Arts4All FL-PBC Talent Show

In the summer of 2019, A4AFL-PBC hosted the second annual Talent Show! The Talent Show actually started through the suggestion of a participant. The participant wanted another event where friends would be able to show off their talents on stage in front of an audience of friends and family. After a few brainstorming sessions with this participant, we were ready to open the show to auditions and we were not disappointed!

Performers must fill out an application and audition in front of a panel of judges. After the auditions, the top 10 performers receive a congratulatory letter letting them know they have made it to the show!

Selected performers are responsible to keep in contact with Erica and turn in the required paperwork to be a part of the show. This also helps reinforce being a responsible performer.

We have had two wonderful years of participants sharing their talents with us including: song, dance, instrumentals, poetry readings, and skating. We hope that the 2020 Talent Show will bring us even more participants to the auditions and new talents to share on stage!
Facility Rental Information
The Murray, Meyer, & Rachelle Grodetsky Family Foundation Athletic Center, The Gleneagles Country Club Aquatic Center, and The Fountains Country Club Recreation Center can be reserved up to three months in advance. Reservations are made on a first-come, first-served basis with priority given to programs for people with disabilities. For rental fees and more information, call us at (561) 966-7088 or visit our website: at pbcParks.com. Security deposit may be required.

Donations: Gifts to Parks
The Palm Beach County Parks and Recreation Department has developed a Gifts to Parks donation program. We accept monetary or in-kind donations to help improve opportunities for people with disabilities to participate in quality recreation and leisure programs. Community-minded individuals and businesses who would like to support the programs and services available through Palm Beach County Therapeutic Recreation Services Section are always welcome. Donation opportunities include: Programs, Special Events, and Scholarships. Please call (561) 966-7088 to make a donation today, and contribute to the quality of life for people with disabilities!

Volunteer Opportunities
The Therapeutic Recreation Services Section offers a variety of volunteer opportunities. Current opportunities include: assistants for recreation and aquatic programs, adapted sports, and office work. Contact Diana Holm at (561) 966-7020 or dholm@pbcgov.org for more information.
Lottery Application Process for Community Programs

Lottery Application Dates:
Monday, August 19, 9:00 am –
Monday, August 26, 5:00 pm

Notification of Lottery Results:
Tuesday, August 27

Payment Deadline (if accepted into Lottery):
Thursday, September 5, by 5:00 pm
(Payments are not accepted until lottery spin is conducted.)

Lottery Registration is being conducted for all Community Programs listed on page 4. A lottery system ensures equal access to program registration.

Parents/participants have multiple days to apply, in person or online, for inclusion in the lottery. A computerized lottery is then conducted. Parents/participants are immediately notified of the results of the lottery: whether their child/children have a slot in the program or will be placed on a waiting list. Parents/participants will then have one week to pay for their slot.

Any payment not received by the payment deadline results in forfeiture of all unpaid program slots. Forfeitures will immediately be offered to the next participant on the waiting list. Payment must be made in person or online.

Apply For the Lottery in person or online. Payment is not accepted when submitting the lottery application.

In Person: Bring completed lottery application to Community Programs staff at the Therapeutic Recreation Gym during the lottery application period and receive a receipt of your inclusion in the lottery.

Online: Log into your PBC Parks & Recreation “WebTrac” online registration account anytime of day during the Lottery Application period (see directions in right column). If you do not have a WebTrac user name and password contact us and we will email it to you.

To Register/Apply for Lottery:
• Click on the photo under ‘Therapeutic Registration’.
• All programs available for on-line registration will show under ‘Search Results’.
• Click on the Plus “+” symbol (located on the left hand side of the program name) for each program you wish to enroll.
• At bottom of screen select Add to Cart.
• Answer questions on each page, then select either Proceed to Checkout or Continue Shopping.
• Confirmation receipt will sent immediately via email. You are not registered unless you receive an emailed receipt.

To Pay for Programs:
Once you receive notification of selection into a program you may pay for selected programs online.
• Log into your account.
• Under My Account select Pay Old Balances (located under history & balances).

For program registration information, visit us www.pbcparks.com or call (561) 966-7088.

Achievement, Success, & Well-being—It Starts in Parks

T-Rec Today - Fall 2019
Fall 2019 Lottery

Bring completed Lottery Application form to: Community Programs staff at the T-Rec Complex weekdays between 9:00 am - 5:00 pm Monday, August 19 - Monday, August 26.

