



18 U.S.C. 707

# 4-H

## DISTRICT XIII



# L I F E

**UF** | **IFAS Extension**  
UNIVERSITY of FLORIDA

 **Florida 4-H Youth Development**  
Head • Heart • Hands • Health

### Volume 8, Issue 1

### September 2017 - January 2018

#### 4-H LIFE Index

- Page 1: Introduction
- Page 2: District XIII Council Meeting Reports
- Page 3: District XIII Council Meeting Reports
- Page 4: District XIII Officer/Delegate Spotlight
- Page 5: District XIII Officer/Delegate Spotlight
- Page 6: District XIII Officer/Delegate Spotlight
- Page 7: County Corner
- Page 8: County Corner
- Page 9: County Corner
- Page 10: County Corner
- Page 11: 1st Executive Board Committee Reports
- Page 12: 1st Executive Board Committee Reports
- Page 13: 2nd Executive Board Committee Reports
- Page 14: Hurricane Irma Clean-Up at Birch State Park
- Page 15: Pride Grant Committee Pollinator Project
- Page 16: Living in Florida's Environments
- Page 17: District XIII's Focus On: Clean-Up After a Hurricane
- Page 18: District XIII Officer Training/4-H Day at the Capitol
- Page 19: District XIII Boxes of Love
- Page 20: Town of Davie Veterans Day Ceremony
- Page 21: District XIII Council Holiday Party
- Page 22: Third Executive Board
- Page 23: Club Focus
- Page 24: Club Focus
- Page 25: Club Focus
- Page 26: 4-H Word Search/4-H Crossword Puzzle
- Page 27: Officers/Delegates/Activities/Events
- Page 28: County Information/Hashtags/Social Media

#### Next District XIII Council Meeting

District XIII Council Meeting  
6:00pm, March 1, 2018  
UF/IFAS Broward County Extension Education  
3245 College Ave., Davie, FL 33314

#### Reminders:

- Email Pizza Orders to: [District13Council@gmail.com](mailto:District13Council@gmail.com)
- Pizza will be sold for \$1.25 per slice.

#### 2017-2018 District XIII Council Goals

- Win Spirit Stick
- Conduct Learning Workshops
- Hold/Participate in Community Service Projects
- Participate in State Initiatives
- Apply for Community Pride Grant
- Keep Social Media Accounts Updated
- Partner with Other/New Organizations
- Partner with Other Districts

#### District XIII Mission Statement

“District XIII 4-H council is a youth led organization that strives to make an impact in the community through service and also by training up youth in leadership and citizenship The council pursues excellence and strives to be a positive representation of the 4-H program, while providing fun activities for youth to network and make new acquaintances.”

# September District XIII Council Meeting Report

Due to Hurricane Irma, the September District XIII Council Meeting was canceled.

## October District XIII Council Meeting Report

The District October Meeting was held on Thursday at the Broward Extension Office. Elections were held for the following position: Treasurer, Sergeant-At-Arms, and Chaplain. Christy M. became Treasurer, Juliette G. became Sergeant-At-Arms, and Isabel R. became Chaplain. The council decided to have for the next meeting a Gratitude/Thanksgiving. They decided to buy a 4-H jacket and a clock for Mrs. Julie. The council discussed the District Council goals for 2017-2018. The goals are as follows:

- . Win Spirit Stick
- . Conduct Learning Workshops
- . Hold/Participate in Community Service Projects
- . Participate in State Initiatives
- . Apply for Community Pride Grant
- . Keep Social Media Accounts Updated
- . Partner with Other/New Organizations
- . Partner with other District

The council talked about cleaning up Birch State Park because of Hurricane Irma on 10/18 and 10/25.

Submitted by: Lorenzo Herrera

## November District XIII Council Meeting Report

The District November Meeting was held at Broward Extension Office. District council did Boxes Of Love Packing Party on November 9. Also, District volunteered at the Town of Davie Veteran's Day event on November 11th.

Ms. Alex discussed State Disciplinary Action Guidelines. Mrs. Noelle talked about the Draft Guidelines for District XIII Council. District had their first committee meeting. Mock Leg and Pride Grant had a great first meeting. District Council talked possible dates to have the meeting in Miami-Dade and Palm Beach.

December 7 – Palm Beach

January 4 – Miami-Dade

February 1- Miami-Dade

March 1- Broward

April 5- Palm Beach

April 28- Broward

Submitted by: Lorenzo Herrera

# December District XIII Council Meeting Report

Families came and talked to friends and ate good food. Juliette G. led pledges. After the pledges Danielle O. dismissed committee. Committee had a good meeting. Afterward Danielle O. led all the youth to a group games where the all the youth participated in. They were decorated as Rudolph the Red Nose Reindeer, Frosty the Snowman, and a Christmas Tree. Later we did socks exchange. The youth were in a circle and Danielle O. read a song. Whenever the song will say left we would pass the socks left, whenever it will say right we will pass it right. We all got different socks. We had a lot of fun.

Submitted by: Lorenzo Herrera

# January District XIII Council Meeting Report

Danielle discussed RMCA craft day which will be held on February 19th. Danielle will send a doodle poll to volunteer again at Birch State Park. Danielle talked about YEA Project ROC Invasive Removal and Mangrove Planting. (Project LIFE) It will be on Saturday, February 24, 2018 from 9am-1pm, at Deerfield Island Park. District Council got the grant they applied for.

Submitted by: Lorenzo Herrera



October District XIII Council Meeting



November District XIII Council Meeting



December District XIII Council Meeting



# District XIII Officer/Delegate Spotlight

**Name:** Samuel Rodriguez

**How many years have you been in 4-H?** 9 years, this is my 10th.

**What is your project study this year?** Cooking

**What is your favorite thing about 4-H?** I guess it would have to be the skills I learn by being with the people I love.

**What is your favorite 4-H event and why?** Definitely State Legislature. It was my first state event I attended, and I will never forget the experiences I had, the things I learned, and the people I met.

**What is one important thing you have learned while being a part of 4-H that you will be able to use in the future?** Never give up, that's a big one. Truth is that you fall and it hurts, but you need to pick yourself up and keep going. No place can stop a hurt from falling, but it is in few places where you can master the technique so that when you take the jump you land it and don't fall. That's what 4-H is to me. I've done so many things, messed up so many times, yet learned and improved and had support to keep going from the 4-Hers although my failures present to move on.

