

Palm Beach County: Strategic Planning & Performance Management



Moving from Outstanding to Excellent!



SUBSTANCE USE AND BEHAVIOR DISORDERS CROSS DEPARTMENTAL TEAM

STRATEGIC PRIORITY: SUBSTANCE USE AND BEHAVIOR DISORDERS

“To address substance use and behavior disorders by providing evidence-based prevention, medication-assisted treatment, and recovery support services.”

Substance Use and Behavior Disorders Goals:

- **Establish a readily accessible, integrated and coordinated recovery-oriented system of care that commits to quality, evidence-based addiction and mental health services and integration of the County Addiction Stabilization Facility**
- **Promote best practices and innovative strategies and programming to reduce:**
 - **drug-related deaths and overdoses**
 - **drug-related infectious diseases and medical complications**
 - **crime related to substance use and behavior disorders**
- **Promote responsible prescription use of opioid pain relievers**
- **Promote effective substance use and mental health prevention/education programs and sound public policy**

NOTE: The County provides more planning and contracted funding than direct services in this area, so this presentation gives a broad perspective.

Team

John Hulick/Mark Ferrante – Community Services ~ Kristina Henson – Criminal Justice Commission ~ Shayna Ginsburg – Youth Services ~ Marcy Weiss – Risk Management ~ Kathy Bolander/Jackie Lambert – Parks and Recreation ~ Barbara Pinkston – Planning, Zoning and Building ~ Lauren Young – Fire Rescue ~ Cyndi Longley – Cooperative Extension ~ Vivian Brooks – Office of Community Revitalization ~ Julio Languasco – Medical Examiner ~ Brittany Richards – Office of Financial Management and Budget



DEPARTMENT KEY:

CE = Cooperative Extension

CSD = Community Services

CJC = Criminal Justice Commission

FR = Fire Rescue

ME = Medical Examiner

OCR = Office of Community Revitalization

PR = Parks and Recreation

PS = Public Safety

PZB = Planning, Zoning and Building

RM = Risk Management

YS = Youth Services

Major Substance Use and Behavior Disorder Departments



Community Services

- Leads the Opioid Response County-wide planning effort
- Oversees the new Needle Exchange Program
- Manages Financially Assisted Agencies funding for substance use and behavior disorders



Fire Rescue

- Responds to calls for service involving behavioral health issues
- Mobile Integrated Health Unit
- Addiction Program



Youth Services

- Serves PBC residents with youth ages 0 through 22 by providing quality services, education, and access to resources and opportunities
- Delivers individual therapy, group therapy, family therapy, school-based services, parent education, and psychological evaluations (155,353 direct service hours provided in FY18)
- Provides training, education, and outreach on mental health and related concerns



Public Safety Department

- Oversees the 3 Drug Courts (Criminal, Delinquency, Family)
- Forensic psychology and re-entry services
- Victim Services aids victims of sexual assault, domestic violence, homicide, and other violent crimes through crisis response, advocacy, therapy and community awareness

Supporting Substance Use and Behavior Disorder Departments

- These Departments have supportive functions that add great value to this priority area, such as providing facilities, stress-reducing and leisure-time activities, education, quality of life improvements, countywide coordination, code compliance, etc.



Cooperative Extension

Criminal Justice Commission

Medical Examiner

Office of Community Revitalization

Parks & Recreation

Planning, Zoning and Building

Risk Management

Services and Programs Offered

(This list is a sample and not comprehensive)

- Financially Assisted Agency funding
- Substance Use and Behavior Disorder Strategic Plan
 - Steering Committee
 - Increased treatment capacity resources
 - Countywide coordinated planning
- Fire Rescue Mobile Integrated Health Programs
- Fire Rescue Addiction Program (education and referrals)
- Education and prevention classes
- Family, residential, youth and marriage counseling
- Drug Court for juveniles and adults
- Ex-offender Reentry for juveniles and adults from prison and jail
- Family Violence Intervention Program
- Youth Empowerment Centers
- Summer Camps and Summer Food Service Program
- My Brother's Keeper
- Victim Services
- Parks for Rx Program
- County Employee Assistance Program
- Ryan White Program
- Homeless Resource Centers and services
- Outdoor activities in natural areas, sports, and culture
- Senior and Veteran services

Primary Sources of the County Budget Allocated to Substance Use and Behavior Disorders

● FY19:

- Financially Assisted Agencies (FAA) = \$5,732,391
- Opioid Response Plan = \$2,613,712
- **TOTAL = \$8,346,103**

● FY20:

- Financially Assisted Agencies = \$5,732,391
- Opioid Response Plan = \$2,618,751
- **TOTAL = \$8,351,142**

**County FAA
Funding for
Behavioral
Health**

**FY16 \$5,458,019
FY17 \$5,481,408
FY18 \$5,773,991**

NOTES:

1. FAA funding includes the Behavioral Health Category only.
2. Work continues to identify funding allocated throughout Departments such as Fire Rescue, Youth Services, and Public Safety related to these areas.

Goal 1. Promote best practices and innovative strategies and programming to reduce drug-related deaths and overdoses

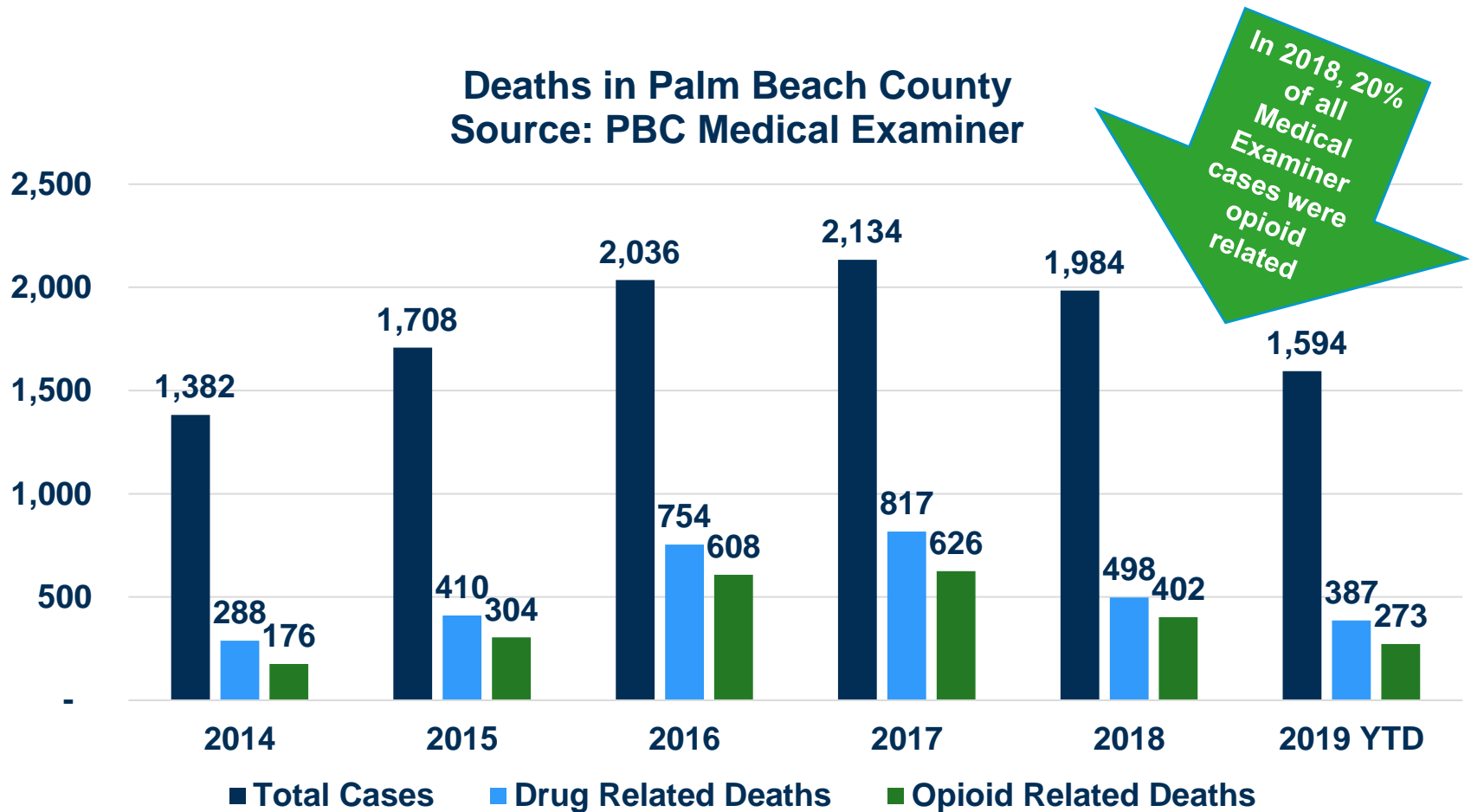
Strategies:

