



SENIOR GUIDE TO COMMUNITY SERVICES PALM BEACH COUNTY

This is a partial listing of frequently requested information maintained by 211 HelpLine and is current as of May 2016. Inclusion does not imply endorsement nor does omission imply lack of endorsement by 211. (See pages 1- 10)

211 HelpLine also has two free senior programs:

211's Elder Crisis Outreach 211's Elder Advocates can assist vulnerable and distressed seniors at no cost- helping them to link with critical resources and services. This program is for seniors 60 and over living in Palm Beach County.

211's "Sunshine" program provides free daily phone calls- a quick "Hello" to check in on your wellbeing. For anyone 60 and over living in Palm Beach or the Treasure Coast Counties. Those caregiving for a spouse or relative can also benefit from this daily call. To learn more about these and other programs call 2-1-1. Multilingual capability and the Florida Relay/TTY system supported and available.

SENIOR GUIDE TO COMMUNITY SERVICES PALM BEACH COUNTY

MEDICAL EMERGENCY 9-1-1

MENTAL HEALTH CRISIS 2-1-1

ABUSE - ADULT & DOMESTIC

Abuse Hotline-Florida (800) 962-2873

Aid to Victims of Domestic Abuse (800) 355-8547

Victim Services (also Rape Crisis) (561) 833-7273

Long-Term Care Ombudsman (888) 831-0404

ADULT DAY CARE 2-1-1

ALCOHOL & DRUG ABUSE 2-1-1

ALZHEIMER'S CRISISLINE (800) 394-1771

ALZHEIMER'S DISEASE

Alzheimer's Association 24-hour helpline (800) 272-3900

Alzheimer's Care Resource Center (855) 476-7600

Alzheimer's Community Care (561) 683-2700

Memory Disorder Ctr- St. Mary's Medical (561) 882-6363

Memory & Wellness Center at FAU (561) 297-0502

CARE MANAGERS/HOME CARE 2-1-1

CONSUMER COMPLAINTS

Better Business Bureau (561) 842-9278

Condo Ombudsman (954) 202-3234

Consumer Affairs Division of PBC (561) 712-6600

Florida Division of Consumer Services (800) 435-7352

CREDIT COUNSELING/MONEY MGT

ClearPoint Credit Counseling Solutions (800) 251-2227

Consolidated Credit Counseling (800) 210-3481

Debthelper.com (800) 920-2262

PBC Cooperative Extension Service (561) 233-1742

Prosperity Center-Housing Partnership (561) 655-7581

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Consumer Helpline (insurance fraud) (800) 378-0445

Division of Victim Services (561) 355-2418

Economic Crimes: Crimes Against Elderly (561) 355-7394

Seniors vs. Crime (800) 203-3099

Your Aging & Disability Resource Ctr (866) 684-5885

Victim Services (Office of Attorney Gen) (561) 837-5000

Victim Services (State Attorney's Office) (561) 355-7100

CRISIS INTERVENTION-MENTAL HEALTH

211 CrisisLine 2-1-1

Mobile Crisis Team (Jerome Golden) North (561) 383-5777

Mobile Crisis Team (South Co Mental Health) (561) 637-2102

DEATH/DYING/GRIEF

Hospice & HomeCare By The Sea (800) 392-3188

Hospice of Palm Beach County (888) 848-5200

VITAS Innovative Hospice Care (800) 938-4827

SENIOR GUIDE TO COMMUNITY SERVICES- PALM BEACH CO.**MEDICAL EMERGENCY 9-1-1****MENTAL HEALTH CRISIS 2-1-1****DISABILITY SERVICES**

Audiology With A Heart (561) 366-7219

Coalition for Independent Living Options (561) 966-4288

Division of Blind Services (866) 225-0794

FL Alliance for Assistive Services & Tech. (888) 788-9216

Florida Relay Service (800) 676-3777

Lighthouse for the Blind (561) 586-5600

DISABLED PARKING PERMITS (561) 355-2264**EDUCATION-ADULT**

Adult Education School District of PBC (561) 616-7800

Literacy Coalition of Palm Beach County (800) 273-1030

EMPLOYMENT-ELDER

AARP's SCSEP (Sr. Employment) (561) 471-9828

CareerSource (800) 556-5627

SENIOR GUIDE TO COMMUNITY SERVICES- PALM BEACH CO.**MEDICAL EMERGENCY 9-1-1****MENTAL HEALTH CRISIS 2-1-1****FINANCIAL/UTILITY ASSISTANCE 2-1-1****FOOD ASSISTANCE/CONGREGATE MEAL SITES**

Access Food Stamps/Food Pantries/Meal Sites 2-1-1

Boca Helping Hands (561) 417-0913

Ruth & Norman Rales JFS & limited financial (561) 852-3333

Congregate Sites: also see *Senior Centers*

Greenacres Leisure Services- meal site (561) 642-2090

Lindsay Davis Center-Riviera Bch-meal site (561) 840-3166

Morselife-(Kosher) West Palm Bch- meal site (561) 623-2922

St Andrews Residence-West Palm Bch meal site (561) 655-1504

Riverview Apartments-Lake Worth meal site (561) 585-9196

Village of Royal Palm Cultural Arts-meal site (561) 790-5149

Volen Center (Kosher)Boca/Delray meal sites (561) 395-8920

FORECLOSURE CONCERNS 2-1-1

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Kin Support Project-Families First PBC (561) 721-2887