**What office do you presently hold (or want to hold), and why did you choose to run for that office? (If you are running for more than one office, please answer for each office).** I currently hold the office of Vice President.

**Why do/did you want to be a district officer?** I wanted to be a district officer because the 4-H District XIII is an amazing group, and I wanted to be able to share that experience with others by facilitating it.

**How do you plan to improve District XIII?** Honestly I'm not sure how I can until after the incoming wave of major changes. On a personal note, I'm just going to be the best I can be. I have a motto, that I didn't really create somebody just said it and it stuck: Everybody loves Sam. That's probably one of the most conceded things to say, but it's a motto I try to make reality for everyone. I don't really want everyone in the world to be my best friend, and I don't think everyone would want that, but I just try to make sure that in whatever I do in interacting with others I have a good time with them while fulfilling the goal no matter the circumstance. It's really just doing something a great man once said: If you want to have a friend, you must first be one. Be welcoming and nice, that's all it is. Be friendly, stay true to your nature and show love to everyone.

**What goals do you want to fulfill as a District Council officer?** AH! This is an easy one. I want to fulfill the district goals. Again, I am not sure how possible will be until the torrent of unprecedented changes is set and finalized.

**What do you hope to learn by being a District Officer?** Patience. I have a great amount but I immediately consider adults to be on like a next level of handling and knowledge and when they don't meet my, well I wouldn't call them standards, but like a base level I am easily frustrated. Sometimes it's communications, other times it's holding on to a view or perspective so tightly you are unwilling to compromise. So it's just really being patient and learning how to better work with superiors that have a much different point of view.

**What club, county, or state positions do you hold?** At club I hold no positions. I was in a state of transitions so I did not run. At county I am the delegate to district council. At state I am an executive board delegate from district.

**Tell us a couple of fun facts about yourself (favorite color, car, hobby, holiday, and why)** Oooo, ok so I have a meme page on Instagram. It's great! Ask me about it if you want to follow it and have some good laughs. My favorite color is red but blue is my favorite to wear. I wish to live outside of the United States for a few years. Lastly I cook pretty well. So if you ever want to come over for some of the best homemade cooking not done by your grandma or mom, let me know.



# District XIII Officer/Delegate Spotlight

**Name:** Juliette Gutierrez



**How many years have you been in 4-H?** - About.. Three, Four years.

**What is your project study this year?** - I will most likely be doing Archery with one of my clubs again.

**What is your favorite thing about 4-H?** - Participating in projects and going to state events.

**What is your favorite 4-H event and why?** - I recently went to 4-H University for time and it was phenomenal. 10/10 recommend it for anyone who wants to go this upcoming year.

**What is one important thing you have learned while being a part of 4-H that you will be able to use in the future?** - Taking initiative/responsibility and leadership.

**What office do you presently hold (or want to hold), and why did you choose to run for that office? (If you are running for more than one office, please answer for each office).** - The only office I ran for was Sergeant-At-Arms. I was planning on running originally for another position, but backed out at the last minute for odd reason. But in the end, there were officer positions that we're still open after elections. From there, I decided to run for Sergeant-At-Arms and gained the position.

**Why do/did you want to be a district officer?** - Many people came up to me and said that I showed qualities of being capable to hold an officer position at County and District levels. So, with that extra push, I ran for various positions.

**How do you plan to improve District XIII?** - Working alongside the other officers, I want to improve District XIII by encouraging others at club and county level to join District meetings.

**What goals do you want to fulfill as a District Council officer?** - I would really enjoy growing closer to those in the council as well as the other officers.

**What do you hope to learn by being a District Officer?** - I would really enjoy seeing how District is run behind the meetings.

**What club, county, or state positions do you hold?** - I am currently Reporter for Broward County Footprints, Sergeant -At-Arms for Broward County Tropical Troopers, and Vice President of County.

**Tell us a couple of fun facts about yourself (favorite color, car, hobby, holiday, and why)** - Hmm.. Well, my favorite colors are Army green and black. I've never been a fan of bright, neon colors.

As for my favorite car.. I've never liked expensive cars, but have always loved and wanted a cream-colored Volkswagen Bus. Conveniently, it has plenty of space.. But it also takes up a lot of space too!

My favorite holidays.. I'd say Thanksgiving and Halloween. Thanksgiving allows family and friends to come together and enjoy each others company (And some delicious food). Halloween is the one day I can dress up and not be seen as an odd person!

I have a variety of hobbies, mainly playing video games and creating art. I do enjoy collecting pins and taking care of bonsais as well!

# District XIII Officer/Delegate Spotlight

**Name:** Lorenzo Herrera



**How many years have you been in 4-H?** 4 years

**What is your project study this year?** Leadership and Public Speaking

**What is your favorite thing about 4-H?** Spending time with my friends and helping the environment

**What is your favorite 4-H event and why?** SRTLTC because I got to meet 4-Hers from some states

**What is one important thing you have learned while being a part of 4-H that you will be able to use in the future?**

Always be confident when speaking in front of people

**What office do you presently hold (or want to hold), and why did you choose to run for that office? (If you are running for more than one office, please answer for each office).** I'm secretary of District XIII, I ran because I wanted to expand my knowledge

**Why do/did you want to be a district officer?** Because I wanted to make 4-H greater than it is already is

**How do you plan to improve District XIII?** Invite more youth in the meeting and do more with the community

**What goals do you want to fulfill as a District Council officer?** Have more youth in the meeting, do community hours, and work with other Districts

**What do you hope to learn by being a District Officer?** Different skill sets you can apply for later in life and communication skills

**What club, county, or state positions do you hold?** County: Vice-President

**Tell us a couple of fun facts about yourself (favorite color, car, hobby, holiday, and why)** My favorite color is green, one of my hobbies is that I like to Woodburn, my favorite holiday is my birthday because I get presents.