- Determine recovery capital / peer support and treatment service capacity needs as identified through a person-centered / recovery-oriented system of care and appropriate level of care determinations **CSD**
- Assist individuals with recovery planning, integrating recovery capital measuring and monitoring to determine treatment and long-term recovery outcomes **CSD**
- Engage people and families in community support networks to ease their integration back into the community **CSD FR**
- Track the number of drug-related deaths and overdoses **ME**
- Track the number of overdose responses and Narcan administrations **FR**
- Identify ways to enter into joint purchasing of service agreements and make contracting for services easier for Departments and providers **ALL**
- Identify ways to expedite grant-funded program implementation related to hiring staff and contracting for services **ALL**

Goal 1. Promote best practices and innovative strategies and programming to reduce drug-related deaths and overdoses

Metrics

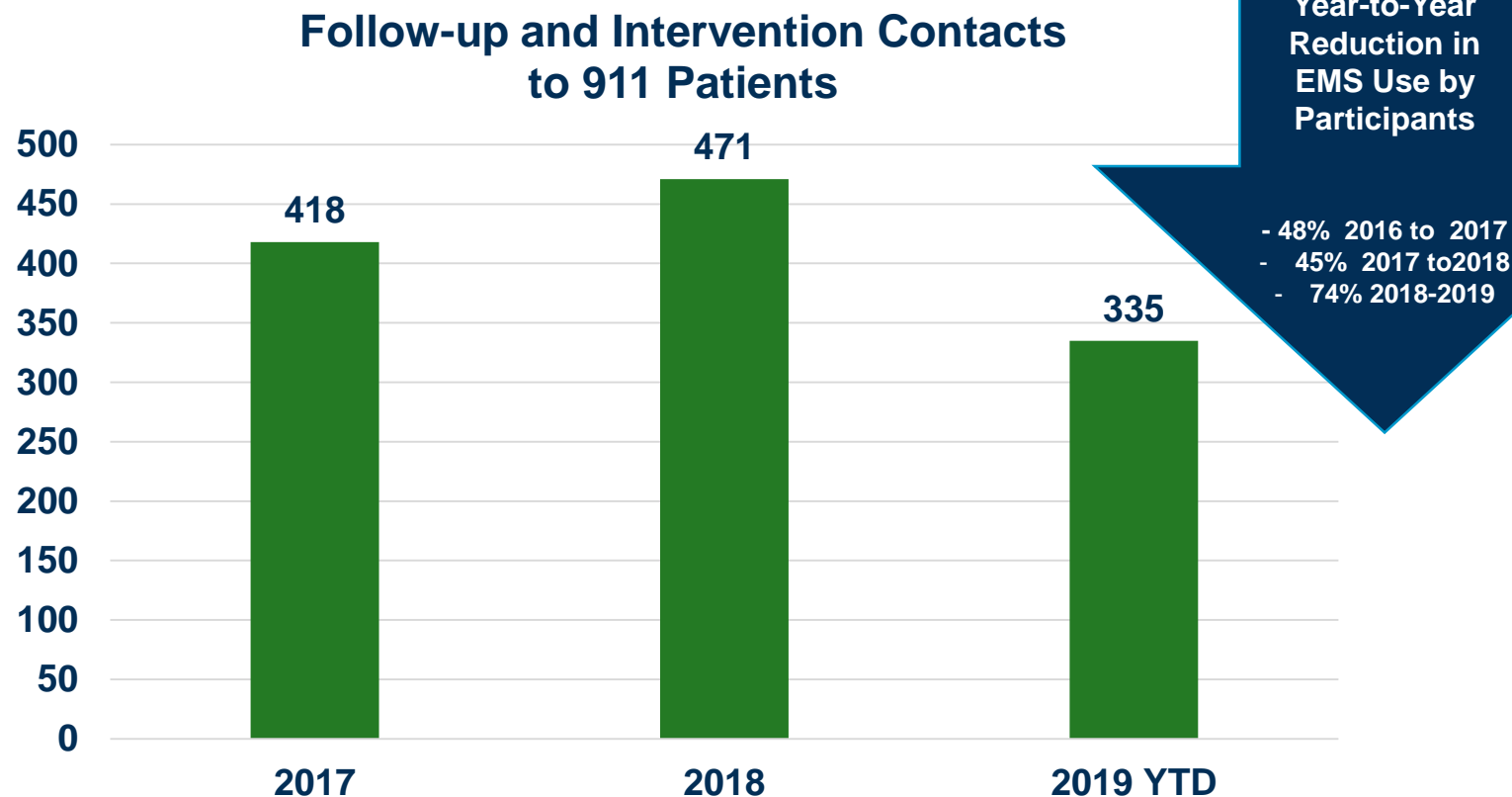
- Number of drug intoxication deaths and percent related to opioids



Goal 1. Promote best practices and innovative strategies and programming to reduce drug-related deaths and overdoses