Relative Caregivers-Legal Aid Society ext.275 (561) 655-8944

PBC Extension Services/UF (GRandS) (561) 233-1742

MorseLife (561) 289-8578

GUARDIANSHIP

Clerk of the Court 15th Judicial Circuit (561) 355-2996

HEALTH CONCERNS

American Cancer Society (561) 616-9370

American Diabetes Association (800) 342-2383

American Heart Association (800) 242-8721

American Lung Association SE Florida (800) 330-5864

Lupus Foundation of America FL Chapter (855) 905-8787

National Parkinson Foundation Chapter (561) 379-4593

HOME DELIVERED MEALS/HEALTH CARE 2-1-1

SENIOR GUIDE TO COMMUNITY SERVICES- PALM BEACH CO.**MEDICAL EMERGENCY 9-1-1****MENTAL HEALTH CRISIS 2-1-1****HOME IMPROVEMENT** *Based on qualifying income guidelines

Rebuilding Together-Solid Waste Authority (561) 697-2700

HOSPITALS

Bethesda Memorial Hospital (561) 737-7733

Boca Raton Regional Hospital (561) 395-7100

Delray Medical Center (561) 498-4440

Good Samaritan Medical Center (561) 655-5511

JFK Medical Center (South) (561) 965-7300

JFK Medical Center (North) (561) 842-6141

Jupiter Medical Center (561) 747-2234

Palm Beach Gardens Medical Center (561) 622-1411

Palms West Hospital (561) 798-3300

St. Mary's Medical Center (561) 844-6300

Wellington Regional Medical Center (561) 798-8500

West Boca Medical Center (561) 488-8000

West Palm Beach Veterans Medical Center (800) 972-8262

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MENTAL HEALTH CRISIS	2-1-1

INSURANCE

211 Health Care Advocate	2-1-1
DCF Access Florida (Medicaid)	(866) 762-2237
Health Care District	(866) 930-0035
Health Insurance Marketplace	www.HealthCare.gov
Medicare Information	(800) 633-4227
SHINE-help with Medicare concerns	(866) 684-5885

LEGAL SERVICES

Florida Rural Legal Services	(800) 284-4588
Florida Senior Legal Helpline	(888) 895-7873
Legal Aid Society-Elder Law Project ext. 228	(800) 403-9353

MEDICAL SUPPLIES/EQUIPMENT

Clinics Can Help	(561) 640-2995
Southeast Mobility	(561) 364-2600

SENIOR GUIDE TO COMMUNITY SERVICES- PALM BEACH CO.**MEDICAL EMERGENCY 9-1-1****MENTAL HEALTH CRISIS 2-1-1****MENTAL HEALTH/ COUNSELING**

Center for Trauma Counseling (561) 444-3914

Different Like Me-South Coastal PBC (561) 289-2545

Glades Crisis Stabilization Unit (561) 993-8022

Mental Health Association of PBC (561) 832-3755

NAMI-National Alliance for the Mentally Ill (561) 588-3477

Ruth & Norman Rales JFC (Senior Counseling) (561) 852-3333

PRESCRIPTION ASSISTANCE 2-1-1**SENIOR CENTERS (also PBC D.O.S.S. Meal sites)**

Boynton Beach Senior Center (561) 742-6570

Mid County Senior Center (Lake Worth) (561) 357-7100

North County Senior Center (PBG) (561) 694-5435

The Volen Center (Boca Raton) (561) 395-8920

West County Senior Center (Belle Glade) (561) 996-4808

SERVICE DOGS-Canine Companions (800) 572-2275

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Community Coach/ LIFT-South County (561) 395-8920

Palm Tran CONNECTION Door-to-Door (877) 870-9849

Palm Tran Bus Information (877) 930-4287

Tri-Rail (800) 874-7245

VETERAN'S CRISISLINE 1-(800) 273-TALK**VETERAN SERVICES**

FL Dept. of Veterans Affairs-benefits counseling (561) 422-8204

Funeral/Burial Benefits-Dept. of Veteran Affairs (800) 827-1000

Jupiter Vet Center (561) 422-1220

Palm Beach Vet Center (561) 422-1201

Veteran Services-Palm Beach County (561) 355-4761

West Palm Beach VA Medical Center (800) 972-8262

Women Vets Health Programs (561) 422-1236

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MEDICAL EMERGENCY **9-1-1**

MENTAL HEALTH CRISIS **2-1-1**

VETERANARIAN

Paws 2 Help-clinic & pet care at low cost (561) 712-1911

VOLUNTEER OPPORTUNITIES

211's Sunshine Daily Telephone Calls to Seniors 2-1-1

United Way of Palm Beach County (561) 375-6600

211 is a community helpline and crisis hotline providing crisis intervention, information, assessment, and referral to community services for people of all ages and walks of life. **Simply dial 2-1-1.**

Calls to 2-1-1 are free, confidential and available 24/7

Please turn to the next page to learn more about 211's Sunshine Program, providing a free daily phone call to say "Hi" and to check on your well-being!



FREE! DAILY PHONE CALLS

Learn more about receiving life saving daily Sunshine calls...

Call 2-1-1 today!
211PalmBeach.org



To participate in 211's free Sunshine daily telephone calls program:

- You must be over 60 years of age or housebound or disabled
- Pick the time you would like your call between 7:30 am & 5:00 pm
- We supply the friendly "Hello!"

To get started call 2-1-1 or (561) 383-1112 or complete & return the application bellow. It's that easy!



Free 211's Sunshine Calls- Application

First Name:

Last Name:

Address:

Apt:

City:

Zip Code:

Home Phone Number:

Cell Phone Number:

Please mail to: 211 Helpline's Sunshine Program
PO Box 3588, Lantana, FL 33465



THE **JIM MORAN** FOUNDATION
"THE FUTURE BELONGS TO THOSE WHO PREPARE FOR IT."