Notification of Lottery Results: Tuesday, August 27

Payments due by: Thursday, September 5, by 5:00 pm. Payments will be accepted ONLY after the lottery is conducted. Payments not received by the deadline will result in forfeiture of any unpaid program slots.

You are responsible for verifying your receipt for accuracy. Any errors need to be reported before the registration period ends. Lottery registration and changes to lottery forms must be made in person or online, no changes will be accepted over the phone.

*All participants must complete a full registration form with signed waiver one time per year or when personal information changes. Forms should be completed each fall or when new participants join a program.

(PLEASE PRINT ALL INFORMATION)

DATE: ____________________________

Participant’s NAME: ____________________________________________________________

Last                              First                              Middle

PHONE: ____________________________________________________________

EMAIL ADDRESS: ____________________________________________________________

On the list below, please select all programs you wish to participate in. A Lottery will be conducted only for the programs listed below (separate registration is conducted for Swimming Lessons, Aqua Motion, Gentle Yoga, Paralympic Sports, and Arts4All Florida - Palm Beach County).

Community Programs Section – Fall Programs 2019  
(Select only one meeting site for Leisure Spectrum)

☐ Annual Trip: SeaWorld* (Registration eligibility requirements for this program can be found on page 5)
☐ Leisure Spectrum: Palm Beach Gardens/Jupiter – Tuesdays
☐ Leisure Spectrum: Lake Worth – Thursdays
☐ Sailing: Okeeheelee Park
☐ Super Sports Fan: Miami Dolphins Football game

*Cancellation/Refund Policy: For a program refund, provide cancellation requests 3 business days prior to program start date. Refunds will not be issued after a program has begun. Refunds will automatically be issued if a program is cancelled.
Program Information for Community Programs & Arts4All Florida-PBC

Minimum eligibility Requirements:
Ability to follow basic instructions; Independent bathroom skills; Ability to function in a group structure; Ability to safely and actively participate in group activities within ratios.
Reasonable accommodations are assessed and made on an individual and case by case basis. Programs are designed to promote independence, caregivers are asked to drop participant(s) off at program start time and return for pick-up.

Late Pick-up Policy:
Participants are expected to be picked up immediately at the end of a program. Participants picked up late will be given a verbal warning for the first offense. For additional offenses, starting at the pick-up time participants picked up after that time will be charged $5.00 for every 15 minutes, according to staff watch. The fine must be paid prior to attending the next activity/class.

Cancellation/Refund Policy:
For a class refund, please provide cancellation requests 3 business days prior to first day of class. Refunds will not be issued after a class has begun. Program refund will automatically be issued if a class or activity is cancelled.

You must meet ALL of the following requirements to be eligible to participate in the Annual Trip and/or the Super Sports Fan program:
• Within the past 18 months you must have participated in one of the following programs: Sports Unlimited, Leisure Spectrum, Summer Leisure, or Summer Adventure Club.
• Attended the program at least 75% of the time.
• Have no documented behavior incidents.

Super Sports Fan
Miami Dolphins Football
Ages: 18 and older
Day: Sunday
Program Date: October 13
Time: Approx. 4:30 pm - 9:30 pm
Location: Meet at CMAA T-Rec Complex
Maximum Enrollment: 9
Participant/Staff Ratio: 5:1
Registration: Lottery
Fee: $90
Contact: Diana Holm at (561) 966-7020
Description: Hey Football Fans! Come watch your Miami Dolphins take on the San Francisco Redskins in the newly renovated Hard Rock Stadium. Enjoy the full NFL experience with pre-game tailgating and a trip to the Stadium Shoppe.

Annual Trip to SeaWorld
Ages: 18 and older
Day: Saturday
Program Date: October 26
Time: 5:00 am - 7:30 pm
Location: Pick up/drop off at CMAA T-Rec Complex or West Jupiter Recreation Center.
Maximum Enrollment: 14
Participant/Staff Ratio: 5:1
Registration: Lottery
*see eligibility requirements
Fee: $115
Contact: Diana Holm (561) 966-7020
Description: Join the T-Rec staff and your peers as we explore beautiful aquariums, thrilling coasters and live shows!

