Phil Foster Memorial Park Snorkel Trail

You don't have to venture far to discover fabulous snorkeling in Palm Beach County.

Please review these tips/rules for a safe snorkeling adventure:

**SNORKEL SAFELY and have a great time**

**Do Your Homework**
- Learn about fish, coral reefs and the Lake Worth Lagoon ecosystem. Knowing what you’re looking at will make your snorkeling more enjoyable.

**Ask Questions**
- If unfamiliar with the area, ask a lifeguard or a local patron about the diving conditions.

**Be Aware of Tides**
- The best time to snorkel is within 2 hours before and up to the slack tide. You will need a diver’s flag which can be purchased at any dive shop. The flag is red with a white stripe from the upper left corner to the lower right corner. Attach the flag to a float.

**Sunscreen Safety**
- Put sunscreen on at least ½ hour before entering the water so it soaks into your skin instead of being washed away by the water and adhering to sea life

**Choose a Buddy**
- Always snorkel with a buddy! It is more fun to share awesome experiences and if something unpredictable happens, you have somebody to help you.

**Know Your Limitations**
- Know your personal swimming limitations and snorkeling abilities and remain alert to them.

**Stay in Control**
- Be in control of your fins at all times in order to avoid kicking the coral or kicking up sand and sediment. Underwater, a frog kick is preferable to a flutter kick for this purpose.

**Observe**
- Observe animals exhibiting their natural behaviors rather than stimulating them to entertain yourself.

**Do Not Touch**
- Take photos, but don’t touch anything and you are strongly discouraged from taking marine life. Photos are a great way to capture the underwater world without leaving your mark and doing harm to the environment.

**Do Not Feed Fish**
- Do not step on coral or any hard bottom surfaces.
- Always make sure that if you step down, you are stepping on sand.
- Be aware of the sand as well. Lots of little creatures use the sandy bottom as their home.

**Spear Guns Are Not Permitted**

**Control Your Buoyancy**
- If SCUBA diving, practice proper weight and buoyancy control to avoid disturbing the bottom.

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Learn more about the Lake Worth Lagoon at www.lwl.org

Palm Beach County Board of County Commissioners
Parks and Recreation Department
www.pbcgov.com/parks

Department of Environmental Resources Management
www.pbcerm.com