community Survey



Racial Disparity, Per Capita Income, Disparity Index Score by PUMA, ACS 2010-14



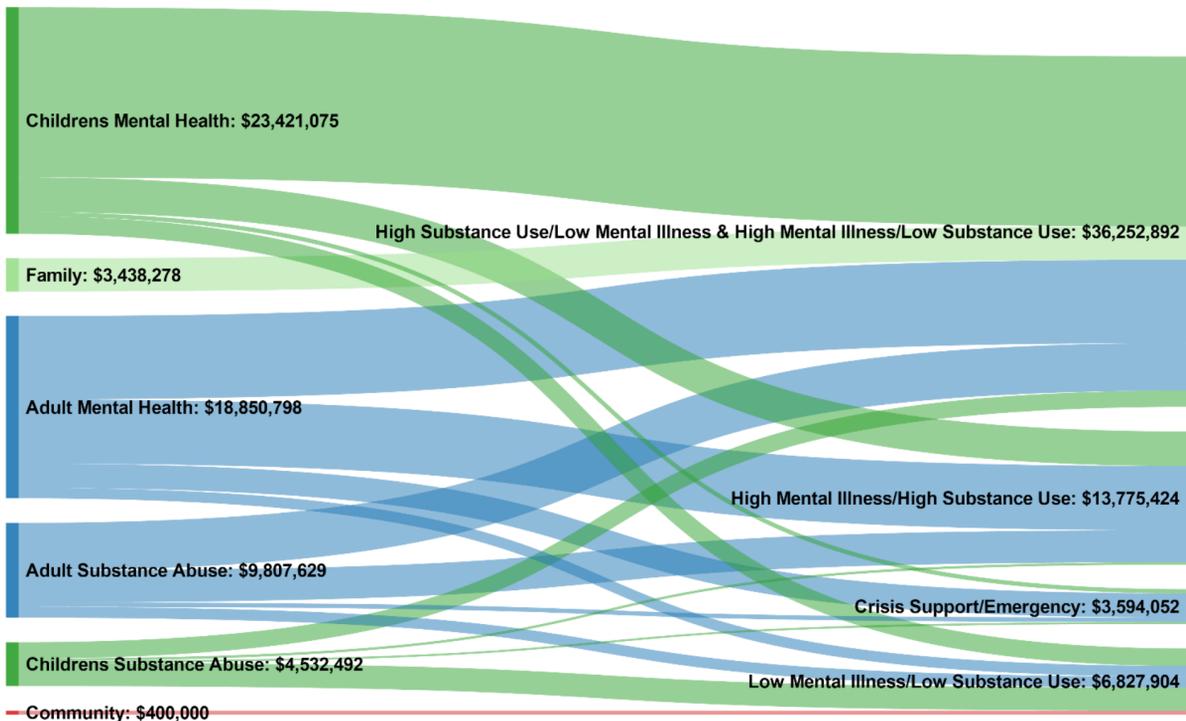
BEHAVIORAL HEALTH FUNDING ALLOCATIONS IN PALM BEACH



Over \$60 million

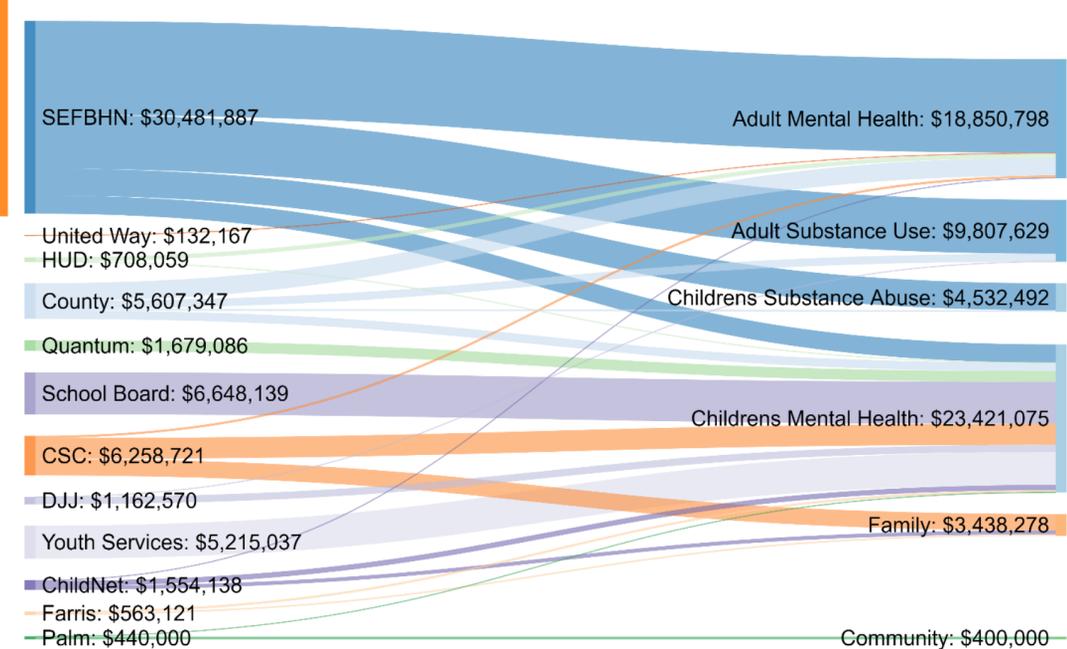
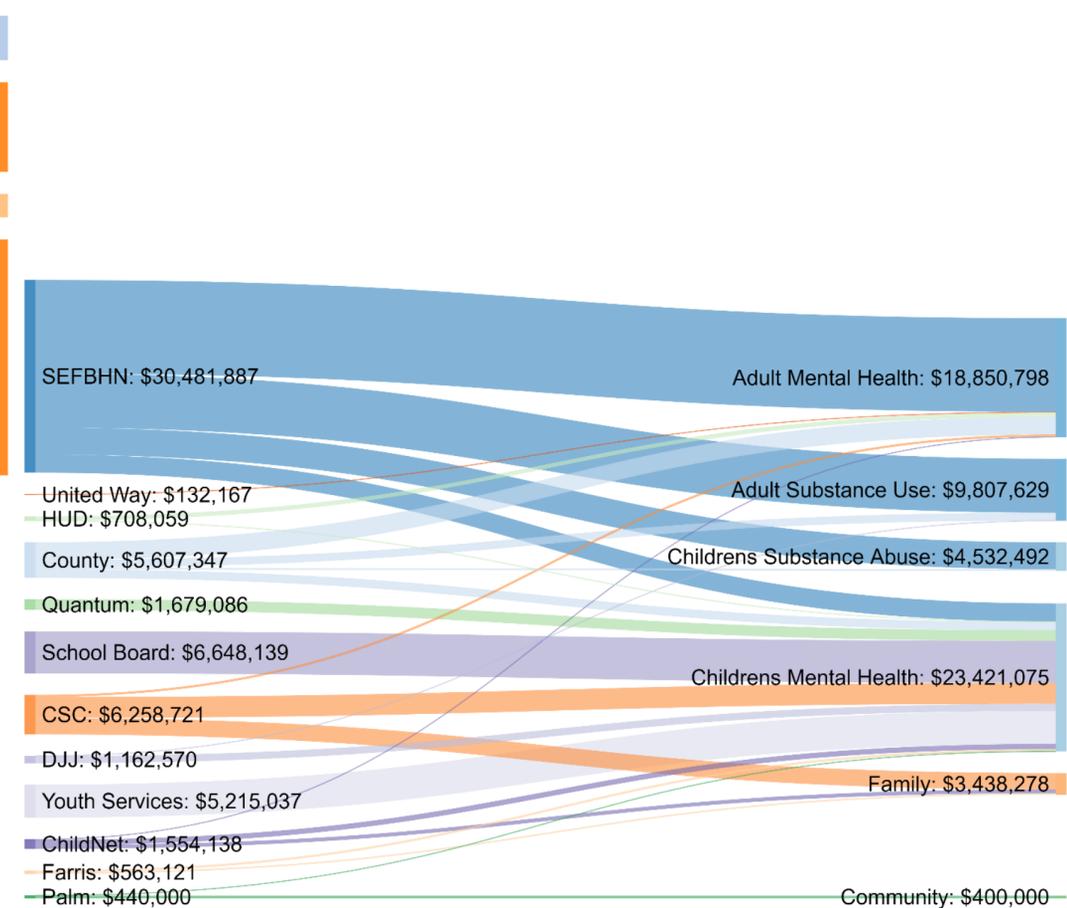
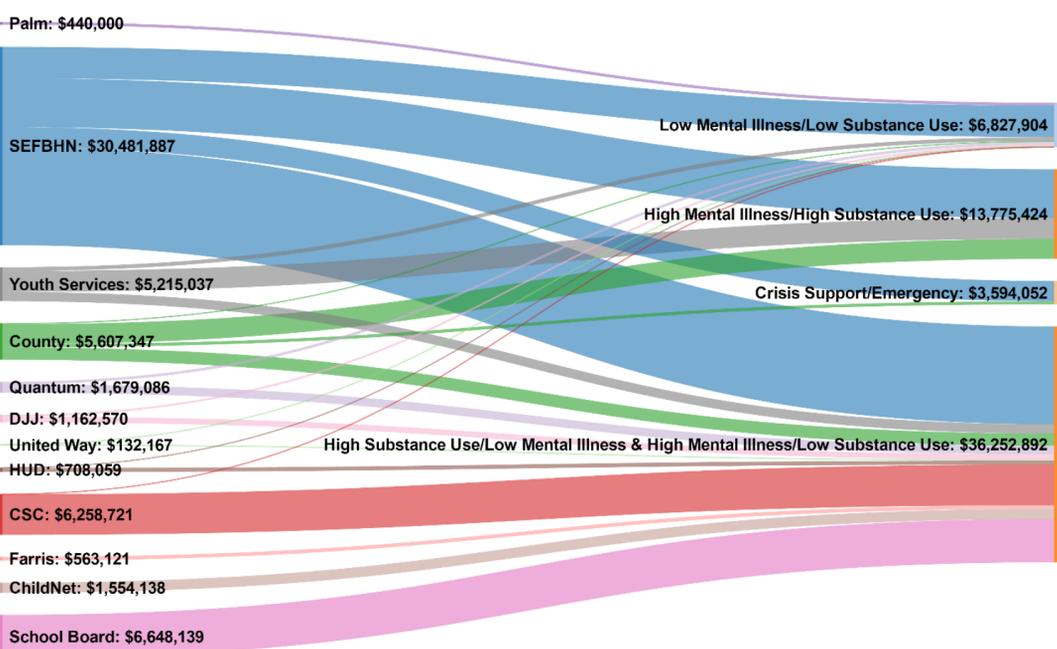
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List not inclusive of all funding