Winter/Spring
Super Sport Fan program will include:
NHL’s Florida Panthers Hockey and NBA’s Miami Heat Basketball
Developmental Disabilities: Teens and Adults

Adapted Sailing
Ages: 12 and older
Day: Sundays
Program Dates: November 3 – December 15
(No sailing December 1)
Time: Scheduled times between 10:00 am - 4:00 pm
Location: Okeeheelee Park, WPB
Maximum Enrollment: 12
Participant/Staff Ratio: 3:1
Registration: Lottery
Fee: Free
Contact: Diana Holm (561) 966-7020 or dholm@pbcgov.org
Description: Come Learn to Sail!
Join us as we sail around the lake for about an hour during your scheduled time slot. Our sailboats are specifically designed to be user friendly in all types of conditions and for all abilities.

Leisure Spectrum – Lake Worth/Wellington
Ages: 18 and older
Day: Thursdays
Program Dates: September 19 - December 12
(No class November 28)
Time: 6:00 pm - 8:00 pm
Maximum Enrollment: 16
Participant/Staff Ratio: 8:1
Registration: Lottery
Fee: $85
Description: Spend Thursday evenings building social skills and participating in a variety of fun recreational activities with friends. Get to know the surrounding area and fun things that Palm Beach County has to offer including arts, sports, and social activities!

Leisure Spectrum – PBG/Jupiter
Ages: 18 and older
Day: Tuesdays
Program Dates: September 17 - December 3
Time: 6:00 pm - 8:00 pm
Maximum Enrollment: 16
Participant/Staff Ratio: 8:1
Registration: Lottery
Fee: $85
Contact: Diana Holm at (561) 966-7020
Description: Spend Tuesday evenings building social skills and participating in a variety of fun recreational activities with friends. Activities will include arts, sports, and social settings around the area and in Palm Beach County.

Leisure Spectrum – Lake Worth/Wellington
Ages: 18 and older
Day: Thursdays
Program Dates: September 19 - December 12
(No class November 28)
Time: 6:00 pm - 8:00 pm
Maximum Enrollment: 16
Participant/Staff Ratio: 8:1
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Ages: 12 and older
Day: Sundays
Program Dates: November 3 – December 15
(No sailing December 1)
Time: Scheduled times between 10:00 am - 4:00 pm
Location: Okeeheelee Park, WPB
Maximum Enrollment: 12
Participant/Staff Ratio: 3:1
Registration: Lottery
Fee: Free
Contact: Diana Holm (561) 966-7020 or dholm@pbcgov.org
Description: Come Learn to Sail!
Join us as we sail around the lake for about an hour during your scheduled time slot. Our sailboats are specifically designed to be user friendly in all types of conditions and for all abilities.

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Time: 6:00 pm - 8:00 pm
Maximum Enrollment: 16
Participant/Staff Ratio: 8:1
Registration: Lottery
Fee: $85
Contact: Diana Holm at (561) 966-7020
Description: Spend Tuesday evenings building social skills and participating in a variety of fun recreational activities with friends. Activities will include arts, sports, and social settings around the area and in Palm Beach County.

Pam and Ricky Shaw
Dressed for Halloween!

Horace making pancakes in Cooking Class!

Bailey taking aim!
**Adults and Seniors**

To register or for more information call the T-Rec office at (561) 966-7088 or pool at (561) 966-7080.

---

**Gentle Yoga**

**Ages:** Adults/Seniors all abilities  
**Days:** Tuesday, Thursday  
**Program Dates:** August - September  
**Times:** Tuesday, 9:30 am - 10:45 am; Thursday, 9:30 am - 10:45 am & Thursday, 11:00 am - 12:15 pm  
**Location:** CMAA T-Rec Complex  
**Registration:** On-going  
**Fee:** $9/class or $50/pass of 8 classes (passes expire 3 months from date of purchase).  
**Description:** A great way to stay active, stretch muscles, reduce stress in a class modified for each individual. Participate by sitting on a yoga mat or in a chair. Recommended for all abilities.

---

**Aqua Motion**

**Ages:** Adults/Seniors  
**Days:** Monday, Wednesday, Friday  
**Program Dates:** April 1 - September 30  
**Time:** 9:00 am - 9:55 am  
**Location:** Gleneagles Country Club Aquatic Center at T-Rec Complex  
**Registration:** On-going  
**Fee:** $6/class or $40/pass of 8 classes  
**Description:** Let’s get moving! A low impact class which includes a variety of water exercises, a light cardio workout and stretching. An easy way to add moderate exercise to your daily routine.