Metrics

● Fire Rescue Addiction Telehealth Program Outcomes

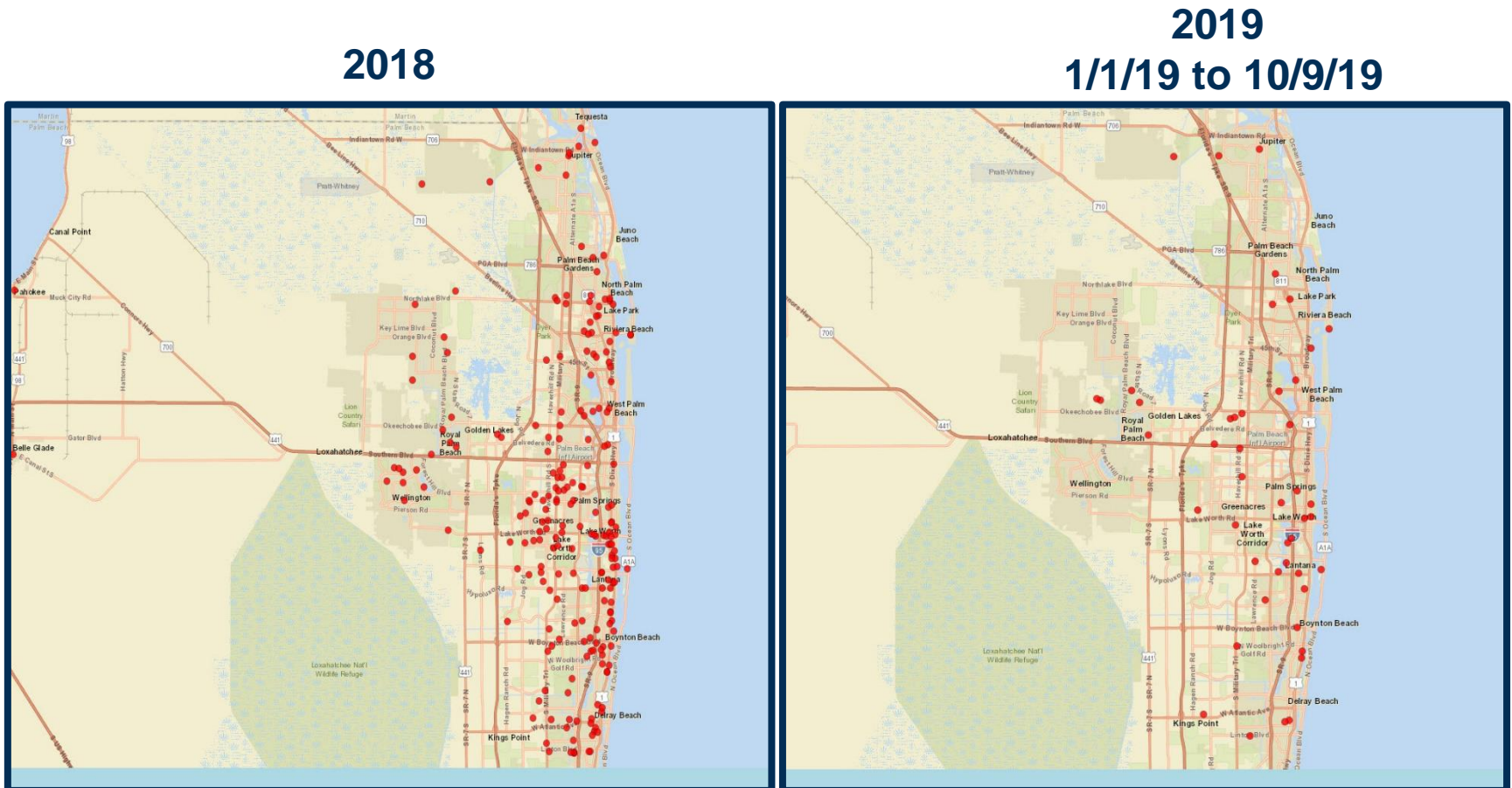


NOTE: This program serves all drugs and alcohol. The number of patients contacted is determined by eligibility of 911 contacts and may vary year-to-year.

Goal 1. Promote best practices and innovative strategies and programming to reduce drug-related deaths and overdoses

Metrics

- PBC Fire Rescue accidental drug overdoses by location



Goal 2. Promote responsible prescription use of opioid pain relievers

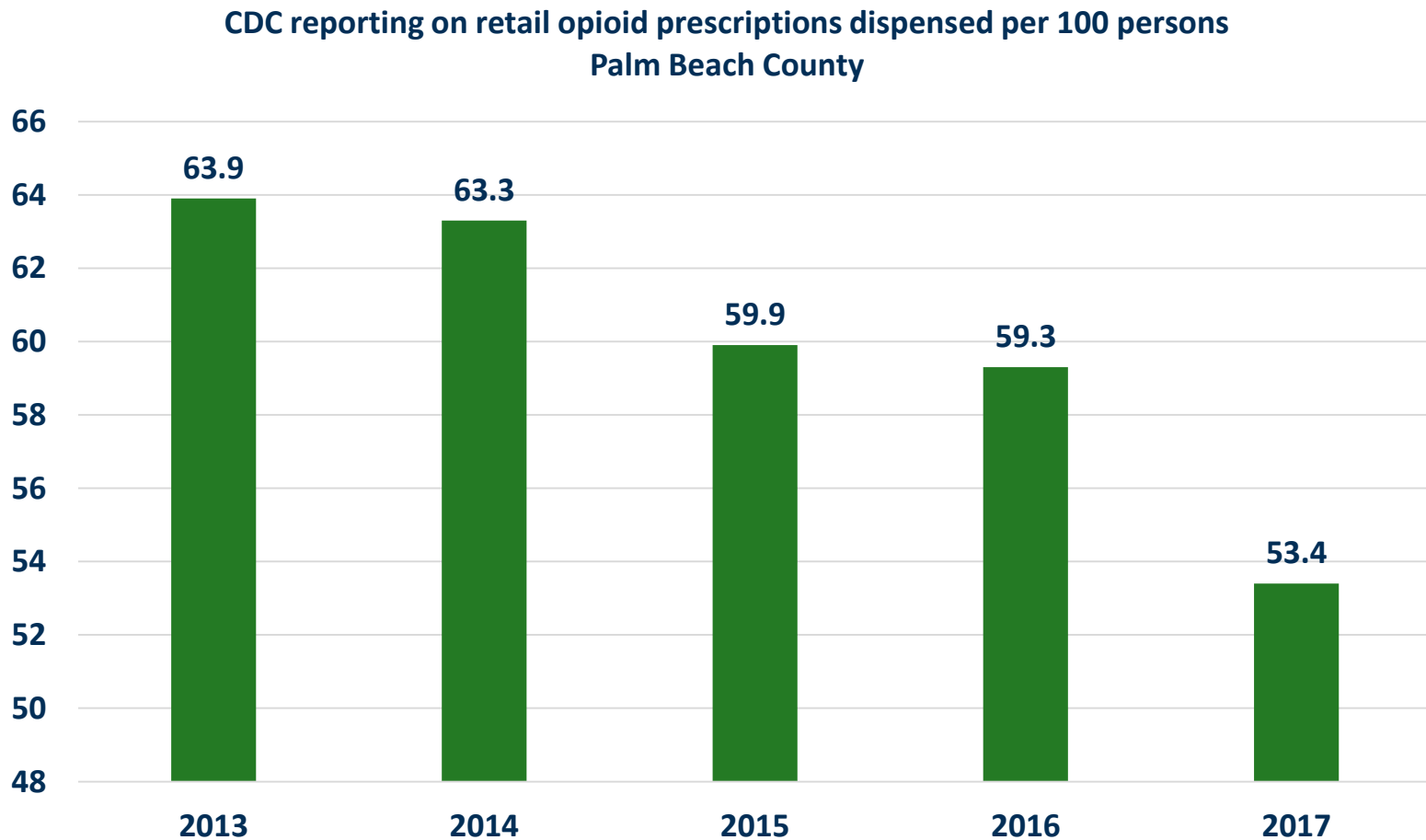
Strategies:

- Coordinate outreach to doctors and other practitioners with authority to write prescriptions to educate on overdose numbers and responsible prescription practices using national best-practice models **CSD**
- Track the number of prescriptions before and after this outreach **CSD**
- Track the number of prescription drugs disposed of via Operation Pill Drop and other prescription drug take back initiatives **CSD**

Goal 2. Promote responsible prescription use of opioid pain relievers.