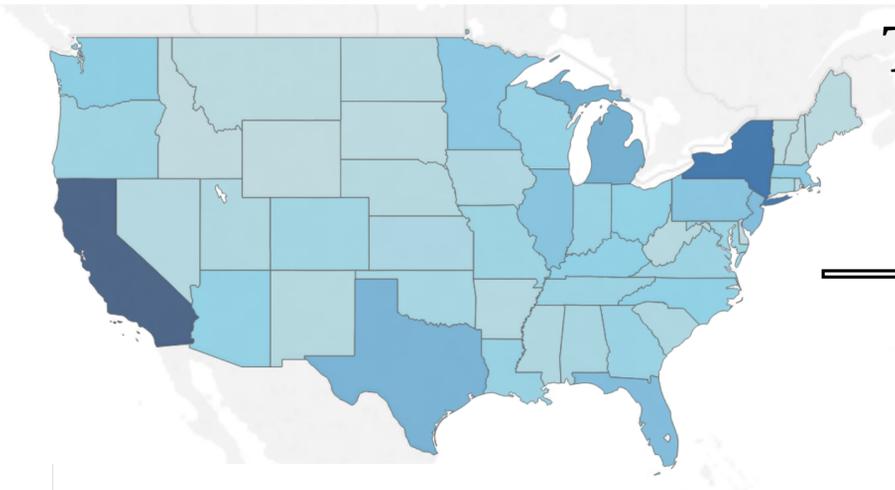


~60% High MI/Low SA & High SA/Low MI
~23% High MI/High SA
~11% Low MI/Low SA

~39% Children's MH
~31% Adult MH
~16% Adult SA
~7% Children's SA



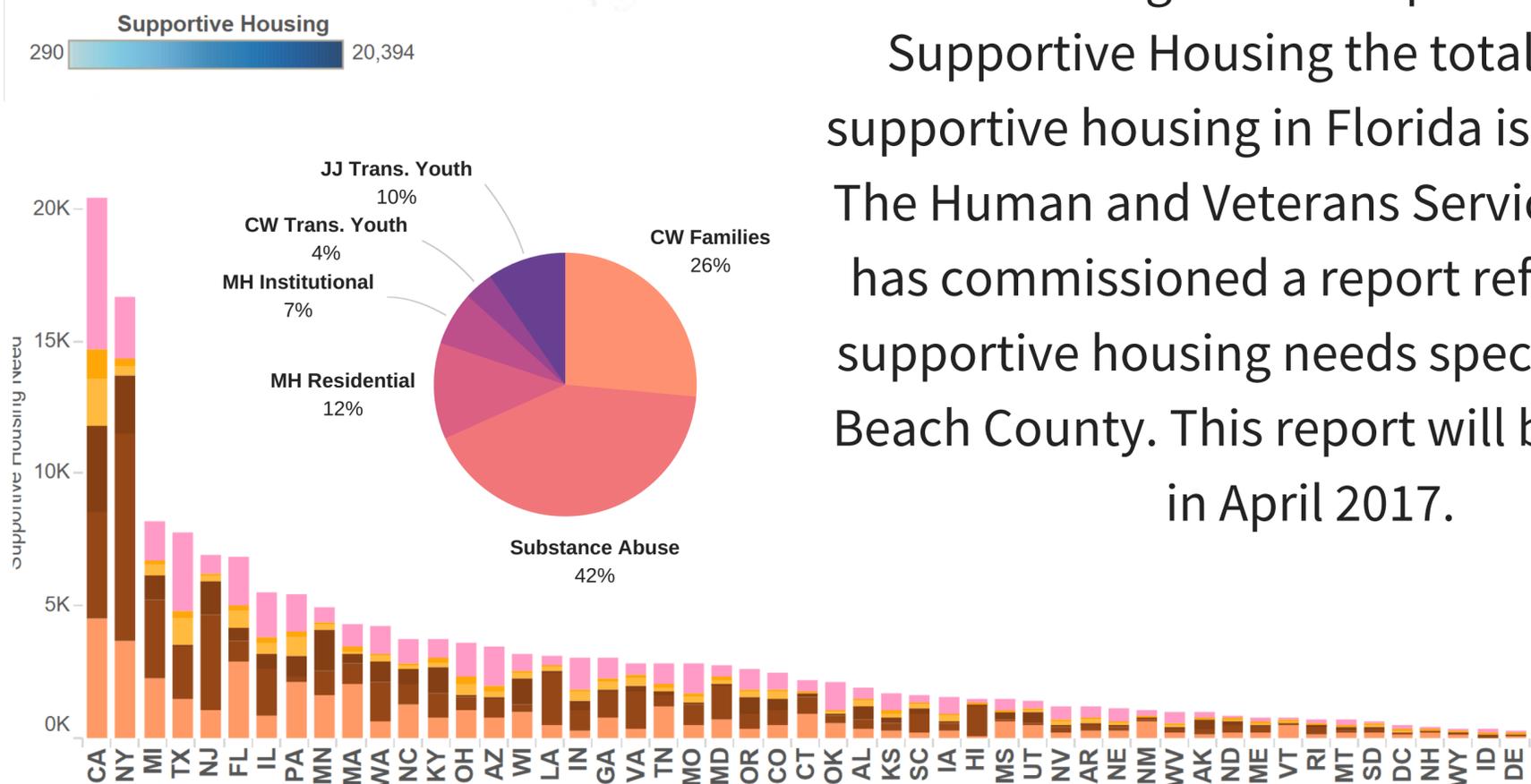
HOUSING AND SUPPORTS IN PALM BEACH COUNTY



