



Palm Beach County  
Youth Services Department  
Residential Treatment and Family Counseling Division

## Telesupervision

The Youth Services Department (YSD) Doctoral Internship Program uses telesupervision, or the supervision of psychological services through a synchronous audio and video format for individual supervision on occasion. YSD recognizes the importance of supervisory relationships. In order to provide all interns with the opportunity to experience a breadth of supervisory relationships beyond their rotation supervisor, the Training Director provides an additional hour of individual supervision per week to each intern throughout the year. Given the geographical distance between training sites, this model allows the interns to form a greater connection to the entire training faculty than would be experienced otherwise. It is expected that the foundation for this supervisory relationship will be initially cultivated during orientation and subsequently during didactic training meetings. When feasible, the Training Director schedules face-to-face supervision with the intern; however, when scheduling does not permit, telesupervision is scheduled instead.

Telesupervision is utilized in accordance with the Guidelines and Principles set forth by the American Psychological Association. Telesupervision is only utilized when in-person supervision is not possible. This form of supervision is regarded as consistent with the YSD's overall model of training in that it best approximates the in-person format of supervision and ensures continuity in the supervisory experience.

When more than supervisor is assigned, the primary rotation, on-site supervisor maintains full professional responsibility for the clinical cases under the care of the intern unless arrangements are made with at least one other licensed psychologist to cover for non-scheduled consultations, time-sensitive issues, and crisis situations. When utilizing telesupervision, both the intern and supervising psychologist assure that privacy and confidentiality for both the client and trainee are maintained. Finally, telesupervision can only be viewed as a legitimate form of supervision if it is determined by both the professional supervisor and the intern that both the audio and video quality of the connection is adequate for the proper conduction of supervision.

All telesupervision utilized by the YSD Internship Program occurs over a secure network. Supervision sessions using this technology are never recorded. A webcam and Jabber software is set up at the intern's computer. All interns are provided with instruction regarding the use of the webcam equipment at the outset of the training year. In addition, a Jabber account is established for each Intern and they are instructed on how to use this software. Technical difficulties that cannot be resolved on site are directed to the Network Operations Center at (561)355-HELP or by submitting an online request for IT support.