Metrics

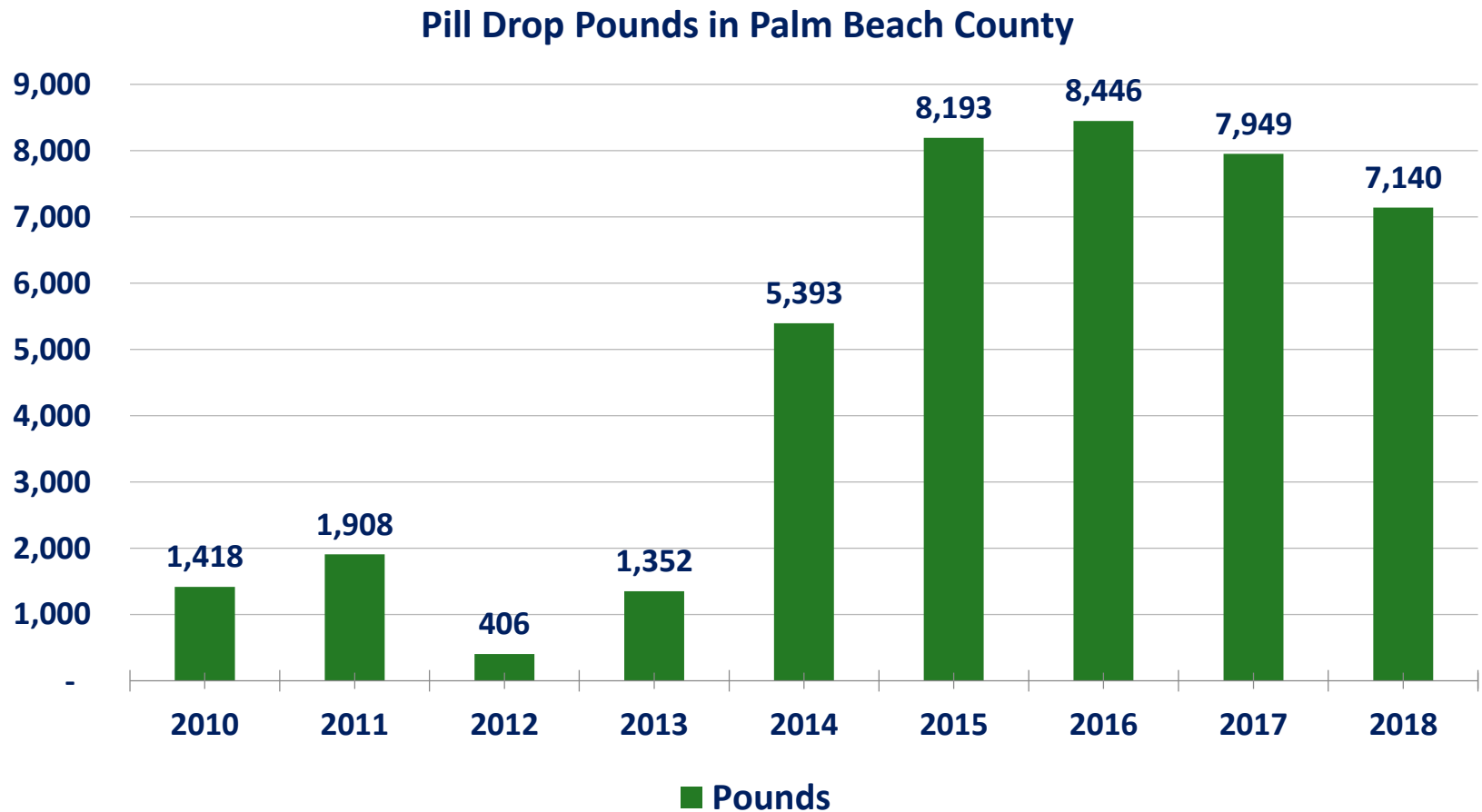
- Number of opioid pain reliever prescriptions in the County



Goal 2. Promote responsible prescription use of opioid pain relievers.

Metrics

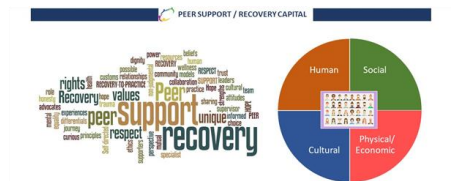
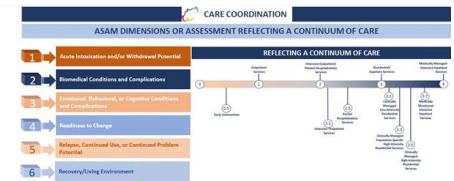
- Amount of prescription drugs disposed through pill drop program in the County



Goal 3. Establish a readily accessible, integrated and coordinated recovery-oriented system of care that commits to quality, evidence-based addiction and mental health services and integration of the County Addiction Stabilization Facility

Process Metrics

- This goal was presented to the Board in April 2019
- Convene monthly an Opioid Response Plan Steering Committee to oversee the operationalization of a recovery-centric system of care.
- Establish recovery community organizations and recovery community centers
- Broaden the reach of peer support services across the continuum
- Integrate primary care and behavioral health services in partnership with the PBC Medical Society
- Implement Care Coordination
- Launch a Recovery Capital Instrument (tool) and train providers in the use of the tool
- Expand diversion services to decrease criminalization (detox)
- Support the PBC Healthcare District's efforts to have the ASF serve as the central point of intake/triage center for all overdose cases.



Goal 4. Promote effective substance use and mental health prevention/education programs and sound public policy

Strategies

- Coordinate community and professional outreach, education and training **CSD PR CE YS**
- Engage families with children at risk of addiction through targeted prevention efforts **CSD PR CE YS**
- Provide outreach and other services to substance using pregnant women and women with children **CSD PR CE**
- Provide programming directed at grandparent's and family members with custody of children of substance using parents **CSD CE YS**
- Empower the community to ensure Congregate Living Facilities (CLFs) in their neighborhood have been granted the applicable Zoning approvals **PZB**
- Identify state or federal legislation needed and work with County Legislative Affairs Department **ALL**

Goal 4. Promote effective substance use and mental health prevention/education programs and sound public policy.

Process Metrics

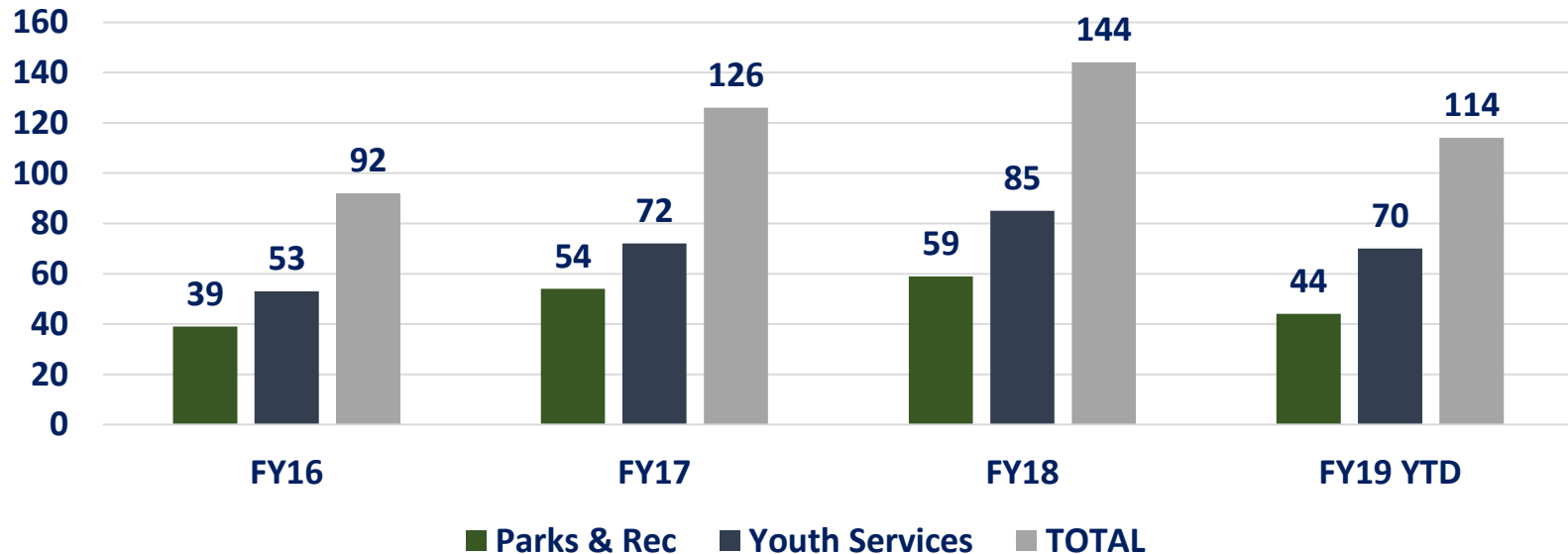
- **Ensure Congregate Living Facilities (CLFs) provide a residential environment that is supportive of recovery**
- **Educate communities regarding the required approval processes for CLFs including:**
 - **Licensing information from the applicable state agencies**
 - **Contact information for Zoning Division staff for specific information regarding approved facilities, number of residents, and their location**
 - **Contact information for Code Enforcement or the applicable state licensing entity when the facility appears to be in non-compliance**

Goal 4. Promote effective substance use and mental health prevention/education programs and sound public policy.

