

Positively Palm Beach



Treasure Coast Health Council, Inc., 600 Sandtree Drive, Suite 101, Palm Beach Gardens, Florida, 33403

The Role of HIV-Related Immune Depletion in Cancers

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*From www.aidsmeds.com
September 16, 2009*

Having a CD4 count less than 500 was a significant additive factor in the risk of developing a non-AIDS-related cancer, according to a study published in the October 1 issue of *Clinical Infectious Disease*. Both low CD4 counts and high viral loads were implicated in an increased risk for AIDS-related cancers.

A number of non-AIDS-defining cancers—such as anal cancer and lung cancer—are on the rise recently in people living with HIV and appear to occur at higher rates than in HIV-negative people. Though researchers have identified some of the contributing factors for the increased risk, such as infection with human papillomavirus (HPV)—the cause of cervical and anal cancer—being more common in people with HIV, it is not entirely clear how HIV and its related immune dysfunction contribute to the increased risk.

To determine the impact of immune decline and viral replication on cancer risk, Mathias Bruyand, PhD, from the Institut National de la Santé et de la Recherche Médicale (INSERM) in Bordeaux, France, and his colleagues examined the medical records of 4,194 HIV-positive people enrolled in the ANRS Aquitaine Cohort study. During the course of the study period—January 1998 through December 2006—251 people developed at least one type of cancer. Of those individuals, 107 were diagnosed with an AIDS-defining cancer, such as Kaposi's sarcoma or non-Hodgkin's lymphoma, and 144 were diagnosed with a non-AIDS-defining cancer, such as lung cancer.

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Is Anyone Listening?

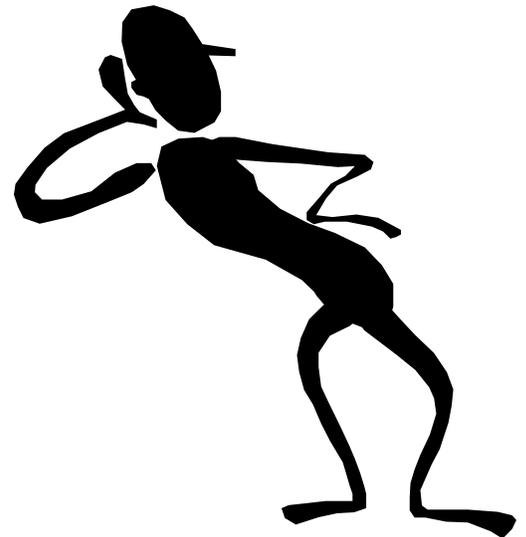
By Lorenzo C. Robertson

CARE Council Member

October 30, 2009

As a Black same gender loving man living with AIDS here in Palm Beach County, I was blown away by a historical event that happened in Belle Glade, Florida. What was the event you might ask? It was an SOS (Sistas Organizing to Survive) Conference for Black women. A conference for Black women may not seem like a big deal, but this was the first time a conference specifically targeting Black women to address the myriad of issues surrounding HIV/AIDS in a rural setting took place in our area. There were some great speakers, sessions and workshops. I was really impressed with the variety of workshops addressing issues about women. There were workshops on human trafficking, substance abuse, and stigma associated with HIV/AIDS. There were many panel discussions with professional Black women and how they became the women they are today.

The entire weekend was a great success for those that were in attendance. My biggest concern, there was not enough representation from community-based organizations and AIDS service agencies from Palm Beach County which I think is a huge problem. We



as health care professionals, especially those of us working in the HIV/AIDS field, need to be more supportive of each other and our efforts to effect change. The Palm Beach County Health Department HIV/AIDS program recently conducted a provider's retreat. The goal was to cultivate an environment of collaboration, networking and inclusion. Unfortunately, while our efforts achieved many of the objectives, the lack of attendance at the SOS Conference illuminates that there is still a great deal of work to do in the area of support and collaboration.

I know in many instances we are preaching to the choir, but it takes us to work with each other to assure the programs and events are successful. I know we all have our own programs, projects,

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DISCLAIMER: Positively Palm Beach is designed to present information to people living with HIV disease and their concerned families and friends. It is not to be regarded as medical advice. The appearance of information in this publication does not constitute an endorsement of that information by DOH or its sponsors. Consult your health care providers before undertaking any treatment discussed herein. Views expressed herein are those of the byline author and do not necessarily express the views of DOH or its staff. Requests by entities to insert materials will be reviewed by the editorial staff prior to acceptance.