The #1 need identified through surveys, interviews, and focus groups:
housing with supports

Supportive Housing Needs

According to the Corporation for Supportive Housing the total need for supportive housing in Florida is 6,864 beds. The Human and Veterans Services Division has commissioned a report reflecting the supportive housing needs specific to Palm Beach County. This report will be available in April 2017.



Current **Housing Inventory** in Palm Beach County:

Households with Children: 1,487

Single Male or Female: 595

Transition Age Youth: 10

SEFBHN/FAA funded **Residential Treatment** beds:



Youth: 20

Adult: 455



"Homelessness is about not having a home."-Stakeholder interviewee

PREVENTION AND EARLY INTERVENTION IN PALM BEACH COUNTY

For every \$1 spent per youth on substance abuse prevention, society would save \$18 in future treatment costs.
SAMHSA, 2009

Community-based prevention/early intervention

Mental Health First Aid~Children's Behavioral Health

Collaborative~Healthier Together~Family to Family

OK2Talk/OK2Act~Peer Place~Action Alliance

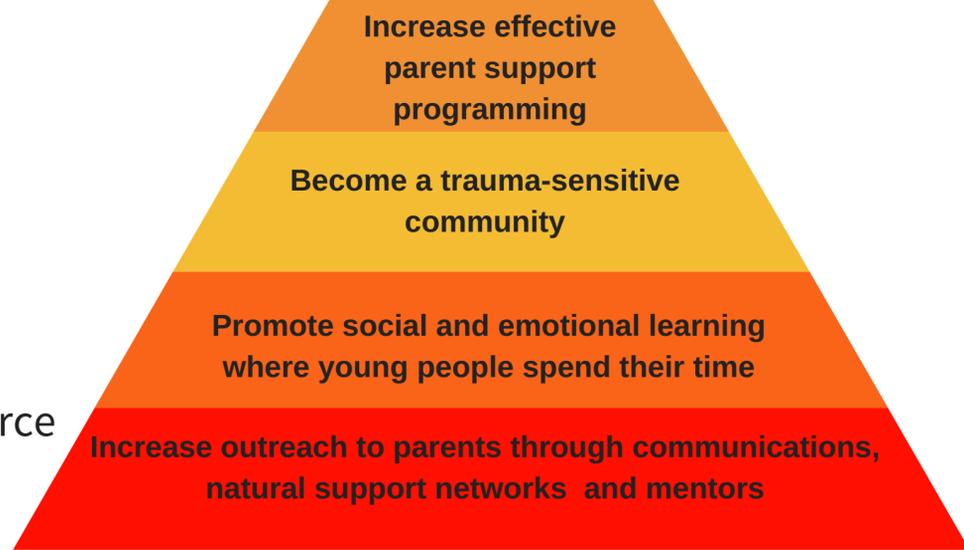
Gay Straight Alliance~Diversion~Aging and Disability Resource

Center~211

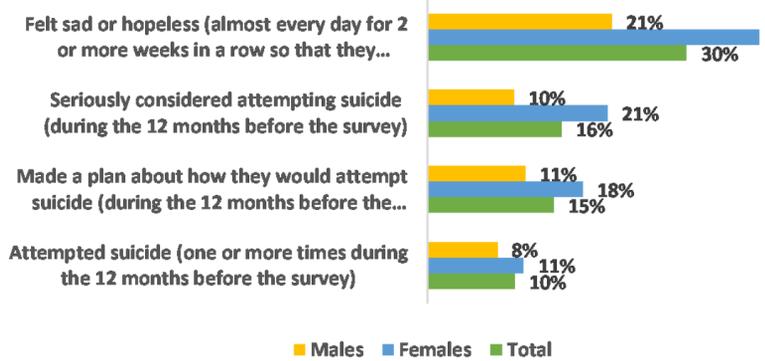
List is not all-inclusive



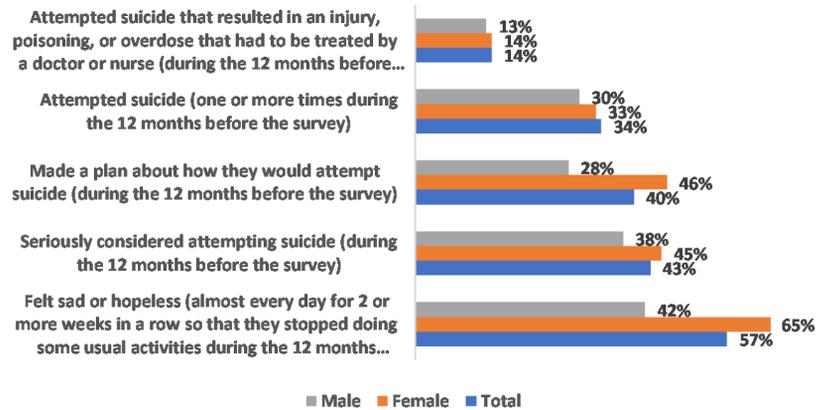
United For Brighter Futures



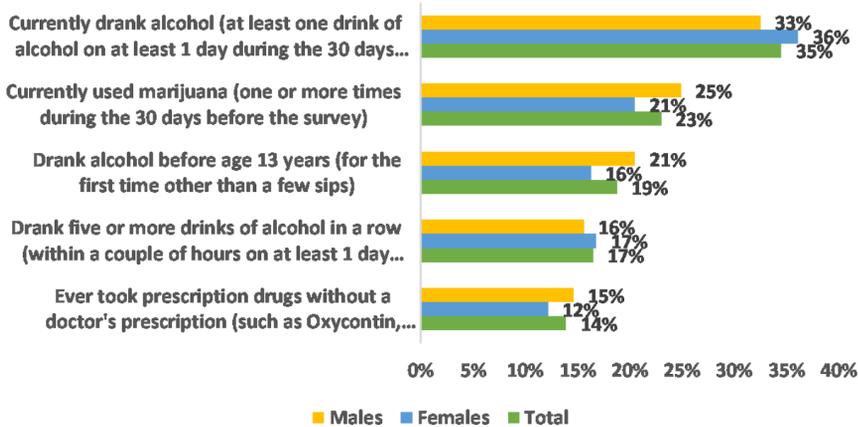
Youth Risk Behavior Surveillance Survey, 2015
Palm Beach County High School Students



