



Palm Beach County Youth Services Department
 Residential Treatment & Family Counseling Division
 Education and Training
 PRESENTS

FOOD & MOOD: Is There A Connection?

PRESENTER: WENDY DAHL, PH.D.

Objectives:



Describe the gut-brain connection.



Discuss the effect of probiotics on psychological symptoms.



Highlight the role of specific eating patterns and nutrients on mood and wellness.

Highridge Family Center

4200 N Australian Ave, West Palm Beach, FL 33407

Wednesday, July 5, 2017

9:30 am—11:30 am

Seating is limited!

Please register at the following link:

<https://www.surveymonkey.com/r/CJYYRHZ>

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2019). Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

This course offers 2 CE credits.

The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

There is no cost associated with this program.

For more information please contact, **Giselle Badillo**, at gbadillo@pbcgov.org or (561) 233-4460.

Office hours are Monday – Thursday, 8am – 7pm.

