BABY & CHILD SAFETY
DURING COVID-19

- Wash your hands often when interacting with children.
- Wash their hands frequently.
- You can use a baby wipe if they are over 2 years old, you can use hand sanitizer.
- Monitor older children to make sure they wash (20 seconds) and dry their hands properly.
- Clean their toys often, especially if they touch the floor.
- Wipe down stroller handles and car seats.
- Avoid people talking over your baby. It increases the risk of transmission from droplets that could fall from people’s mouths.
- Masks are not recommended for children under 2.
- If you are sick, wear a mask to avoid transferring germs to your child.
- Avoid crowded places especially when your kids are with you.
- Clean your phone before you let your child touch it.

All humans are at risk for getting COVID-19.
Symptoms for children may not be as severe as for adults but babies & children can pass it to others.

Don’t allow anyone to touch your child’s hands.

PREVENTION IS BETTER THAN TREATMENT

HCSEF
Health Council of Southeast Florida

Lake Okeechobee
Rural Health Network, Inc.

Palm Beach County
COMMUNITY SERVICES
Helping People Build Better Communities

Palm Beach County
FLORIDA
**Playing Cards & Games in the Era of COVID-19**

**Don't Be Sorry**
- All players should clean their hands before handling cards or game pieces.

**Prevention is Better Than Treatment**
- A winning hand is always a clean one.

**Ask**
- Ensure players have not been exposed to COVID-19 or are getting over being sick.

**Play Outside**
- Play outside or in open spaces whenever possible.

**Masks**
- Masks can help protect people and surfaces from coming into contact with droplets dispersed through talking or laughing and should be used.

**Disinfect the Table**
- You're playing on. Aim for 1-2 times per hour especially if cards or items are being passed between players.

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