Dear Palm Beach County Subscriber:

PBC TV is celebrating 30 years as your Palm Beach County Channel. It is the mission of PBC TV Channel 20 to provide you with information about county programs and services available to you from all Board of County Commissioners departments and agencies as well as live presentation of county government meetings. We want to continue raising your awareness of the details of county departments bringing you new and improved programs and services. We'll provide you with information about new initiatives and how to take advantage of them.

We invite you to tune in for programs that focus on the many assets that make Palm Beach County an attractive destination. Viewers will discover our schedule includes programs on tourism, education, health, library services, public safety, fire rescue, nature, wildlife, public transit, cultural arts, government in action, community bulletin board announcements and much more. In the years ahead, PBC TV will continue to partner with county departments to highlight outstanding services available to Palm Beach County residents and visitors.

PBC TV, Your Palm Beach County Channel, also wants to hear your feedback on county programs, services and our programming schedule. See the back page of the program guide for the tear-out, postage-free survey reply card. We want you to give your thoughts on PBC TV programming.

Sincerely,

Lester Williams
PBC TV Station Manager
Safely Matters
COVID-19 has made car seat checks with Palm Beach County Fire Rescue very challenging. This month’s Safety Matters, "We will tell you all about the different types of car seats available for children to ride safely every ride, every time. Fire Safety Specialist Jeff Heinz will demonstrate and explain all about the parts and pieces of different car seat types and how to secure your child. He will also show you how to install the car seat inside your vehicle. Plus, Fire Rescue Exercise Physiologist Brooke Stahl shares some quick tips on cutting seats in our diet.

Airs Mondays and Wednesdays at 9:00am, Tuesdays and Thursdays at 6:00pm, Fridays at 3:30pm and Saturdays at 11:00am

Behind The Star
We are putting a spotlight on an issue critical to your safety as you travel area streets and highways. This month’s episode of “Behind the Star” join us for a look how the Palm Beach Sheriff’s Office enforces traffic laws to ensure trucks are safe on our roadways. Plus, marking a PBSO anniversary, it’s been one year since PBSO took over law enforcement duties inside the town of South Palm Beach.

Airs Mondays at 8:00pm, Tuesdays at 7:30pm, Wednesdays at 6:00pm, Thursdays and Fridays at 9:00am, Saturdays at 2:30pm and Sundays at 1:30pm

Hooked On The Palm Beaches
It’s the season that attracts visitors to Palm Beach County who want to dive deep into outdoor activities. Tune in for the thrill and excitement of reeling in that prized catch right here in Palm Beach County. You will witness the fabulous adventure of the best in sport fishing from just off our shoreline or on the big lake – Lake Okeechobee. Let’s go fishing with “Hooked On The Palm Beaches” all month on PBC TV!

Airs Mondays and Tuesdays at 2:00pm, Thursdays at 8:30pm, Fridays at 8:30am, Saturdays at 3:30pm and Sundays at 9:30am

Watch live online or view our latest online programs anytime on demand at www.pbcgov.com
Join us for the 3rd in a series of forums for an insightful, open dialogue that will allow the public an opportunity to ask questions of representatives of law enforcement regarding policing in Palm Beach County.

**Monday, November 23, 2020**
**6:30 - 8:30 PM**

Riviera Beach Marina Village Event Center
190 E 13th St, Riviera Beach, FL 33404

**Questions**
Advance questions can be submitted with your RSVP or live during the event.

**RSVP Now!**
In-person attendance limited to 100, all others can participate via Webex.

Scan QR code to RSVP or visit: pbcgov.com/criminaljustice for all event information.

HOST:
Barbara Cheives
President, Converge and Associates

MODERATOR:
Ted White
Public Information Manager, Delray Beach Police Department

Chief Frank Adderley
West Palm Beach Police Department

Chief Nate Osgood
Riviera Beach Police Department
Palm Beach County Wins Health+Wellness Design Award for Leisure Times Magazine

The Palm Beach County Parks and Recreation (PBC Parks Department) was selected by Graphic Design USA (GDUSA) as the winner of the 2020 American Health+Wellness Design Awards for its Spring/Summer 2020 issue of Leisure Times Magazine.

