



PALM BEACH COUNTY YOUTH SERVICES DEPARTMENT EDUCATION AND TRAINING CENTER AND PALM BEACH BEHAVIORAL HEALTH AND WELLNESS PRESENTS



Self Injury: Coping with Pain



PRESENTER: Stephanie Larsen, Psy.D.

Palm Beach Behavioral Health and Wellness

- X List types of self-injury
- Identify common reasons for onset of selfinjurious behaviors.
- Explain how self-injury is perceived as helpful by the injurer.
- X Differentiate between self-injury and suicide attempts.
- X Identify potential ways of treating selfinjurious behaviors.

DATE & TIME: Wednesday, November 8, 2017 9:30 am – 11:30 am

HIGHRIDGE FAMILY CENTER 4200 North Australian Ave, West Palm Beach, FL 33407

Please register at the following link: https://www.surveymonkey.com/r/W5YVXK7

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2019). Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

This course offers 2 CE credits.

The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.