WORLD AIDS DAY Palm Beach County

Tara Brown
Program Supervisor
Comprehensive AIDS Program (CAP)

You are invited to attend CAP's up-coming World AIDS Day Talent Show and Health Fair Event!

December 1, 2009
5:30pm – 8:00pm

This event is sponsored by CAP and is being held at Florida Atlantic University in the Grand Palm Room on the first floor of the Student Union

The People with Voices Talent Show is an opportunity to raise HIV/AIDS Awareness in our community. Top prizes will be awarded to the persons with the best HIV Prevention message as determined by the judges. A top prize of \$ 200 will be presented for the best HIV Prevention message. Additional prizes, based on talent, include, 1st place: \$125, 2nd place: \$75, 3rd place: \$50. Decisions by the judges are final. Talent entries are limited to 4 minutes maximum. Acts that exceed the four minutes will be cut off. Each act is encouraged to incorporate an HIV prevention message using their talent. Acts can be solo or group. An individual may compete a maximum of two times: once in a solo act and once as part of a group.

To register for the Talent Show, contact Tara Brown or Latheira Sigler. The number of entrants

is limited so register early! The deadline is November 20, 2009.

The People with Voices Show presents a great opportunity to reach a large segment of the community. To register as a health fair vendor contact Tara Brown or Latheira Sigler by November 25, 2009.

Contact Information:

Comprehensive AIDS Program of Palm Beach County, Inc.
2330 South Congress Avenue
Palm Springs, FL 33406
Tara Brown, Phone: 561-472-2466 ext. 129
Latheira Sigler, Phone: 561-472-2466 ext. 128

**OTHER WORLD AIDS DAY EVENTS
Palm Beach County**

Jesus People Proclaim Church will be holding a candlelight vigil. The date has not been set.

For more information on the other WORLD AIDS DAY events being held in Palm Beach County please contact:

Rob Scott
Early Intervention Consultant
Department of Health
561-540-1300

November SHARE Menu

Basic Package \$18

November Distribution Day is

Saturday November 21st

1.7 lbs. Tray Pack Chicken Drums

10 oz. Deli Sliced Honey Ham

15 oz. Ready to Cook Chicken

1 lb. Pork Sausage Roll

1 lb. Imitation Crab

Plus a variety of fresh fruits and vegetables

For more information call SHARE @ 1-800-536-3379 or visit their website www.shareflorida.org.

In Spirit and In Truth The Black Church and the LGBT Community Town Hall

The National Black Justice Coalition and Equality Florida continue our statewide Town Hall Series with clergy and community discussions on homosexuality and the Black Church for the purpose of building dialogue, understanding and common ground.

November 22, 2009

3:00 p.m.

St. Andrew's Episcopal

100 North Palmway

Lake Worth, FL 33460

The event is FREE and OPEN TO THE PUBLIC.

Panel Members include:

- ◆ **Dr. Sylvia Rhue**, National Black Justice Coalition, Director of Religious Affairs
- ◆ **Rev. Deborah L. Johnson** is the founding minister of Inner Light Ministries
- ◆ **Rev. Roland Stringfellow**, Coordinator of the Coalition of Welcoming Congregations - Center for Lesbian and Gay Studies in Religion and Sexuality
- ◆ **Nadine Smith**, Equality Florida, Executive Director
- ◆ **Lorenzo Robertson**, Ujima Men's Collective

For more information and to get involved in our efforts to keep this dialogue going, contact Equality Florida: Nadine@eqfl.org or by phone 813-870-3735.

Names Project South Florida Quilting Bee 2nd & 4th Monday of the Month at 7pm

The Quilting Bee is an all age group that focuses on making panels for the AIDS Memorial Quilt. Panels are inducted to the memorial quilt every year on December 1st during Compass' celebration of World AIDS Day. The event includes a candlelight vigil and quilt induction ceremony.