---

**Pool Hours:**  
**Monday, Wednesday, Friday:**  
9:00 am - 1:00 pm  
**Tuesday, Thursday:**  
1:00 pm - 6:00 pm  
**Weekend Pool Hours:**  
Open select weekend dates from 10:00 am - 2:00 pm. Call for schedule or visit our website.

**Pool Admission:**  
Adults 18 & older: $3.50 + tax  
Youth ages 3 - 17: $3.00 + tax  
Seniors 65+: $3.00 + tax  
Disabled: $3.00 + tax  
2 & younger free (with paid adult admission)

**Pool Passes**  
Save money...buy a seasonal pass.  
**Adults:**  
- $28.00 + tax for 10 admissions  
- $52.50 + tax for 20 admissions  
**Youth, Senior, Disabled:**  
- $24.00 + tax for 10 admissions  
- $45.00 + tax for 20 admissions  
**Passes are good for one person only. All passes expire September 30, 2019.**

All persons who are not toilet trained are required to wear a swim diaper.  
**Prices are subject to change.**  
**For additional information** call the T-Rec pool at (561) 966-7080 or office (561) 966-7088 office.
Learn-to-Swim Registration:
Registration is limited to two sessions per student (12 classes). A waiting list will be kept for students interested in a third session. If space is available after all interested students have attended two sessions, then waiting list participants will be contacted.

To Register:
**NEW PROCESS**
Complete a Lottery Application for Adapted Swim Lessons.
Applications are available at the Therapeutic Recreation Center or can be downloaded from the Therapeutic Recreation website. Completed forms must be received by the registration deadline. After the lottery is conducted, staff will contact you to confirm enrollment or participant will be placed on the waitlist.

Payment deadline: If enrolled, payment must be made by the payment deadline. Payments not received by the deadline will result in forfeiture of unpaid class slot(s). Forfeitures will immediately be offered to the next participant on the waiting list. Payments must be made in person or online. DPC vouchers must be redeemed in person.

Registration/Class Dates:
Session 6
Registration: August 5 - 9
Payment Deadline: August 16
Participant Registration Form
(Required for all participants)

Palm Beach County Parks and Recreation Department
Therapeutic Recreation/Arts4All Florida-PBC
2728 Lake Worth Road, Lake Worth, Florida 33461
(561) 966-7015 Administration ~ (561) 966-7088 Gym ~ (561) 966-7080 Pool
www.pbcgov.com

*Cancellation/Refund Policy: For a program refund, provide cancellation requests 3 business days prior to program start date. Refunds will not be issued after a program has begun. Refunds will automatically be issued if a program is cancelled.

(PLEASE PRINT ALL INFORMATION)

PROGRAM(S): __________________________ DATE: __________________________

Participant's NAME: __________________________ __________________________

Last First Middle

ADDRESS: _____________________________________________________________

Apt# City State Zip

Participant PHONE(S): Home: __________________________ Cell: __________________________ PARTICIPANT Shirt Size: __________________________

EMAIL ADDRESS: ______________________________________________________

SEX: ☐ Female ☐ Male AGE: __________ DATE OF BIRTH: __________________________

Primary DISABILITY: __________________________________ Other DISABILITIES: __________________________

EMERGENCY CONTACT: (Please Give Two Choices)

<table>
<thead>
<tr>
<th>Name (Primary Guardian)</th>
<th>Relationship</th>
<th>Phone: Home</th>
<th>Cell</th>
<th>Other</th>
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PHOTO RELEASE AUTHORIZATION:
☐ No ☐ Yes Permission is hereby granted for participant to appear in still or motion pictures using participants’ name for educational, promotional, or other purposes only.

AUTHORIZATION FOR TRANSPORTATION:
☐ No ☐ Yes Permission is hereby granted for participant to be transported by a bus or van to an approved field trip location.