Leisure Times Magazine is a quarterly publication that launched in January 2019, and is produced in-house by PBC Parks. The magazine features articles written by PBC Parks staff, covering a variety of park-related topics, including department news, popular park destinations, park patron stories, and more. The magazine is designed in-house by graphic designer Kimberly Krieger. Leisure Times Magazine is unique in that it provides a visually appealing outlet for Palm Beach County residents and visitors to receive valuable park- and department-related information.

“Leisure Times Magazine has been so popular and successful in delivering great features, stories and articles of interest related to Parks and Recreation,” said Eric Call, PBC Parks Director. “I’m thrilled that our Public Engagement Team is being recognized for the great work they do designing and producing this award-winning journal,”

For five decades, GDUSA has presented competitions that focus on areas of growth and opportunity for graphic design. The 2020 awards focus on health and wellness. This competition takes in the big picture of healthcare: traditional medical industries; mental health and counseling; healthy lifestyles; and public health and community education initiatives.

This year ended with a record 2,500+ entries; only the top 10 percent were selected as winners. GDUSA has been a business-to-business information source for graphic design professionals since 1963 and covers news, people, project trends, technology, products and services and hosts several national design competitions.

Cybersecurity Awareness Month: Safely Using Telehealth Services

Telehealth is a way for health providers to diagnose, treat, and communicate with patients remotely, by phone or video. Telehealth is a quick and easy alternative to your typical doctor’s appointment, but it could also be a quick and easy way for cybercriminals to find targets. Here are some ways to safeguard your personal information while using telehealth services.

Keep Your Device Up to Date
Whether you connect to telehealth using a smartphone or a computer, make sure the device is up-to-date with the latest security patches. This includes updating all applications, not just the ones used for telehealth purposes. Each app is a potential point of entry for cybercriminals. If the bad guys gain access to your device in any way, then your sensitive medical information will be at risk.

Use an Advanced Login
Telehealth services typically require users to create a username and password. If the service offers Multi-factor Authentication (MFA), use it. MFA requires you to enter your password and then enter another form of verification, such as a code sent via text message. If MFA isn’t offered, try using a password manager to generate and securely store complex passwords.

Continued next page.
Connect with a Secure Network
Never use a public Wi-Fi connection for telehealth services. You never know who could be watching and tracking your activity. When connecting from home, be sure to set up a strong password for your router. Default router passwords are often public knowledge or easy to guess. For the most secure network, connect to a virtual private network (VPN), which encrypts web traffic to protect your information.

Palm Tran Debuts Susan G. Komen Florida and Frontline Faces Taking You Places Buses
On October 20, Palm Tran debuted the Susan G. Komen Florida and Frontline Faces Taking You Places buses at the Palm Beach County Governmental Center. County commissioners, County administration and Palm Tran staff were on hand for the debut.

The pink Susan G. Komen bus is an annual partnership of Palm Tran, Lamar Transit Advertising and Susan G. Komen Florida. The bus promotes the 30th anniversary of the Race for a Cure. The race will be held virtually on January 30, 2021. The bus debut coincides with Breast Cancer Awareness Month (October).

“We are honored to once again partner with Palm Tran to bring the pink bus to life,” said Sean Gross, state executive director Florida for Susan G. Komen. “Access to treatments is a barrier that stands in the way for so many in the fight against breast cancer. Susan G. Komen is dedicated to fighting disparities and creating access to care for all. We are proud that Palm Tran is helping us to create awareness.”

Also on display was the Frontline Faces Taking You Places bus. This bus features photos of Palm Tran transit employees who have continued serving the public throughout the pandemic. These employees include: operators of Palm Tran fixed-route buses and Palm Tran Connection and Go Glades vehicles, bus mechanics and road supervisors. The individuals featured on the bus were present for its debut.

