



For _____ Age _____

Address _____ Date _____

Walk or engage in moderate physical activity for 30 minutes per day.

Nearby park locations listed on reverse side.

Boca Pediatric Group
5458 Town Center Road, Suite 20
Boca Raton, Florida 3348
561-391-6210

in partnership with



PALM BEACH COUNTY



PARKS & RECREATION

We create opportunities for healthy, happy living!

The following nearby parks and facilities are operated by **Palm Beach County's Parks and Recreation Department**. For detailed information and more county park locations, please visit www.pbcparcs.com.

- American Homes Park**, 9779 Liberty Road, Boca Raton
- Burt Aaronson South County Regional Park**
11200 Park Access Road, Boca Raton
- Governor Lawton Chiles Memorial Park**
6541 Morikami Park Road, Delray Beach
- Loggers' Run Park**, 11185 Palmetto Park Road, Boca Raton
- Morikami Park**, 4000 Morikami Park Road, Delray Beach
- Pinewoods Park**, 18069, U.S. Highway 441, Boca Raton
- Sandalfoot Cove Park**, 22334 Lyons Road, Boca Raton
- South County Civic Center**, 16700 Jog Road, Delray Beach
- South Inlet Park**, 1100 S. Ocean Boulevard, Boca Raton
- Southwinds Public Golf Course**
19557 Lyons Road, Boca Raton
- Veteran's Memorial Park**
9400 W. Palmetto Park Road, Boca Raton

The following natural areas are operated by Palm Beach County's **Department of Environmental Resources Management**. For more locations and detailed information, please visit www.pbcgov.com/erm.

- Pondhawk Natural Area**, 1501 NW Spanish River Blvd, Boca Raton
- Yamato Scrub Natural Area**, 701 Clint Moore Road, Boca Raton

*Additional parks, facilities, and public lands may be available through the **Greater Boca Raton Beach & Park District**. For more information, please visit www.mybocaparks.org.*