MEDICAL TRANSPORTATION/RELEASE AND INDEMNIFICATION STATEMENT:
In consideration for myself or my child to participate in the above program(s), I, the participant, parent or legal guardian of participant agree to protect, defend, reimburse, indemnify and hold Arts4All Florida – Palm Beach County and Palm Beach County, its agents, designees, employees, and elected officials free and harmless at all times from and against all claims, liability, expenses, losses, costs, fines, damages or causes of action of every kind and character, including attorney's fees and costs, whether at trial or appellate levels or otherwise, arising during, as a result of, or in connection with my or my child's participation in this program. I hereby assume the risk of participation in this program and in consideration for myself or my child's participation in the program, I agree to hold Arts4All Florida – Palm Beach County and Palm Beach County, its agents, designees, employees, and elected officials free and harmless at all times from and against all claims, liability, expenses, losses, costs, fines, damages or causes of action of every kind and character, including attorney's fees and costs, whether at trial or appellate levels or otherwise, due to their acts, errors or omissions resulting in bodily injury, including death, or damage to my or my child's property incident to or in connection with my or my child's participation in this program or with my or my child's transportation to a field trip and for medical treatment. I, participant, parent or legal guardian of participant, authorizes the transportation of participant for medical treatment. I further understand that I shall be responsible for any and all costs associated with the transportation of myself or my child for medical treatment. Permission is hereby granted for myself or my child to participate in Arts4All Florida – Palm Beach County Parks and Recreation Department programs including community outings, and authorization is hereby given for emergency medical care of said participant.

I have read the above and understand it and hereby agree that I will not hold Arts4All Florida – Palm Beach County and Palm Beach County liable for any injuries that may occur as a result of participation in the recreation activities provided by Arts4All Florida – Palm Beach County and Palm Beach County.

SIGNATURE Mandatory (PARENT/GUARDIAN if under 18) DATE
AUTHORIZATION FOR RELEASE: I give permission for my child to be released to the following person for transportation home from a program sponsored by Arts4All Florida – Palm Beach County and Palm Beach County Parks & Recreation Department.

Name | Relationship | Name | Relationship
---|---|---|---

**Medications**

<table>
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<th>NAME</th>
<th>DOSAGE</th>
<th>TIMES</th>
<th>PURPOSE</th>
<th>SIDE EFFECTS</th>
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**Participant Information**

- Participant is fully ambulatory  □ Yes □ No
- Participant walks at a slow pace □ Yes □ No
- Participant uses a wheelchair □ Yes □ No
- Participant is visually impaired □ Yes □ No
- Participant is hearing impaired □ Yes □ No
- Participant is understandable when speaking □ Yes □ No
- Participant tends to wander off □ Yes □ No
- Participant acts aggressively □ Yes □ No
- Participant acts shy/withdrawn □ Yes □ No
- Participant follows a special diet □ Yes □ No

**Participant has Seizures**  □ Yes □ No  If yes, then Type of Seizures: __________________________________________

Frequency: _________________________  Date of last Seizure: __________________________________________________

**Participant has Allergies**  □ Yes □ No  If yes, List allergies and reactions: _______________________________________

_______________________________________________________________________________________

_______________________________________________________________________________________

**Participant has food restrictions/special diet (please explain):**

_______________________________________________________________________________________

**Describe impairments/modifications from checklist:**

_______________________________________________________________________________________

_______________________________________________________________________________________

_______________________________________________________________________________________

**Other information you feel we should know:**

_______________________________________________________________________________________

_______________________________________________________________________________________

_______________________________________________________________________________________

**Accepted payment types:** Visa, MasterCard, Discover, Cash, Check

**Paying by Check?** Make check(s) payable to: *(separate payments required for PBC-BOCC & A4A FL-PBC)*

**Palm Beach County Board of County Commissioners (PBC-BOCC):**
- Community Programs
- Aquatic Programs
- Pool Admissions

**Arts4All FL-PBC (A4A FL-PBC):**
- Arts4All Florida-Palm Beach County Programs (Visual & Performing Arts)
Paralympic Sports Programs

Year-round sports training and competition offered for persons with physical disabilities:
- Boccia
- Goalball (visual impairments)
- Handcycling
- Swimming (April - September)
- Javelin
- Wheelchair Basketball
- Wheelchair Rugby

Adapted Sports Program Membership Fee
$25 per player per year
*This fee does not apply to new participants, open gym participants, and new and developing programs.

Adapted Sports Open Gym
Tuesdays & Thursdays
1:00 pm - 4:00 pm when the gym is available.
Call ahead to confirm. Stop by to train, practice, or just to have fun!
Limited sports equipment available for use.

UPCOMING COMPETITIONS

Goalball - South Florida Goalball Mixer
October 19 - 20
CMAA T-Rec Complex

The player gets ready to throw the ball past the opposing team’s goal line.