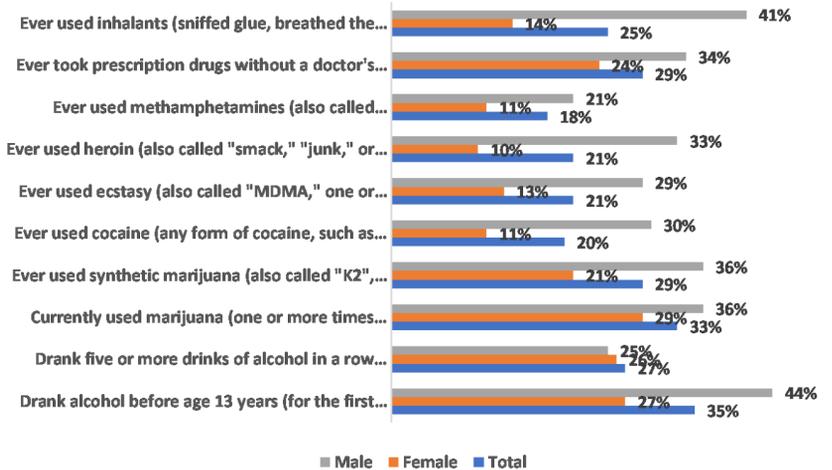
Youth Risk Behavior Surveillance Survey, 2015
Palm Beach County LGBTQ High School Students



Youth Risk Behavior Surveillance Survey, 2015
Palm Beach County High School Students

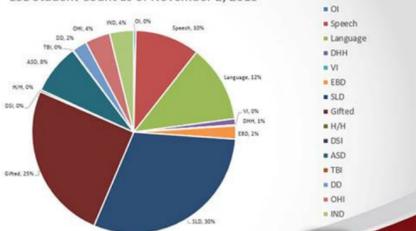


Youth Risk Behavior Surveillance Survey, 2015
Palm Beach County LGBTQ High School Students



Primary Exceptionalities

ESE Student Count as of November 2, 2015

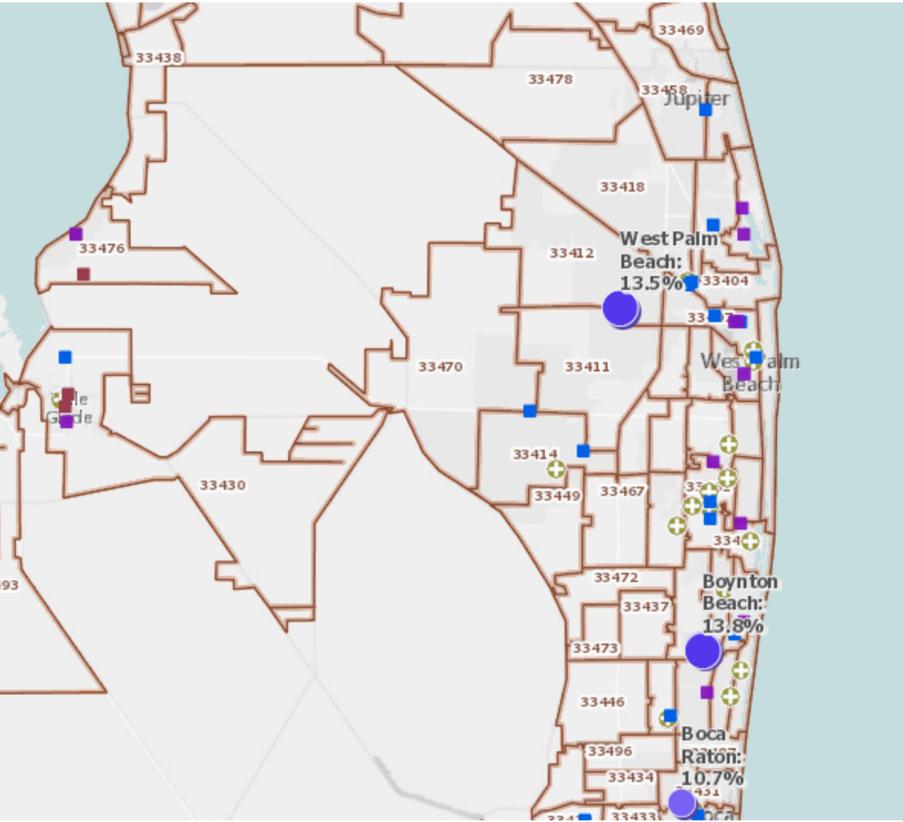


The School Board of Palm Beach County maintains **32** cooperative agreements with community-based organizations who provide prevention and early intervention on-site, as well as **1** FTE psychiatrist who is a School Board employee.

The Healthcare District funds **257** School Nurses on **180** school campuses throughout Palm Beach County.

The Drug Abuse Treatment Association provided substance abuse prevention services to **2,734** students in SY15-16.

PSYCHIATRIC EMERGENCIES IN PALM BEACH COUNTY



System Capacity

Adult (total-271 beds)

Delray Medical: 53

JFK: 31

JFK North: 60

South County MHC: 35

St. Mary's: 40

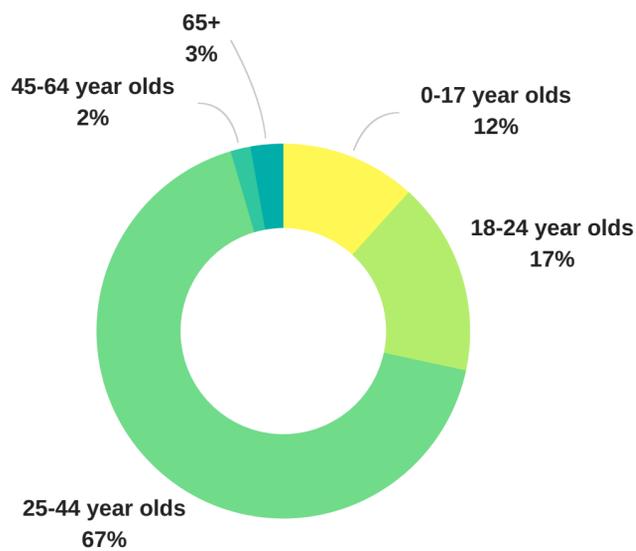
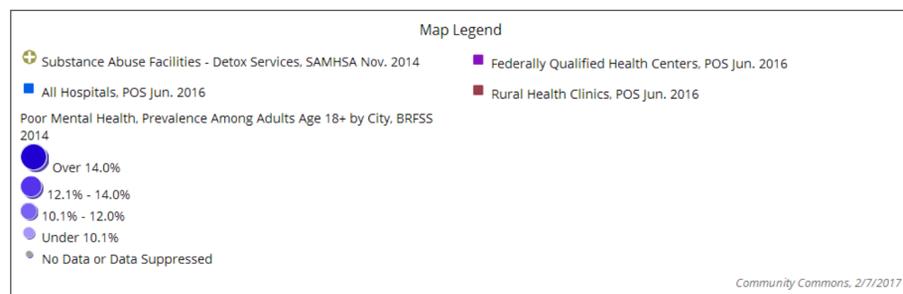
Jerome Golden CBH Glades: 8