# October County Corner

## **Broward** By: Michele D'Aquino

Broward County Council met for their first meeting right before Hurricane Irma on September 1, 2017. The Council voted for our Fundraising Committee to hold a pumpkin fundraiser. Please see a Broward County member to purchase a medium sized pumpkin for \$10. County members brought in donations of baby items, pet food, toiletry supplies, and clothing for the Hurricane victims. Club Highlight: The Hooked On Nature Club talked about their summer boating trip to Key Largo where they learned about fishing.

Our October meeting was held Tuesday, October 3rd. We held our National Youth Science Day on October 4, 2017, at Orangebrook Elementary School. Council members helped teach 4th and 5th grade students about Marine Science, Native trees, and the obstacles a bird faces in its life.

We will be going to Delevoe Park in Fort Lauderdale this Saturday to teach youth to re-pot and care for native seedlings with a seedling giveaway with Naturescape. We will also be teaching youth how to turn their yards into certified wildlife habitats.

Members of the council will be going to Veteran's Park in Davie on November 11 (Veteran's Day) to serve lunch and hand out cards to the Veterans.

The council voted to collect food donations at the next meeting for the Holy Cross Hospital Thanksgiving food drive. Members are also going on November 21st to pack non-perishable items in baskets for needy families in our community for Thanksgiving.

The council voted to re-design our County T-Shirts and will sell them for \$10 each.

Council members brought in different donations (toiletry items, baby items, first aid kits, tissues) for the Hurricane Maria victims in Puerto Rico.

Our Achievement Night will be held on October 20th here in the 4-H Auditorium. The theme this year is Red Carpet – and the name is the 4-H'ys (like the Grammys).

Club Highlight: The Dream It, Style It, Make It Club talked about their recent National Youth Science Day activity.

The next Broward County Council meeting will be held on Tuesday, November 7, 2017.

## **Palm Beach** By: Ana Cabrera Soca

The focus of the October 10, 2017 Palm Beach County Council meeting was to outline a plan to recruit new members into County Council and start planning activities for the year. This year's County Council President, Ashley De Jesus, told the board about her plans for her year of presidency and her plan to gain more involvement in County Council and participation in events.

The first event of the year was the Wellington Holiday Parade. The parade was held on Sunday, December 10. The Council designed a flyer to be printed to pass out at our local schools and clubs to get more kids to participate in the parade. We did not make float due to time constraints but walked with banners and in costumes with giveaways (candy, pencils, temporary tattoos, etc.).

## **Miami-Dade** By: Christian Barrientos

Due to Hurricane Irma, Miami-Dade County had to reschedule our first meeting for Monday, October 9th at 7pm. Members of Miami-Dade assisted a 4-H family restore their farm and 4-H projects that were affected by the storm the weekend of September 22-24.

# November County Corner

## **Broward** By: Michele D'Aquino

October was a very eventful month for Broward County 4-H.

On October 7th, we partnered with Naturescape during National 4-H Week to inform the community at Delevoe Park about the danger of invasive plants and to give out free native plants as part of the State 4-H initiative, L.I.F.E.(Living in Florida's Environments).

We had our Achievement Night on October 20th. The theme was Red Carpet, called the 4-H'ys. Everyone was dressed formal. Members arrived early to help decorate the 4-H auditorium for the night and brought in different dishes for a potluck dinner. Members were recognized for their many accomplishments and new officers were installed.

Coming up, on November 11th, Veteran's Day, members will go to Veteran's Park in Davie to honor our Veterans. We will hand out thank you cards and serve lunch. Anyone wishing to participate is welcome.

Also coming up, on November 21st Broward County members and officers will take part in the Holy Cross Hospital Share the Feast Thanksgiving Basket Drive. We are collecting nonperishable items and packing them at our upcoming County Council meeting on November 7th. For a list of items that we are collecting, please see Mrs. Alex or myself after tonight's meeting.

## **Palm Beach** By: Ana Cabrera Soca

During the November meeting, Wellington parade details were ironed out, such as costumes and meeting location and we also discussed two other parade opportunities during the South Florida Fair. The South Florida Fair's theme for 2018 is "Magical Parades" and they will be having a daily parade. PBC 4-H will be participating in two parades at the South Florida Fair and making costumes for each. The first date is on Friday, January 26, 2018 and is a "Boat Parade" theme. The Second is on Saturday, January 27 and is a "Thanksgiving Parade – Thank a Farmer" theme.

## **Miami-Dade** By: Christian Barrientos

The Miami-Dade County Report is currently unavailable.

# December County Corner

## **Broward**    By: Michele D'Aquino

Broward County Council had a very busy couple of months in November and December.

The Council took part in the Holy Cross Hospital Share the Feast Thanksgiving Basket Drive. Members collected nonperishable items and packed three large baskets at our November meeting. Members volunteered at the Holy Cross event on November 21st, and packed over 300 baskets of much needed food for our community.

Members also attended the District's Boxes of Love Operation Christmas child packing project.

Broward County members went to Orange Brook Elementary School to teach environmental science projects in theme with the 4-H State Initiative L.I.F.E.

Broward County held a holiday wreath fundraiser.

At our December meeting, we held a Holiday Party with a Wacky Tacky Holiday Outfit Contest. There was also a beanie exchange, a family heritage holiday potluck, and different holiday games to play. It was a fun filled night!

The Flagler Village Monarchs held their Christmas event called "Made in Broward." They sold many different hand made products.

Broward County went to Oakmonte Village Assisted Living Facility to bring some holiday cheer by decorating the facility and singing Christmas Carols.

## **Palm Beach**    By: Ana Cabrera Soca

In December, the PBC Council participated in the Wellington Holiday Parade and received sponsorship for parade entry from the South Florida Fair. Fifteen youth participated and represented 4-H in the parade. In addition, Palm Beach County hosted the District XIII meeting on December 7.

## **Miami-Dade**    By: Christian Barrientos

The Miami-Dade County Report is currently unavailable.

# January County Corner

## **Broward** By: Michele D'Aquino

Broward County Council began 2018 with our monthly meeting which mainly discussed and planned upcoming events.

On February 7th, council members will go to Orange Brook Elementary School to teach the students about the Everglades.

Broward County formed a committee to hold a Backyard Wildlife Certification Workshop. Interested members will take a class to learn about how to certify a backyard. Then, they will go to different schools to hold the workshops. Dates will be determined in the future.