Knock & Roll Wheelchair Rugby Tournament
January 10 - 12, 2020
CMAA T-Rec Complex

Palm Beach Jack Jam Boccia Tournament
February 7 - 9, 2020
CMAA T-Rec Complex

TOURNAMENT

Paralympic Swim Clinics
Ages: Youth & Adult
Program Dates:
Sunday, August 18
Saturday, September 14
Time: 10:00 am - 12:00 pm
Location: Gleneagles Country Club Aquatic Center at the CMAA T-Rec Complex
Fee: FREE
Description: Learn different swim styles and practice and perfect your swim stroke technique. Swimming is good cross-training for any sport and is a great way to stay active!

INTRODUCTORY CLINIC

Ask about our Handcycle Loan Program!

The Tiger Sharks sled hockey team is a program of Endless Possibilities for the Disabled a non-profit organization that creates recreation opportunities for people with physical disabilities. The team won 2nd place at their first national tournament! Check out their practices on Sundays at Palm Beach Skate Zone or contact endlesspossibilitiespbc@gmail.com for more information.

To volunteer for adapted sports special events contact Daniella Robbins at (561) 966-7083 or email drobbins@pbcgov.org.

The Tiger Sharks sled hockey team is a program of Endless Possibilities for the Disabled a non-profit organization that creates recreation opportunities for people with physical disabilities. The team won 2nd place at their first national tournament! Check out their practices on Sundays at Palm Beach Skate Zone or contact endlesspossibilitiespbc@gmail.com for more information.

The wheelchair course is located near the John Prince Park Administration building.
Special Olympics Florida - Palm Beach County provides sports training, competitions and sport skill development activities for children and adults with intellectual disabilities.

Visit us at www.SpecialOlympicsPalmBeach.org

Sports Training & Competition

Special Olympics sports training and competition provides opportunities to achieve physical fitness, self-esteem, and the life skills necessary to be productive, respected, and contributing members of our community.

Sports Training Offered

Year-round sports training and competition offered for persons with intellectual disabilities 8 years old and older:

- Athletics - Track & Field
- Basketball
- Bocce
- Bowling
- Cheerleading
- Croquet
- Cycling
- Equestrian
- Flag Football
- Golf
- Gymnastics
- Ice Skating
- Little ELITES
- MATP
- Power Lifting
- Sailing
- Soccer
- Softball
- Stand Up Paddle
- Surfing
- Swimming
- Tennis
- Unified Champion Schools
- Volleyball

2019 Fall Athletic Competitions

August 10
PBC Invitational Softball Tournament
Spanish River Athletic Complex, Boca

August 17
Area Swimming, Sebastian

August 24
County Bowling, Adult Single
Greenacres Bowl

August 24
State Stand Up Paddle, Sarasota

August 25
County Surfing, Lake Worth Beach

September 6 - 7
State Golf, Orlando

September 7
County Bowling, Schools, Doubles, & Teams, Greenacres Bowl

September 21
Area Surfing, Stuart Beach

September 28
Area Softball, Spanish River Athletic Complex, Boca

October 5 - 6
State Swimming, Sebastian

October 12
Area Bowling, Sawgrass Lanes, Tamarac

October 26
State Surfing, Cocoa Beach

November 9
County Basketball
SOPBC Gym, J.I. Leonard HS, Boynton Beach HS

November 15 - 17
State Fall Classic, ESPN Orlando

December 6 - 8
State Bowling, Boardwalk Bowl, Orlando

December 14 or 15
Area Basketball, NSU, Broward

- Volunteer
- Support
- Coach
- Compete

Athlete & Coach Info: (561) 966-7018  Rmgilber@pbcgov.org

Volunteer info: (561) 966-7017

Support Special Olympics: (561) 966-7019  Rfleming@pbcgov.org

John G. glides through the water at our County Swimming Meet at Aqua Crest Pool.

Brian O. takes a big cut during the State Fall Classic.
Young Athletes Program

A fun and exciting sports play program for children with intellectual disabilities ages 2 - 7.

This family involvement, community-based program helps athletes to develop physically and socially through fun physical activities and sports play.

Call for details.

Gael enjoys learning to play toss in Young Athletes program.

Healthy Athletes

Promoting overall health and fitness for Special Olympics athletes.