For questions please email Eric Miller at eric@compassglcc.com

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|-----------------------------------|--|
| <p>23 5p.m.-9p.m. FREE Rapid Oral HIV Testing Compass</p> <p>6:30 p.m. NA Meeting Compass</p> <p>7:00 p.m. Quilting Bee Compass</p> | <p>24 2 p.m.-6 p.m. FREE Rapid Oral HIV Testing Compass</p> | <p>25 11:00 a.m. Drop In Center Potluck Support Group CAP Palm Springs</p> <p>7:30 p.m. BrothasSpeak Support Group Compass</p> | <p>26</p> <p>THANKSGIVING DAY</p> | <p>27</p> <p>6:30p.m. CHANGE Orientation Compass</p> |
| <p>30 5p.m.-9p.m. FREE Rapid Oral HIV Testing Compass</p> <p>6:30 p.m. NA Meeting Compass</p> | | | | |

December

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|--|
| | <p>1 2 p.m.-6 p.m. FREE Rapid Oral HIV Testing Compass</p> <p>WORLD AIDS DAY</p> | <p>2 11:00 a.m. Drop In Center Potluck Support Group CAP Palm Springs</p> <p>7:30 p.m. BrothasSpeak Support Group Compass</p> | <p>3 5p.m.-9p.m. FREE Rapid Oral HIV Testing Compass</p> <p>8:00 p.m. Positive Living Support Group Compass</p> | <p>4</p> <p>6:30p.m. CHANGE Orientation Compass</p> |
| <p>7 6:30 p.m. NA Meeting Compass</p> <p>5p.m.-9p.m. FREE Rapid Oral HIV Testing Compass</p> | <p>8 2 p.m.-6 p.m. FREE Rapid Oral HIV Testing Compass</p> <p>9:30 a.m. CARE Council Planning Committee 11:00 a.m. Community Awareness Committee 12:00 p.m. Potluck</p> | <p>9 11:00 a.m. Drop In Center Potluck Support Group CAP Palm Springs</p> <p>7:30 p.m. BrothasSpeak Support Group Compass</p> | <p>10 8:00 p.m. Positive Living Support Group Compass</p> <p>5p.m.-9p.m. FREE Rapid Oral HIV Testing Compass</p> | <p>11</p> <p>6:30p.m. CHANGE Orientation Compass</p> |
| <p>14 6:30 p.m. NA Meeting Compass</p> <p>5p.m.-9p.m. FREE Rapid Oral HIV Testing Compass</p> <p>7:00 p.m. Quilting Bee Compass</p> | <p>15 2 p.m.-6 p.m. FREE Rapid Oral HIV Testing Compass</p> | <p>16 11:00 a.m. Drop In Center Potluck Support Group CAP Palm Springs</p> <p>7:30 p.m. BrothasSpeak Support Group Compass</p> | <p>17 8:00 p.m. Positive Living Support Group Compass</p> <p>5p.m.-9p.m. FREE Rapid Oral HIV Testing Compass</p> | <p>18</p> <p>6:30p.m. CHANGE Orientation Compass</p> |
| <p>21/28 6:30 p.m. NA Meeting Compass</p> <p>5p.m.-9p.m. FREE Rapid Oral HIV Testing Compass</p> <p>7:00 p.m. Quilting Bee Compass (28th only)</p> | <p>22/29 2 p.m.-6 p.m. FREE Rapid Oral HIV Testing Compass</p> | <p>23/30 11:00 a.m. Drop In Center Potluck Support Group CAP Palm Springs</p> <p>7:30 p.m. BrothasSpeak Support Group Compass</p> | <p>24/31 8:00 p.m. Positive Living Support Group Compass</p> <p>5p.m.-9p.m. FREE Rapid Oral HIV Testing Compass</p> | <p>25</p> <p>CHRISTMAS DAY</p> |

HOTLINES

| | |
|--|----------------|
| A.G. Holley State Hospital TB Hotline..... | 1-800-482-4636 |
| CDC Info Hotline..... | 1-800-342-2437 |
| Crisis Line (Center Line)..... | 211 |
| Drug Abuse Hotline..... | 662-4357 |
| Florida HIV/AIDS Hotline..... | 1-800-352-2437 |
| Gay and Lesbian Hotline..... | 1-888-843-4564 |
| Medicare Hotline..... | 1-800-638-6833 |
| National Deaf AIDS Line..... | 1-800-AIDS-TTY |
| Project Inform Treatment Hotline..... | 1-800-822-7422 |
| STD Hotline..... | 1-800-227-8922 |