Broward County is looking forward to participating once again in the Orange Blossom Parade and Festival. The parade is happening on February 24. This year's theme is Rockin' Through the Ages. The county will decorate a float to look like a musical stage and members will dress up like rock stars. This is an excellent opportunity to spread the word about 4-H while having a lot of fun.

Our next county Council Meeting will be held on February 6th.

## **Palm Beach** By: Ana Cabrera Soca

In January, the County Council was busy planning for and participating in two parades during the South Florida Fair. Council members received sponsorship from the Florida Sugarcane League to participate in the Fair's Boat Parade and Thank a Farmer Parade. The members created a large boat costume for the boat parade and a banner representing 4-H and the Florida Sugarcane League. The 4-H participants were on a float for the Thank a Farmer parade and got to toss beads to fair attendees during the parade. The 4-H banner was hung from the side of the float.

## **Miami-Dade** By: Christian Barrientos

The Miami-Dade County Report is currently unavailable.

# 1st Executive Board Committee Reports

## University Committee

Good Afternoon,

University committee was very productive. We discussed our goals for University which is :

- Have 400 participants
- Have each committee member 5 new people
- Constant communication
- More accommodating schedule
- Make participant feel valued

We talked about the schedule. Also, we discussed the themes for University which were:

- Career Theme
- 4-H is the Future
- Past Present Future
- Expand your horizons/ world
- College Focus

The committee voted that we have the tag lines "Start here, Go anywhere." And the theme is "The Future is Ours"

Sincerely, Lorenzo

The 4-H University committee, chaired by Christian Rodriguez, began the committee meeting by going over strengths and weaknesses from last year's 4-H University and brainstorming ideas to improve this year's event. We made goals to increase participation, have better communication and keep an accommodating schedule.

The theme this year will be "The Future is Ours, Start Here Go Anywhere." Then we went into the Learn, Lead and Serve sub-committees.

By: Danielle O'Connor

# 1st Executive Board Committee Reports

## Communication and Council Support Committee

The CCS committee, chaired by Miguel Bermeo, had two guest speakers, Sam Grenrock and Alec Richman from the University Florida, who came and talked to the committee about what they do at UF and how the committee can promote 4-H.

By: Danielle O'Connor

## Entertainment Committee

The entertainment committee started off with some icebreakers to get to know each other then quickly moved into goals we set for the year. After goal setting, we split up into two subcommittees; one committee discussed what the theme would be for 2nd Exec and the other committee

By: Forrest McClain

## Day at the Capitol Committee

The Day at the Capitol committee was led by Brooke Miller. We discussed the activities we will be holding on the day of the event, the activities are Supreme Court tour for Juniors and Intermediates, and Parli Pro/Gavel games for seniors. We will also be having a scavenger hunt on the day of the event that will bring everyone over to the Capitol. Later on in the meeting, we proceeded to read over the Constitution and see if any changes that had to be made, we discussed changing the official 4-H color from pms347 to pms348, we also discussed multiple other constitution changes.

Submitted by: Shane O'Connor

## State Legislature Committee

The State Legislature Committee Report is currently Unavailable

# 2nd Executive Board Committee Reports

## University Committee

Christian decided to have to have Forrest Masters to be our speaker on Wednesday for the Service learning project to teach members about Florida Disasters how to be prepared and how to build preparedness kits. The committee decided to have prizes to the top three committee member bring at least 5 new University participant. Prizes are: IPAD, Cheapish computer, beats/bose Headphones, Alexa, portable phone charger, fidget spinner, and 4-H swag.

Submitted by: Lorenzo Herrera

Christian Rodriguez, the University committee chair began the meeting with a discussion about having prizes for 4-H U committee members as an incentive to sign up the most, first-time University attendees. The Lead subcommittee, chaired by Danielle O'Connor, finished the design for the University T-shirt and the design for University committee members polos.

By: Danielle O'Connor

## Communications and Council Support Committee Report

The Communications and Council Support (CCS) meeting met at the Florida 4-H Second Executive Board. The committee dissolved the interview sub-committee and reassigned the members to the other two sub-committees. As part of the Blog sub-committee we worked on a blog post for Second Executive Board. I personally was assigned to report/do a blog post on the District XIII Mock Leg. The CCS committee will meet again at Third Executive Board.

Submitted by: Samuel Rodriguez

## Entertainment Committee

The Entertainment Committee Report is currently unavailable.

## Day at the Capitol Committee

We first discussed how we were not able to get a room for the Parli Pro work shop, so we decided to make it a booth instead. Later on we discussed possibly changing the name of Intermediate State to Intermediate Law. It will be voted on in the future. We also fixed grammar mistakes in the Constitution. Submitted by: Shane O'Connor

## State Legislature Committee

The State Legislature committee met at the Florida 4-H Second Executive Board. At the meeting, the bills for this year upcoming State Legislature. Some of the bills written by our District XIII will be featured. The committee discussed the T-Shirt design and logo. The logo was approved, but the color is tentative. The State Legislature committee will meet again at the 3rd executive board.

# Hurricane Irma Clean-Up at Hugh Taylor Birch State Park



As part of the FL 4-H state project, LIFE: "Living in Florida's Environment's", District XIII members helped park rangers clean up debris from Hurricane Irma at Hugh Taylor Birch State Park, on Saturday, September 16, 2017.

District XIII members returned to Hugh Taylor Birch State Park on Wednesday, October 18, 2017 to continue cleaning up hurricane Irma debris. Members cleaned up branches and leaves and also learned about the many opportunities available with AmeriCorps.



# District XIII Pride Grant Committee Pollinator Project

On December 20, 2017, District XIII Pride Grant Committee Members taught school children attending St. Bernadette School in Hollywood, FL. The students learned all about pollinators and the very important role they play in our environment. The District XIII Pride Grant Committee will be returning to St. Bernadette School in the 2017-2018 4-H year to continue to educate the school children about pollinators and will build a pollinator garden with the students.



The 2017-2019 Florida 4-H State Service Project is...

# L.I.F.E

## Living in Florida's Environments

**The Philosophy:** As green is 4-H's primary color, it is our responsibility to create a greener, brighter, and healthier tomorrow. Using the skills we have learned through citizenship, leadership, and developing character, we can truly make a bigger impact on our environment.