Metrics

- Prevention and education outreach/trainings done by the County
- Trainings done by non-County agencies is being explored

County Department Trainings to the Public
On Substance Use and Behavior Disorders



NOTE: This includes both formal trainings and outreach events. County Employee Assistance Program provides five trainings per year for county supervisors in this area.

Goal 5. Promote best practices and innovative strategies and programming to reduce drug-related infectious diseases and medical complications

Strategies

- Implement the PBC Infectious Disease Elimination Program (i.e., Syringe Services Program / Needle Exchange Program) **CSD**
- Track the number of new drug-related infectious diseases in the County **CSD**

Goal 6. Promote best practices and innovative strategies and programming to reduce crime related to substance use and behavior disorders

Strategies

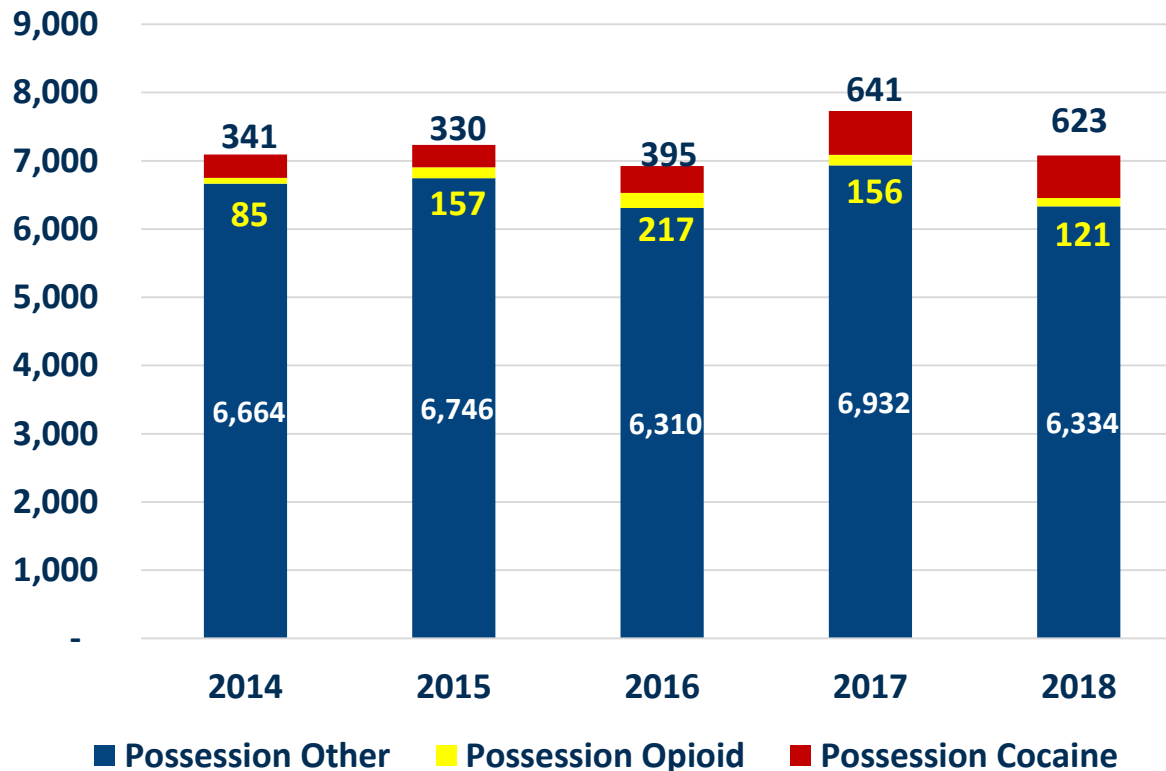
- Perform cross-system Sequential Intercept Mapping (SIM) to identify gaps in service, clarify community resources, and target priority areas in need **CJC**
- From the SIM, obtain cross-system consensus around one-to-three priority areas **CJC**
- Coordinate a cross-system approach to obtain grant funds to implement priority areas **CJC**
- Track the number of criminal court cases filed for drug possession in the County **CJC**
- Track the recidivism rate of Drug Court clients **CJC PS**

Goal 6. Promote best practices and innovative strategies and programming to reduce crime related to substance use and behavior disorders