EDUCATION/INFORMATION

| | |
|---|----------------|
| Accessible Life Saving Education for at Risk Teens (ALERT)..... | 966-4288 |
| American Foundation for AIDS Research (AMFAR)..... | 1-800-392-6327 |
| CDC HIV/AIDS Treatment Information..... | 1-800-448-0440 |
| Children with AIDS Project of America..... | 1-602-973-4319 |
| Clinical Trials Information..... | 1-800-Trials-A |
| Farmworker Coordinating Council of PBC..... | 533-7227 |
| Glades Health Initiative, Ind..... | 996-0500 |
| National Minority AIDS Council..... | 1-202-483-6622 |
| PBC Health Department..... | 540-1300 |
| PBC HIV CARE Council..... | 844-4430 |
| Red Cross, American..... | 833-7711 |
| Senior HIV Intervention Project (SHIP)..... | 586-4843 |
| Treasure the Children/Charles' Crew Adolescent Speakers, Inc..... | 790-6291 |

HIV/AIDS TESTING

| | |
|--|----------|
| Compass, Inc*..... | 533-9699 |
| Comprehensive AIDS Program (CAP) | |
| Belle Glade*..... | 996-7059 |
| Delray Beach*..... | 274-6400 |
| Riviera Beach*..... | 844-1266 |
| West Palm Beach*..... | 472-2466 |
| Glades Health Initiative, Inc*..... | 996-0500 |
| Drug Abuse Foundation (DAF)..... | 278-0000 |
| Drug Abuse Treatment Association (DATA)..... | 844-3556 |
| Families First Palm Beach County..... | 721-2887 |
| Jesus People Proclaim Int'l Ministries..... | 368-9044 |
| Minority Development and Empowerment, Inc..... | 296-5722 |
| PBC Health Department (sliding scale fee) | |
| C.L. Brumback Health Center..... | 996-1600 |
| Delray Beach Health Center..... | 274-3105 |
| Lantana Health Center..... | 547-6805 |
| Riviera Beach Health Center*..... | 804-7909 |
| West Palm Beach Health Center..... | 514-5465 |
| Riviera Beach Family Resource Center..... | 840-1888 |
| St. James Missionary Baptist..... | 842-5971 |
| United Deliverance Resource Center*..... | 844-7071 |
| Women of Color, Rise Above Your Shame..... | 577-3612 |

DENTAL CLINICS

| | |
|------------------------------------|----------|
| C.L. Brumback Health Center..... | 996-1636 |
| Delray Beach Health Center..... | 274-3111 |
| Riviera Beach Health Center..... | 804-7900 |
| West Palm Beach Health Center..... | 514-5310 |

PHARMACIES

| | |
|---|----------|
| Department of Health | |
| Belle Glade..... | 996-1637 |
| Delray Beach..... | 274-3107 |
| Riviera Beach..... | 804-7940 |
| West Palm Beach..... | 514-5380 |
| Commcare Pharmacy..... | 615-0564 |
| BioScrip Specialty Pharmacy (Spanish speaking)..... | 683-0001 |

HIV/AIDS SERVICE AGENCIES

| | |
|--|----------------------|
| Comprehensive AIDS Program, Inc. (CAP) | |
| West Palm Beach..... | 472-2466 |
| Belle Glade..... | 996-7059 |
| Delray Beach..... | 274-6400 |
| Riviera Beach..... | 844-1266 |
| Pahokee..... | 924-7773 |
| Care Resource | |
| Coral Gables..... | 1-305-667-9296 |
| Fort Lauderdale..... | 1-954-567-7141 |
| Miami..... | 1-305-573-5411 |
| Compass..... | 533-9699 |
| Youth Line..... | 533-9699 |
| Children's Place at Home Safe, Inc. | |
| North/Central Palm Beach County..... | 832-6185 |
| Southern Palm Beach County..... | 995-0490 |
| Farmworkers Coordinating Council of PBC..... | 533-7227 |
| Florida Lighthouse..... | 499-1442 |
| Gratitude Guild, Inc..... | 833-6826 |
| HIV Pastoral Care..... | 1-305-858-4649 |
| Hospice By the Sea..... | 395-5031 |
| Hospice of Palm Beach..... | 848-5200 |
| Integrated Healthcare Systems..... | 586-7404 |
| Latin American Immigrants & Refugee Org..... | 966-4515 |
| Legal Aid Society of Palm Beach County..... | 655-8944 |
| Minority Development and Empowerment, Inc..... | 296-5722 |
| Palm Beach County Home..... | 842-6111 |
| Palm Beach Research Center..... | 689-0606 |
| Planned Parenthood..... | 848-6300 |
| Oakwood Center..... | 383-5912 or 383-5777 |
| Social Security Administration..... | 1-800-722-1213 |
| Treasure Coast Health Council, Inc..... | 844-4220 |