**The Project:** Each year, the State Project Committee of the Executive Board recommends activities in which 4-H'ers can participate that will carry out the state wide community service project of the Florida 4-H Council. This year, the committee decided that the theme for 2017-2019 will be "Living In Florida's Environments (L.I.F.E)". This project is focused on creating a greener tomorrow by hosting beach clean-ups, planting trees, and participating in citizen science activities.

**Purpose:** The purpose of the "Living in Florida's Environments (L.I.F.E)" project is to exemplify the "Green" aspect of 4-H by protecting and healing the most important resource, our home, earth.

In addition to "Club Highlights", counties and clubs within District XIII may email pictures and a description of your service activities for inclusion in the newsletter to: [District13Council@Gmail.com](mailto:District13Council@Gmail.com)

# District XIII's Focus On: Clean Up After a Hurricane



Cleaning up after a hurricane can be a dangerous project. Many jobs should be left to professionals. If you do take on smaller jobs yourself, make sure you have the right tools and safety gear to prevent unnecessary loss of life and limb.

## Safety First!

Safety should always be your first concern when cleaning up your yard after a hurricane. Make sure you have the right tools, equipment, and basic safety knowledge before you begin working. When you clean up tree damage after a storm, do not work alone. Recruit at least one partner to help you. Before you begin, you and your partner should survey the site. Identify the hazards and agree where injuries are most likely to happen. Come up with communication signals to use if you move out of each other's earshot. Create a safe work zone by setting a perimeter more than two times the height of the tree you're working on. Mark the perimeter with bright-colored tape or cones, and keep non-workers outside this perimeter. Appoint a person to act as the "flagger" for traffic, or use barricades and warning signs. Keep a well-stocked first-aid kit handy and know how to use everything in it. Avoid lifting objects that weigh more than 50 pounds, and lift with the legs (not the back) to reduce the chance of injury. Last, but not least, avoid overexertion. Most injuries occur when workers are tired.

## Using a Chain Saw

Chain saws may be the most dangerous power tool available to the public. Their blades can move up to 68 miles per hour, and their mufflers can get as hot as 900 degrees. During hurricane cleanup, when they are widely used to remove trees and branches, the risk of injury from chain saws increases. Follow these simple guidelines to help avoid such injuries. Always read and follow the instruction manual that comes with your chain saw. Learn how to start and operate your particular saw safely. Look for a chain saw with the following safety functions: a low-kickback chain, a hand guard, and a chain brake. Wear protective equipment. Equipment for chain saw operators includes: protective head gear (a helmet), hearing protection, protective glasses and face shield, gloves, leg chaps, and heavy work boots. By keeping key areas of the body covered, you reduce the chance of injury. Keep both hands on the chain saw handles at all times. Never use the saw with just one hand. Many chain saw injuries are the result of using the saw one-handed. Cut at waist level or below. Always use the saw pointed downwards. Injuries to the head and face often result from making cuts above head level. Never cut a branch or trunk higher than your waist. Cut away from your body. Push the saw away from your body to make a cut. Never pull it towards yourself. Avoid kickback. Kickback is when the upper tip of the saw blade contacts an object and causes the saw to come straight back at the operator. Kickback happens so fast that there is no time for reaction. To avoid kickback, never cut with the upper tip of the chain saw. Cut with the part of the blade closest to the engine. Watch the tip at all times, and make sure it does not come into contact with the ground or other branches. Shut off the saw when refueling it or when carrying it a distance of more than a few feet, through slippery areas, or through heavy weeds or brush. Make your presence known. Don't approach a chain saw operator unless you're sure he is aware of your presence. Because of the safety gear and the saw's noise, a chain saw operator often cannot see or hear the approach of other people. Take your time to do the job right. Fatigue leads to injuries, so take breaks when you need them. If you're feeling too tired, stop working altogether. Be extra careful when cutting bent or twisted limbs. Limbs that are bent, twisted, or caught under another object are more likely to snap back and hit you or the saw. Unplug the saw when you walk away from it. Coil the wire and put the saw away when you're done using it.

## Hiring a Professional

During hurricane cleanup, it's important to identify which jobs need to be done by professionals. For example, if you are a homeowner, use a chain saw only when you are on the ground. Get a tree-care professional to do all other work, including any that involves climbing. Do not use ladders or ropes. There are different types of professionals you can contact. A tree-care professional with adequate equipment and insurance can take down trees in open areas or remove dead or hazardous limbs. A certified arborist, preferably one certified by the International Society of Arboriculture (ISA), is best to handle the following: Removing a leaning tree or broken limb near a house or other potential target, reaching limbs that require climbing, restoring a damaged tree that could be saved, and pruning to promote good structure. Hiring an arborist can be a worthwhile investment. Trees increase property value when they are well maintained but can become a liability if poorly pruned or unhealthy.

## Electrical Hazards

Only qualified line-clearance arborists should work near electrical utilities damaged during the storm. Trees can uproot underground utilities and tear down power lines during hurricanes. The combination of electrical wires and floodwater creates an extremely hazardous environment. Line-clearance arborists alone are qualified to work on these grounds.

## Use Caution

Again, safety should always come first. Call the power company to report tree limbs fallen on power lines. Assume all power lines are dangerous, and do not touch them. Electrocutation may occur if any part of your body touches a conductor (water, tool, tree branch, metal fence) in contact with an energized power line. Sometimes large storms can devastate a community's trees. The cleanup of storm damage can be dangerous and expensive. But the good news is that after a hurricane, a community has the chance to better plan its urban forest so that future storms do less damage.



## District XIII Officer Training

Congratulations to all incoming District XIII Officers for the 2017-2018 4-H year! District XIII Officer Training was held on August 19, 2017. Officers were installed on October 5, 2017 at the October District XIII Council Meeting.



## Florida 4-H Day at the Capitol

The 4-H Day at the Capitol Program provides youth with an opportunity to learn more about their state government and experience the political process first hand. 4-H members are highly encouraged to make an appointment with their congressmen or a congressional aide to talk about how the Florida 4-H Program has impacted their lives. During the day, participants will hear from public officials, participate in educational workshops, and see their congressmen in action. Appointments with your legislators should be made prior to coming to 4-H Day at the Capitol.

