#### **Division of Senior Services**







Palm Beach County Board of County Commissioners Palm Beach County Department of Community Services

Division

of

Senior Services

### North County Adult Day Care

5217 Northlake Blvd. Palm Beach Gardens, FL 33418 Tel: (561) 694-5440 Fax: (561) 493-7245

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Mid County Adult Day Care 3680 Lake Worth Road Lake Worth, FL 33461 Tel: (561) 355-4746 Fax: (561) 357-7114

Services Division of Senior (DOSS) is funded by the Palm Beach County Board of County Commissioners, the Area Agency Palm Beach Aging on County/Treasure Coast (AAA) and Florida Department of Elder Affairs for individuals who are age 60 or older per the eligibility guidelines established by the Older Americans Act (OAA).







# ADULT DAY CARE

Administration Office 810 Datura Street Suite 300 West Palm Beach, FL 33401

> Phone: (561) 355-4746 Fax: (561) 355-3222

## **Division of Senior Services**

#### **MISSION**

Division of Senior Services (DOSS) mission is to provide accessible and high-quality services to help seniors sixty (60) and older attain optimal independence and promote quality of life for seniors and their caregivers.

#### **GOALS**

The goal of the Division of Senior Services is to administer to seniors a comprehensive range of programs that provides social and emotional well being; to encourage independence; and to support seniors and their caregivers within the community with dignity and choice.

#### **DOSS PROGRAMS/SERVICES**

DOSS provides information and assistance to aid senior residents age sixty (60) and older and their caregivers. DOSS encourages informed choices that enhance quality of life for seniors.



#### **ADULT DAY CARE**

Adult Day Care emphasizes social and recreational activities in a group setting, with some health monitoring. Clients attending Adult Day Care usually do not need medical attention during the day, but may need supervision for safety and activities of daily living.

Adult Day Care Programs provide a structured program of therapeutic, rehabilitative, social and leisure activities in a monitored setting. The programs offer supportive services to the participant, as well as to the family, by providing care and supervision in a protective environment during the day. Participants attend the program on a scheduled basis and services may include the following:

Counseling	Supervision
Meals	Exercise
Recreation	Transportation
Respite Care	Health Screening
Socialization	Education

#### ADULT DAY CARE

Open Monday through Friday 8:00 a.m. to 5:00 p.m. For additional information, please call the Division of Senior Services Administration Office at (561) 355-4746.

The North County Adult Day Care Program provides a luncheon program which includes two (2) snacks and a hot, nutritious meal for the senior participants under the supervision of a Licensed Nutritionist.



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