



Palm Beach County  
Youth Services Department  
Residential Treatment and Family Counseling Division  
Education and Training Center



# Trauma-Informed Treatment of Children and Adolescents

**Presented by:**  
**Allison Golden, Psy.D.**

**Wednesday, June 19, 2019**  
9:30 am - 11:30 am

**\*Location: Highridge Family Center\***  
4200 N. Australian Avenue  
West Palm Beach, FL, 33407

## **Registration Fee:**

There is no cost associated with this presentation

## **Continuing Education:**

2 CE credits will be offered

## **Registration Link:**

**<https://www.surveymonkey.com/r/VFNG3JQ>**

Registration closes at 3:00 pm on June 18, 2019

## Description:

Trauma-Informed Care is the key to providing opportunity for clients to heal and exhibit resilience. Appropriate assessment of trauma and its impact leads to accurate diagnosis and in turn, the use of trauma-informed evidenced based interventions. This intermediate level presentation will provide a review of the signs and symptoms of traumatic stress, and discuss ways to assess the impact of trauma on children and adolescents. Trauma-informed care and evidenced-based treatments for this population will be addressed, as well as the importance of self-care for mental health providers.

## Learning Objectives:

- 1) Describe three ways in which traumatic stress may be exhibited by children and adolescents.
- 2) Identify two appropriate assessment tools to use when assessing children and adolescents for the presence and impact of trauma.
- 3) Explain two key components of trauma-informed care and describe two research-supported interventions for treating children and adolescents exposed to trauma.

## Presenters:



**Allison Golden, Psy.D.**, is a Licensed Psychologist in FL & NY, a Florida Qualified Supervisor, and an EAGALA Certified clinician, who received her doctorate from Nova Southeastern University. Dr. Golden specializes in working with families who have experienced trauma and grief, and has an extensive background providing assessment, therapeutic services and court testimony for families involved in the child welfare system. She works as a trainer for several South Florida bases entities, on topics such as abuse prevention and trauma-informed care for those involved in the dependency system as well for educators & mental health professionals; parent-child attachment; brain development and the use of positive discipline in various environments, and she acts as a consultant to a national preschool provider, supporting the mitigation of childhood traumatic stress during times of crises. She is currently a program supervisor at the Institute for Child and Family Health in Lake Worth.

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**Disclaimer:** The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

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**Space is Limited:** Registration is accepted on a first-come, first-served basis.

**What to Bring:** A pen and paper for taking notes. The facility is typically cold, so consider bringing a sweater/jacket.

**Accommodations for the differently abled:** The training facility is handicap accessible. Individuals needing special accommodations, please contact Nilda Quirindongo at (561) 233-4460.

**Registration contact person:**

Nilda Quirindongo at (561) 233-4460 or [NQuirindongo@pbcgov.org](mailto:NQuirindongo@pbcgov.org)

**Directions to Training at Highridge Family Center:** On Australian Avenue, look for the sign for “Palm Beach County Complex.” Turn into the complex and follow the street up to the parking lot on the right. Training site can be contacted directly by calling (561) 625-2540.

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