**Who:** All 4-H Members, Friends, Family, and Alumni

**When:** February 22, 2018

**Where:** Tallahassee, Florida

**Cost:** \$30. This price includes lunch and a 4-H Polo.

**Registration:**

Registration will be through 4HOnline

For more information, please visit: [http://florida4h.org/programsandevents\\_/capitolday/](http://florida4h.org/programsandevents_/capitolday/)



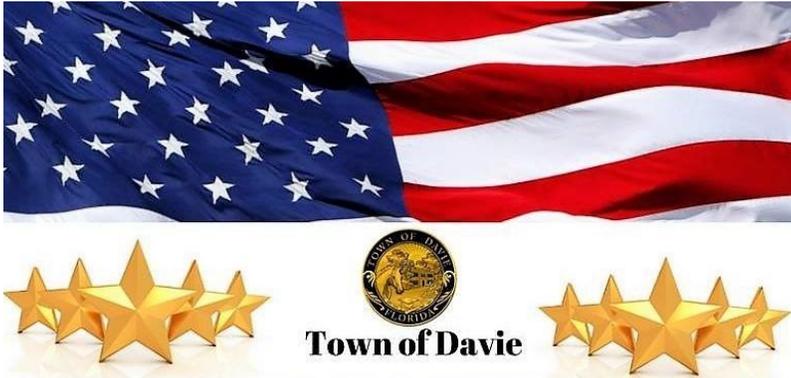
# District XIII Boxes of Love

On November 9, 2017, 4-H members packed 168 shoebox gifts at District XIII "Boxes of LOVE" packing party. The purpose of this event was to have District XIII's 4-H members and clubs in Miami, Broward and Palm Beach County work together as a team to make 'BOXES of LOVE', shoebox gifts for children in developing countries. This project gave 4-H members the opportunity to work together and use their communication and leadership skills to become active citizens in their community, state and nation, as they asked family, friends and local businesses for donations of school supplies, toiletry items, toys, clothing items and monetary donations to pay for shipping costs to third world countries through Samaritan's Purse. Boxes included school supplies, craft supplies, toiletry items, crafted gifts, small toys and articles of clothing (t-shirts, socks, hats, gloves, flip-flops etc.) etc. This was a very successful event helping so many children in other countries.



# Town of Davie Veteran's Day Ceremony

On November 11, 2017, District XIII Council members volunteered at the Town of Davie Veteran's Day Ceremony at Veterans Park. Members greeted and handed out "Thank You" cards to veterans, and helped seat them. Members also assisted in set-up/break-down of the facility, and served lunch to attendees.



**Veterans Day Ceremony**  
**Saturday, November 11, 2017**  
**10:00 am**



**Thanking Those Who Served**



# District XIII Council Holiday Party

The Florida 4-H District XIII Council held our Holiday Party on December 7, 2017 at the Palm Beach County Extension Office. 4-H members enjoyed a potluck dinner and fun games including a Team Building Holiday Costume Contest, Sock Exchange, etc.



# Third Executive Board

The Florida State 4-H Council Executive Board consists of 4 delegates from each of the 13 4-H districts, up to 30 Executive Board Appointees, and the 8 Florida 4-H State Officers. The Executive Board is a group of youth from across the state that represent their county and district. The members attend working committee meetings at Executive Board Weekend Events, during which they offer input into events such as 4-H University, Legislature, 4-H Day at the Capitol, and Intermediate State. Committee members also play a vital role in the implementation of those events. Other committees work on planning and implementing a state-wide community service project, fund raising, parli pro education, entertainment, and communication support.

## Elected and Appointed Delegates

Each district elects or appoints four district representatives, so contact your local 4-H agent for more information. In addition, the State Council Officers appoint up to 30 Executive Board Appointees.

Who: All 4-H Members age 13-18 (4-H age)

When: March 16-18, 2018

Where: 4-H Camp Cherry Lake

Cost: Exec Board Members & Adults \$110; Non-Exec Board Members \$120

Onsite check-in will begin at 6:00 pm on the first day. No Early Arrivals. We are unable to accommodate anyone prior to 6:00 pm.

## Registration:

Unlike First and Second Executive Board, Third Executive Board is open to all 4-H Members 4-H age 13-18 (4-H Age) Registration will be available in 4-HOnline beginning February 19, 2018 and will close on March 9, 2018. Late registrations will be accepted up until March 12th, but will incur a \$30/county late fee. Youth must be enrolled in 4-HOnline to register for the event. Enrollment in 4-HOnline is fairly simple, and if you have not already enrolled in 4-H please visit [4honline.com](http://4honline.com), or contact your county 4-H Agent.



# Club Focus

## Rock Café

Camila, with the help of former Clover Leaf camp counselors Brianna and Destiny, packed ziploc bags with school supplies collected for needy students in the Dominican Republic by Rock Cafe members. The teachers were so grateful! Thank you Camila for leading this service project and for Rock Café members assistance and donations.



Club Highlight: The Rock Cafe Broward 4-H Club has been involved in numerous service activities that have changed the lives of the people we have helped. In the past couple of years, Rock Cafe 4-H has been involved in various nursing home visits, beach cleanups, shelter decorations, and 4-H events. Our 4H club has been mostly focused on the sciences for the last few years. This year however, we decided to spice things up. Our project book focus this year is Theater Arts. We have been learning how to perform improvisational pieces and how to master character development. This is a beneficial step toward expanding our 4-H minds through the exploitation of new ideas and skills through the pathway of Theater Arts. As well as expanding our 4-H knowledge, this year Rock Cafe has taken part in a service project that is aimed to help special needs children in a school in the Dominican Republic. As a club, we have collected an abundant amount of school supplies to ship directly to the school. Our club prides itself in its ability to make an impact not only in 4-H, but across the globe. Whether we take part in 400 Boxes of Love, or a simple supply drive, Rock Cafe 4-H Club keeps the good of the community in mind. Rock Cafe 4-H loves to help others in need. Rock Cafe rocks!!