Jerome Golden CBH WPB: 44

Youth (total-22 beds)

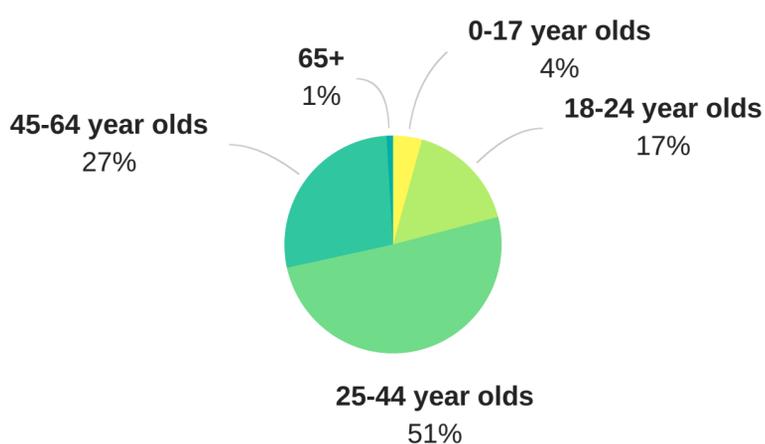
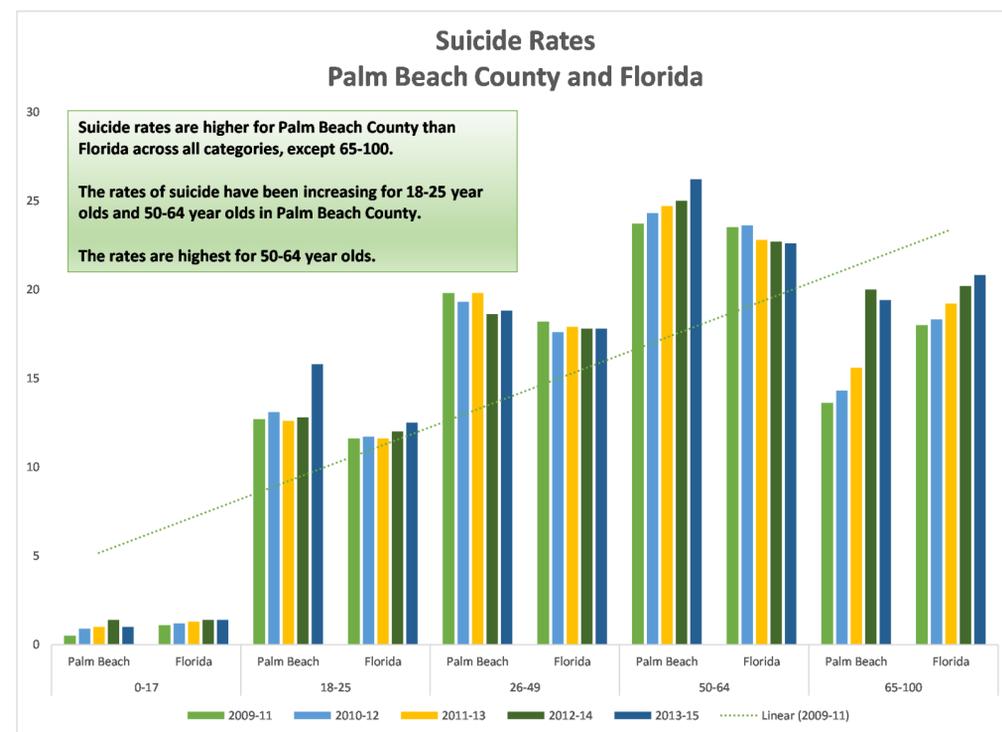
JFK: 20 beds

Jerome Golden CBH Glades: 2



2,834 received

Mobile Crisis services FY15-16



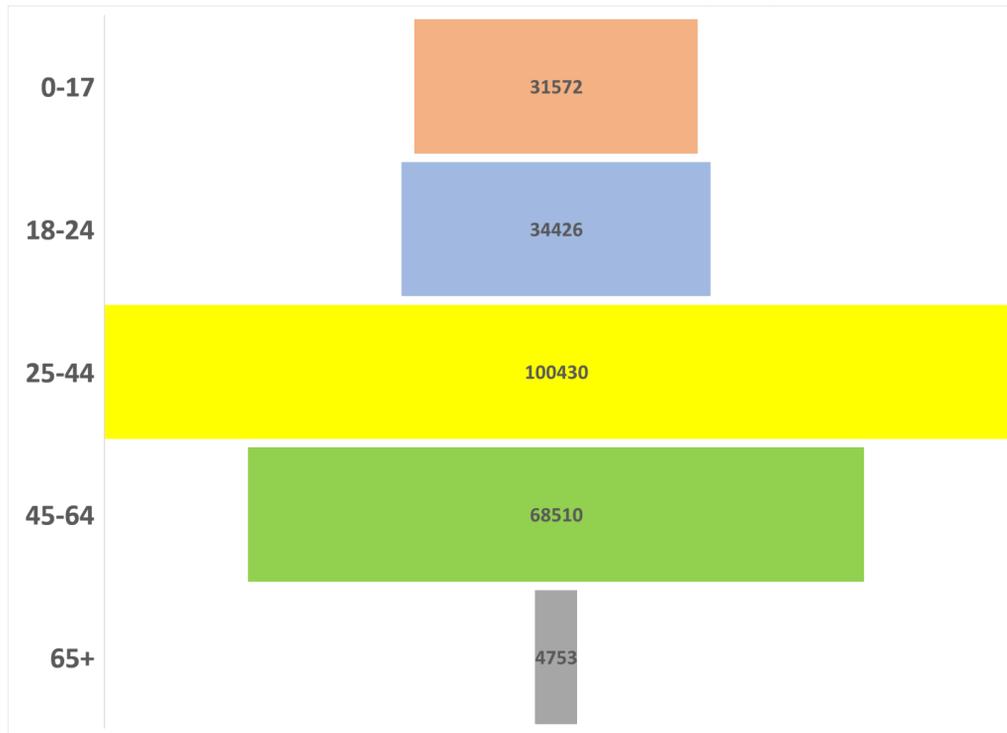
2,730 individuals received SEFBHN and FAA funded **Crisis Stabilization** services FY15-16