Athlete Leadership

Promoting involvement, empowerment and leadership opportunities for Special Olympics athletes.

Parents, if you would like to see a Young Athletes program at your child’s school, ask your teacher to call us.

Teachers, Facilitators, Recreation Staff

- Offer Young Athletes at your school or facility!
- We’ll help with training, free equipment and support.
- Call to get the ball rolling.

Young Athletes and Athlete Leadership: Call (561) 966-7072

Athlete Leaders, Melody, Hannah, Jared, Matt, Katherine and Brad, clockwise from top left, help tag 5,000 ducks for our Annual Duck Dash. Adopt your Ducks soon for the 2019 Duck Dash on Nov. 3
Achievement, Success, & Well-being –

Art4All Florida – Palm Beach County's mission is to create a society where people with disabilities can learn through, participate in, and enjoy the arts.

Art4All Florida - Palm Beach County programs are inclusive. Space is limited. Please refer to page 5 for program policies. For more information call (561) 966-7015.

Visual Art Programs

**Watercolor Painting**
* Ages: Teens/Adults
* Day: Saturdays
* **Program Dates:** October 5 - 26
* **Time:** 4:00 pm - 5:30 pm
* **Location:** CMAA T-Rec Complex
* **Maximum Enrollment:** 10
* **Registration:** Closes September 27
* **Fee:** $50
* **Instructor:** Anita Lovitt
* **Description:** This is a lovely program for learning watercolor basics in a soothing atmosphere. Anita will be happy to show you how to improve your watercolor painting skills.

**Workshops with Erica!**
* Ages: Teens/Adults
* Day: First Wednesday of the Month
* **Program Dates:** October 2
* **Time:** 5:30 pm - 7:00 pm
* **Location:** CMAA T-Rec Complex
* **Maximum Enrollment:** 10
* **Registration:** On-going
* **Fee:** $10 per workshop
* **Instructor:** Erica Vonderharr
* **Description:** Create something unique in these one-day workshops.

**Norton Museum of Art Tour & Workshop**
* Ages: Teens/Adults
* Day: Saturday
* **Program Dates:** November 16
* **Time:** 10:30 am - 12:30 pm
* **Location:** The Norton Museum of Art, West Palm Beach, FL
* **Maximum Enrollment:** 10
* **Registration:** Closes November 8
* **Fee:** Free
* **Description:** In our workshop we will tour an exhibit then head to the studio and create a work of art reflecting the tour. One family member per participant is also permitted to attend.

**Jewelry and Pretty Things!**
* Ages: Teens/Adults
* Day: Wednesdays
* **Program Dates:** November 13 - 27
* **Time:** 5:30 pm - 7:00 pm
* **Location:** CMAA T-Rec Complex
* **Maximum Enrollment:** 10
* **Registration:** Closes November 6
* **Fee:** $35
* **Instructor:** Catherine Rich
* **Description:** This program incorporates jewelry and mixed media to create wearable art and more.

*Yoryi and LiSandra work with Betty on their glass fusing pieces.*

*Yoryi and LiSandra work with Betty on their glass fusing pieces.*

*Watercolor paintings of sunflowers.*

*Alyson Palmer adding sparkle to her arms with her jewelry making skills.*

Visit us at www.a4apbc.com

To sign-up, call Cindy Pijanowski
(561) 966-7025

**Glass Fusing**
* Ages: Teens/Adults
* Days: Wednesdays
* **Program Dates:** September 4 - 25
* **Time:** 6:00 pm - 7:30 pm
* **Location:** The Craft Gallery, West Palm Beach, FL
* **Maximum Enrollment:** 7
* **Registration:** Closes August 28
* **Fee:** $50
* **Instructor:** Betty Wilson
* **Description:** Join us at this professional ceramic and glass studio and learn how to make stunning works of art made of glass!

**Jewelry and Pretty Things!**
* Ages: Teens/Adults
* Day: Wednesdays
* **Program Dates:** November 13 - 27
* **Time:** 5:30 pm - 7:00 pm
* **Location:** CMAA T-Rec Complex
* **Maximum Enrollment:** 10
* **Registration:** Closes November 6
* **Fee:** $35
* **Instructor:** Catherine Rich
* **Description:** This program incorporates jewelry and mixed media to create wearable art and more.