-Camila Moreno 4H Rock Café president

# Tropical Troopers

On April 1st, 2017, the Tropical Troopers participated in Broward County Events where members mainly participated in public speaking and an event known as Share the Fun, in which all the members that participated in the events either received a blue or red ribbon. Tropical Troopers Members Hayden, Jayden, and Lukas all qualified to compete at District Events. On April 8th, 2017, Tropical Troopers partook in the 4-H Regional Tailgating Competition held at Camp Cloverleaf. Member Hayden Hawes won first place in the Poultry Division, and Michele D'Aquino took home second place in the Poultry Division, securing their spots in the State Competition that will be held in October. On April 29th, 2017, the Tropical Troopers that moved on from County Events competed in District events. Members Jaden and Lukas Betancur both received Grand Champion. On May 6th, 2017, Tropical Trooper members, Hayden and Michele, participated and competed in the Broward County 3D Archery Fun Shoot, a very exciting and spectacular event in which 4H'ers would use their bow and arrows to shoot various, realistic targets. Michele placed 3rd in the Intermediate Division. Competitions and raffles were held for a chance for members to receive prizes, and overall it was a very enjoyable event. The Tropical Troopers also donated a tool box full of tools for the 4-H Community Fair Auction. On May 8th, The Tropical Troopers 4-H Club held a meeting where they started to construct their Club Scrapbook and participated in other various activities. Those activities included Memorial Day cards for the Disabled Veterans, Continuing to work on the SeaPerch Project, and painted flower picture frames for Mother's day. After everything our Moms do for us so that we can continue to benefit 4-H, nothing would have made us happier to give back to them on the day made for our Mothers. Tropical Troopers members attended the 4-H Achievement Night, red-carpet themed 4-H'ys. Amanda Velaquez was named Historian of the Year and Hayden Hawes was named Secretary of the Year. Hayden Hawes was also Intermediate Golden Clover and Michele D'Aquino was Intermediate Golden Clover Runner-Up.



# Hooked on Nature 4-H Club

The Hooked on Nature 4-H Club has accomplished many community service activities and went on amazing educational field trips in recent months. The Hooked on Nature 4-H Club went on a Drift Boat Fishing Trip! Our club chartered the Sailor's Choice Drift Boat, sailing out of the Holiday Inn Marina in Key Largo, Florida. The Sailor's Choice is a custom built all aluminum 65' drift fishing boat, located just a short boat ride to the fishing grounds in the Atlantic Ocean. We targeted a variety of species including Mangrove Snapper, Mahogany Snapper, Yellowtail Snapper, Strawberry Grouper, French Grunt, White Grunt, Almaco Jack, and many others. Members had such a great time and learned so much! Crew members taught our 4-H'ers all about offshore reef fishing techniques, fish landing techniques, and boat driving techniques. Members caught a variety of species. We can't wait for the next trip! The Hooked on Nature 4-H Club also packed Hurricane Disaster Relief Kits for victims in Puerto Rico affected by hurricanes Irma and Maria. These kits contained many essential items such as canned foods, non perishable foods, water, soaps, insect repellent, pre-pasted toothbrushes, ponchos, candles, as well as fun items such as playing cards. We also donated a lot of school supplies to those affected in Puerto Rico! Donated items included Pencil Cases, Paper Folders, Plastic Folders, Binders, Composition Books, Spiral Notebooks, and more. We would truly like to thank Walmart Store #1845, Cooper City, FL for there extremely generous donation of School Supplies! All items were given to Officer Denizard of U.S. Customs and Border Protection. Officer Denizard spoke about the devastated Puerto Rico, what U.S. Customs and Border Protection is doing to help Puerto Rico, and what their agency does. This was truly a great community service project that helped so many people, and such a great learning experience for members.

- Hayden Hawes, Hooked on Nature 4-H Club President

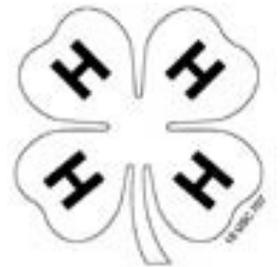


# 4-H Word Search

H	E	A	L	T	H	D	A	W	G	T	E	A	M	H	E	A	D
W	C	T	S	I	C	W	P	N	M	W	C	O	M	L	Y	M	V
Y	O	R	C	L	U	B	S	O	D	S	G	I	R	D	A	Y	J
G	U	A	C	M	K	T	X	R	L	W	N	R	R	N	P	P	Y
R	N	E	C	U	V	I	A	L	C	A	I	E	I	T	O	M	F
S	C	H	V	A	A	W	I	M	Q	R	K	C	T	G	S	M	U
E	I	B	M	E	O	K	V	Y	O	F	O	Y	T	A	L	I	N
R	L	E	W	R	S	N	G	T	P	R	O	J	E	C	T	S	D
V	O	E	B	O	Y	Y	M	I	U	U	C	C	P	L	F	S	R
I	R	Z	G	S	L	T	I	N	I	B	R	G	C	I	B	V	A
C	H	H	D	P	T	N	A	U	D	I	N	D	S	F	F	N	I
E	D	A	A	A	D	U	M	M	V	L	I	E	T	E	I	V	S
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S	P	S	R	X	Y	Z	B	C	N	Y	T	C	D	J	I	X	S
D	E	C	O	L	O	G	Y	G	S	T	T	S	E	A	N	P	R
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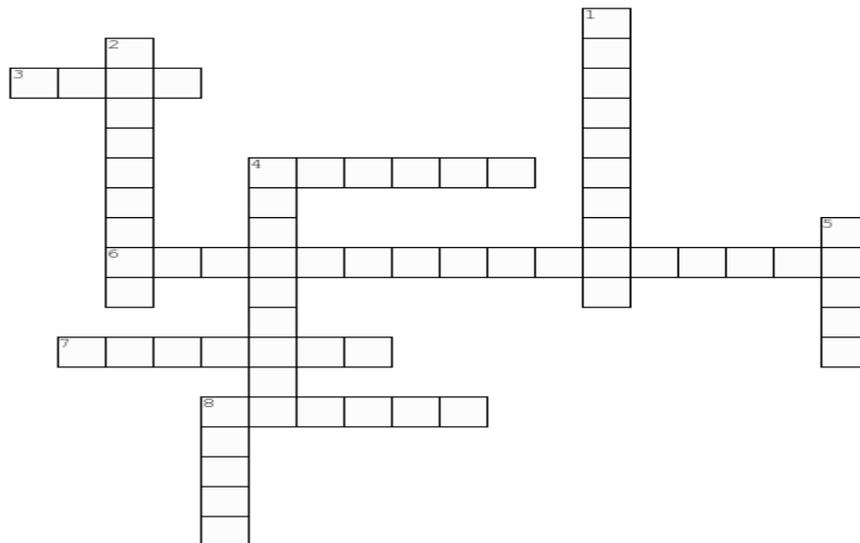
FLORIDA  
LIFE  
HEAD  
HEART  
HANDS  
HEALTH  
COMMUNITY  
SERVICE  
FUNDRAISERS  
CLUBS  
COUNTY  
BROWARD  
MIAMI  
DADE  
PALM  
BEACH  
MONROE  
DISTRICT  
XIII  
STATE  
COUNCIL