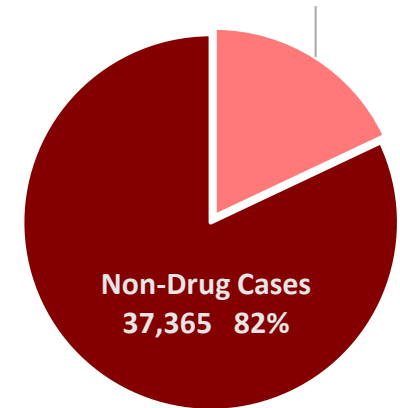
Metrics

- Number of court case filings for drug crimes in Palm Beach County

Case Filings for Drug Possession by Drug Type



2018 Percent of Court Filings
All Drug Cases 8,193 18%

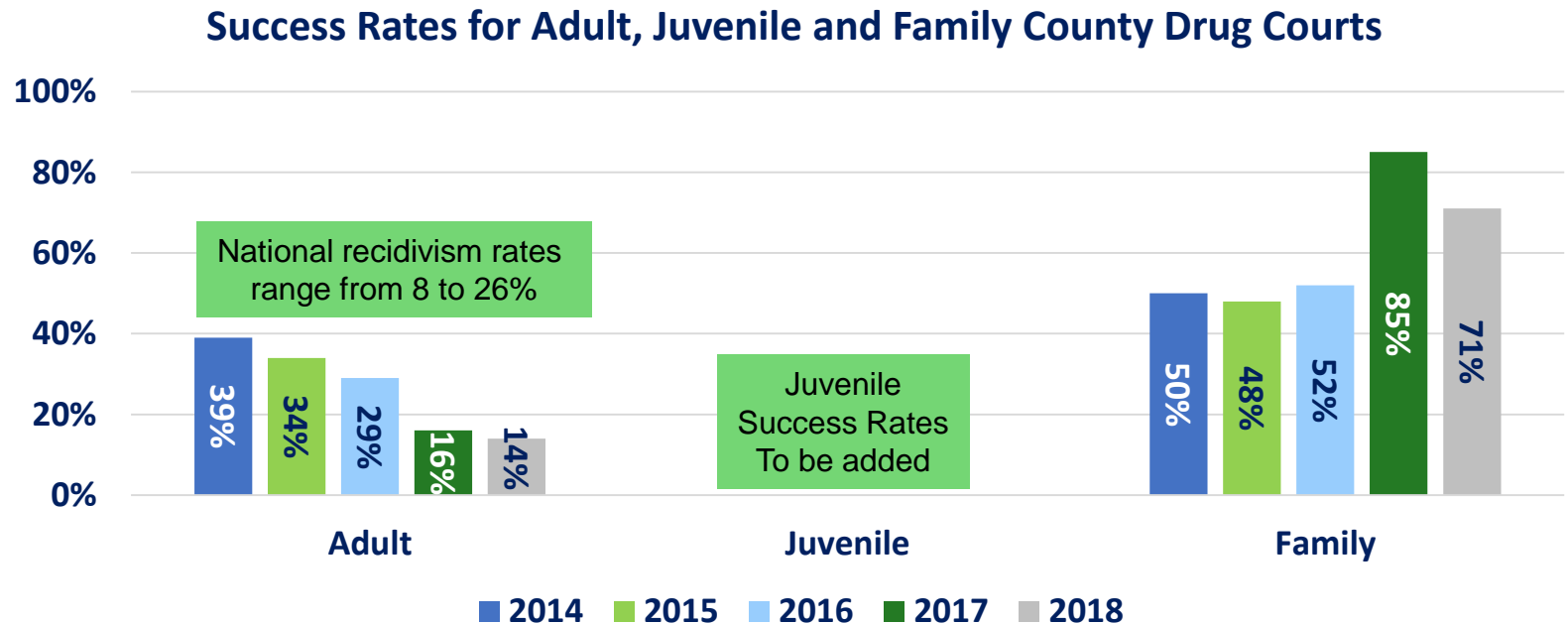


NOTE: All drug cases here include sales, trafficking, etc. for a total greater than just possession cases of 7,078 depicted in the adjacent chart.

Goal 6. Promote best practices and innovative strategies and programming to reduce crime related to substance use and behavior disorders

Metrics

- Criminal and Family Drug Court success rates
- Juvenile Drug Court success rates are being sought



NOTE: Success for Adult is recidivism and for Family is completion.

Next Steps

- **Continue to identify roles and responsibilities of each department**
- **Continue to identify shared duties and initiatives**
 - **Example is drug testing (ME, PS, RM, HR)**
- **Identify resources in time, skills, staff, data, funding, etc., of departments**
- **Do benchmarking and best practice comparisons with other counties**
 - **Example is Narcan Leave Behind and Needle Exchange Programs**
- **Align goals and metrics for maximum success**
- **Develop methods to leverage department resources**
- **Work to build better data on costs, drug usage other than opioids, and infectious diseases**
- **Explore with the Board, changing the name to “Mental Health Care”**



Backup & Additional Information

The slides that follow contain important information to help enhance the presentation.

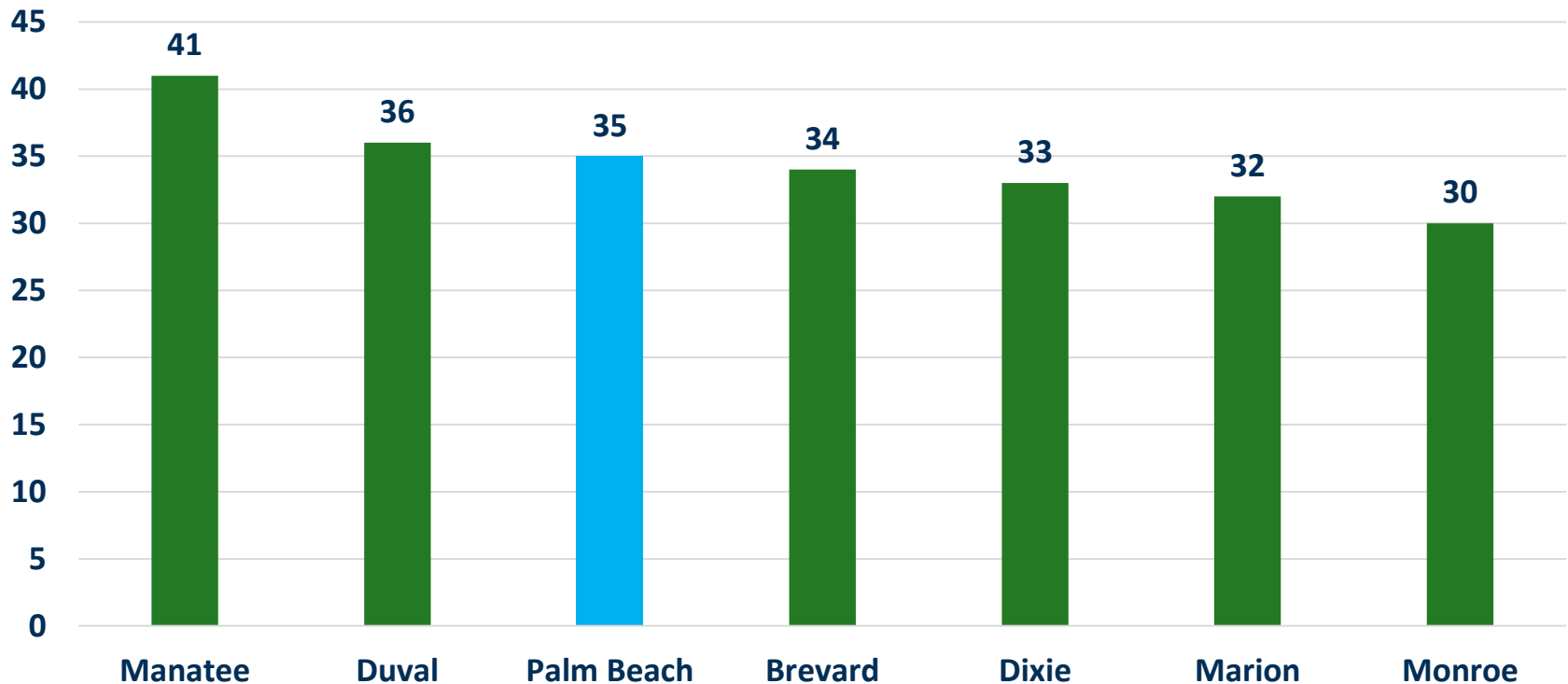


Goal 1. Promote best practices and innovative strategies and programming to reduce drug-related deaths and overdoses