EXPECTED VS. RECEIPT OF BEHAVIORAL HEALTH SERVICES IN PALM BEACH COUNTY

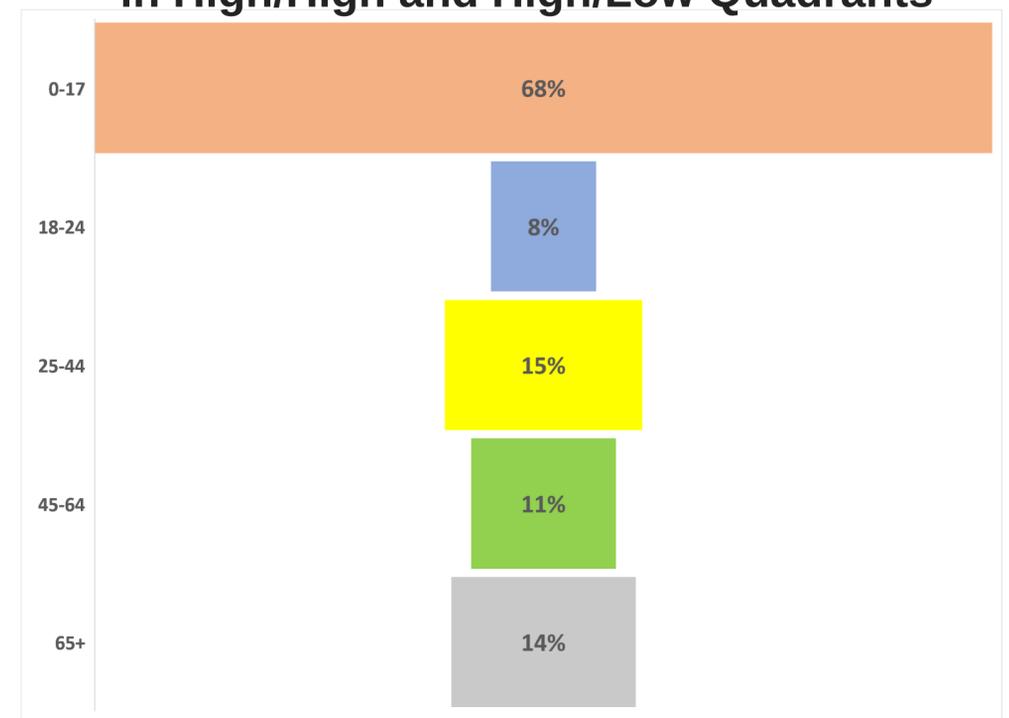
Substance Abuse	High	High Substance Abuse/Low Mental Illness	High Substance Abuse/High Mental Illness
	Low	Low Substance Abuse/Low Mental Illness	High Mental Illness/Low Substance Abuse
		Low	High
		Mental Illness	

High Substance Abuse/Low Mental Illness	Outpatient, Day Treatment, Medical, Supportive Housing, Supported Employment	High Substance Abuse/High Mental Illness	Detox, Crisis Stabilization, Inpatient, Residential
Low Substance Abuse/Low Mental Illness	Prevention	High Mental Illness/Low Substance Abuse	Outpatient, Day Treatment, Medical, Supportive Housing, Supported Employment

