HOME VISITS & SERVICES DURING COVID-19

IF SOMEONE MUST COME OVER... ASK QUESTIONS AND PROVIDE INFORMATION

- Will anyone be with you?
- Do you have shoe covers?
- Are you or anyone you've been around been sick?
- What time will you get here?
- I will provide you with a place to wash your hands.
- I have wiped down the area you will be working in.
- I will limit the number of people in the space you will be working.
- I am not sick & no one in my home is either.

HAVE SERVICE PEOPLE REMOVE THEIR OUTERWEAR & SHOES AT THE DOOR

OR INSIST ON SHOE COVERS

REQUIRE VISITORS TO WASH THEIR HANDS

CLEAN ITEMS YOUR VISITORS TOUCH

DON'T FORGET TO CLEAN DOORKNOBS & DOORBELL BUTTONS

SPEND TIME VISITING OUTSIDE

THERE IS LESS CHANCE OF DROPLETS SPREADING IN OPEN AIR

PRACTICE SOCIAL DISTANCING

PREVENTION IS BETTER THAN TREATMENT
MANAGING HOME LIFE WITH FLU & COVID-19 VIRUS

Even if you don’t know for sure if you or someone in your home has the flu or COVID-19...

Assume you do until test results come back

Call your doctor’s office or the county health department about getting tested

Track your symptoms: temperature \( \times 2 \) a day and note symptoms

Prevent spreading the virus

Hand hygiene: Everyone in the home should wash their hands often & correctly. Avoid touching your face.

Fresh air: Outside air helps reduce the concentration of contaminated droplets in the air. Open windows to allow fresh air in. Spend time outside. Use exhaust systems.

Masks: Consider masks for everyone in the home, not just the sick person. Masks should cover both your mouth & nose.

Limit shared spaces & items: Try to not share a bedroom or bathroom with someone who is sick. Avoid sharing personal items as much as possible.

Limit contact: Try to minimize your contact with others. Stay 6 feet away from people.

Wipe down surfaces daily: If hands touch it... clean it. Dedicate a lined trash can for the sick person to use.


HCSEF - Health Council of Southeast Florida
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