NYSD  
SKILLS  
PROJECTS  
COOKING  
ECOLOGY  
AEROSPACE  
SEWING  
FISHING  
ROBOTICS  
ARCHERY



## 4-H Crossword Puzzle

Complete the 4-H Crossword Puzzle below!



### Across

- One of the four H's in 4-H, relating to thinking
- Southernmost County in Florida 4-H District XIII. This county does not have an active 4-H program as of 2017
- An activity generally planned to help those in need.
- Smallest county in terms of square miles in District XIII
- One of the four H's in 4-H, relating to better living

### Down

- An effort to raise money.
- Northernmost county in Florida 4-H District XIII
- 2nd largest county in District XIII in terms of square miles.
- One of the four H's in 4-H, relating to loyalty
- One of the four H's in 4-H, relating to service

Created with [TheTeachersCorner.net](http://TheTeachersCorner.net) [Crossword Puzzle Generator](http://CrosswordPuzzleGenerator.com)

## 2017-2018 District XIII Council Officers

President: Danielle O'Connor  
Vice President: Samuel Rodriguez  
Secretary: Lorenzo Herrera  
Treasurer: Christy Manzueta  
Reporter: Hayden Hawes  
Historian: Shane O'Connor  
Sergeant-at-Arms: Juliette Gutierrez  
Parliamentarian: Laura Manzueta  
Chaplain: Isabelle Rodriquez

## 2017-2018 District XIII Delegates to Executive Board

Lydia Ducanis	Shane O'Connor
Forrest McClain	Christian Barrientos
Danielle O'Connor	Samuel Rodriguez
Lorenzo Herrera	

## Upcoming District XIII Council Activities

Project ROC! Mangrove Restoration, February 24th, 1720 Deerfield Island Park, Deerfield Beach, Florida 33441, 9:00am-1:00pm

## State, Regional, and National 4-H Events

February 22, 2018: Florida 4-H Day at the Capitol  
March 16-18, 2018: Third Executive Board, 4-H Camp Cherry Lake  
April 7-12, 2018: National 4-H Conference, Washington, DC  
April 28, 2018: District Events, UF/IFAS Broward County Extension Education Office Auditorium  
May 20-22, 2018: Area F Horse Show, Jim Brandon Equestrian Center, West Palm Beach, FL  
June 2, 2018: Camp Cloverleaf Counselor Training, Camp Cloverleaf, Lake Placid, FL  
June 9, 2018: Regional BBQ Tailgate Competition, Camp Cloverleaf, Lake Placid, FL  
June 15-17, 2018: Intermediate State, Camp Cherry Lake, Maddison, FL  
June 19-25, 2018: Florida 4-H Legislature, Florida State University, Tallahassee, FL

## 4-H Creed

I believe in 4-H Club work for the opportunity it will give me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to think, plan and to reason.

I believe in the training of my HEART for the nobleness it will give me to be kind, sympathetic and true.

I believe in the training of my HANDS for the ability it will give me to be helpful, skillful, and useful.

I believe in the training of my HEALTH for the strength it will give me to enjoy life, to resist disease, and to work efficiently.

I believe in my country, my state, and my community and in my responsibility for their development. In all these things

I believe, and am willing to dedicate my efforts to their fulfillment.

## County Information

### Broward

Phone: 954-357-5270

Email: 4-H@Broward.org

UF/IFAS Broward County Extension Education

3245 College Avenue

Davie, FL 33314

### Palm Beach

Phone: 561-233-1731

Email: FourH@pbcgov.org

Palm Beach County—4-H Youth Development

559 N Military Trail

West Palm Beach, FL 33415

### Miami-Dade

Phone: 305-769-4050

or 305-769-4051

Email: antwan2014@ufl.edu

Amelia Earhart Park

401 E 65th Street

Hialeah, FL 33013



Florida 4H is the youth development program of the University of Florida Institute of Food and Agricultural Sciences (UF/IFAS) Extension

## Official Florida 4-H Hashtags

#4HEverywhere	Contributions/Accomplishments
#CommPride	Community Pride
#FL4HALumni	Alumni Happenings
#FL4HU	4-H University
#NYSD	National Youth Science Day
#4HToTally	4-H Day at the Capitol
#ASKA4Her	Youth Responses
#LWF	Leadership Washington Focus
#CWF	Citizen Washington Focus
#FL4HLAW	Leadership Adventure Weekend
#FL4HLeg	Florida 4-H Legislature
#IntState	Intermediate State
#FL4HCamp	Camp
#FL4HForest	Forest Ecology
#FL4Hmee	Marine Ecology Event
#SHAREtheFUN	Share the Fun
#4HExecBoard	Florida 4-H Executive Board
#4HVLF	Volunteer Leaders Forum
#FL4HChat	Tuesday at 12:00pm on Twitter
#4HServesFlorida	Service

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**DISTRICT XIII**



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Instagram

**FL4H\_District13**

### Contribute to the District XIII 4-H LIFE Newsletter!

Do you have a question, idea, comment, or article?

You can contact the District XIII Council Reporter at [Hawes.Hayden@Icloud.com](mailto:Hawes.Hayden@Icloud.com)



### Follow District XIII on Facebook!

@Florida 4-H District 13

If you are not a Facebook account holder, you may access the District XIII Facebook Page by using the following link:

[www.facebook.com/florida4h.district13](http://www.facebook.com/florida4h.district13)

