Race-Based Implicit Bias and Microaggressions

Presented by Danniella Jones, Psy.D.
Wednesday, March 18, 2020
9:30 am - 11:30 am

*Location: Highridge Family Center*
4200 N. Australian Avenue
West Palm Beach, FL, 33407

Registration Fee:
There is no cost associated with this presentation

Continuing Education:
2 CE credits will be offered

Registration Link:
https://www.surveymonkey.com/r/KBRXY3T
Registration closes at 3:00 pm on March 17, 2020
Description:

Racial microaggressions are everyday insults, indignities, and demeaning messages sent to people of color by typically well-intentioned people who are unaware of the hidden messages being sent to them (Sue et al., 2007). While seemingly small or insignificant, for ethnic minority groups that experience these often and on a daily basis, there may be significant relational, emotional, and behavioral consequences. This intermediate presentation will define race-based implicit bias and microaggressions as well explore their impact on youth, families, and those who work with youth. Finally, it will provide strategies for increasing individual awareness of implicit bias as well as treating and responding appropriately to those impacted.

Learning Objectives:

1) Define racial microaggressions and implicit bias.

2) Describe the impact of racial microaggressions and implicit bias on the wellbeing of youth and those working with youth.

3) Identify ways to increase awareness of their own bias and effectively respond to impacted youth and families.

Presenter:

Danniella Jones, Psy.D. earned her bachelor’s degree at Berry College in Rome, Georgia and her doctorate degree at Spalding University in Louisville, Kentucky. She completed her doctoral internship at Cherokee Health Systems, an integrated primary care and community mental health center in Knoxville, Tennessee and her post-doctoral fellowship with Palm Beach County Youth Services Department at Highridge Family Center. Dr. Jones is currently a psychologist at the Education and Training Center where she provides clinical supervision to doctoral trainees, conducts family therapy and psychological evaluations, and offers trainings and outreach to the community. She has conducted research related to race-based stereotypes and evidenced-based practices for treating complex trauma. She has experience working as a victim advocate in a sexual assault/domestic violence shelter and as a therapist at a center that provides services for survivors of interpersonal trauma. Her professional interests include working with high risk, underserved, and diverse youth as well as with survivors of interpersonal trauma and common comorbidities such as self-harm, substance misuse, etc.
**Disclaimer:** The information presented in this program is based on methodological, theoretical, research, or practice knowledge base. The program is based on information from professional resources. Limitations of the content being taught are acknowledged, recognizing that there are additional resources available not referred to in this program. There is no commercial support for this program.

**Space is Limited:** Registration is accepted on a first-come, first-served basis.

**What to Bring:** A pen and paper for taking notes. The facility is typically cold, so consider bringing a sweater/jacket.

**Accommodations for the differently abled:** The training facility is handicap accessible. Individuals needing special accommodations, please contact Cristal Montepeque at (561) 233-4460.

**Registration contact person:** Cristal Montepeque at (561) 233-4460 or CMontepeque@pbcgov.org

**Directions to Training at Highridge Family Center:** On Australian Avenue, look for the sign for “Palm Beach County Complex.” Turn into the complex and follow the street up to the parking lot on the right. Parks free. Training site can be contacted directly by calling (561) 625-2540.

**For information about other Education & Training Center trainings/workshops and clinical services please visit our website at**

[www.pbcgov.com/youthservices/EducationCenter](http://www.pbcgov.com/youthservices/EducationCenter)

or call (561) 233-4460