Metrics

- Number of drug intoxication deaths and percent related to opioids

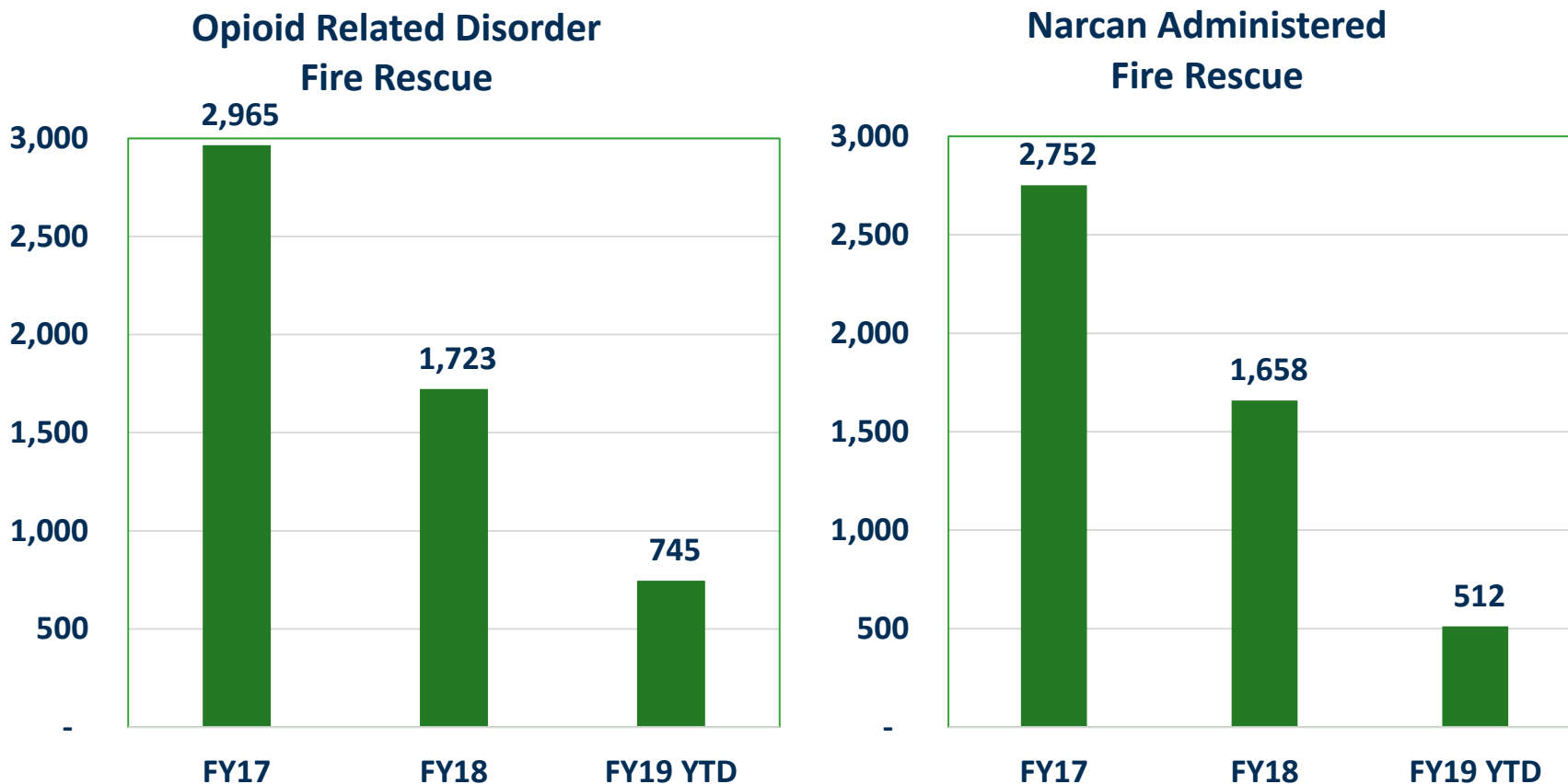
2015 -2017 Drug Overdose Mortality Rate Top Seven Florida Counties
(Per 100,000 population) (Source: CDC)



Goal 1. Promote best practices and innovative strategies and programming to reduce drug-related deaths and overdoses

Metrics

- Number of overdoses and naloxone deployments



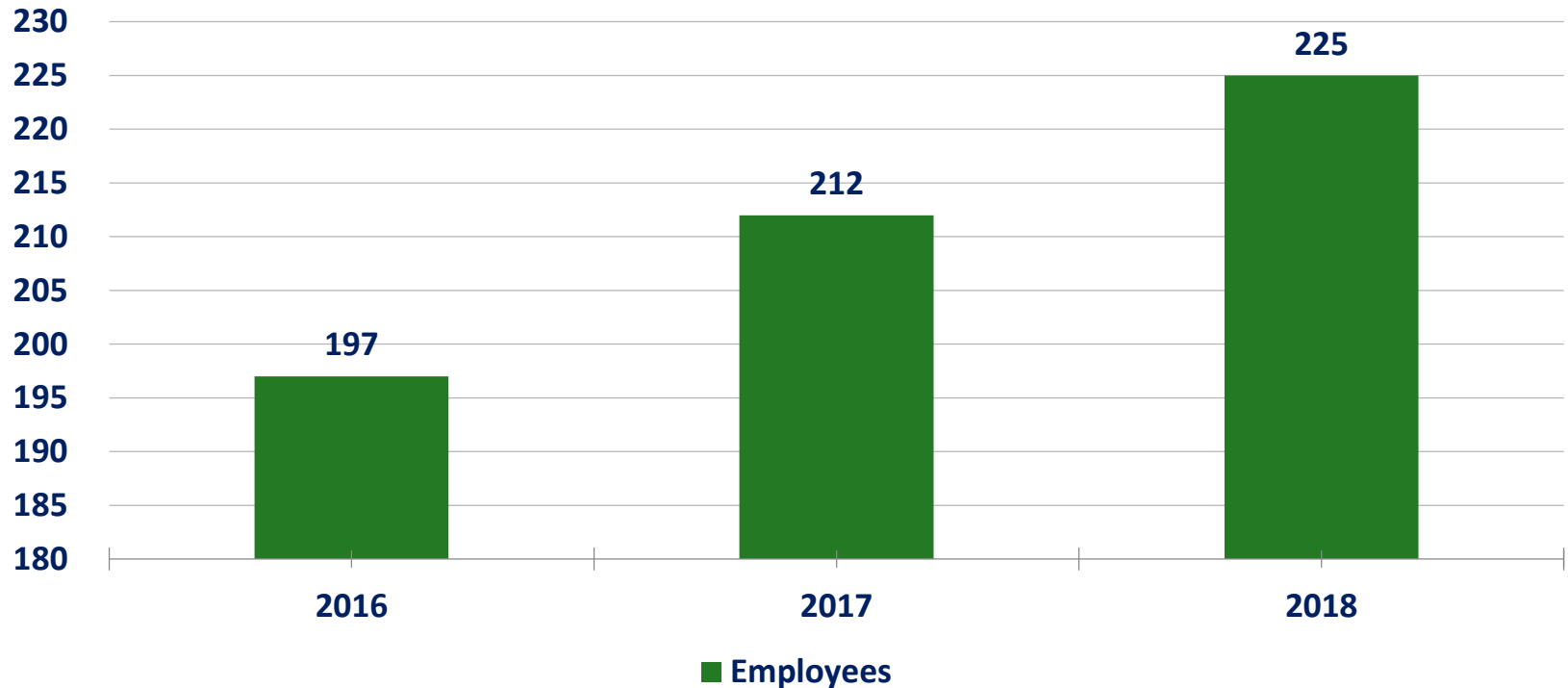
NOTE: EMS Protocols were changed in November 2018 resulting in less usage of Narcan by EMS.

Goal 3. Establish a readily accessible, integrated and coordinated recovery-oriented system of care that commits to quality, evidence-based addiction and mental health services and integration of the County Addiction Stabilization Facility

Metrics

- Number of county employees receiving mental health services through County's Employee Assistance Program

County Employees Receiving Mental Health Services



Goal 3. Establish a readily accessible, integrated and coordinated recovery-oriented system of care that commits to quality, evidence-based addiction and mental health services and integration of the County Addiction Stabilization Facility

