



11th Annual Palm Beach County Ocean Rescue Summer Ocean Mile Swim

Love open water swimming? Want to test your skills in competition? Don't miss this opportunity to compete against other open water swimmers while being guarded by Palm Beach County's award winning ocean lifeguards.

DATE: Saturday, June 15, 2019 **Sign in:** 5:45 – 6:45 a.m.

Race start: 7:00 a.m. sharp

LOCATION: Ocean Cay Park, 2188 Marcinski Road, Jupiter, FL 33477

COURSE: One-mile ocean swim. Exact course layout will be based on safety and determined by race day conditions. Electronic Timing.

AWARDS: Trophies will be awarded to 1st, 2nd, and 3rd place: male and female overall. Medals will be awarded to 1st-3rd places in the following age divisions: male and female 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 & over. Awards presentation and refreshments immediately following swim.

T-SHIRTS: The Palm Beach County Chapter of the United States Lifesaving Association will have shirts for sale. Proceeds will help fund associated costs with the chapter.

REGISTRATION: Opens May 1, 2019. Participants can register online, or by fax, or mail using the attached registration form. See registration form for link to online registration. **Registration is \$30 and will close on June 12 at midnight.** There will be **no race day registration**. Event Contact: (561) 694-7480. Online registration at www.pbcsplash.com. Questions/issues: (561) 966-6620.

**This event is limited to the first 300 participants.
Register early to ensure your participation!**



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