*Alyson Palmer adding sparkle to her arms with her jewelry making skills.*
Performing Arts Programs

To sign-up, call Erica Vonderharr (561) 966-7024

Improv!
Ages: Teens/Adults
Day: Tuesdays
Program Date: August 27 - October 1
Time: 5:00 pm - 6:30 pm
Location: CMAA T-Rec Complex
Maximum Enrollment: 10
Registration: Closes August 20
Fee: $60
Instructor: Nate Stubbs

Improv Performance!

Date: Tuesday, October 1
Location: Bob Carter’s Actor’s Workshop and Repertory Theatre
1000 N Dixie Hwy, WPB, FL 33401
Time: 6:00 pm - 7:00 pm
*Admission is free!*

Let’s stay in touch!
/a4apbc

Arts4All Florida - Palm Beach County Showcase and Reception “Lean On Me”
Join us for the annual A4AFL-PBC Showcase. This two-hour tribute to dance and music is an opportunity for children, teens and adults of all abilities to share their talents with the community. An Art Exhibit is also on display at the Showcase featuring works created in A4AFL-PBC visual art classes.
Don’t forget to stop by the reception after the show for some light refreshments and a chance to sign up for more A4AFL-PBC programs!

Day: Saturday
Program Date: December 7
Time: 2:00 pm - 4:30 pm
Location: Duncan Theatre @ Palm Beach State College in Lake Worth
Fee: $5
Tickets may be purchased at the door or by calling (561) 966-7025.

The A4AFL-PBC Showcase is professionally videotaped and copies will be available for sale!

DanceStops
Ages: Teens/Adults
Day: Mondays
Program Dates: September 30 - December 2 (No class October 14 and November 11)
Time: 6:00 pm - 7:30 pm
Location: CMAA T-Rec Complex
Rehearsal: Thursday, December 5
Duncan Theatre @ Palm Beach State College. Time TBA.
Maximum Enrollment: 12
Registration: Closes September 23
Fee: $60
Instructor: Samira Mohammed

Performance at the A4AFL-PBC Showcase!

SpotLighters - Song & Dance Performers
Ages: Teens/Adults
Day: Wednesdays
Program Dates: October 9 – December 4
Time: 6:30 pm - 8:00 pm
Location: CMAA T-Rec Complex
Rehearsal: Thursday December 5
Duncan Theatre @ Palm Beach State College. Time TBA
Performance: Saturday, December 7 at A4AFL’s Showcase
Maximum Enrollment: 12
Registration: Closes October 2
Fee: $60
Instructor: Kat Litrenta

If you love to sing and dance this is the group for you!

SpotLighters: On The Road
Up to 3 Performances in the Spring
Ages: Teens/Adults
Days & Times: TBA, Spring 2020
Rehearsal Location: CMAA T-Rec
Performance Locations: TBA
Maximum Enrollment: 10
Registration: Current - until filled
Fee: $40
Instructor: Kat Litrenta

*Must have participated in SpotLighters ’17, ’18, or ’19 to sign up*

A Day at the Theatre
Various dates from September thru May.
Let’s go to the theatre together.
We will experience music, dance, and theatrical performances!
Join our mailing list or follow us on Facebook for updates.

Calling all Performers!
A4AFL-PBC is looking for vocalists and acoustic instrumentalists (solo, duo, or trio) to perform at our Showcase!
Call (561) 966-7025 for more information.
CMAA Therapeutic Recreation
2728 Lake Worth Road
Lake Worth, Florida 33461

Palm Beach County Board
of County Commissioners
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Dave Kerner, Vice Mayor
Hal R. Valeche
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Mary Lou Berger
Melissa McKinlay

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Verdenia C. Baker

Deputy County Administrator
Jon Van Arnam

Parks & Recreation Department
Eric Call, Director
Jennifer Cirillo, Assistant Director

Achievement, Success, & Well-being— IT STARTS IN PARKS

2019 Palm Beach Duck Dash
at the Rapids Water Park
Sunday, November 3
Adoptions available on-line: August 20
www.palmbeachduckdash.com

What is the Palm Beach Duck Dash?

The 4th annual Palm Beach Duck Dash benefitting Special Olympics FL-PBC will return to the Rapids Water Park on Sunday, November 3, 2019. At approximately 10:30 am, a minimum of 5,000 Rubber Ducks will race along the Rapid’s Lazy River. The first 4 ducks to cross the finish line will win fabulous prizes!