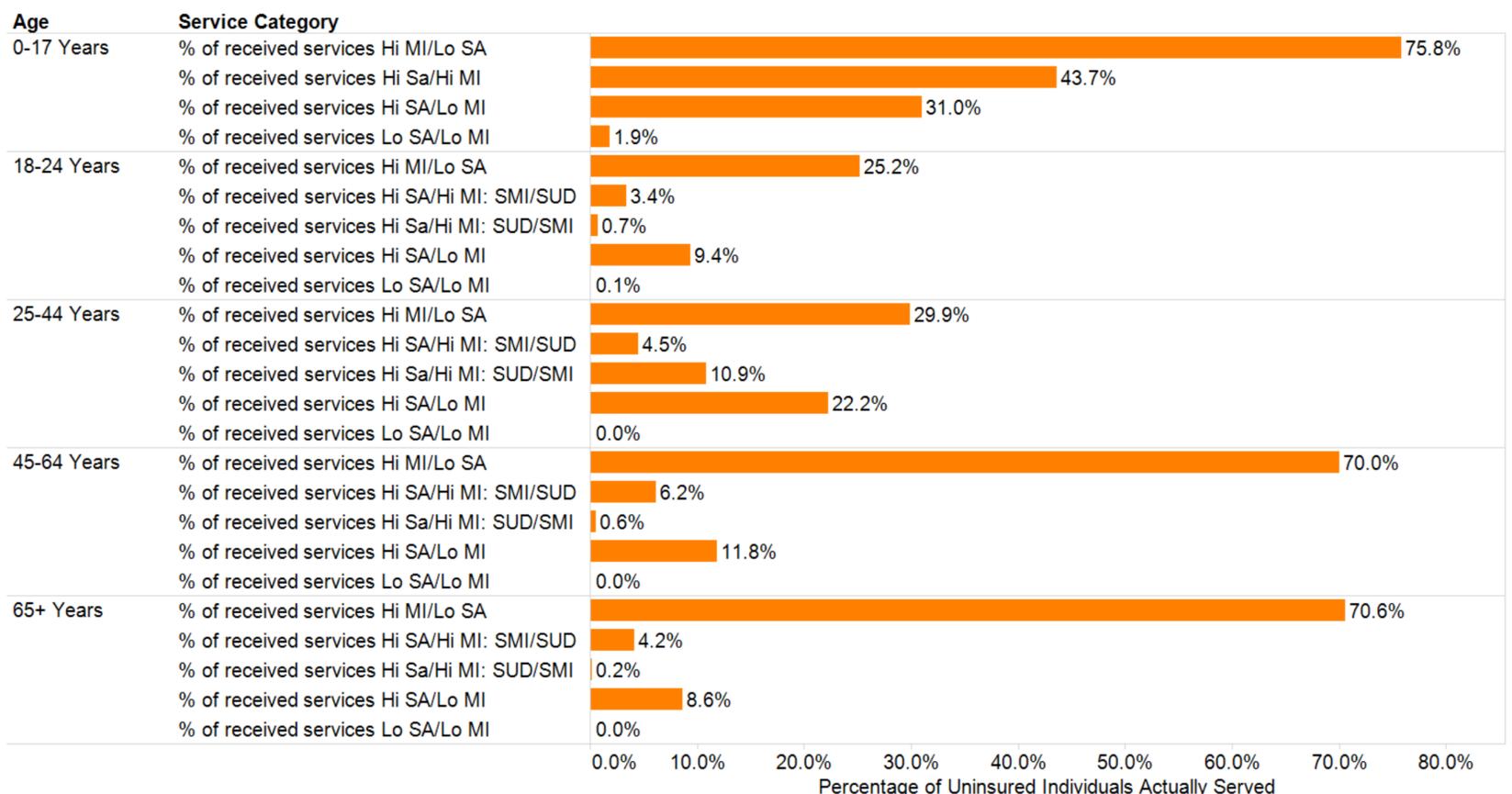
Total uninsured by age group



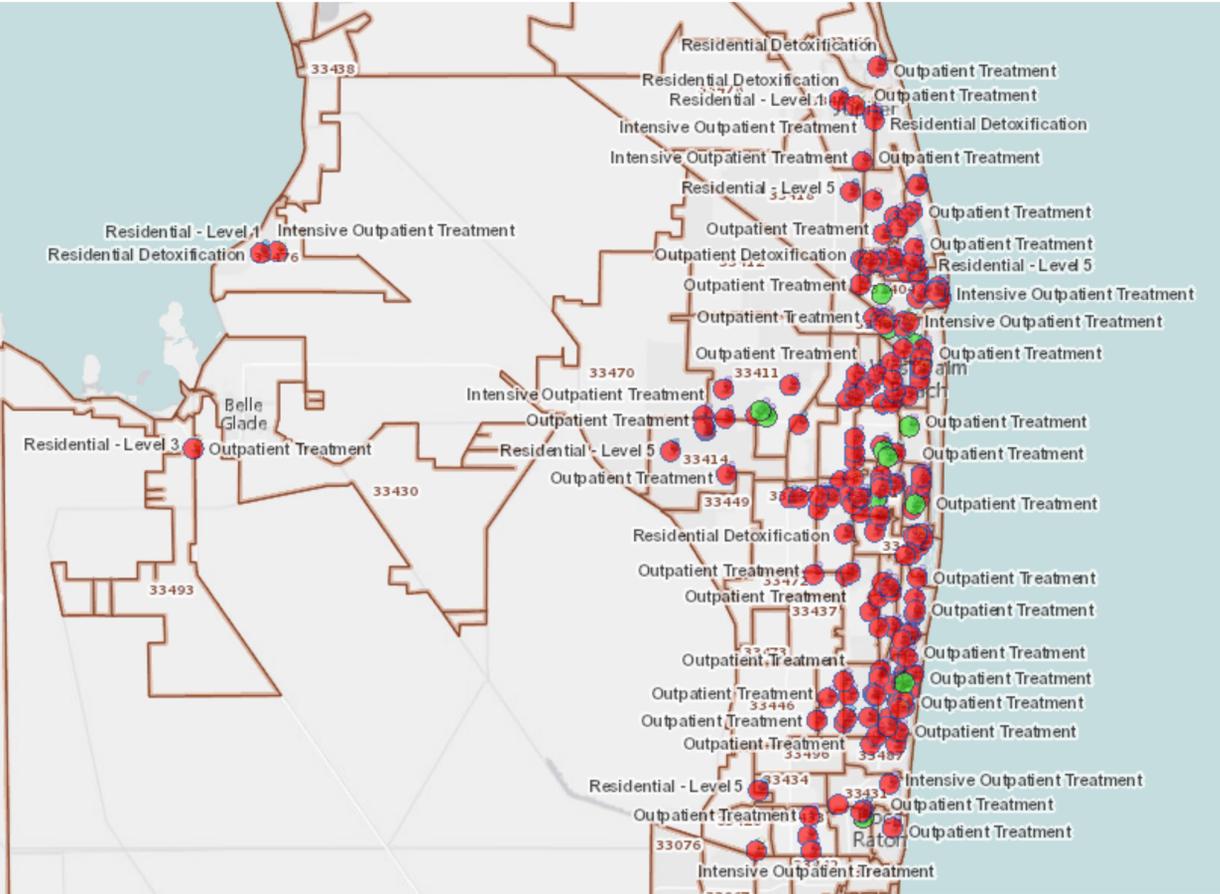
Percentage of age group who received services in High/High and High/Low Quadrants



% of those uninsured expected to need services compared to those who received services by age group by severity of need



SUBSTANCE USE IN PALM BEACH COUNTY

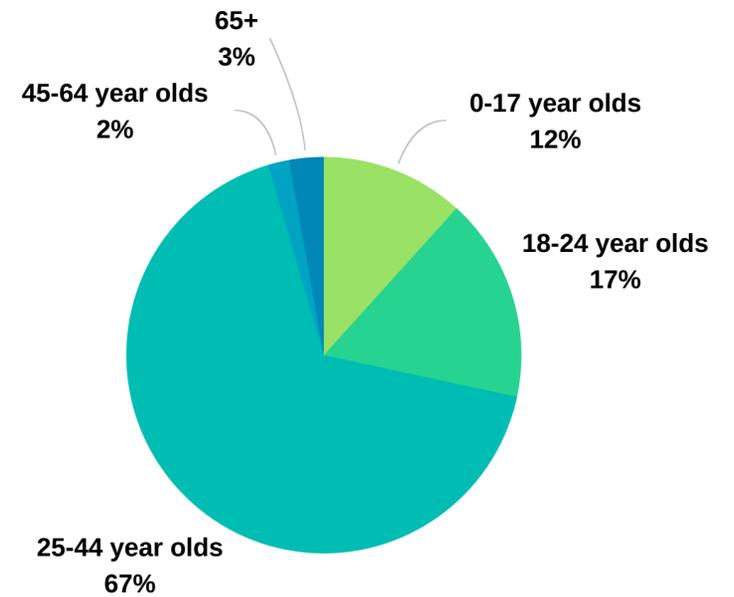


687 **For-profit**
52 **Publicly Funded** locations

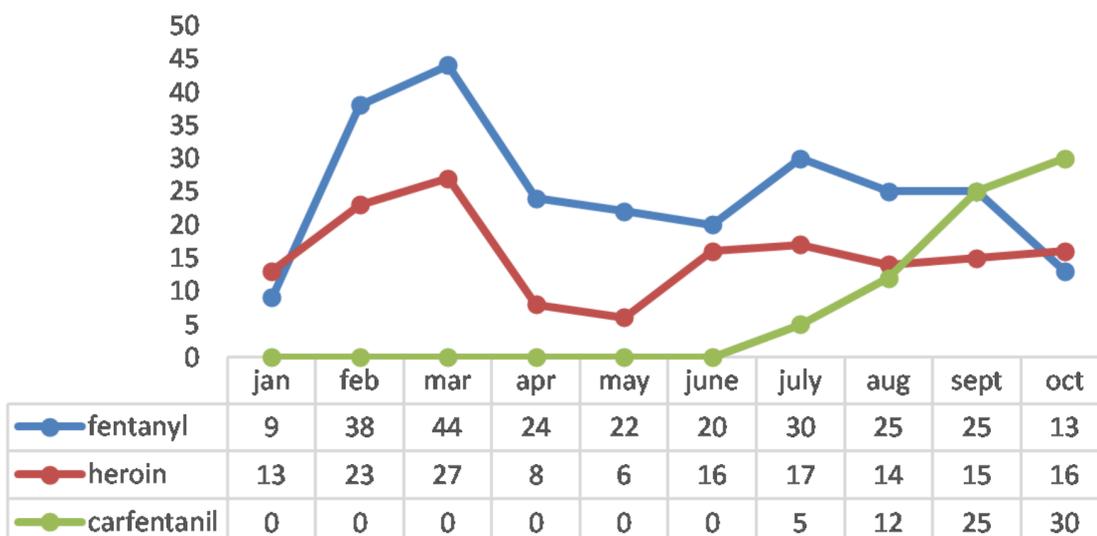
Publicly Funded Bed Capacity:
1 Children's Detox
12 Children's Residential
24 Adult Detox
288 Adult Residential

Source: www.myflfamilies.com October 2016; SEFBHN Catalogue of Care, August 2016

2,206 individuals received SEFBHN and FAA funded Residential and Detox services FY15-16