Both buses will be seen by the public about 180,000 times every four weeks.
November is Adopt a Senior Pet Month!

All dogs and cats age 6 years and older are FREE to adopt for the month of November!

Palm Beach County Public Safety Department
Animal Care & Control Division
7100 Belvedere Road, West Palm Beach, FL 33411
(561) 233-1200
www.pbcgov.com/animal
All branches are open. Some Sunday hours. Visit www.pbclibrary.org for individual branch hours.

The Palm Beach County Library System is committed to serving the needs of the public while also working to ensure the safety and health of our members, staff and the community.

For this reason, we are asking members to:

- Wear face masks properly
- Practice social distancing
- Attend digital activities
- Return materials through bookdrops

**SERVICES AVAILABLE:**
- Materials checkout
- Research assistance
- Fax and copiers
- Palm Beach County Library app
- Online services
- Electronic materials
- Wi-Fi expanded throughout parking lot
- Virtual activities
- Remote printing

**COMPUTER SERVICE.**

**NO STUDY ROOMS, MAGAZINES OR NEWSPAPERS.**

**ADDITIONAL SAFETY PRECAUTIONS:**
- Materials are quarantined for 72 hours
- Additional cleaning in branches
The Department of Environmental Resources Management invites you to explore the beauty and wonder of Palm Beach County’s natural treasures. Whatever the activity - hiking, fishing, diving, trail running, paddling, bird watching, bicycling or horseback riding - we’ve got the perfect outdoor destination for you.

**Natural Areas** - 25 sites with public-use facilities that may include paved walking trails, boardwalks, fishing piers, kayak/canoe launch areas, wildlife observation platforms and hiking trails.

**Jeaga Wildways** - Four multi-use trails that connect 165,000-acres of public lands. The trails offer hikers, bicyclists and equestrians safe travels through some of the area’s most scenic landscapes.

**Artificial Reefs** - 55 vessels, 100,000 tons of concrete and 140,000 tons of limestone boulders make up an artificial reef system running the length of Palm Beach County’s coastline.
Detach postcard to mail

BUSINESS REPLY MAIL
FIRST-CLASS MAIL PERMIT NO. 1238 WEST PALM BEACH FL
POSTAGE WILL BE PAID BY ADDRESSEE

PBC TV CHANNEL 20
PUBLIC AFFAIRS DEPARTMENT
PALM BEACH COUNTY BCC
PO BOX 1989
WEST PALM BEACH, FL 33402-9881
Please complete the information below and mail or fax to (561) 656-7523.

1) How often do you watch PBC TV programming?
   - Once per week
   - Twice per week
   - Three or more times per week

2) What do you watch most on PBC TV?
   - Live Meetings
   - News Programs
   - Safety Programs
   - Animal/Wildlife Programs
   - Health Programs
   - History Programs
   - Cultural Programs
   - Community Event Programs
   - Programs about County Services

3) When do you prefer to watch PBC TV programming?
   - Weekday mornings
   - Weekday afternoons
   - Weekday evenings
   - Overnight
   - Weekend mornings
   - Weekend afternoons
   - Weekend evenings

4) Can you name some of the programs you watch on PBC TV?
   ________________________________________________________________
   ________________________________________________________________

5) What type of programming would you like to see more of on PBC TV?
   ________________________________________________________________
   ________________________________________________________________

6) What would you like to see less of on PBC TV?
   ________________________________________________________________
   ________________________________________________________________

7) Do you find information on jobs, business opportunities and events on the community bulletin board helpful?
   - Yes
   - No
   Comments

PBC TV CHANNEL 20
Government & Education Television Station
A Division of Public Affairs
Board of County Commissioners

Your Channel for Palm Beach County Programs & Services!
Tel (561) 355-4573
Fax (561) 355-6685
www.pbcgov.com

PBC TV Program Guide is published monthly by the Palm Beach County Public Affairs Department. According to the provisions of the ADA, this brochure may be made available in an alternate format. Please call (561) 355-2754.