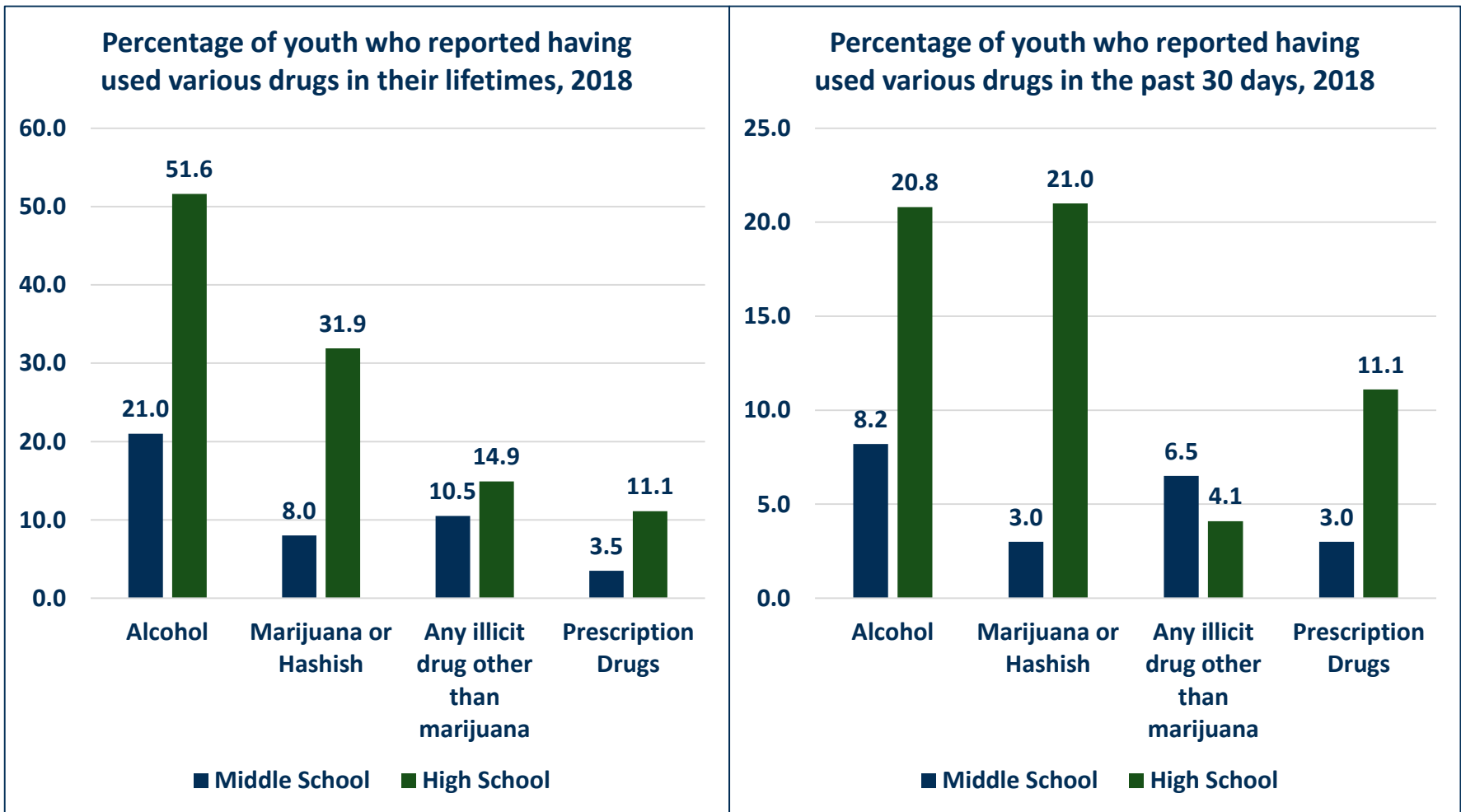
Strategies

- Continue the implementation of the recommendations made by the April 2017 “Opioid Response Plan”, aka, “The Strategic Plan” **CSD**
- Work with the Opioid Response Plan Steering Committee, Sober Homes Task Force and other stakeholders to coordinate the County’s recovery-oriented system of care efforts and advance the Strategic Plan **CSD**
- Promote the establishment of a comprehensive single-point of care coordination system model of assessment, referral and care management services which incorporates best practices, considers the needs and strengths of the clients, moves clients cost-effectively along a continuum of care, and emphasizes wellness, recovery, and self-sufficiency as the primary goals **CSD**
- Ensure that no individual is denied access to or participation in services or activities due to the use of prescribed medications **CSD**
- Provide self-directed approaches which respect the role of personal choice and commitment in pursuit of health and wellness **CSD CE**
- Evaluate and implement recovery and treatment outcome measurements tools to assess short/long-term outcomes and disseminate findings **CSD**

Goal 4. Promote effective substance use and mental health prevention/education programs and sound public policy.

Metrics

- Reported drug and alcohol use among middle and high school students in the County



Goal 5. Promote best practices and innovative strategies and programming to reduce drug-related infectious diseases and medical complications

Process Metrics

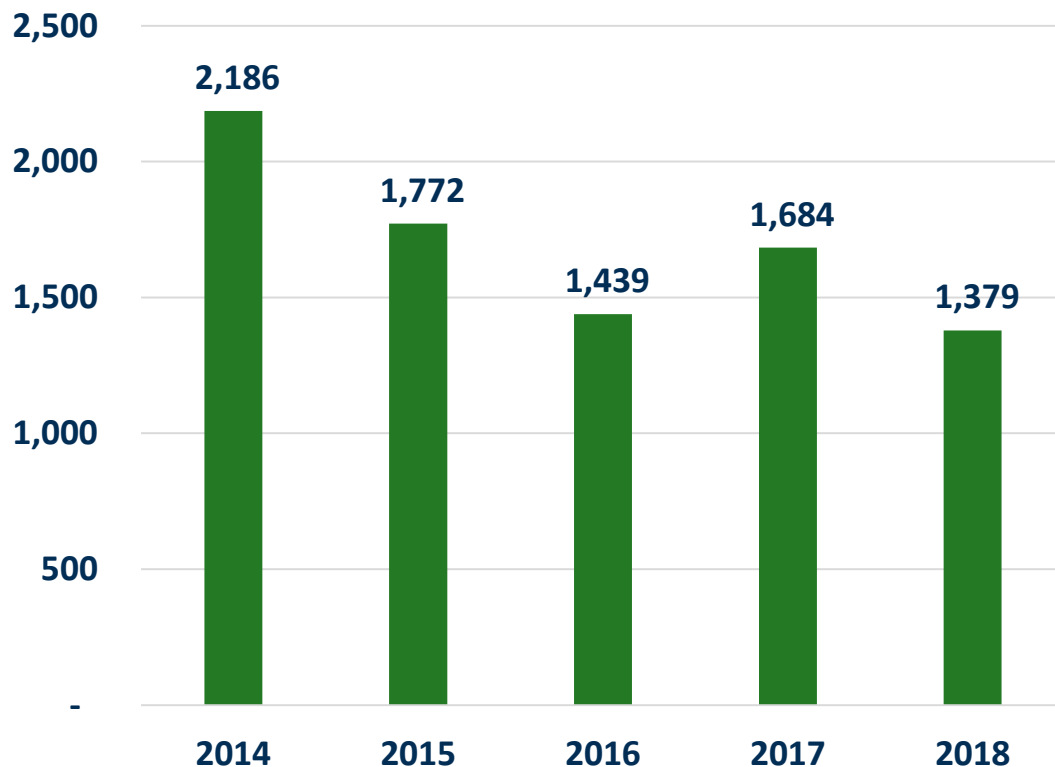
- Implement a Needle Exchange Program (Syringe Services Program) under the newly adopted County Ordinance for the Infectious Disease Elimination Act
- Develop a Request for Proposals or solicit letters of interest to determine a potential provider/lead entity
- Utilize the Needle Exchange Program as a bridge to treatment, recovery support and other social services for Intravenous Drug Users (IDUs)
- Determine parameters for the program to include fixed and/or mobile locations, the type of facility that will house the program, and the establishment of referral protocols and direct access to services
- Monitor monthly and/or annual metrics for program success
- Track clients served by the County's Ryan White Program (*3,573 clients in calendar year 2018*)

Goal 6. Promote best practices and innovative strategies and programming to reduce crime related to substance use and behavior disorders

Metrics

- Number of court case filings for drug crimes in Palm Beach County

DUI Court Case Filings



2018 Percent of Court Filings

