



Palm Beach County
Youth Services Department
Residential Treatment and Family Counseling Division
Education and Training Center



Developing Cultural Competency: Understanding Barriers and Strategies

Presented by Laura Cruz, Ph.D.

Wednesday, April 3, 2019

9:30 am - 11:30 am

Location: Highridge Family Center

4200 N. Australian Avenue

West Palm Beach, FL, 33407

Registration Fee:

There is no cost associated with this presentation

Continuing Education:

2 CE credits will be offered

Registration Link:

<https://www.surveymonkey.com/r/QMQ9HT2>

Registration closes at 3:00 pm on April 2, 2019

Description:

Multiculturalism, largely resulting from diversification and immigration, is a marked characteristic of the United States. As such, there is an ever-growing need for the development of cultural competency in human services fields. This introductory-level training will help practitioners actively engage in the process of developing cultural competency.

Learning Objectives:

- 1) Define key terms, including diversity, ethnocentrism, cultural competency, assimilation, and acculturation.
- 2) Identify strategies to develop/improve multicultural competency.

Presenter:



Laura Cruz, Ph.D. earned her Bachelor's of Science degree in psychology at the University of Florida (Gainesville, Florida) and her Specialist of Education degree in school psychology at Florida International University (Miami, Florida). After completing her school psychology internship with Miami-Dade County Public Schools and working as a school psychologist in various counties throughout the state of Florida, Dr. Cruz completed her doctorate in combined counseling and school psychology, with a specialization in child clinical psychology at Florida State University (Tallahassee, Florida). She completed her doctoral internship at Jackson Behavioral Health Hospital (Miami, Florida) in the crisis stabilization unit and Statewide Inpatient Psychiatric Program (SIPP) for children and adolescents. Later, Dr. Cruz went on to complete a postdoctoral fellowship at the University of Miami, Mailman Center for Child Development, specializing in Parent-Child Interaction Therapy (PCIT). At the Youth Services Department of Palm Beach County, Dr. Cruz serves as a licensed psychologist providing education and training to staff/community, clinical supervision to trainees, and clinical services to youth and families in both English and Spanish. Dr. Cruz also serves as adjunct faculty at Nova Southeastern University in their School Psychology specialist and doctoral programs. She has completed training and certification in PCIT and has expertise in the areas of behavioral parent training, treatment of disruptive behaviors, neurodevelopmental disabilities, and best practices in assessment.

Disclaimer: The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

Continuing Education Information:

Youth Services Department, Palm Beach County is approved by the American Psychological Association to sponsor continuing education for psychologists. Youth Services Department, Palm Beach County maintains responsibility for this program and its content.

Youth Services Department, Palm Beach County is also approved to provide continuing education to LCSW's, LMFT's, and LMHC's by the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (Provider # 50-533, expires March 31, 2021).

Youth Services Department, Palm Beach County is approved to provide continuing education to RN's, ARNP's, LPN's and CNA's by the Florida Board of Nursing (Provider # 50-533, expires October 21, 2020).

All mental health professionals will receive two (2) continuing education credits for the workshop. Full attendance is required. No partial credit will be awarded. Check your licensing state's rules and regulations for more information regarding your continuing education requirements.

Space is Limited: Registration is accepted on a first-come, first-served basis.

What to Bring: A pen and paper for taking notes. The facility is typically cold, so consider bringing a sweater/jacket.

Accommodations for the differently abled: The training facility is handicap accessible. Individuals needing special accommodations, please contact Nilda Quirindongo at (561) 233-4460.

Registration contact person: Nilda Quirindongo at (561) 233-4460 or NQuirindongo@pbcgov.org

Directions to Training at Highridge Family Center: On Australian Avenue, look for the sign for "Palm Beach County Complex." Turn into the complex and follow the street up to the parking lot on the right. Training site can be contacted directly by calling (561) 625-2540.

For information about other Education & Training Center trainings/workshops and clinical services please visit our website at

www.pbcgov.com/youthservices/EducationCenter

or call (561) 233-4460