INFECTIOUS DISEASE PHYSICIANSCentral CountyRiviera Beach Health Center

| | |
|---|----------|
| Manochehr Khojasteh, MD..... | 804-7900 |
| Celeste Li, MD..... | 804-7900 |
| Kleper de Almeida, MD (Spanish Speaking)..... | 967-0101 |
| Kenneth Ness, MD..... | 655-8388 |
| Olayemi O. Osiyemi, MD..... | 832-6770 |
| Donald Watren, MD..... | 655-9660 |
| Larry Bush, MD..... | 967-0101 |

Southern CountyInfectious Disease Consultants..... 499-1442

| | |
|---|--|
| Hamed A. Komaiha, MD, Jose C. Villalba, MD, | |
| Jaroslav F. Ondrusek, MD, Cesar A. Randich, MD, Melvin S. Kohan, MD | |

Delray Beach Health Center

| | |
|----------------------------|----------|
| Snehprabha Samant, MD..... | 274-3178 |
|----------------------------|----------|

Guadalupe Medical Center (Spanish Speaking)..... 642-0768Infectious Disease Associates

| | |
|---|----------|
| Julio Cardenas, MD, Ines Mbagha, MD, Susan Saxe, MD, Jill Howard, | |
| MD, Sanda Cebular, MD, Kurt Weise, MD | |
| Delray..... | 496-1095 |
| Boca Raton..... | 393-8224 |

Western County

| | |
|-------------------------------|----------|
| Lyonel Jean Baptiste, MD..... | 992-9216 |
| Juan Carlos Rondon, MD..... | 924-7788 |

PRIMARY MEDICAL CARE

| | |
|---|----------|
| VA Medical Center (for veterans only)..... | 422-7522 |
| Palm Beach County Health Department | |
| Riviera Beach Health Center..... | 804-7900 |
| C.L. Brumback Health Center (Belle Glade)..... | 996-1600 |
| Delray Beach Health Center..... | 274-3100 |
| West Palm Beach Health Center (pediatrics)..... | 514-5300 |

Cancers continued from page 1

When Bruyand's team looked at the factors associated with the development of cancer, they found that both a CD4 count less than 200 and a viral load more than 500 were associated with an increased risk for AIDS-related cancer. Moreover, the risk for cancer increased the longer a person spent with a CD4 count of less than 200.

For non-AIDS-related cancers, having a CD4 count below 500 was associated with developing this type of malignancy. Neither viral load nor antiretroviral (ARV) therapy was associated positively or negatively with the risk of developing non-AIDS cancers.

Of note, Bruyand and his colleagues found that currently having a low CD4 count, rather than a low CD4 count in the past that has since risen, was associated more strongly with an increased cancer risk. This means that people who once had CD4 counts below 500, but who went on HIV treatment and brought their CD4 counts back above 500, would theoretically reduce their risks of cancer.

In an accompanying editorial, Diego Serraino, MD, from the Istituto di Ricovero e Cura a Carattere Scientifico in Aviano, Italy, said that the data are an encouragement for both ARV therapy to help people maintain high CD4 counts and cancer prevention measures. "Combination of an appropriate antiretroviral regimen with prevention programs—antismoking campaigns and screening programs are, in my opinion, the priorities—is the main message of the study," he wrote. "This is a message that I totally share."

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**Is Anyone Listening?** continued from page 2

interventions and the like, but we need to start to work more collaboratively so we can have a greater impact on our community. People are still being infected with HIV. AIDS is still killing people and we have an obligation to work with others to stop the spread. Let's work together to make a change in Palm Beach County. We can make a difference. I hope from now on when organizations and agencies are planning events we make a concerted effort to support each, and in essence, support ourselves to stop the spread of HIV in our community. I hate to keep on my soapbox about collaboration, but it is so needed...

Is anyone listening?

SATURDAY NIGHT**CAP DINNERS ARE BACK!!**

Hors d'oeuvres served at 6:00 p.m.

Dinner served at 7:00 p.m.

Holy Trinity Church

211 Trinity Place

West Palm Beach

November 21**December 12**

For more information call 561-472-9160 ext. 202