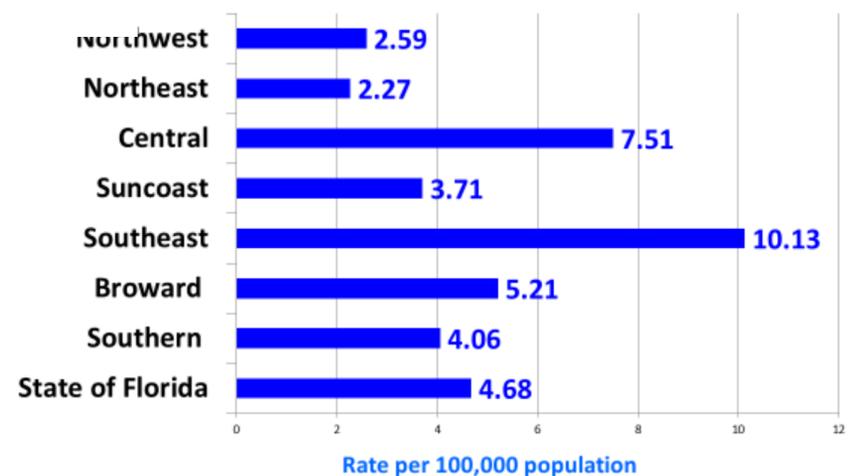


Accidental Overdoses January - October 2016
Palm Beach County



Source: Palm Beach County Medical Examiner's Office

Rates per 100,000 of Heroin-Related Deaths by Florida Management Regions: 2015



Source: FDLE - Drugs Identified In Deceased Persons by Florida Medical Examiners 2015 Annual Report

BEHAVIORAL HEALTH WORKFORCE IN PALM BEACH COUNTY

Palm Beach County has a *higher rate of shortages of mental health professionals* than Broward, Miami-Dade, Hillsborough
HRSA, 2016

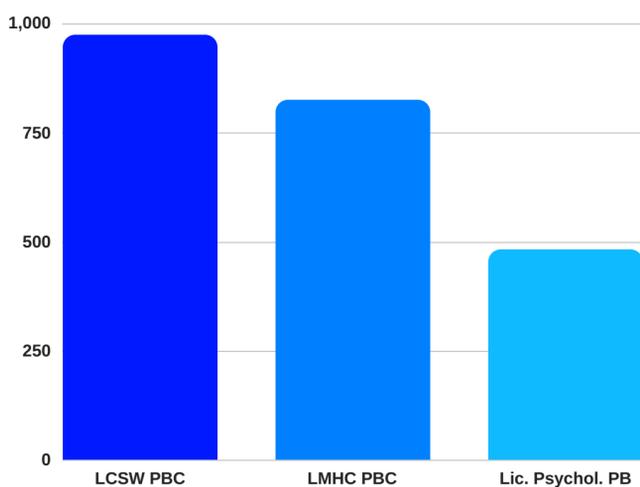
FLORIDA **41**
Workforce Availability
ranks out of 51 690:1

Reported Challenges:
 access to psychiatrists
 reported wait time for initial appointments 4-6 weeks
 lack of qualified bilingual clinicians
 high rates of turnover
 high caseloads
 "The War for Talent" competing with for-profit providers for salary

Availability of BH Professionals in Palm Beach County:

Total: 2,281
 Ratio: 604:1

Peer Support: The BH system has embraced the use of peers and continues to support training and education to enhance the workforce



1 IN 5 ADULTS HAVE A MENTAL HEALTH CONDITION

THAT'S **OVER 40 MILLION AMERICANS**
 MORE THAN THE POPULATIONS OF NEW YORK & FLORIDA COMBINED

YOUTH MENTAL HEALTH IS WORSENING

RATES OF YOUTH DEPRESSION

8.5% IN 2011 **11.1% IN 2014**
 EVEN WITH SEVERE DEPRESSION, **80% ARE LEFT WITH NO OR INSUFFICIENT TREATMENT.**

MORE AMERICANS HAVE ACCESS TO SERVICES

ACCESS TO INSURANCE INCREASED → SO DID ACCESS TO TREATMENT

Healthcare reform has reduced the rates of uninsured adults with mental health conditions; HOWEVER,

19% REMAINED UNINSURED IN STATES THAT DID NOT EXPAND MEDICAID. **13%** REMAINED UNINSURED IN STATES THAT DID EXPAND MEDICAID.

MOST AMERICANS LACK ACCESS TO CARE

56% of American adults with a mental illness **DID NOT** receive treatment

Even in Vermont, the state with the best access **43%** of adults with a mental illness **did not** receive treatment.

CLOSED

THERE IS A SERIOUS MENTAL HEALTH WORKFORCE SHORTAGE

In states with the lowest workforce, there's only

1 mental health professional per 1,000 individuals



This includes psychiatrists, psychologists, social workers, counselors and psychiatric nurses **COMBINED.**

LESS ACCESS TO CARE MEANS MORE INCARCERATION

Arkansas, Mississippi, and Alabama



had the **least** access to care and **highest** rates of imprisonment

There are over **57,000 people** with mental health conditions in prison and jail in those states alone that's enough to fill **Madison Square Garden**



3 times

Four Quadrant Model: Co-Occurring Disorders by Severity

(taken from the Florida Department of Children and Families Policy Paper on Co-occurring Mental Health and Substance Abuse Disorders)

Commonly called the "Four Quadrant Model" or "New York Model" (NASMHPD/NASADAD, 1998), the framework outlined in the figure below is based on the assumption that persons with co-occurring disorders vary in the degree of severity of their co-occurring mental health and substance use disorders. Some persons will be affected by mental disorders to a greater degree than their co-occurring substance use disorders. Others may be affected by their substance use disorders to a greater degree than by their mental disorders and still others may be greatly affected by both. The present model places individuals in four major categories based on severity:

- **Quadrant I:** Less severe mental disorder/Less severe substance use disorder. Persons in Quadrant I are those individuals who may or may not already be involved in the mental health or substance abuse service systems. Those who are involved may generally be found in outpatient settings with problems such as anxiety, depression, or family problems or in substance abuse treatment programs with substance abuse problems (not usually clear cut substance dependence). In many instances, the problems may not be severe enough to bring them to the attention of either system. This category may include children, adolescents and adults at-risk for developing mental or substance use disorders who will frequently be found in **primary health care settings, school or community programs or receiving no care at all**. Programs may have the greatest impact on this group by minimizing the future impact of these disorders through **prevention and early intervention** programs.
- **Quadrant II:** More severe mental disorder/Less severe substance abuse disorder. Persons in Quadrant II are likely to be or have been involved with the mental health system due to a more readily apparent mental disorder. This group often includes persons with a **severe mental illness** complicated by substance abuse (whether or not the person sees their use as a problem).
- **Quadrant III:** Less severe mental disorder/More severe substance use disorder. Persons in Quadrant III are more likely to be or have been involved with the substance abuse system due to a more readily apparent **substance use** disorder. Individuals in this group are more likely to have a diagnosis of **substance dependence** with psychiatric symptoms but do not have a severe and persistent mental illness. Included within this group will be persons with substance-induced and substance exacerbated psychiatric disorders.
- **Quadrant IV:** More severe mental disorder/More severe substance abuse disorder. Persons in Quadrant IV are those with a **severe and persistent mental illness** who have an accompanying problem of **substance dependence**. These individuals typically need **integrated treatment** for both disorders. Individuals in this group often are found in settings that are largely inappropriate for their needs (e.g., jails, homeless shelters, the streets, state hospitals). This group tends to be the most chronic and severe, uses the most resources, is the most difficult to serve, and tends to have the worst outcomes in fragmented systems of care. However, integrated comprehensive, continuous services provided to this group can improve long-term outcomes for these individuals.

Figure 1

Co-occurring Disorders by Severity

